

IMPACT REPORT

*Transforming need into solutions by donors,
staff, and volunteers in 2023*

May 2024



Island  Senior
Resources

Serving Whidbey and Camano islands

This report was paid for by a concerned donor's designated gift, believing that people invest in outcomes, and we all learn from clients' stories.



The impact of ISR is Transformation. We are the umbrella.

This report is for the Impact Generation.

This is the impact you funded.

Transformation is the theme.

These 2023 photos and stories show our own volunteers and clients—lives transformed in big and small ways. They represent thousands of others.

You make this possible.

Impact Generation—adj., *n.* (b. 1946-1970) 1. donors longing to see demonstrable transformation in the lives of nonprofit clients 2. new generation of donors wanting to see proven impact of their funds

ISR is a kind of “rainy day fund” for seniors. This sculpture shows the artist’s aging mother-in-law’s resilience and the power of an umbrella in life’s storms.



“In my early working years, half a century ago, I helped get Island Senior Resources started. Now they deliver my meals with cheerful visits.”

—Joan, early ISR staff member and current Meals on Wheel recipient

“I am one of my mom’s caregivers. The Meals on Wheels deliveries are a huge relief and the visits mean the world to her.”

—Joan’s daughter and caregiver

On the following pages you will be taken on a tour of transformation. Joan, Brad, Paula, and her sister Janet will welcome you into their lives with Island Senior Resources. Through their experiences of our programs as a client, volunteer, or caregiver, you will get a glimpse into the ways your gifts impacted lives in 2023.

How the umbrella works

Remember back when we went shopping in a mall? One enters a main door, and inside are all sorts of shops and restaurants from which to choose—some we did not even know we needed until we saw their marvelous offerings.

ISR is like that for aging seniors and caregivers—enter one door and get 14 or more opportunities for better prospects for aging gracefully. ISR is sort of like a shopping mall. Enter one door, and inside are all the food and services, some you need and did not even know you needed.

ISR Helps



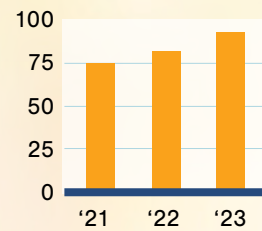
Our stories illustrate Transformation.

They keep us going.

“My lovely ISR volunteer will drop off a box of shelf-stable supplies to help in a storm or power outage.”

– Joan

Thousands of meals served by year



Despite sharply rising food costs, hard work went into keeping our Meals on Wheels expenses flat in 2023. At our meal sites, we served over 13,000 meals in a dining room setting, in addition to 96,000 meals delivered to homes by volunteer drivers, connecting people and good food. Seven thousand volunteer hours supported the meals program at ISR in 2023.



Meals on Wheels Joan Nelson

This is Joan with Dennis, an ISR Meals on Wheels volunteer delivery driver. Dennis just dropped off her meals and a shelf-stable food kit for use in emergencies. Seventy years ago, she and her young family moved into a small cabin in Island County. By the 1970's, she worked for Island Senior Resources as it was just getting started. Today, Joan depends on our volunteer drivers delivering meals to her home, both for food and friendship. Delivery volunteers offer a friendly face at the door, often stopping for a brief chat. She has coffee and homemade cookies on hand.

Case Management Paula and Janet Richards

When Paula, Janet, and their father first moved into their home, the three of them imagined many active years together. After a time, their dad began showing signs of dementia. Everything changed. This vibrant, able, funny man became dependent on them—no longer able to do the simplest tasks. They had to navigate hard conversations about difficult choices. Paula and Janet sought advice from ISR and borrowed essential medical equipment as they navigated the past few years, and remain grateful for the support.



4,262

answered calls for advice about aging and caregiving



820

people borrowed 1,205 pieces of equipment from our Medical Lending Libraries in 2023

“We didn’t know anything about dementia. We had never cared for an aging and ill father before and never would again. Island Senior Resources was a place to turn for help every step along the way.”

–Janet

There are many challenges facing the seniors on our islands.



We assisted 400 Island County residents navigating Medicaid programs, connecting 100 to long-term resources, and making 200 referrals to caregiver programs.



We drove seniors on 2,816 trips to medical appointments and essential errands in 2023, with volunteers driving clients 228,464 miles, and assisting clients for 10,409 hours, even with a brief autumn program suspension so that we could study the program’s forecasting.



Today, in Island County more than one in six people are aging seniors and by 2030 it will be one in four. We must engage in and fund this reality.



Benefits Counseling

Statewide Health Insurance Benefits Advisors (SHIBA)

At ISR we have dedicated, volunteer advisors offering Island County residents a free, unbiased, and confidential service advising Medicare options including:

- assessing health care coverage needs,
- examining program eligibility and expertly comparing plans,
- assisting with enrollment,
- speaking to Medicare on your behalf, and
- connecting clients to other programs.

Here are some examples of SHIBA's free advice to clients seeking answers in 2023:

- Mary O. picked up her prescriptions in Oak Harbor and saved about \$3,000 per year in copays by switching to a different pharmacy.
- John D. changed Rx plans at Open Enrollment and saved \$420 per year in copays while still going to his favorite pharmacy.
- Marietta S. began saving \$720 per year on her Medicare Supplement plan premium—while staying with the same plan—by buying her plan from a different insurance company.
- Maria F. became eligible for both Medicare and Medicaid and was assigned a zero-pay Rx plan by Medicare, but the annual copays would be about \$2,000, which she couldn't afford. SHIBA found her a better plan that covers all of her medications, costing Maria less than \$3 per month. Her total annual cost for medications (premiums + copays) will be about \$200.



