SUDOKU NINJA

March 2024



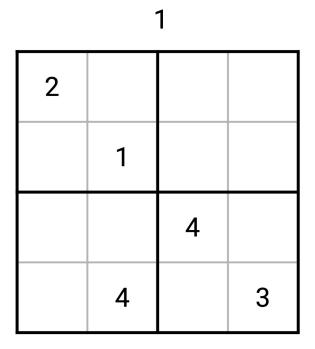


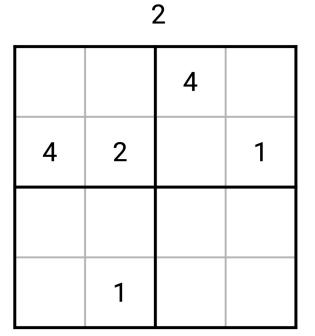
(360) 321-1600 www.senior-resources.org



SUDOKU #1-4

Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers in blank boxes.





3

| 4 | 2 | 1 |
|---|---|---|
| | 4 | 2 |
| | | |

| | 1 | | |
|---|---|---|---|
| | | | 3 |
| | | | 2 |
| 4 | | 3 | |

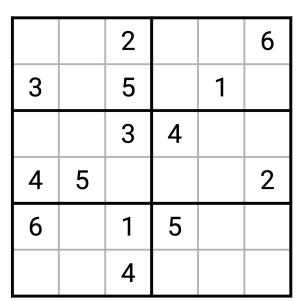


SUDOKU #5-8

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers in blank boxes.

| | | | 5 | | |
|---|---|---|---|---|---|
| | 1 | 6 | | | |
| 4 | | | | | 1 |
| 2 | 5 | 4 | 3 | | |
| 6 | | | | 4 | |
| 1 | 6 | 3 | | | 5 |
| | | | | | |

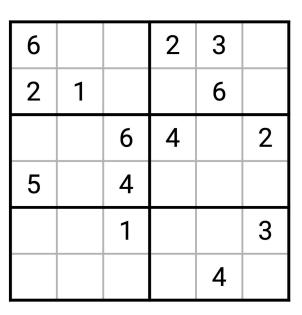
5



6

7

| 5 | | | 1 | | |
|---|---|---|---|---|---|
| | | 1 | | 5 | |
| | | 6 | | | 5 |
| | 2 | | 3 | 4 | |
| 6 | | 2 | | | 1 |
| | | 4 | | 6 | |





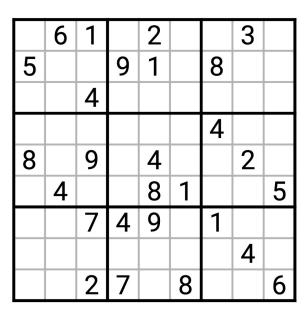
SUDOKU #9-12

Each column, row, and box contains the numbers 1-9 without repeating. Use logic to figure out the missing numbers in blank boxes.

| 7 | | | | 9 | 3 | | 2 | |
|----------|---|---|--------|---|---|---|---|---|
| – | | | | 9 | 5 | 0 | 2 | |
| | | | 4 | | | 3 | | |
| | 4 | | 4 2 | 6 | | | 7 | |
| | | | | | | 7 | 5 | 9 |
| | | 1 | | 4 | | 2 | | |
| | | 7 | 8 3 | | | | | |
| | 2 | 6 | 3 | | | 4 | | |
| | | | | | | | 9 | |
| 5 | | | | 2 | | | | 3 |

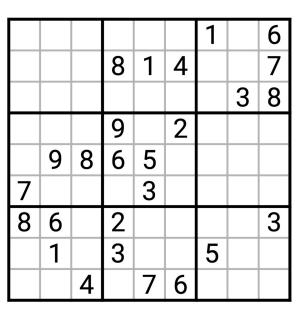
9





| | | | | 1 | | 4 | 7 | 6 |
|---|--------|--------|---|---|---|-------------|---|--------|
| | 6 | 4 | 8 | | | | | 3 8 |
| 7 | | | | 2 | | | | 8 |
| | | | 5 | 6 | 8 | | | |
| | 8 3 | 7 | | | | 9 | | |
| | 3 | | | | | 9 8 6 | | |
| | | | 4 | | | 6 | | |
| 3 | | 2 5 | | | | | | |
| | | 5 | | | | 7 | 1 | 2 |

