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# THE PUZZLE EXPERIENCE

CROSSWORD, WORDSEARCH, SUDOKU, WORDOKU, & MAZES

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March 2024 • **Out & About**

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## **MISSION**

We seek to share the joys and help meet the challenges of aging in our Island County communities by providing integrated programs and services.

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2024 - EDITION #3

## **OUT AND ABOUT CANADA**

Envision an extraordinary journey to Canada, where a mosaic of experiences awaits your exploration. Immerse yourself in the cultural treasures at the Royal Ontario Museum, offering a captivating exploration of history, art, and natural wonders. For those seeking adventure, the Canadian Rockies beckon with world-class skiing opportunities, where crisp mountain air and breathtaking landscapes create an idyllic winter retreat. Discover the awe-inspiring spectacle of Niagara Falls, a natural wonder that never fails to leave a lasting impression. Indulge in the culinary delights of Canada with its renowned seafood cuisine, where the freshest catches from the Atlantic and Pacific coasts promise a delectable culinary journey. Canada invites seniors to embrace the diversity of its attractions, promising a blend of culture, adventure, natural beauty, and gastronomic delights for an enriching and memorable experience.

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## **CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS**

- *WORD WIZARD*
- *SUDOKU NINJA*
- *SIMPLY SEARCH*
- *MAZINGLY EASY*
- *AMAZING MINDS*
- *MIGHTY MANDALAS*
- *ARTISTIC ACTIVITIES*
- *STIMULATING SEARCH*
- *COGNITIVE CROSSWORDS*



# ROYAL ONTARIO MUSEUM

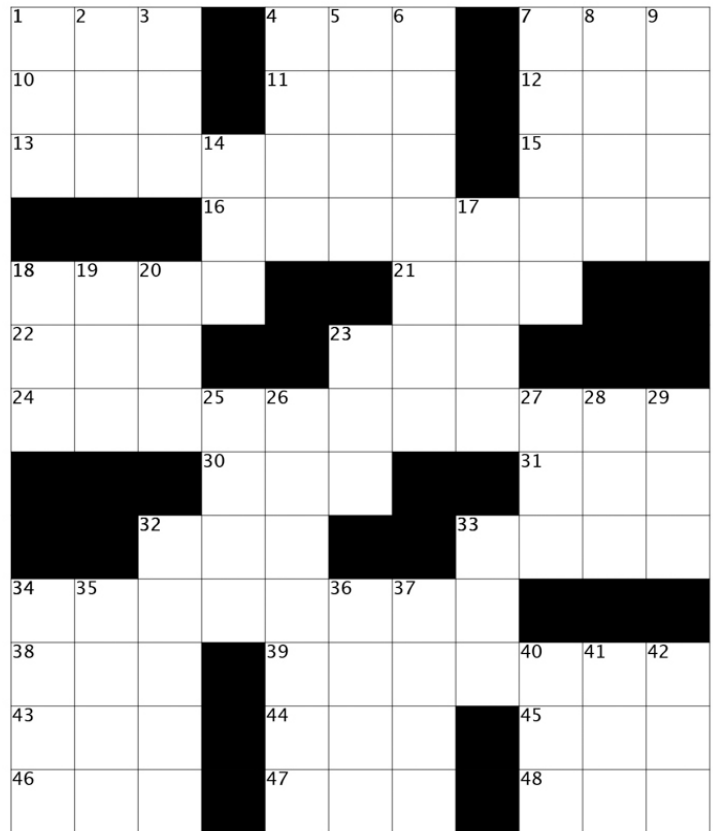
## ACROSS

1. \_\_\_ of Bengal
4. Ad \_\_\_ committee
7. Red Sox from \_\_\_ Mass.
10. Pub pint
11. \_\_\_, amas, amat
12. Acorn producer
13. Quartz or feldspar
15. Letter after pi
16. T. rex or triceratops
18. Bronze or Iron periods
21. Neighbor of Amer.
22. Kitty
23. CEO's degree, for short
24. Study of archaic remains
30. "Ich bin \_\_\_ Berliner"
31. Split \_\_\_ soup
32. Be mistaken
33. Object
34. Dig discovery, perhaps
38. "Go team!"
39. Very old

43. G.I. fare
44. Caviar
45. Jerry \_\_\_ Lewis
46. "Quit \_\_\_ bellyachin'!"
47. Finish
48. Barbie doll's beau

## DOWN

1. "Pow!"
2. Boxing legend Muhammed
3. Craving
4. Mata \_\_\_ (spy)
5. Yemen neighbor (MOAN anagram)
6. Sri Lanka's capital, named for an explorer
7. 20 Mule Team cleanser
8. Honolulu's island
9. Hershey's toffee bar
14. Sullivan and McMahon
17. Playful aquatic mammal
18. Obamacare acronym (hidden in TEACAKE)



19. Long-nosed fish
20. And so on, for short
23. Fellows
25. "Tell \_\_\_ love her..."
26. Flight cost
27. Choose
28. Letter after EFF
29. Sweet potato
32. Bygone anesthetic
33. "Lord, is \_\_\_?": Matthew 26:22
34. Troops that might eat 43-Across
35. Hard to find, like a 16-Across fossil
36. Auth. unknown
37. Sent a dupe email to (hidden in ACCEDED)
40. Deer relative
41. Maiden name
42. 5 + 5

# SUDOKU #1-4

Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers in blank boxes.

1

2			
	1		
		4	
	4		3

2

		4	
4	2		1
	1		

3

	4	2	1
		4	2

4

	1		
			3
			2
4		3	

# Wordoku - Canadian Cuisine

Each column, row, and box contains the letters in the puzzle word without repeating. Like sudoku, use logic to figure out the missing letters in blank boxes.