809

SHIBA
meetings with
clients

We Nourish, Navigate, and Connect. Together we meet challenges head on.

Community Meals

Brad Crain, Kitchen Volunteer

The only way we can serve the needs of these islands is with the help of hundreds of volunteers like Brad.

Physically strong and with a cheerful, warm smile, Brad arrives at 7:30 a.m. For 3–4 hours, he raises our mood while he also lifts and carries massive boxes of food for our cooks. He could have been at home with coffee and a newspaper but he donates his time, kindness, and skills. Meanwhile cooks prepare meals, and volunteer drivers deliver them right to waiting seniors—as hungry for the smiles as for the food.



“I love this work. The exercise is good for my own aging body. The staff work so hard. I am glad I can help them.”

—Brad



275 volunteers saved
Island Senior Resources
\$657,018 in 2023, a
valuable gift of time and
effort, equal to the money
donated through our
Annual Giving Campaign

ISR Helps

You help ISR, and ISR helps aging adults and caregivers.

Thank you, and you're welcome.

For hundreds of thousands of years, people in small villages naturally helped each other. But now, nonprofits like ISR care for your neighbors who need help. Your contributions transform their lives. People like you give generously to enable our work. We live on islands. We help each other.



ISR Nourishes

the body, mind, and home



Savor nutritious meals at home from **Meals on Wheels**

Delight in conversation and lunch at a **Community Meal**

Be renewed by peers in **Support Groups**

Shop for personal and home needs at **Senior Thrift**

Borrow medical equipment and supplies from **Lending Libraries**

ISR Navigates

the path to solutions



Be encouraged through aging by **Resources and Coaching**

Merge Medicaid and community services with **Case Management**

Find rides for healthcare and essential needs with **Medical Transportation**

Learn options for Medicare, Social Security etc. in **Benefits Counseling—SHIBA**

Discover resilience with **Caregiver Resources**

ISR Connects

people, neighborhoods, and communities



Engage with others and reduce isolation through **Social Interaction**

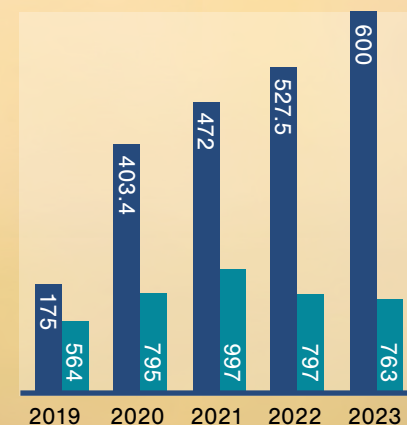
Find connection through **Neighbors Helping Neighbors**

Stay current through **Community Outreach and Education**

Collaborate with community efforts for seniors through **Strategic Partnerships**

We serve the whole person under an umbrella of interwoven resources that support the challenges and joys encountered along the path of aging.

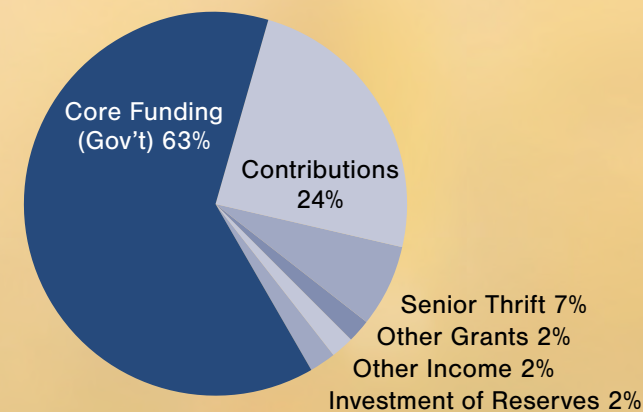
ISR Annual Giving Campaign



Donations in thousands
Number of donors

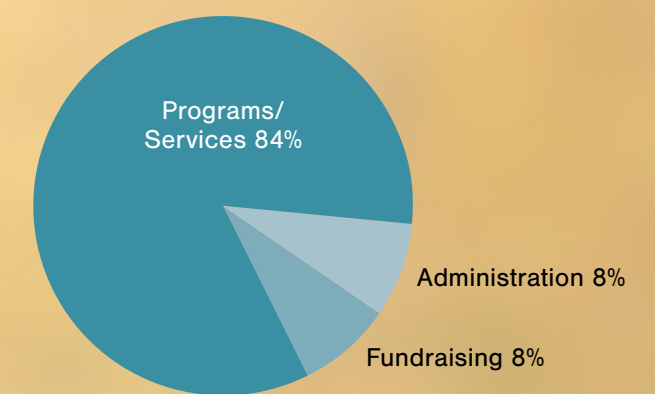
2023 Funding

\$3,280,153



2023 Expenses

\$3,280,153



We have named the various levels of giving after local trees. Why? Because trees provide shade in heat, food in drought, nuts for animals, sap for pancakes, and oxygen that keeps us alive. Like our donors, they make life happen. Thank you.

If you have not yet given this year, would you? Please? We need to raise \$600,000 in 2024 to help people.