12





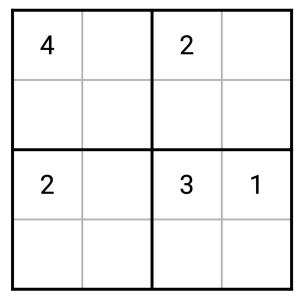
SUDOKU #13-16

Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers in blank boxes.

| | 4 | | |
|---|---|---|---|
| | | | 3 |
| 1 | | 2 | |
| 4 | | | |



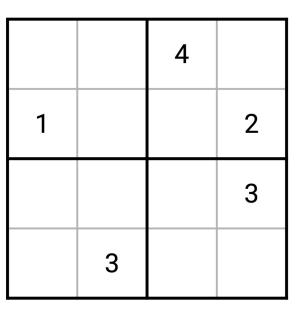
14





| | 3 | | 1 |
|---|---|---|---|
| 2 | | 3 | |
| | | | 2 |



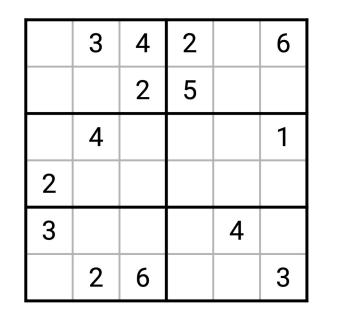




Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers in blank boxes.

| 2 | 5 | 4 | | | |
|---|---|---|---|---|---|
| | | 3 | | | |
| | | 2 | 5 | 3 | |
| | | 1 | 6 | | 2 |
| 4 | | | | 6 | 3 |
| | | | 2 | | |

17



18

| 5 | | 4 | | 6 | |
|---|---|---|---|---|---|
| 6 | 3 | | | | |
| | 6 | | 1 | 3 | |
| | 1 | | 2 | | 6 |
| | 4 | 2 | | | |
| 1 | | | | | |

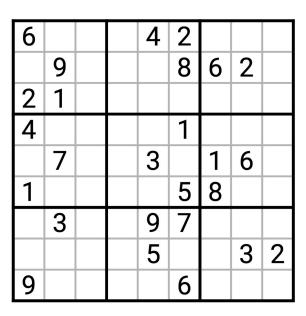
20

| | 6 | | | | 5 |
|---|---|---|---|---|---|
| | | 1 | 2 | | |
| 4 | | 6 | | 5 | |
| | 1 | 3 | 4 | | 2 |
| | | | 6 | 2 | |
| | | | | 3 | |



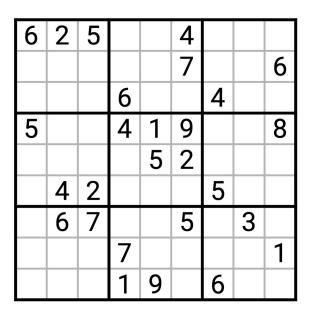
SUDOKU #21-24

Each column, row, and box contains the numbers 1-9 without repeating. Use logic to figure out the missing numbers in blank boxes.



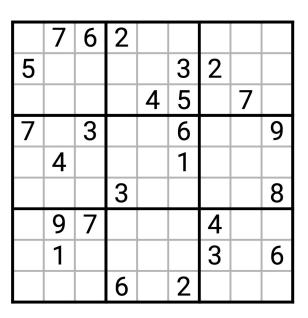
21





| 2 | 8 | 1 | 5 | | | | | |
|---|-------------|--------|---|---|-------------|---|---|---|
| | | | | | 8 | | | 9 |
| | | 5 | | 4 | | | 1 | |
| | | | | | 7 | 3 | | 4 |
| | 5 | | 8 | 2 | | | | |
| | 5 2 9 | | | | | | 6 | |
| | 9 | 2 4 | | | 6 | | | 5 |
| | | 4 | | | 6 5 2 | 2 | 9 | |
| | | | 4 | | 2 | | | |

