Island Senior Resources

LUNCHTIME: COMMUNITY MEALS

NOVEMBER 2026 MENU

11:45 A.M.-12:30 P.M.

Camano: M/W/F

CHECK THE WEBSITE FORMORE INFORMATION.
https://senior-resources.org/nutrition-overview

Menus are subject to change without notice.

MON 11/2	Baked Potato w/Chili, Cheddar Cheese, Broccoli, Green Beans, & Cornbread
WED 11/4	Chicken Dijon with Wide Egg Noodles, Veggies, a Roll, & Apple Crisp
FRI 11/6	Ham & Split Pea Soup with Veggies, a Garden Salad, & a Roll
MON 11/9	Broccoli Cheddar Soup, Garden Salad, & a Whole Wheat Roll
WED 11/11	**Closed - Veteran's Day**
FRI 11/13	Thanksgiving Lunch: Turkey, Green beans, Mashed Potatoes, Cranberry Sauce, a Roll, & Pumpkin Pie
MON 11/16	Chicken Strips & Potato Wedges w/ Broccoli, Green Salad, a Roll, & Tropical Fruit
WED 11/18	Cheeseburger, Tater Tots, Buttered Corn, & a Cookie
FRI 11/20	Grilled Chicken Caesar Salad, Garlic Bread, & Chocolate Cake
MON 11/23	Leek & Swiss Cheese Quiche, Mixed Veggies, Buttermilk Biscuit, & a Side Salad
WED 11/25	Chicken Curry w/ Veggies, Jasmine Rice, & November Birthday Celebration Pineapple Cake
FRI 11/27	**Closed - Happy Thanksgiving!**
MON 11/30	Meatloaf w/Mashed Potatoes, Peas & Carrots, a Roll, & Tropical Fruit