		C	
	B		A
		A	
	A	B	

Word Used in Puzzle: CRAB

	T		N
			T
			U
	N		

Word Used in Puzzle: TUNA

A			
L			
	L		A
			M

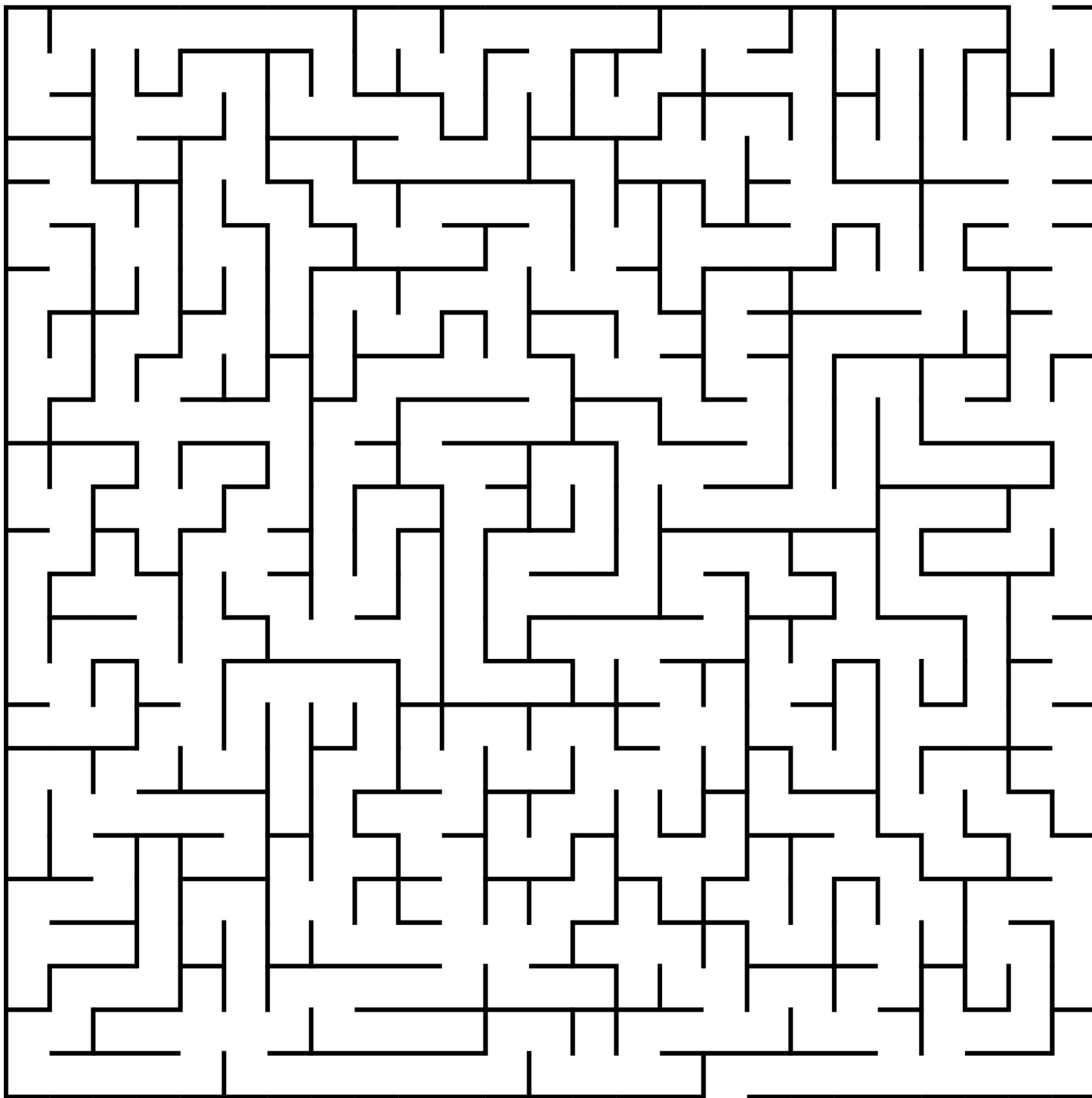
Word Used in Puzzle: CLAM

		L	E
O			
E			S

Word Used in Puzzle: SOLE

# Maze 1

Start



End

# Royal Ontario Museum



Can you find the words below in the box above?

Ancient  
Archaeology  
Artifacts  
Bat  
Chinese  
Crystal  
Dinosaur

Egypt  
Exhibit  
Fossils  
Gems  
History  
Look  
Minerals

Museum  
Ontario  
Paleontology  
Royal  
See  
Shop  
Studio

Textile  
Ticket  
Toronto  
World



# SUDOKU #5-8

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers in blank boxes.

5

	1	6			
4					1
2	5	4	3		
6				4	
1	6	3			5

6

		2			6
3		5		1	
		3	4		
4	5				2
6		1	5		
		4			

7

5			1		
		1		5	
		6			5
	2		3	4	
6		2			1
		4		6	

8

6			2	3	
2	1			6	
		6	4		2
5		4			
		1			3
				4	

# Niagara Falls

Unscramble the words on the left using the spaces provided to correctly spell common words.



ATBO	=	_____
DNAAAC	=	_____
CSACDEA	=	_____
SFCIFL	=	_____
ROEGG	=	_____
IICONC	=	_____
ARLKDNAM	=	_____
SEICMAJT	=	_____
TMIS	=	_____
LTRAUAN	=	_____
ARGIAAN	=	_____
RIANOOT	=	_____
PWOER	=	_____
RBNAIWO	=	_____
IDSRAP	=	_____
RRVEI	=	_____
NSECCI	=	_____
ORTSTUI	=	_____
QIAULTNR	=	_____
AELLWFATR	=	_____