24



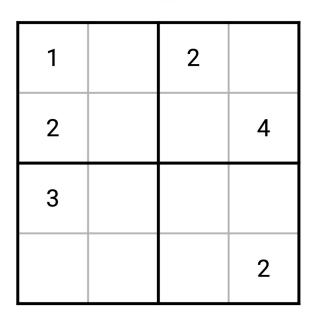


Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers in blank boxes.

| 3 | 4 | | 1 |
|---|---|---|---|
| | | 4 | 3 |
| 1 | 2 | 3 | 4 |
| | | | |



26





| | | 1 | 2 |
|---|---|---|---|
| 1 | 2 | | |
| 4 | | | |
| | | | 3 |



| 4 | | 3 |
|---|---|---|
| | 2 | |
| | | |
| 2 | 4 | |





SUDOKU #29-32

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers in blank boxes.

| | 4 | 1 | 2 | 3 | 5 |
|---|---|---|---|---|---|
| 5 | 3 | | 6 | | 1 |
| | | | | 6 | |
| 1 | 6 | 3 | | 2 | |
| | | 6 | | | |
| 4 | | 5 | 3 | 1 | |



30

| | | | 2 | 1 | |
|---|---|---|---|---|---|
| | 1 | 2 | | | 6 |
| 5 | 4 | 1 | | | |
| 2 | 6 | 3 | 1 | | |
| | | 4 | 5 | | |
| | 3 | | | | 1 |



| | 4 | | 1 | | |
|---|---|---|---|---|---|
| 1 | | | | 6 | 2 |
| | 1 | | 2 | 4 | |
| | | | 3 | | 5 |
| 4 | | 2 | | | 1 |
| | 5 | | | | |

| | 5 | 1 | 3 | | |
|---|---|---|---|---|---|
| 4 | | | 1 | | |
| 1 | 3 | 4 | | 5 | |
| | 2 | 5 | | | 3 |
| 5 | 4 | | | | |
| | | | | | 4 |



SUDOKU #33-36

Each column, row, and box contains the numbers 1-9 without repeating. Use logic to figure out the missing numbers in blank boxes.

| | _ | _ | | _ | _ | _ | _ | _ |
|---|---|---|---|---|---|---|---|---|
| 6 | | 8 | 2 | 5 | 1 | 7 | 3 | |
| 9 | | | 3 | 4 | 8 | | | |
| | | | 6 | | 7 | 1 | | 8 |
| 8 | | 5 | | 7 | | | | 3 |
| 4 | | | 8 | 3 | 9 | 2 | 5 | |
| 7 | 9 | 3 | 4 | 2 | 5 | | | 6 |
| | 5 | | 7 | 1 | 2 | | | 4 |
| 1 | 7 | 6 | 9 | 8 | | 3 | 2 | |
| 2 | | 4 | 5 | 6 | 3 | 9 | | |

33

34

| 7 | 9 | | | | | 6 | | |
|---|--------|--------|---|---|---|---|---|---|
| | | 2 | 9 | | | 7 | | |
| | | | 7 | 5 | 1 | 2 | | |
| 2 | | | 5 | 4 | 7 | | 6 | |
| | | 7 | | | 9 | | | 2 |
| 6 | | 4 | 2 | | | 9 | | 1 |
| 1 | 2 | 8 | | 7 | | 4 | | 6 |
| | 2 6 | 5 3 | 4 | 1 | | 3 | | 7 |
| 4 | | 3 | | | | 1 | | |

| | 4 | 6 | 5 | | 8 | 7 | | |
|--------|---|---|---|---|---|---|---|---|
| | 7 | | | | | | 8 | |
| 2 3 | | | 1 | | 7 | 6 | 9 | |
| 3 | | | 4 | | 1 | 8 | | 7 |
| | | 4 | | | 6 | | 3 | |
| 7 | | | 2 | 5 | 3 | | | |
| | 3 | | 6 | | | | | 1 |
| 6 | | 5 | | 7 | | 9 | | |
| | | | 8 | | | | 6 | |