January 1 to December 31, 2023

Dogwood \$365 or less

Anonymous (74)
 Don and Janella Abbey
 Sue Abbott
 F. Lynn Adams
 Judith Adams
 Kathryn Adams
 Kristin Adams
 Russ Aldrich
 Ellen Alexander
 Janet and Doug Alderdice
 Claudia and Ralph Alldredge
 Susan and Frank Amato
 Amazon Smile
 Allan and Deloris Ament
 Anne and Gordon Anderson
 Diane and Dale Anderson
 Donna Anderson
 Karen and David Anderson
 Bob Ansell
 Susan Aragaki
 Mr. and Mrs. Armstrong
 Eric and Deborah Arnold
 Ruth Anne Arnold
 Gayle Austin and Bob Kuehn
 P Baird
 Carolyn Bakker
 Christina Baldwin and Ann Linnea
 Kris Barnes
 Sandra and John Barney
 Ron and Cathie Barnhart
 Leslie Anne Barr
 Brenda and Charles Bates
 Kenneth & Helen Bates

Lynda Baydin
 Ernest and Jeanne Beals
 Mary Ann Beck
 Jean Beers
 Elaine Andrews and Ron Beier
 Charlotte Bell and Dennis White
 Joan Benedetti
 Lindy and Bill Benjamin
 Susan and Stephen Bennett
 Harlan and Sally Bixby
 Jodi Blackburn-Roehl
 Shirley Jantz and Walt Blackford
 Bill and Evelyn Blair
 Barbara Blanchard and Peter Shifman
 Kenneth and Marilyn Bloomquist
 Ellen Dubpernell-Bond and Frank Bond
 Dave Bonvouloir
 David Boyes
 Kathleen Bracy and Elizabeth Anne St. Germaine
 Bonnie Bray
 Sarah and Phillip Brazeau
 Jeanette Bregar
 Bridge Club Members at ISR
 Captain and Mrs. Marshall Bronson
 Leogene Brown
 Lynne Bryan
 Capt. Gary H. and Carol M. Buck
 Dale Burke & Rod Parke
 John Burke
 Mary Burns
 Daniel K. Burroughs
 Louise Burton
 Penny and Robert Cabot

Dr. Margarethe Cammermeyer
 Lucinda Campbell
 Bobbi Cantwell
 Jackie and Paul Carey
 Sheri Carlberg
 Juliet Carpenter
 Andy Carr
 Mary Carter-Hunt
 Ann Casey and Carol Plunkett
 Felipe Catabay
 Michele Cato
 Yanglei Cato
 Chant Group Shakti Seva
 Vickie Chapman
 Ann and Dale Christensen
 John Cienki and Stephanie Rodden
 Jan and Patrick Clark
 Rebecca Cleary
 Wilber and Sharon Cochran
 Pamela Cochrane Pryor
 Rebecca Collins
 Nancy Conard and Gordon McMillan
 Dana Consuelo
 Patricia and William Cooke
 Bonnie Cramer
 Maribeth Crandell
 Susan Crowfoot
 Mike and Elizabeth Daffron
 Victoria D'Ameilo
 Cecilia Dance
 Kathleen Dantonio
 Mary Dargan
 Tony Davey
 Carolyn and Tom Davis
 Robert Davis
 Grace and David DeLuca
 Susan DeMichelle

Nancy and Dalta Dennis
 Terri Desrosiers and Bobbie Weitzel
 Linda and John Devitt
 Michelle Dill
 Frank Worster and Deborah Dix
 Les and Dianne Dodge
 Richard Dodge
 Billye Drew
 Debra and Philip Dubois
 Marcia and Clancy Dunigan
 Janette and Gary Dunn
 Sharon M. Dunn
 Kenneth Dvorak and Cecelia Frawley
 Darrell and Carol Dyer
 Susan Edwards
 Stephen Eldridge
 J A Eveland
 Linda S. Fauth and David Briggs
 Susan Favor and Jeremy Ogle
 James Feather
 Eugene and Tamar Felton



Warren and Sue Fessenden
 Ed Field
 George and Carol Fisher
 Wayne and Lynn Flaaten
 Mary and Richard Flanders
 Robert Fletcher

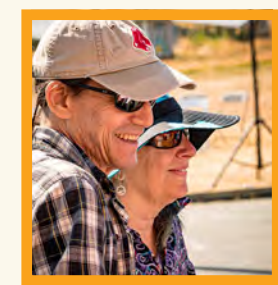
Kathleen Flower
 Joan Focht
 Lane Rowell
 Nick Fowler
 Kathryn D. Fox
 Larry Fox
 Diane and Rick Foxworthy
 Donna Frederick
 Janet Frederick
 Suellen Frederick
 Freeland Cafe
 June M. Fry and Jean Henson
 Gary and Janie Gabelein
 Deborah Gallomore
 Stephanie Garlichs and Jeff Ried
 Janet Garrow
 Finn Gatewood
 Joan Gerteis
 Bobbie Giedt
 Anne-Marie Gloster
 Mary Gogal
 Erika Goldstein and Jim Holmes
 Richard Goldstein
 James and Suzanne Graeser
 Ann Medlock and John Graham
 Barbara Graham
 Elaine Graham
 Robert and Mary Green
 Karen Grossman
 Donald Grove
 David Gruol
 Kim and Tamara Guthrie
 Kathy Habel
 Louisa and Jim Halfaker
 Steen Halling
 Marvin and Carol Gardiner Hanna
 Gary Hansen
 Tim and Judith Hanson
 Norma Hansson