# SKIING CANADIAN ROCKIES

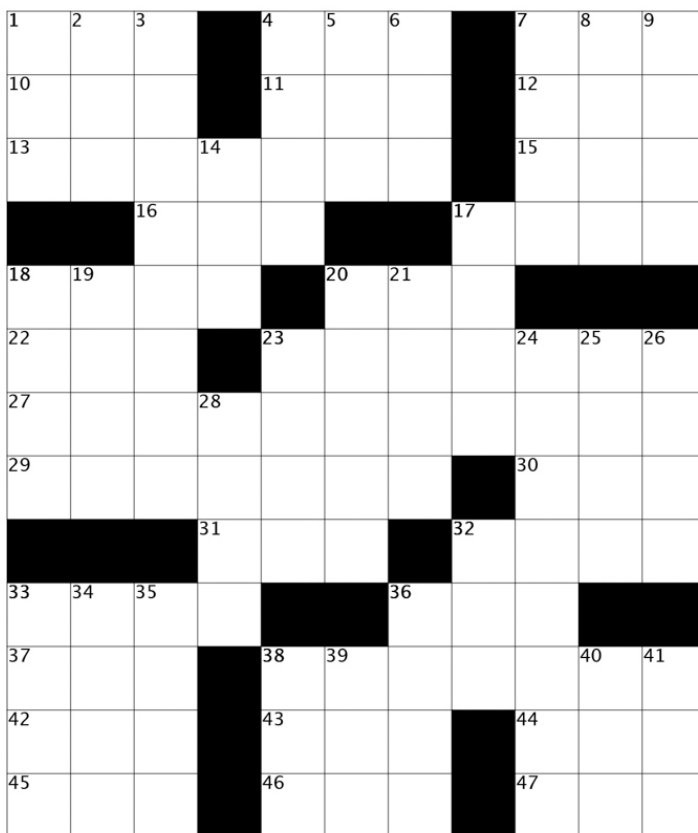
## ACROSS

1. To the \_\_\_\_ degree
4. Headgear for skiing
7. Hit the slopes
10. "\_\_\_\_ live and breathe!"
11. \_\_\_\_ Baba
12. Owned
13. Eyewear for skiing
15. The NBA's Magic
16. "\_\_\_\_-haw" (donkey's bray)
17. Skier's aid
18. Velocity
20. "Be prepared" org.
22. Have debts
23. Craftsperson
27. Rural, out-of-bounds ski area
29. Level of authority
30. Summer, in French
31. Alcohol in a Cuba Libre
32. Toward sunset
33. Ski lift type
36. Costa del \_\_\_\_

37. Boston Red \_\_\_\_
38. Skiers' lift pass purchases
42. "You've got mail!" internet co.
43. Three \_\_\_\_ match
44. Fish egg
45. GPS suggestion
46. Guy
47. Drunkard

## DOWN

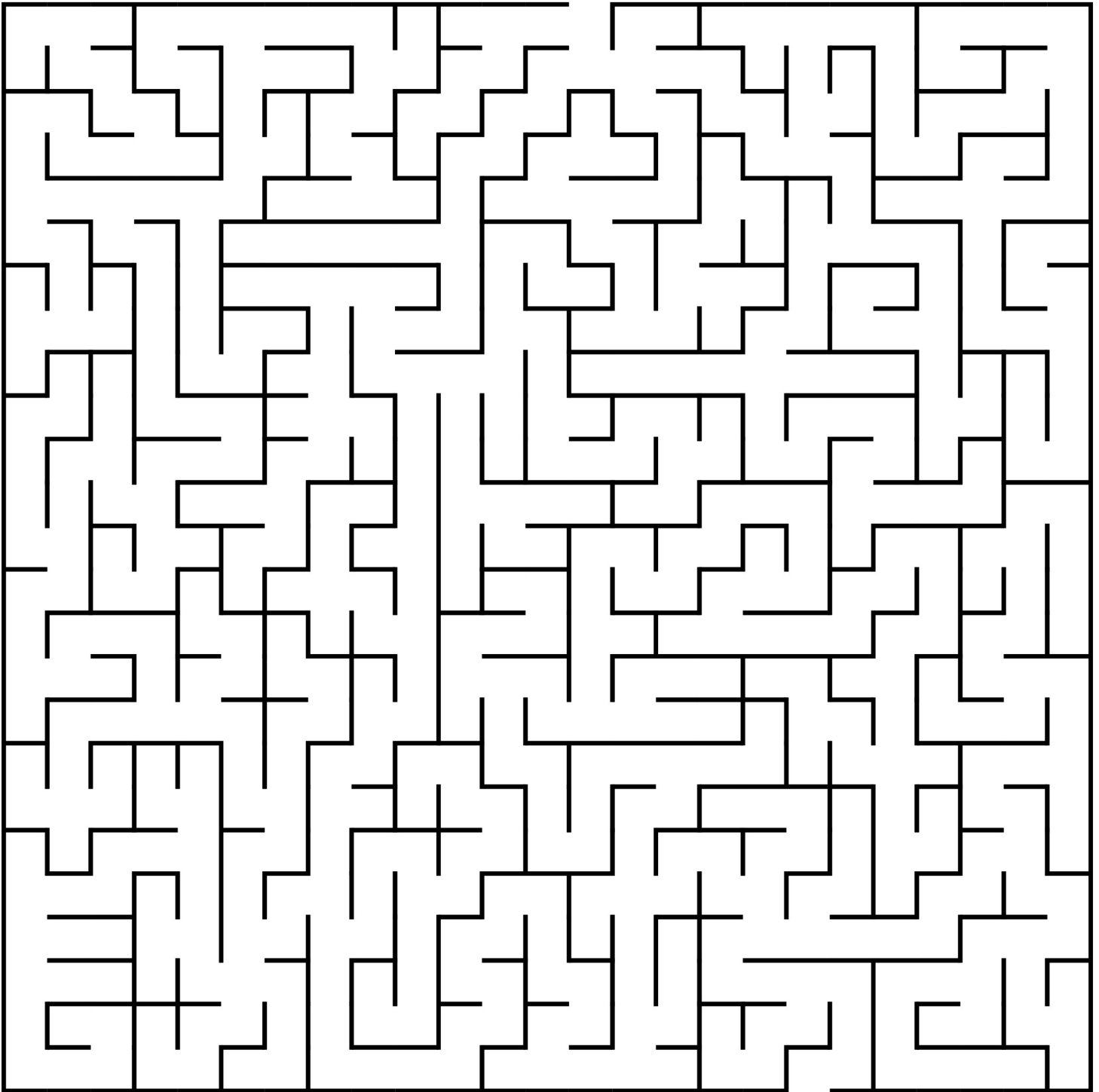
1. Pester
2. General \_\_\_\_'s chicken
3. Like advanced gadgetry
4. \_\_\_\_ and hearty
5. Hearty brew
6. "\_\_\_\_ the season to be jolly"
7. "Beat it!"
8. Marx or Malden
9. Not doing anything
14. "\_\_\_\_ whiz!"
17. Ache
18. Housecoat



19. "Never Wave at \_\_\_\_" (1952 Rosalind Russell film)
20. Sweeping tool
21. Bewilder
23. Civil-rights org.
24. Pittsburgh's football team
25. \_\_\_\_ and crafts
26. No, in Russian
28. Deborah of "The King and I"
32. Stir-fry pan
33. Russian despot
34. Skier's footwear
35. Rod between wheel
36. CT or MRI
38. "\_\_\_\_ and Jerry"
39. Pig \_\_\_\_ poke
40. Also
41. Complete group

# Maze 2

Start



End

# Skiing in the Rockies



Can you find the words below in the box above?