36

| 6 3 | | 4 | | 5 | 1 | 2 | 9 | |
|--------|--------|---|--------|---|---|---|---|---|
| 3 | | | 7 | 8 | 2 | | 1 | |
| | 8 | | 9 | | 6 | 3 | 7 | |
| | | 5 | | 3 | | | | 9 |
| 4 | 3 | | | 9 | | | | |
| | | | 4 | 1 | | 5 | | 3 |
| | 4 | 1 | 5 8 | 6 | | | 3 | |
| | 4 6 | | 8 | 2 | | | | 1 |
| | | | | | | | 4 | |

SUDOKU #1-4 ANSWERS

| 2 | 3 | 1 | 4 |
|---|---|---|---|
| 4 | 1 | 3 | 2 |
| 3 | 2 | 4 | 1 |
| 1 | 4 | 2 | 3 |

1

3

| 2 | 1 | 3 | 4 |
|---|---|---|---|
| 3 | 4 | 2 | 1 |
| 1 | 3 | 4 | 2 |
| 4 | 2 | 1 | 3 |



Island Ser

| 1 | 3 | 4 | 2 |
|---|---|---|---|
| 4 | 2 | 3 | 1 |
| 2 | 4 | 1 | 3 |
| 3 | 1 | 2 | 4 |

| 3 | 1 | 2 | 4 |
|---|---|---|---|
| 2 | 4 | 1 | 3 |
| 1 | 3 | 4 | 2 |
| 4 | 2 | 3 | 1 |



SUDOKU #5-8 ANSWERS

| 3 | 1 | 6 | 2 | 5 | 4 |
|---|---|---|---|---|---|
| 4 | 2 | 5 | 6 | 3 | 1 |
| 2 | 5 | 4 | 3 | 1 | 6 |
| 6 | 3 | 1 | 5 | 4 | 2 |
| 1 | 6 | 3 | 4 | 2 | 5 |
| 5 | 4 | 2 | 1 | 6 | 3 |

| 5 | 6 | 3 | 1 | 2 | 4 |
|---|---|---|---|---|---|
| 2 | 4 | 1 | 6 | 5 | 3 |
| 4 | 3 | 6 | 2 | 1 | 5 |
| 1 | 2 | 5 | 3 | 4 | 6 |
| 6 | 5 | 2 | 4 | 3 | 1 |
| 3 | 1 | 4 | 5 | 6 | 2 |

| 1 | 4 | 2 | 3 | 5 | 6 |
|---|---|---|---|---|---|
| 3 | 6 | 5 | 2 | 1 | 4 |
| 2 | 1 | 3 | 4 | 6 | 5 |
| 4 | 5 | 6 | 1 | 3 | 2 |
| 6 | 2 | 1 | 5 | 4 | 3 |
| 5 | 3 | 4 | 6 | 2 | 1 |

| 6 | 4 | 5 | 2 | 3 | 1 |
|---|---|---|---|---|---|
| 2 | 1 | 3 | 5 | 6 | 4 |
| 1 | 3 | 6 | 4 | 5 | 2 |
| 5 | 2 | 4 | 3 | 1 | 6 |
| 4 | 5 | 1 | 6 | 2 | 3 |
| 3 | 6 | 2 | 1 | 4 | 5 |



SUDOKU #9-12 ANSWERS

| 7 | 1 | 8 | 5 | 9 | 3 | 6 | 2 | 4 |
|---|---|---|---|---|---|---|---|---|
| 9 | 6 | 2 | 4 | 7 | 1 | 3 | 8 | 5 |
| 3 | 4 | 5 | 2 | 6 | 8 | 9 | 7 | 1 |
| 4 | 8 | 3 | 6 | 1 | 2 | 7 | 5 | 9 |
| 6 | 5 | 1 | 9 | 4 | 7 | 2 | 3 | 8 |
| 2 | 9 | 7 | 8 | 3 | 5 | 1 | 4 | 6 |
| 8 | 2 | 6 | 3 | 5 | 9 | 4 | 1 | 7 |
| 1 | 3 | 4 | 7 | 8 | 6 | 5 | 9 | 2 |
| 5 | 7 | 9 | 1 | 2 | 4 | 8 | 6 | 3 |