Harada Physical Therapy
 Karen Harris
 Aloha Hart
 Lou Hartley
 Anne Hayden and Sheila Belanger
 John and Ela Heal
 Sharen Heath and Simon Frazer
 Onee Hedeon
 Al Heggenes and Family
 Mary Heise
 Mr. and Mrs. Dennis Heller
 JoAnn Hellmann
 James Hendricks
 Patricia Hernandez
 Robin Hernandez
 Joan and Robert Hertel
 Corinne and Timothy Hickey
 Jeffrey R. Highland
 Val and Joe Hillers
 Nancy Hindes
 Bud Hoelscher
 Heidi Hoelting
 Christine Holbrook
 Phylis Hollamon Berg
 P. Holland
 Paul and Elodia Holzbaur
 Howard and Louise Horkey
 Kathleen Houlihan
 Jan Elyse Hughes
 Julie Humling
 Hannah and John Hunter
 Beth Iannazzo
 Mark P. Ilyankoff
 Tony Imperati
 Mark Jabbusch
 Linda Jamieson and Kelly Buchanan
 Thomas Janeway
 Jangaard Clinic
 Robert Jensen
 Virginia Jergenson
 Gary and Marni Jezek
 Alexa Johnson
 Bob Johnson
 Carolyn Johnson
 J. Johnson Insurance, LLC
 Jane and Herbert Johnson Jr.
 Kari Elisabeth Johnson
 Patrick Johnson
 Theodore Johnson
 H W Johnston
 Karen Jollie
 Candace Jordan

Cheryl and Dennis Kamera
 Louise Kankel
 Judy and Jerry Kaplan
 Victoria Karno and Mark Cassidy
 Cynthia Kaul and Keith Anderson
 Lorraine Kelly
 Marlene Kennedy
 Barbara and Wilson Kerns
 Charlotte Keyes
 Peggy and John Kimbell
 Robert King
 Danielle Klein
 Mitchell and Tara Klein
 Kristy Knickrehm
 Mary Jo Koenemann and Wayne Shepherd
 Douglas Kolb
 Clifford Kosbab
 Don Krafft
 Joyce and Paul Kramer
 Kathleen and Jeff Landel
 Lance Landquist / Lori Barian
 Kathryn Langston
 Annual Report Name
 Jan and Jim Lautenbach
 Ms. Patricia J. Leahy
 Linda Leckrone
 Elizabeth Lee
 John Lee
 Mollie Leengran
 Jacqueline Legg
 Pam Leloup
 Lewis Lentsch
 Judith Light
 Mary Sue Lile
 Janet Lindsey
 Lee Link
 Andrea Linton
 Drake and Andrea Loeser
 Peter Lohr
 Lynne and Jack Lynch
 Allison L. Hiltner and Jonathan A. Maas
 Sarah MacDougall
 Katrina MacGregor
 Sally Rose Madrone
 Naomi Magnusson
 MaryAnn Mansfield
 Wendy B. Marlowe, PhD, ABPP
 Dick and Johanna Marquis
 Beverley Martin
 Anne Masters
 Jean Matheny
 Lois Mathews
 Matt's Import Haven

Maxwelton Community Club
 Linda McArthur
 William McArthur
 Constance McDonald
 Kathryn A McLean
 Sharon Franzen and Tim McManus
 Sheryl M.
 Pamela Merrill
 Leah Michal, Inc.
 Gregory Miller
 Susan Miller
 Jim and Lenore Minstrell
 Eddie Mitchell
 Michael Moch
 Egon Molbak
 Gil and Suzette Montano
 Mary Moreno-Cain and Rick Cain
 Mary Jo and Arthur Morris
 Helen Mosbrooker
 Louise Mueller
 Michael Muench
 Karen Mulhern-Parks
 Ann Marie Mullen
 Jenanne Murphy
 Martha Murphy
 Barbara Musgrove
 Music for the Eyes
 Martha Myron
 Miriam and Thomas Nack
 Janet Nelson and Naomi Lev
 Network for Good
 Pamela Nodus
 Lauri Nygaard
 Ann O'Barr-Breedlove
 Office of the Washington Secretary of State
 Leslie and Lonnie Oldham
 Natalie and Earl M. Olsen
 Bob and Carol Olson
 On Your Behalf, LLC
 Sandra and Don Ortgies
 Kathleen and Eric Ottum
 Carlie R. Pack
 Eula Palmer
 Pennie Palmer
 Carol Parbs
 Margie and Gary Parker
 Gene Parmelee
 Robert and Gwen Parrick
 Cynthia and James Patereau
 Barbara and Russell Paul
 Janice Pedersen
 Robert Pederson

PEO Sisterhood Chapter GJ
 Ellen Peterson
 Meg Noble Peterson
 Kathleen and George Petrich
 Jeff and Anita Phillips
 Toni Piazzon
 Pickles Deli
 Bruce Platt
 Connie and Ward Popenoe
 Jean Popovich
 Porter Whidbey Insurance
 Ann Posner
 Elizabeth and John Post
 Mary Posz and Gene Kegley
 L Dianne Potter
 Michael and Patty Radvick
 Terry and Margaret Reece
 Virginia Reid
 Lois and Mark Remer
 Allan Remund
 Gabriel Renville
 Victoria and Ricardo Reyes
 Lori Rhodenbaugh
 Ronald and Patricia Rice
 Sylvia Rice
 Lauren Rich
 Julie Richards
 Ruth Richards
 Simone Rico
 Cliff and Debbie Ridgway
 Heather Riitts
 Mark and Bobbi Robinson
 Karolyn Robson
 Cipriano and Lisa W Rodriguez
 Anita Roe
 Kathryn Rogers
 Lee and Eva Rogge
 Vivian Rojas
 Joann Roomes
 Lisa and Bud Root
 Susan Ross