Avalanche	Gloves	Patrol	Slope
Backcountry	Google	Poles	Snow
Bindings	Halfpipe	Powder	Winter
Boots	Hat	Rental	Wonderland
Chairlift	Ice	Resort	
Downhill	Lodge	Ski	
Equipment	Mogul	Slalom	



# SUDOKU #9-12

Each column, row, and box contains the numbers 1-9 without repeating. Use logic to figure out the missing numbers in blank boxes.

9

7				9	3		2	
			4			3		
	4		2	6			7	
						7	5	9
		1		4		2		
		7	8					
	2	6	3			4		
							9	
5				2				3

10

	6	1		2			3	
5				9	1		8	
		4						
							4	
8		9		4			2	
	4			8	1			5
		7	4	9		1		
							4	
		2	7		8			6

11

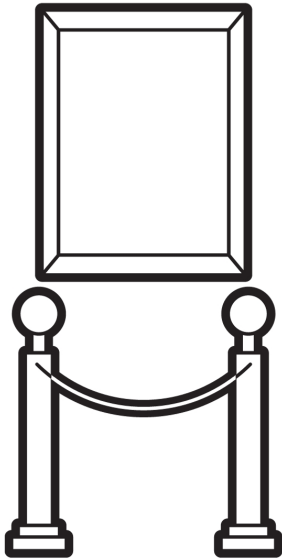
				1		4	7	6
	6	4	8					3
7				2				8
			5	6	8			
	8	7				9		
	3					8		
			4			6		
3		2						
		5				7	1	2

12

						1		6
			8	1	4			7
							3	8
			9		2			
	9	8	6	5				
7				3				
8	6		2					3
	1		3			5		
		4		7	6			

# Royal Ontario Museum

Unscramble the words on the left using the spaces provided to correctly spell common words.



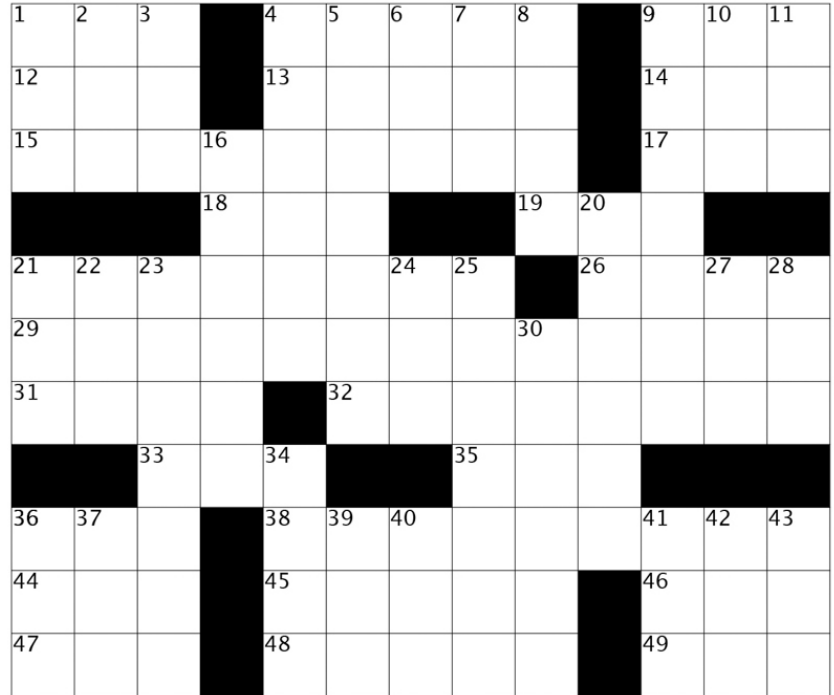
NAICETN	=	_____
RCTIATFA	=	_____
ABT	=	_____
ENCSIHE	=	_____
CSYRTAL	=	_____
DNIARSUO	=	_____
TYPGE	=	_____
TEIXIHB	=	_____
SSFLOI	=	_____
SMGE	=	_____
YSTRIHO	=	_____
OLOK	=	_____
EARINML	=	_____
MESMUU	=	_____
TNOAORI	=	_____
AORYL	=	_____
ESE	=	_____
HPSO	=	_____
DTOSUI	=	_____
TSTEEXLI	=	_____



# NIAGARA FALLS

## ACROSS

1. Wages
4. Camel's cousin
9. Weird
12. Single
13. Vowel sequence
14. Pastry dessert
15. Vistas
17. Opposite of WSW
18. Ump
19. Get some sun
21. Wrapped up like a baby
26. Short-term staffer, shortly
29. Generate power using water
31. Green Jedi master
32. Sightseers
33. Cries of pain
35. Private eye, slangily (hidden in HIGH TECH)
36. Storage container
38. U-shaped Niagara waterfall
44. Gallery hanging
45. "Caught between \_\_\_ and a hard place"
46. Whatever number
47. Prefix for thermal or graphic
48. Trig or calc, to a Brit
49. Part of the foot