| 9 | 2 | 8 | 3 | 1 | 5 | 4 | 7 | 6 |
|---|---|---|---|---|---|---|---|---|
| 1 | 6 | 4 | 8 | 9 | 7 | 2 | 5 | 3 |
| 7 | 5 | 3 | 6 | 2 | 4 | 1 | 9 | 8 |
| 2 | 1 | 9 | 5 | 6 | 8 | 3 | 4 | 7 |
| 4 | 8 | 7 | 2 | 3 | 1 | 9 | 6 | 5 |
| 5 | 3 | 6 | 7 | 4 | 9 | 8 | 2 | 1 |
| 8 | 7 | 1 | 4 | 5 | 2 | | 3 | 9 |
| 3 | 9 | 2 | 1 | 7 | 6 | 5 | 8 | 4 |
| 6 | 4 | 5 | 9 | 8 | 3 | 7 | 1 | 2 |

| 9 | 6 | 1 | 8 | 2 | 5 | 7 | 3 | 4 |
|---|---|---|---|---|---|---|---|---|
| 5 | 7 | 3 | 9 | 1 | 4 | 8 | 6 | 2 |
| 2 | 8 | 4 | 6 | 7 | 3 | 5 | 1 | 9 |
| 1 | 2 | 5 | 3 | 6 | 9 | 4 | 7 | 8 |
| 8 | 3 | 9 | 5 | 4 | 7 | 6 | 2 | 1 |
| 7 | 4 | 6 | 2 | 8 | 1 | 3 | 9 | 5 |
| 6 | 5 | 7 | 4 | 9 | 2 | 1 | 8 | 3 |
| 3 | 9 | 8 | 1 | 5 | 6 | 2 | 4 | 7 |
| 4 | 1 | 2 | 7 | 3 | 8 | 9 | 5 | 6 |

| | | | | | | _ | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 8 | 5 | 7 | 2 | 3 | 1 | 4 | 6 |
| 6 | 2 | 3 | 8 | 1 | 4 | 9 | 5 | 7 |
| 4 | 7 | 1 | 5 | 6 | 9 | 2 | 3 | 8 |
| 1 | 4 | 6 | 9 | 8 | 2 | 3 | 7 | 5 |
| 3 | 9 | 8 | 6 | 5 | 7 | 4 | 2 | 1 |
| 7 | 5 | 2 | 4 | 3 | 1 | 6 | 8 | 9 |
| 8 | 6 | 9 | 2 | 4 | 5 | 7 | 1 | 3 |
| 2 | 1 | 7 | 3 | 9 | 8 | 5 | 6 | 4 |
| 5 | 3 | 4 | 1 | 7 | 6 | 8 | 9 | 2 |



SUDOKU #13-16 ANSWERS

| 3 | 4 | 1 | 2 |
|---|---|---|---|
| 2 | 1 | 4 | 3 |
| 1 | 3 | 2 | 4 |
| 4 | 2 | 3 | 1 |

| 1 | 2 | 4 | 3 |
|---|---|---|---|
| 4 | 3 | 2 | 1 |
| 2 | 1 | 3 | 4 |
| 3 | 4 | 1 | 2 |

| 4 | 1 | 2 | 3 |
|---|---|---|---|
| 3 | 2 | 1 | 4 |
| 2 | 4 | 3 | 1 |
| 1 | 3 | 4 | 2 |

| 3 | 2 | 4 | 1 |
|---|---|---|---|
| 1 | 4 | 3 | 2 |
| 4 | 1 | 2 | 3 |
| 2 | 3 | 1 | 4 |