John Roth
 Shirley Roullard
 Joan Runyon
 L. Jay Ryan
 Charles Ryder III
 Yaowapa Trongtham and Louis Saekow
 Liwayway Saligumba
 Sue and Dennis Salveson
 Kevin and Susan Sandri
 Sandra Sarvis
 Barry Savage
 Mary A Saylor
 Deborah and Anthony Schiro
 Gale and Margaret Schmidt
 Judy Wiles and Martin Schmidt
 Sarah Schmidt and Bill Rick
 Fred Schmucker
 Mary Beth and Edward Schoeler
 Rob Schouten Gallery
 Alice and Randall Schroder
 William E Schumm
 Jack Schwab
 Charles Schwantes
 Amy Schwiderski
 Suzanne Scollon
 Joyce Scott
 Robert and Catherine Scott
 Barbara Seely
 Jeanne M Seiler and Tadg P Twomey
 Kim and Bob Serwold
 Wil and Pam Shellenberger
 Cynthia and John Shelton
 Wendy Shimada
 Sue Sibbald
 Marcia Joslyn Sill
 Tracey and Samuel Silla
 Guido and Joey Silvestri
 Kelsey and Roger Simmons
 Lorilyn and Michael Simmons
 Bridget and Jim Simon
 Jim and Jan Simpson
 Laurie Smith
 Martin Smith
 Mary Smith
 Pat Smith
 Janice Soberanes
 Eileen Soskin and Gene Berg
 Nancy and Jerry South

South Whidbey
Assembly of God
Church
Janice and Jurgen
Spatz
Bert and Mary Ann
Speir
Fran and Jack Spicer
William Stanley
Millicent Stanton
Janet Staub and
James DeLong
Patty Steele
Vivian Stemberge
Cathleen Stewart
Debbie Stewart
Ruth V. Stibre
Bill and Mary Stipe
Jim Johnson and
Kay Stockholm
Carol Stoel-Gammon
Carol Stone
Dana Stone and
Eric Rogers
Debra Stroh
Darl Stuvick
Kay Lee Summerville
Stephen Suzuki
Joyce Swanson
Nancy and Russ
Taggard
Jack and Deanne
Tallman
Roberta Tarr
James and Gertrude
Tasche
Sue Taves
Ron and Virginia Teker
Lorna Terry
Eileen Thatcher
Cynthia Thies
Richard D. Thom
Babette and John
Thompson
Marcea Thompson
Nancy Thompson
Skip and Carol
Thompson
Susan and Chris
Thorsen
Barbara Toelkes
Bruce Towne
Barbara and Brent
Travis
Scot E and Nancy
S Treggett
Diane and Tom
Trepanier
Marcia Tufarolo
Hilary and Keith Turner
Diane Tuttle
Carole Tyson
Wayne Ude

Unitarian Universalist
Congregation of
Whidbey Island



Sarah Van Alstyne
Sharon Vanderslice
Leslie Vanriper
Gunda Vesque
Heather Viele
Jacquie Vincent
Patricia and Tony Vivolo
Nancy Waddell
Shannon Walker
Sherry Ward
Robert and Linda
Warder
Anne and Bob
Waterman
Erin Waterman
Joyce Way
Richard Wearn, Jr
Beverly and Wayne
Sedgwick
Bill and Jeanne Wells
Ellen and John Welsch
Jo Ann Wenger-Lough
and John Lough
Vicki Werve
Gaynell Westergard
Mark Wexler
Whidbey Bedside
Singers
John White
Paul White
Alan Whitman and
Beth TerMaat
Barry Widen
Jim and Barbara
Wihlborg
Emily Wilder
James and Julianna
Williams
Mary Willman
Patty and Brandt Willson
Clyde and Kathleen
Wilson
Roberta Winfield
Linda Wood
Judy Workman
Sue Wright
Shirley Howie
Gary and Linda Youngs
Anne Zeck
Inge Zimmermann

Jerry Bacon and
Daunne Zinger
Trisha Zwolinski

Alder \$366-499

Milton and Sue Anne
Armstrong
James Cowperthwaite
Carol and Robert Gentz
Jeffery Lange
Christen Lubinski
Margaret and Timothy
Marshall
Marilyn Nunn
Michelle Patterson
William H and
Patricia Roberts
Sarah Stiteler
Unity of Whidbey
Diana Wagner
Whidbey Sun & Wind
Susan Zwinger

Maple \$500-999

Anonymous (10)
Kathleen Anamosa and
Jim Taggard
Leigh Anderson
St. Stephen's Episcopal
Church
Tom and Sally Cahill
Bailey's Corner Store
Dick and Chris Deposit
John and Anette Elsbree
Velva and Jack Eskenazi
Friar Fitzgerald
Rose Garmoe
Clayton and Bess
Granby
Kathleen and Greg
Gundel
Elizabeth and Stephen
Guss



Nancy and David
Harbison
Bob and Katie Harper
Prairie Center Market
Deborah Jones
Sean and Leslie Kelley
Mary and Ron Kesterson
James and Lisa Koch
Charles LaFond

Joel Ludwig
Marge Maurer and
Ed Gemkow
Judith Opheim
Robin and John Porter
Carol Prato
Miriam and John Raabe
Judith Raaum
George and Sheila
Saul in honor of the
McWilliams and the
Tofts
Alan Savage
Christine Schacker
Tamera Schille
Nancy Scoles
Patricia and John Sell
Randy and Melanie
Serroels
Bonnie Sheeran
Timothy Smith
Mico Sorrel
Duane and Carol
Spangler
Steven St John
David Stoetzel
Margaret Storer
Erika Sweger
Paula and Duane
Tumlinson
Marty and Rhoda Van
Engelen
Bob and Judy
VonDrachek
Lynn Wenzel and
Bob Finke
Sherry and Tony Zoars