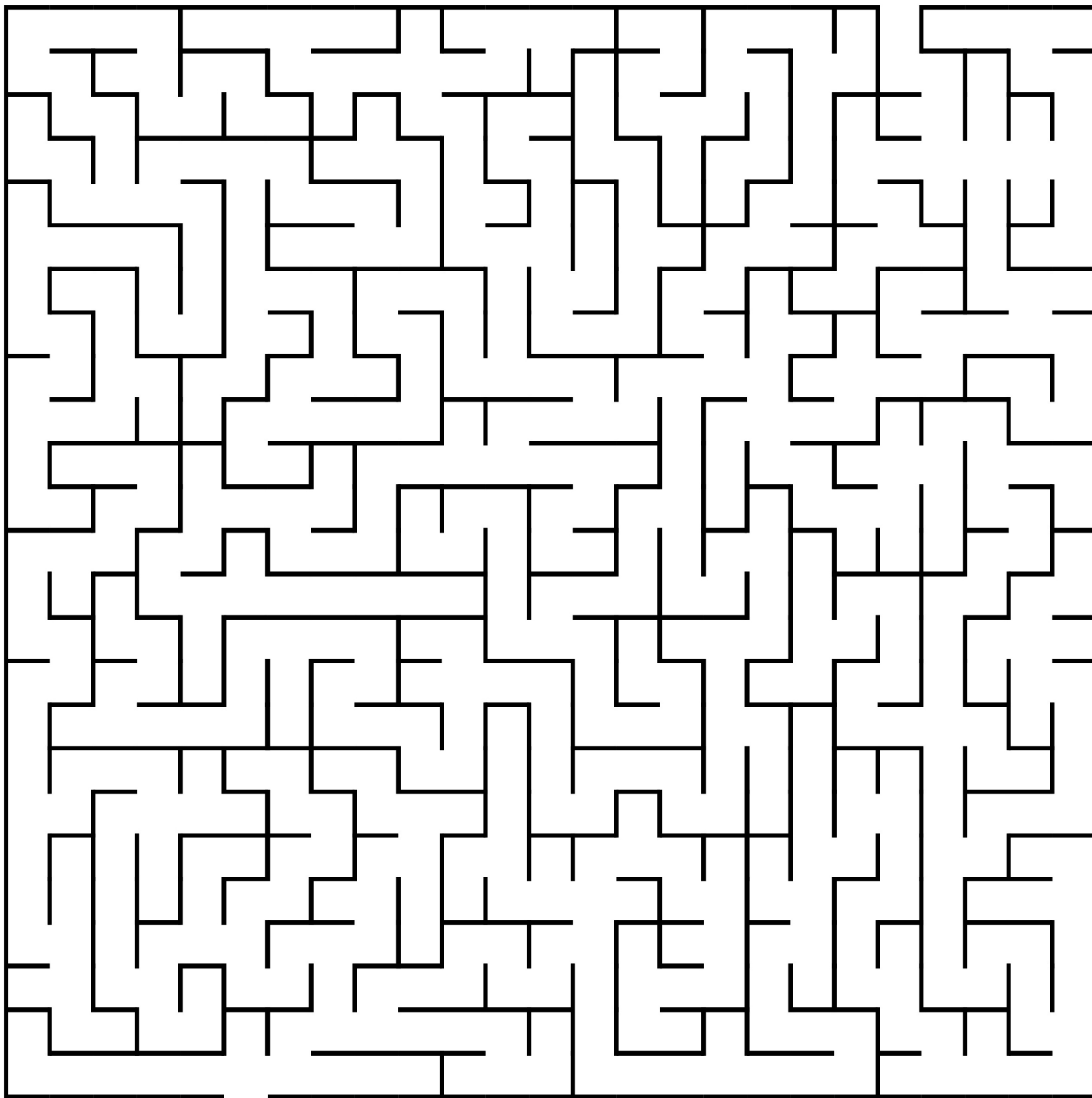


## DOWN

1. Soda
2. Santa \_\_\_, California
3. Japanese coin
4. Texas city on the Rio Grande
5. Pamphlet
6. Ultimate goal
7. Extinct flightless bird
8. Vienna's land: Abbr.
9. Tools for beers
10. Loud noise
11. Letter after CEE
16. "Win, Lose \_\_\_"
20. Upper storage areas in houses
21. Bashful
22. Neighbor of MONT.
23. Enlarge, as a house
24. "Xanadu" rock grp. (hidden in FELON)
25. German language, to Germans
27. Prestigious sch. near Harvard
28. Laptops that aren't Mac
30. Small streams
34. Imitation
36. Sack
37. Anger
39. "Is it a boy \_\_\_ girl?"
40. Decay
41. Chapeau
42. Yoko \_\_\_
43. The \_\_\_ of the storm

# Maze 3

Start



End

# Niagara Falls



Can you find the words below in the box above?

Boat	Iconic	Niagara	River
Canada	International	Ontario	Scenic
Cascade	Landmark	Overlook	Tranquil
Cliffs	Magnificent	Panoramic	Waterfall
Gorge	Majestic	Powerful	
Horseshoe	Mist	Rainbow	
Hydroelectric	Natural	Rapids	



# CANADIAN CUISINE

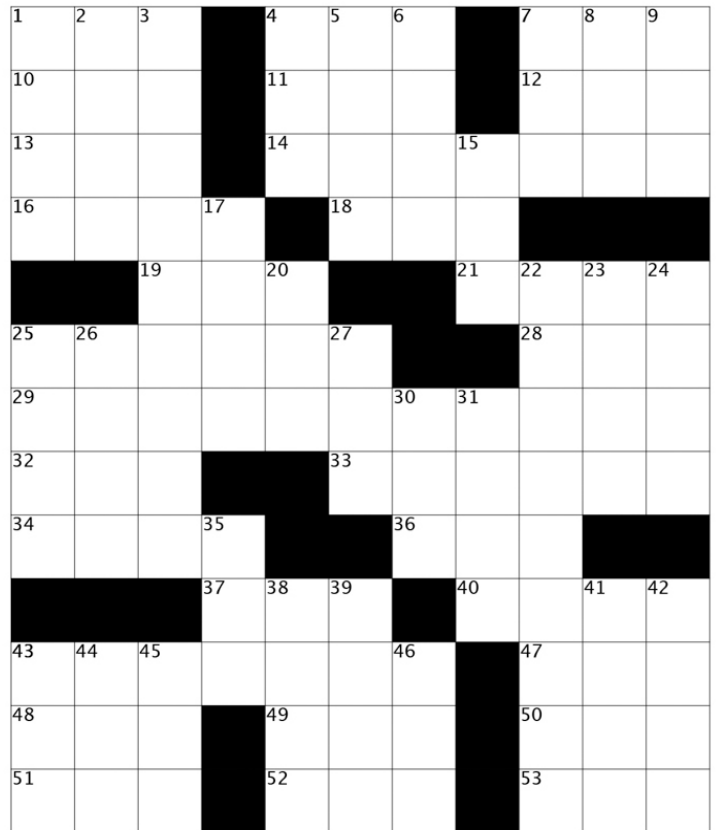
## ACROSS

1. Sharp knock
4. Member of Cong.
7. Hearty beer
10. Birds \_\_\_\_ feather
11. "Much \_\_\_\_ About Nothing"
12. Podded vegetable
13. Black roofing material
14. Large edible crustacean
16. Large edible crustacean, too
18. Caviar
19. Daisy \_\_\_\_ of Dogpatch
21. Actor Alda
25. Greek god who drives the sun around the sky
28. Uno
29. Largest of a colorful sushi fish
32. Own, in Scottish (hidden in GENIAL)
33. Lasso
34. Things to catch fish