SUDOKU #17-20 ANSWERS

| 2 | 5 | 4 | 3 | 1 | 6 |
|---|---|---|---|---|---|
| 1 | 6 | 3 | 4 | 2 | 5 |
| 6 | 4 | 2 | 5 | 3 | 1 |
| 5 | 3 | 1 | 6 | 4 | 2 |
| 4 | 2 | 5 | 1 | 6 | 3 |
| 3 | 1 | 6 | 2 | 5 | 4 |

| 5 | 2 | 4 | 3 | 6 | 1 |
|---|---|---|---|---|---|
| 6 | 3 | 1 | 5 | 4 | 2 |
| 2 | 6 | 5 | 1 | 3 | 4 |
| 4 | 1 | 3 | 2 | 5 | 6 |
| 3 | 4 | 2 | 6 | 1 | 5 |
| 1 | 5 | 6 | 4 | 2 | 3 |

| 5 | 3 | 4 | 2 | 1 | 6 |
|---|---|---|---|---|---|
| 1 | 6 | 2 | 5 | 3 | 4 |
| 6 | 4 | 5 | 3 | 2 | 1 |
| 2 | 1 | 3 | 4 | 6 | 5 |
| 3 | 5 | 1 | 6 | 4 | 2 |
| 4 | 2 | 6 | 1 | 5 | 3 |

| 2 | 6 | 4 | 3 | 1 | 5 |
|---|---|---|---|---|---|
| 3 | 5 | 1 | 2 | 4 | 6 |
| 4 | 2 | 6 | 1 | 5 | 3 |
| 5 | 1 | 3 | 4 | 6 | 2 |
| 1 | 3 | 5 | 6 | 2 | 4 |
| 6 | 4 | 2 | 5 | 3 | 1 |



SUDOKU #21-24 ANSWERS

| 6 | 5 | 7 | 9 | 4 | 2 | 3 | 8 | 1 |
|---|---|---|---|---|---|---|---|---|
| 3 | 9 | 4 | 5 | 1 | 8 | 6 | 2 | 7 |
| 2 | 1 | 8 | 6 | 7 | 3 | 5 | 4 | 9 |
| 4 | 6 | 3 | 7 | 8 | 1 | 2 | 9 | 5 |
| 8 | 7 | 5 | 2 | 3 | 9 | 1 | 6 | 4 |
| 1 | 2 | 9 | 4 | 6 | 5 | 8 | 7 | 3 |
| 5 | 3 | 2 | 8 | 9 | 7 | 4 | 1 | 6 |
| 7 | 8 | 6 | 1 | 5 | 4 | 9 | 3 | 2 |
| 9 | 4 | 1 | 3 | 2 | 6 | 7 | 5 | 8 |

| 2 | 8 | 1 | 5 | 6 | 9 | 7 | 4 | 3 |
|---|---|---|---|---|---|---|---|---|
| 7 | 4 | 3 | 2 | 1 | 8 | 6 | 5 | 9 |
| 9 | 6 | 5 | 7 | 4 | 3 | 8 | 1 | 2 |
| 8 | 1 | 9 | 6 | 5 | 7 | 3 | 2 | 4 |
| 3 | 5 | 6 | 8 | 2 | 4 | 9 | 7 | 1 |
| 4 | 2 | 7 | 9 | 3 | 1 | 5 | 6 | 8 |
| 1 | 9 | 2 | 3 | 7 | 6 | 4 | 8 | 5 |
| 6 | 3 | 4 | 1 | 8 | 5 | 2 | 9 | 7 |
| 5 | 7 | 8 | 4 | 9 | 2 | 1 | 3 | 6 |

| 6 | 2 | 5 | 9 | 3 | 4 | 1 | 8 | 7 |
|---|---|---|---|---|---|---|---|---|
| 4 | 1 | 8 | 5 | 2 | 7 | 3 | 9 | 6 |
| 7 | 9 | 3 | 6 | 8 | 1 | 4 | 5 | 2 |
| 5 | 3 | 6 | 4 | 1 | 9 | 7 | 2 | 8 |
| 8 | 7 | 1 | 3 | 5 | 2 | 9 | 6 | 4 |
| 9 | 4 | 2 | 8 | 7 | 6 | 5 | 1 | 3 |
| 1 | 6 | 7 | 2 | 4 | 5 | 8 | 3 | 9 |
| 3 | 5 | 9 | 7 | 6 | 8 | 2 | 4 | 1 |
| 2 | 8 | 4 | 1 | 9 | 3 | 6 | 7 | 5 |