Cedar \$1,000-2,499

Anonymous (15)
Martha Anamosa
Harry Anderson and
Terry Bible
Jack and Merritt Atwood
Betty Azar
B. F. Schaetti
Philanthropy Fund
Frances Bainor-Boyle
and James Boyle
Barbara and John
Bentley
Annabet Berlin
Sally Bigger
Penelope and Terry
Bourk
Nancy Cherry
Karl and Juliette
Christensen
Jonathan and Nancy
Cluts
Coupeville Lions Club
Langley United
Methodist Church
Gail DaPont

Wendy and Carl Fjelsted
Sharon Gauthier and
Tom Hyde
Gertrude and Alyssa
Graham
Larry Graham
Kendall Hubbard &
Ginny Green
Donald Guthrie and
Candace Tkachuck
Christie Hammond
Kathy and Rip Harbour
Ira and Carole Highley
James Hook
Beth and Kurt Johnson
Ingri Johnson
Eugene Kahn
Gary and Elizabeth
Kennedy Ketcheson
Family Bible Church
Trinity Lutheran Church
Janis Machala and
David Stenberg
Margaret Macys
St. Cecilia Church
Nancy McCallum
Thomas McCullough
Marie McElligott
Jerry Millhon
June and Allen Nailon
Michael Negrete
Earl Overstreet
Jason and Kathy Pryde
Earl Reilly
James Reilly
Kathy and Jim Rogers
Barbara Schaetti
Diana and Bill Schafer
Pam Schell
Schuster Foundation
Judith and Gene Secor
Donna and Ron Selig
Chris Sievers
St. Augustine's in-the-
Woods Episcopal
Church
Betsy MacGregor and
Charles Terry
Georgia Thompson
Jack and Sue Tingstad
Donna Totten
Janet and Drew Traver
Sue Van Etten
Ms. J L Viniko
Bruce Westermo
Whidbey Island Center
for the Arts (WICA)
Cathy Whitmire and
Tom Ewell
Al and Susan Wilcox
Whidbey Telecom
Employee Giving Back
Team

Oak \$2,500-4,999

Anonymous (4)
Jan Bahner
Ann and Robert Boylan
Carol and John Decker
Kyle Fukano Freeland
Family Dental
Bruce Johnson and
Cynthia Gerdes
Puget Sound Energy
Foundation
Barbara Shaw and
Estelle Johnson
Teel Charitable
Foundation
Daryl and Claudia
Vander Pol

Hemlock \$5,000-9,999

Anonymous
Janet Hall and
Nicole Luce
Mark and Marlane
Harrington
Heritage Bank
Nancy S. Nordhoff and
Lynn Hays
Richard Renninger
Janet and Paula
Richards
Reliance Ricketts
Taney Stewart
Cynthia and David
Trowbridge

Pine \$10,000-24,000

Candace Allen and
Bob Richardson
Annette Barca
Carey Sprague Clark
Estate
Deborah Heg
FOE Aerie #3418
Helen Richards
Debora Valis and
Steve Shapiro
Byron Skubi, M.D.

Spruce \$25,000-49,000

Anonymous
Uplift Fund Whidbey
Community Foundation

Fir \$50,000+

Anonymous

Gifts In Honor

Ronald Abbey
All the volunteer drivers

Kathryn Beaumont
Dean Campbell
Else Christensen
Customers at
EatSalinity.com



Gail
Georgia Grigsby
Annette Hanna and
David Dawley
Achsah Haun
Melanie Hester
Larry Hill
James Hook
ISR Finance & IT Staff
Joan Ludwig
Curtis N. Martin
My family
Mom And Charlie
Ron and Karyn
Louis Hsu Saekow
Beth Savage
Betty Schille
Marian Smith
Linda Taylor
Linda H. Thom
Peggy Vieweg
Randy Weers
Ron Whitman

Gifts In Memory

Gilbert W. Anderson
Rob Anderson
Marie Artrip
Leo Baldwin
David Dawley
Dawna
Linda Dunham
Duane Fulgham
Vivian Heggenes
Michael Hogan
Mike Hogan
My Son Mike Hogan
Dugg & Marie Holmes,
Bobbie Lagerstrom
Heather Hendricks
Lyle Kirton
Iris Linton
Joe Lumsden
David Macys
Lori and Michael Miller
Claire Rich
Pete and Clarice Rogers
John Roomes

Jean Schmidt
Anna Skorniak
Fara Wexler
Harriett J. Williamson
Derith Witkege

Gifts In Kind

June Allen
Anonymous
Gary Barrett
Michael Black
Jill and Bill Brown
Alice Burden
Rena Carmichael
Chant Group Shakti
Seva

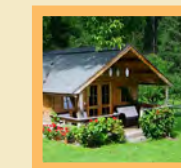
Michael Dalton
Michele DonavenElm
Design LLC
Fare Market
Bob Frizelle
Stephanie Garlich's
Sharon Gauthier and
Tom Hyde
Clayton and Bess
Granby
Chuck Hathaway
Henry Tree Service
Larry Hill
Deborah Jones
Charles LaFond
Mollie Leengran
Rasa L. Matas

Jean Mathisen
Stephanie Osborne
Linda Owensby
Jason and Kathy Pryde
Jeff Ried
Lisa and Bud Root
Mary Jane Scarbaugh
Marian Smith
Lynda Taylor
Susan Wagner
Eileen Walker
Randy Weers
Bill and Jeanne Wells
Whidbey Telecom
Employee Giving
Back Team



The Good Ancestors Society

Any planned gift, sometimes called a legacy gift, is an astounding decision to make. Good Ancestors are powerful people who leave money behind when they die, to help future generations. We call these bequests. They can't take the money with them when they die. Others spend every cent, or need to do so. But these future-investors can leave money behind to help others. In 2023, eleven new people told us that a gift to Island Senior Resources was mentioned in their Last Will and Testament. In years to come, when those people have died, their legacy to aging seniors and caregivers on these islands will make them Good Ancestors as long as humans live here.