36. Petrol
37. In times past
40. Long-bodied sport fish or medieval weapon
43. Tightly packed fish
47. Sonny \_\_\_\_ Cher
48. "Cat \_\_\_\_ Hot Tin Roof"
49. Letters between K and O
50. Eggy holiday drink
51. Cat's foot
52. Guided
53. Dined

## DOWN

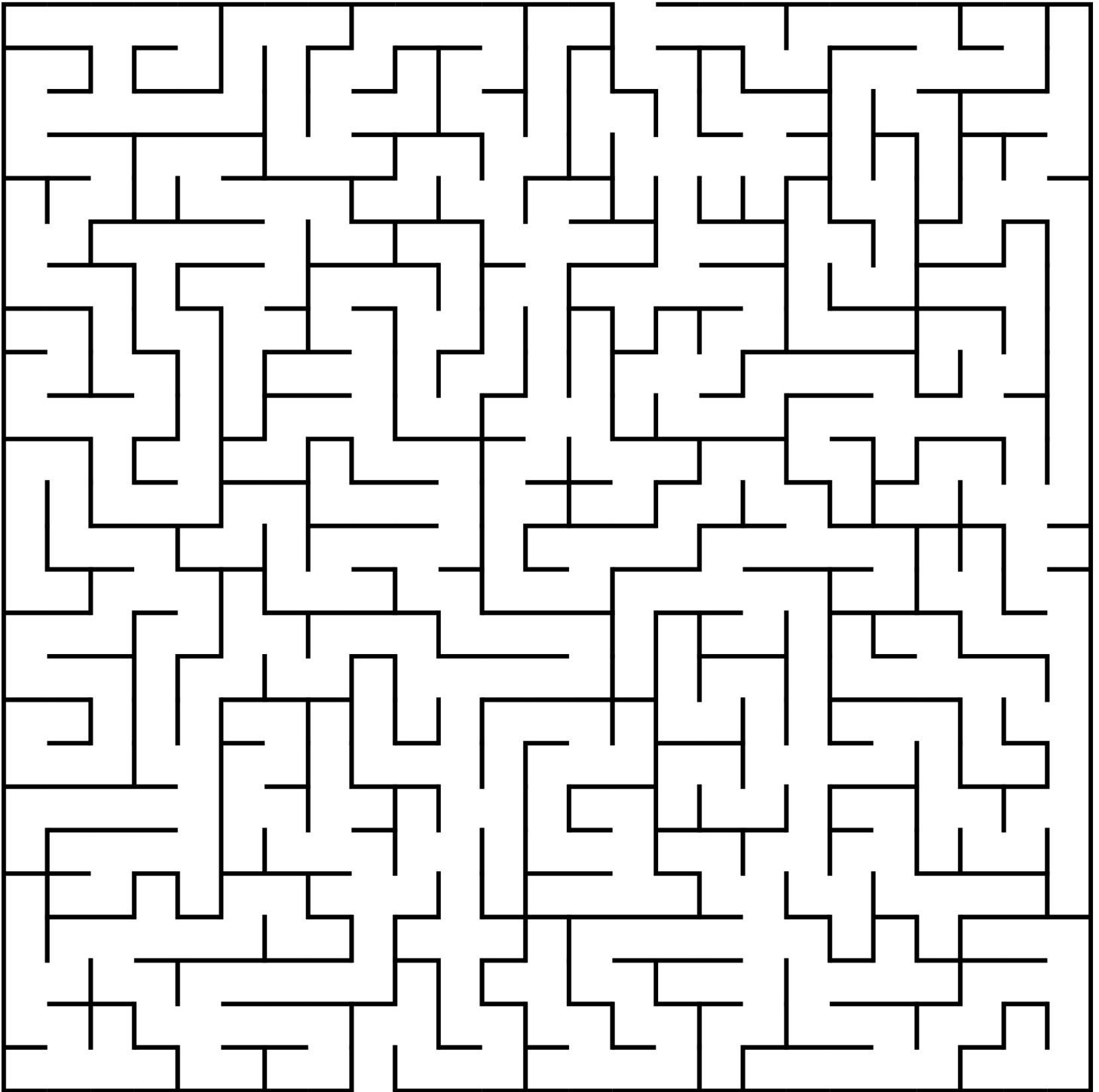
1. Campus mil. group
2. A long way off
3. Most important, or a film studio
4. Buddy
5. Smell
6. "Rio \_\_\_\_" (John Wayne film)
7. Appropriate
8. "Enter the Dragon" actor Bruce



9. Corn serving
15. Ocean
17. Bundle of hay
20. Santa's helper
22. Its capital is Baton Rouge
23. "\_\_\_\_ and the King of Siam"
24. Tidy
25. Impose \_\_\_\_ on (outlaw)
26. Ballet bend
27. Olive \_\_\_\_
30. Henpeck
31. Catcher (as of 16-Across)
35. Gloomy
38. Fish's breathing organ
39. "You can count \_\_\_\_"
41. "Tie the \_\_\_\_" (get hitched)
42. Border
43. Soak (up), as gravy
44. Santa \_\_\_\_ winds
45. Uncooked
46. Conclude

# Maze 4

Start



End

# Canada's Seafood Cuisine



Can you find the words below in the box above?