| 4 | 7 | 6 | 2 | 1 | 9 | 8 | 3 | 5 |
|---|---|---|---|---|---|---|---|---|
| 5 | 8 | 1 | 7 | 6 | 3 | 2 | 9 | 4 |
| 3 | 2 | 9 | 8 | 4 | 5 | 6 | 7 | 1 |
| 7 | 5 | 3 | 4 | 8 | 6 | 1 | 2 | 9 |
| 9 | 4 | 8 | 5 | 2 | 1 | 7 | 6 | 3 |
| 1 | 6 | 2 | 3 | 9 | 7 | 5 | 4 | 8 |
| 6 | 9 | 7 | 1 | 3 | 8 | 4 | 5 | 2 |
| 2 | 1 | 5 | 9 | 7 | 4 | 3 | 8 | 6 |
| 8 | 3 | 4 | 6 | 5 | 2 | 9 | 1 | 7 |

SUDOKU #25-28 ANSWERS

25

| 3 | 4 | 2 | 1 |
|---|---|---|---|
| 2 | 1 | 4 | 3 |
| 1 | 2 | 3 | 4 |
| 4 | 3 | 1 | 2 |

27

| 3 | 4 | 1 | 2 |
|---|---|---|---|
| 1 | 2 | 3 | 4 |
| 4 | 3 | 2 | 1 |
| 2 | 1 | 4 | 3 |

| 1 | 4 | 2 | 3 |
|---|---|---|---|
| 2 | 3 | 1 | 4 |
| 3 | 2 | 4 | 1 |
| 4 | 1 | 3 | 2 |

28

| 2 | 4 | 1 | 3 |
|---|---|---|---|
| 1 | 3 | 2 | 4 |
| 4 | 1 | 3 | 2 |
| 3 | 2 | 4 | 1 |



SUDOKU #29-32 ANSWERS

| 6 | 4 | 1 | 2 | 3 | 5 |
|---|---|---|---|---|---|
| 5 | 3 | 2 | 6 | 4 | 1 |
| 2 | 5 | 4 | 1 | 6 | 3 |
| 1 | 6 | 3 | 5 | 2 | 4 |
| 3 | 1 | 6 | 4 | 5 | 2 |
| 4 | 2 | 5 | 3 | 1 | 6 |

| 2 | 4 | 6 | 1 | 5 | 3 |
|---|---|---|---|---|---|
| 1 | 3 | 5 | 4 | 6 | 2 |
| 5 | 1 | 3 | 2 | 4 | 6 |
| 6 | 2 | 4 | 3 | 1 | 5 |
| 4 | 6 | 2 | 5 | 3 | 1 |
| 3 | 5 | 1 | 6 | 2 | 4 |

| 3 | 5 | 6 | 2 | 1 | 4 |
|---|---|---|---|---|---|
| 4 | 1 | 2 | 3 | 5 | 6 |
| 5 | 4 | 1 | 6 | 3 | 2 |
| 2 | 6 | 3 | 1 | 4 | 5 |
| 1 | 2 | 4 | 5 | 6 | 3 |
| 6 | 3 | 5 | 4 | 2 | 1 |

| 2 | 5 | 1 | 3 | 4 | 6 |
|---|---|---|---|---|---|
| 4 | 6 | 3 | 1 | 2 | 5 |
| 1 | 3 | 4 | 6 | 5 | 2 |
| 6 | 2 | 5 | 4 | 1 | 3 |
| 5 | 4 | 6 | 2 | 3 | 1 |
| 3 | 1 | 2 | 5 | 6 | 4 |