We hope some Legacy Donors will choose to leave ISR their home in their will. We would not sell it. We would name it after the donor. We would use donated homes to make it possible for new staff to move here and use the homes as part of their compensation. It would attract able staff who find it hard to locate, let alone afford, housing here when offered a job.

Anonymous (1)
Annette Barca
Kathryn Beaumont
Neal Clark
Maribeth Crandell
James M Duff
Vickie Hagley
Janet Hall and
Nicole Luce
Linda & Michael Hauser
Kathy Henningsen *
William Jackson *
Jeanie Kieswetter
Charles LaFond
Carol Lloyd *
Ellen Marott *
Kristine Marshall
Claudia McMahon
Kay Moore
Louise Mueller
Ivan Neaigus &
Sarah Wallace *
Christine Schacker
Anonymous
Maureen Smith *
Taney Stewart
Anne Sullivan
Bonnie Talkington
Sue Van Etten
Gayle Wilkerson-Tiller
Judy Wiles (Alzh) and
Martin Schmidt
2024
Eleanor C. River
Bruce Westermo &
Claudia McMahon
Mary Dargan

*Legacy received



As you could see in Brad's story, we could not do this work without the time, skills, and talents donated by volunteers like you.

Thank you to our volunteers!

Mary Reed
Don Abbey
Billie Alcott
Linda Alexander
Candace Allen
June Allen
Robert Allen
Sandra Allen
John Allison
Allan Ament
Peter Arechiga
Jamie Badger
Anita Badri
John Baer
Jan Bahner
Linda Bainbridge
Annette Barca
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Lisa Battalia
Frank Baumert
Lillian Bay
Kathryn Beaumont
Bruno Bechthold
Harrilee Behrbaum
Sarah Benedetto
Dennis Benning
Ann Bennion
Irene Bergstrom
Petra Binder
Carol Bingham
Heather Birchman
Michael L. Black
Bill Blair
Evelyn Blair
Denise Bledsoe
Gary Bluhm
Janis Bluhm
Nancy Bolin-Romanski
Dave Bonvouloir
Nika Brady
Fred Bronson
Bill Brown
Jill Brown
Undine Buhler
Dennis Bullock
Steve Burr
Tamara Butler
Mark Calogero
Cynthia Campbell
Bobbi Cantwell
Pat Carlisto
Larry Carlstrom
Richard Carter
Colleen Case
Jeff Case

Robert Cash
Victoria Castle
Kelly Cavanaugh
John Chaffey
Lori Christian
Patty Clark
Test Client
Zeke Collver
Lynda Comerford
Terry Comerford
Lisa Connolley
Lisa Connolley
Ganette Copeland
Lise Corriveau
Katie Corsaué
Brad Crain
Donita Crosby
Kayla Darst
Bruce De Shong
Ladine DeGregory
Sally DeJong
Michael DeYoung
Beth Dietrich
David DiMatteo
Chris Douthitt
Adela Droë
Glenn Duncan
Sari Duncan
Marcia Dunigan
Gary Dunn
Matthew Durham
Bridget Eastman
Diane Eelkema
Charmaine Eggett
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Clayton Granby
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Amy Gulick
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Gerry Hammond
Kathleen Handran
Joan Hanson
John Bernard Harrington
Marcella Harrington
Mark Harrington
Aida Hartshorn
Chuck Hathaway
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Kathryn Howell
Steve Hudziak
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Susan Janow
Susan Janow
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Alene Gretchen Johnson
Bruce Johnson
margaret johnson
Tia Johnson
Marian (Estelle) Johnson
Deborah Jones
Michelle Jones
Julie Joselyn
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Beth Newton
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Terry O'Brien

Jaime Olmos
Bobbie Olszta
Fred O'Neal
Melissa Overbury-
Howland
Mikel Peabody
Sally Peters
Valerie Peterson
Athena Peterson-Phelps
Francine (Frankie)
Petitclerc
Robert Pettis
Elaine Poage
Ron Poage
Chris Porter
Lori Potts
Susan Prescott
Catherine Price
Jason Pryde
Kathy Pryde
Angie Ramsey
Marcus Raymond
Blanca Reyes
Ricardo Reyes
Lauren Rich
Paula Richards
Jeffrey Lloyd Ried
Robert Rinehart
Kathie Rivas
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Vicki Robin
Lisa Rodriguez
Christine Root
Lisa Root
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Marian Smith
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Wanda Smith
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Sari Spieler
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David Stenberg
Steve Stevenson
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Deborah Stilwell
Michael Stilwell
Sarah Stiteler
David Stoetzel
Maria Carolina
Strohschein
Ross Summers

Lynda Taylor
Marianne Taylor
Sylvan Taylor
kimberly Teter
David Thompson
Paul Thompson
Storme Thompson
Lynn Thomson
Jennifer Todd
Keith Tonne
Donna Totten
Julie Towers
Jennifer Townsend

Debbie Turnbull
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Amy Tuthill
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Patricia Verville
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Anne Waterman
Jim Watson
Elizabeth Watson-East
Mariah Weber
Randy Weers
Savannah Welbon