Abalone  
Barracuda  
Bass  
Caviar  
Char  
Clams  
Cod

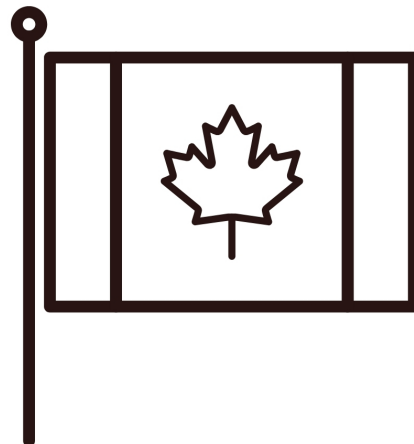
Crab  
Halibut  
Lobster  
Mussels  
Octopus  
Oyster  
Pike

Prawns  
Roe  
Salmon  
Sardine  
Scallops  
Shrimp  
Snails

Sole  
Squid  
Trout  
Tuna

# Canada Trivia

1. What is the tallest mountain in Canada?
2. What Canadian province is known as the "Birthplace of Confederation"?
3. What is the national animal of Canada?
4. What is the name of the famous ice hockey trophy awarded annually to the NHL playoff champion?
5. What is the world's largest island that is part of Canada?
6. What is the name of the Canadian holiday celebrated on the second Monday in October?
7. What is the name of the Canadian author who wrote the famous novel "Anne of Green Gables"?



## ANSWERS:

1. Mount Logan
2. Prince Edward Island
3. Beaver
4. Stanley Cup
5. Baffin
6. Thanksgiving
7. Lucy Maud Montgomery

# CROSSWORD ANSWERS

## ROYAL ONTARIO MUSEUM

B	A	Y		H	O	C		B	O	S
A	L	E		A	M	O		O	A	K
M	I	N	E	R	A	L		R	H	O
			D	I	N	O	S	A	U	R
A	G	E	S				M	E	X	
C	A	T				M	B	A		
A	R	C	H	A	E	O	L	O	G	Y
			E	I	N				P	E
			E	R				I	T	E
A	R	T	I	F	A	C	T			
R	A	H			A	N	C	I	E	N
M	R	E			R	O	E		L	E
Y	E	R			E	N	D		K	E

## SKIING CANADIAN ROCKIES

N	T	H		H	A	T		S	K	I
A	S	I		A	L	I		H	A	D
G	O	G	G	L	E	S		O	R	L
			H	E	E			P	O	L
R	A	T	E		B	S	A			
O	W	E			A	R	T	I	S	A
B	A	C	K	C	O	U	N	T	R	Y
E	C	H	E	L	O	N		E	T	E
				R	U	M		W	E	S
T	B	A	R				S	O	L	
S	O	X			T	I	C	K	E	T
A	O	L			O	N	A		R	O
R	T	E			M	A	N		S	O

## NIAGARA FALLS

P	A	Y		L	L	A	M	A		O	D	D
O	N	E		A	E	I	O	U		P	I	E
P	A	N	O	R	A	M	A	S		E	N	E
			R	E	F			T	A	N		
S	W	A	D	D	L	E	D		T	E	M	P
H	Y	D	R	O	E	L	E	C	T	R	I	C
Y	O	D	A			T	O	U	R	I	S	T
		O	W	S			T	E	C			
B	I	N			H	O	R	S	E	S	H	O
A	R	T			A	R	O	C	K		A	N
G	E	O			M	A	T	H	S		T	O

## CANADIAN CUISINE

R	A	P		P	O	L		A	L	E
O	F	A		A	D	O		P	E	A
T	A	R		L	O	B	S	T	E	R
C	R	A	B		R	O	E			
		M	A	E				A	L	A
A	P	O	L	L	O				O	N
B	L	U	E	F	I	N	T	U	N	A
A	I	N			L	A	R	I	A	T
N	E	T	S				G	A	S	
			A	G	O			P	I	K
S	A	R	D	I	N	E			A	N
O	N	A			L	M	N		N	O
P	A	W			L	E	D		A	T



# Wordoku Answers

A	R	C	B
C	B	R	A
B	C	A	R
R	A	B	C

CRAB

A	T	U	N
N	U	A	T
T	A	N	U
U	N	T	A

TUNA

A	C	M	L
L	M	A	C
M	L	C	A
C	A	L	M

CLAM

S	O	L	E
L	E	S	O
O	S	E	L
E	L	O	S

SOLE

# Word Scramble Answers

## Niagara Falls

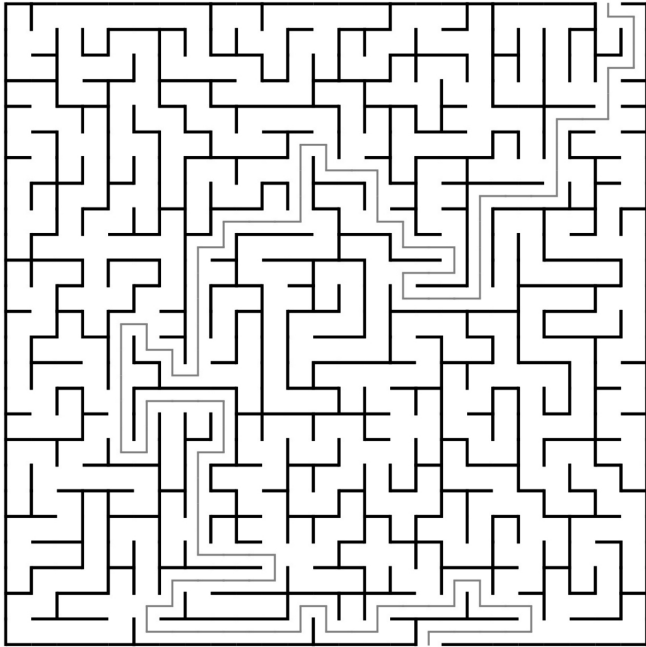
ATBO = BOAT  
 DNAAAC = CANADA  
 CSACDEA = CASCADE  
 SFCIFL = CLIFFS  
 ROEGG = GORGE  
 IICONC = ICONIC  
 ARLKDNAM = LANDMARK  
 SEICMAJT = MAJESTIC  
 TMIS = MIST  
 LTRAUAN = NATURAL  
 ARGIAAN = NIAGARA  
 RIANOOT = ONTARIO  
 PWOER = POWER  
 RBNAIWO = RAINBOW  
 IDSRAP = RAPIDS  
 RRVEI = RIVER  
 NSECCI = SCENIC  
 ORTSTUI = TOURIST  
 QIAULTNR = TRANQUIL  
 AELLWFATR = WATERFALL