SUDOKU #33-36 ANSWERS

| 6 | 4 | 8 | 2 | 5 | 1 | 7 | 3 | 9 |
|---|---|---|---|---|---|---|---|---|
| 9 | 1 | 7 | 3 | 4 | 8 | 5 | 6 | 2 |
| 5 | 3 | 2 | 6 | 9 | 7 | 1 | 4 | 8 |
| 8 | 2 | 5 | 1 | 7 | 6 | 4 | 9 | 3 |
| 4 | 6 | 1 | 8 | 3 | 9 | 2 | 5 | 7 |
| 7 | 9 | 3 | 4 | 2 | 5 | 8 | 1 | 6 |
| 3 | 5 | 9 | 7 | 1 | 2 | 6 | 8 | 4 |
| 1 | 7 | 6 | 9 | 8 | 4 | 3 | 2 | 5 |
| 2 | 8 | 4 | 5 | 6 | 3 | 9 | 7 | 1 |

| 9 | 4 | 6 | 5 | 3 | 8 | 7 | 1 | 2 |
|---|---|---|---|---|---|---|---|---|
| 5 | 7 | 1 | 9 | 6 | 2 | 3 | 8 | 4 |
| 2 | 8 | 3 | 1 | 4 | 7 | 6 | 9 | 5 |
| 3 | 6 | 2 | 4 | 9 | 1 | 8 | 5 | 7 |
| 1 | 5 | 4 | 7 | 8 | 6 | 2 | 3 | 9 |
| 7 | 9 | 8 | 2 | 5 | 3 | 1 | 4 | 6 |
| 8 | 3 | 9 | 6 | 2 | 5 | 4 | 7 | 1 |
| 6 | 1 | 5 | 3 | 7 | 4 | 9 | 2 | 8 |
| 4 | 2 | 7 | 8 | 1 | 9 | 5 | 6 | 3 |

| 7 | 9 | 1 | 8 | 2 | 4 | 6 | 3 | 5 |
|---|---|---|---|---|---|---|---|---|
| 5 | 8 | 2 | 9 | 3 | 6 | 7 | 1 | 4 |
| 3 | 4 | 6 | 7 | 5 | 1 | 2 | 8 | 9 |
| 2 | 1 | 9 | 5 | 4 | 7 | 8 | 6 | 3 |
| 8 | 3 | 7 | 1 | 6 | 9 | 5 | 4 | 2 |
| 6 | 5 | 4 | 2 | 8 | 3 | 9 | 7 | 1 |
| 1 | 2 | 8 | 3 | 7 | 5 | 4 | 9 | 6 |
| 9 | 6 | 5 | 4 | 1 | 8 | 3 | 2 | 7 |
| 4 | 7 | 3 | 6 | 9 | 2 | 1 | 5 | 8 |

| 6 | 7 | 4 | 3 | 5 | 1 | 2 | 9 | 8 |
|---|---|---|---|---|---|---|---|---|
| 3 | 5 | 9 | 7 | 8 | 2 | 6 | 1 | 4 |
| 1 | 8 | 2 | 9 | 4 | 6 | 3 | 7 | 5 |
| 8 | 1 | 5 | 6 | 3 | 7 | 4 | 2 | 9 |
| 4 | 3 | 6 | 2 | 9 | 5 | 1 | 8 | 7 |
| 2 | 9 | 7 | 4 | 1 | 8 | 5 | 6 | 3 |
| 7 | 4 | 1 | 5 | 6 | 9 | 8 | 3 | 2 |
| 9 | 6 | 3 | 8 | 2 | 4 | 7 | 5 | 1 |
| 5 | 2 | 8 | 1 | 7 | 3 | 9 | 4 | 6 |



Programs and Services

Resources and Coaching

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

Nutrition Programs

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

Medical Equipment Lending Library

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

Private In-Home Providers (PIP)

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

Benefits Counseling

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

Support Groups

Join in conversation with others facing similar challenges.

Call Us! (360) 321-1600



Serving Whidbey and Camano islands

About Us

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do. Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support. Only 33% of our funding comes from government grants. You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

We are here for you

Contact us by phone , email, or request assistance on our website. (360) 321-1600 www.senior-resources.org reception@islandseniorservices.org.