Jeanne Wells
Terry West
Becky Westley
Sidnee Wheelwright
Barbara Whitaker
Ronald Whitman
Rebecca Wilkening-
Sullivan
Dorothy Willet
Brianna (Claire)
Williamson
Aidin Wilson
Anne Wilson

Cael Wilson
Karen Wilson
Katie Wilson
Tina Windeler
Carol Wingate
Cherie Winnicki
Joan Wortman
Nancy Wyckoff
Megan Yarbrough
David Yeast
Daniel Yeo
Nancy Zaretzke
Steve (Mark) Zarifis

Island Senior Resources Board and Staff



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Sarah Stiteler
Vice President
Mark Harrington
Treasurer
Jason Pryde
Secretary
Candace Allen
Christine Schacker
John Gevaert
Janice Marchala
Melissa Overbury-
Howland

Jill Johnson
*Island County
Commissioner,
Ex Officio*
Michele Cato
*Executive Director,
Ex Officio*

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Former President
Kathryn Beaumont
Former Vice President
Lori Christian
Former Treasurer
Mike Ezzell
Nancy Bolin-
Romanski

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Michele Cato
Executive Director
Charles Lafond
*Development Senior
Director*
Kathryn Howell
*Community Program
Senior Director*
Leigh Anderson
Finance Senior Director

ISR NOURISHES

NUTRITION
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Nutrition Director
Emily MacCormick
MOW Assessor
Tiffany Buck
*Whidbey Food Service
Manager*
Lars Wengren
*Camano Food Service
Manager*
Arlene Kramer
*Bayview Meal Site
Manager*
Sommer Van Tryfle
*Langley Meal Site
Manager*
June Blouin
*Coupeville Meal Site
Manager*
Lilia Escojido
*Oak Harbor Meal Site
Manager*

Adin Colliver
Lead Cook
Kelly Cavanaugh
Line Cook
Sandra Stein
Line Cook
Tim Furey
MOW Admin/Courier
Ken Kieling
*Nutrition & Facilities
Assistant*
Susie Julius
Nutrition Assistant
Sandra Stein
Nutrition Assistant
Marcia Wohlfert
Nutrition Assistant
Jack Mathisen
Dishwasher
Bethine Brenny
Nutrition Relief
Maya MacDonald
Nutrition Relief
Kalia White
Nutrition Relief
SENIOR THRIFT
Steve Harkey
*Store & Facilities
Manager*
Catherine Hall
*Store Assistant
Manager*
Mark Dancer
Processing Lead
Raynor Johnson
Maintenance Assistant

Cindy Bellinger
Store Clerk
Tyler Browne
Store Clerk
Kim Christianson
Store Clerk
Vicky Lash
Store Clerk
Joe Lewis
Store Clerk
Scott Mayhew
Store Clerk
Deborah Stark
Store Clerk

ISR NAVIGATES

MEDICAL
TRANSPORTATION
Anita King
*Medical Transportation
Lead*
Harolynne Bobis
Program Assistant
RESOURCES &
COACHING
Mel Watson
*Resource Navigation
Manager*
Kat Givens
*Resource Specialist/
Case Manager*
Angel Merritt
Resource Specialist
Lucy Morales Mares
Case Manager

CASE MANAGEMENT

Kimberly Bailey
*Case Management
Program Manager*
Josslyn Drye
Case Manager
Kaycee Stewart
Case Manager
Tracey Wenthin
Case Manager
Petite Bryant-Hunt
Case Aide

ISR CONNECTS

Bailey Todd
C3 Program Manager
Robin Bush
*Communications
Strategist*

ISR SUPPORTS

Dave De Wolf
*Info Systems
Administrator*
Sarafina Durr
*Office Assistant/
Receptionist*
Don Hall-Aquitania
Development Associate
Kat Hart
Finance/IT Specialist
Kathy Hitzemann
Accounting Manager
Susan Janow
*Human Resources
Manager*

If we made a mistake, please forgive us and let us know. Each gift has a kind person behind it. We are grateful for each gift. We worked to get the list as updated as possible at the time of printing. If any name is listed incorrectly or omitted, please call Charles LaFond, Development Director at 360-210-3011 anytime, and the correction will be made to future lists. Thank you for your patience as we improve our donor information.

Photos of artwork, donors, and story portraits by Dennis Browne.

Looking forward

We hope this Impact Report has inspired you. This report proves social return on your 2023 investment. We also hope that you will donate in 2024—this year. Perhaps right now, while it’s on your mind. We help others every day. We need your help to do so. Thank you.

Four ways to give:

1. Use the envelope in this report
2. Use your phone’s camera to use the QR code
3. Go to our website, senior-resources.org/donate
4. Text-to-give ISRCARES to 53555 (it must be all one word but is not case-sensitive)



Georgia and Randy are close friends of Island Senior Resources. They live and work on Whidbey Island. The bronze, life-size sculpture on the cover is by Georgia Gerber, sculptor. It is made using Randy Hudson’s mother as the model. It seemed to represent every aging senior stuck out in difficult weather, or difficult times. We are grateful for their many kindnesses to ISR and our work. For more on their work, go to georgiagerber.com.

Island Senior Resources seeks to share the joys and help meet the challenges of aging in our Island County communities by providing integrated programs and services.

If you need the services of Island Senior Resources, please call us. One phone call can open many doors over many decades; call 360-321-1600 or complete our online help request at our website.



“The Secret Sauce”
A film about an island, a potter, an aging man, an aging dog, and Pad Thai.
senior-resources.org/impact

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County. ISR’s Federal Tax ID is 52-1049443.