## Museum

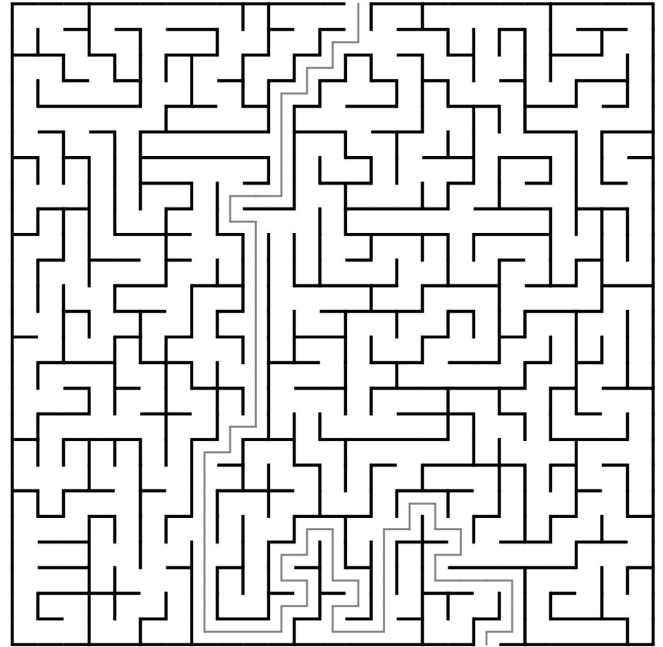
NAICETN = ANCIENT  
 RCTIATFA = ARTIFACT  
 ABT = BAT  
 ENCSIHE = CHINESE  
 CSYRTAL = CRYSTAL  
 DNIARSUO = DINOSAUR  
 TYPGE = EGYPT  
 TEIXIHB = EXHIBIT  
 SSFLOI = FOSSIL  
 SMGE = GEMS  
 YSTRIHO = HISTORY  
 OLOK = LOOK  
 EARINML = MINERAL  
 MESMUU = MUSEUM  
 TNOAORI = ONTARIO  
 AORYL = ROYAL  
 ESE = SEE  
 HPSO = SHOP  
 DTOSUI = STUDIO  
 TSTEEXLI = TEXTILES

# Maze 1 - 4 Answers

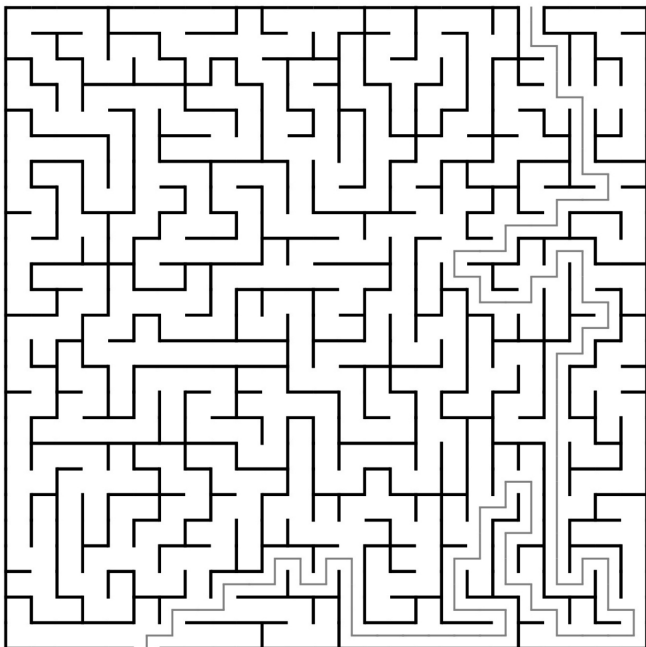
1



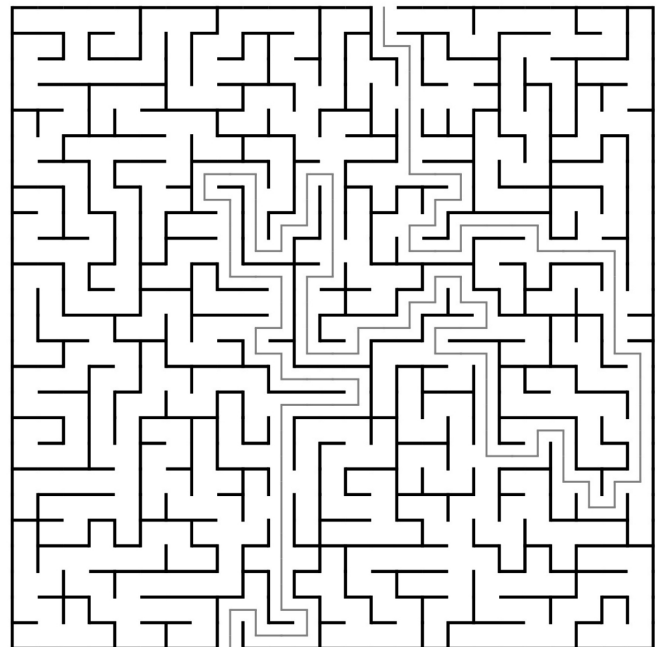
2



3



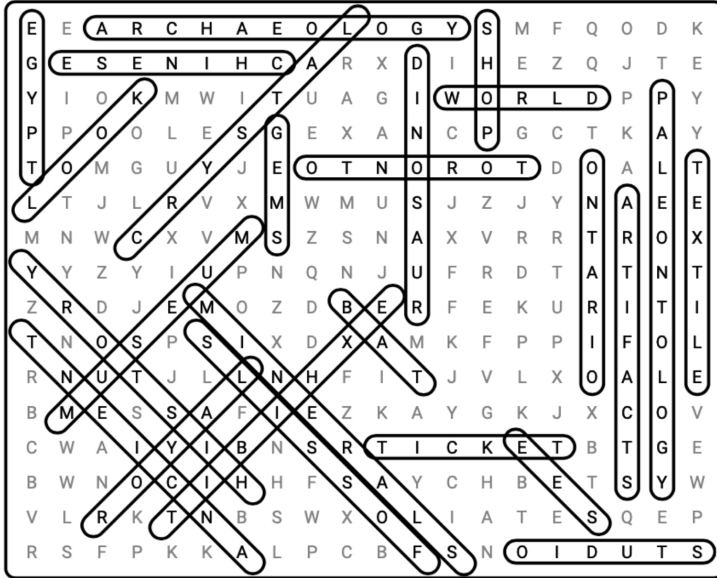
4



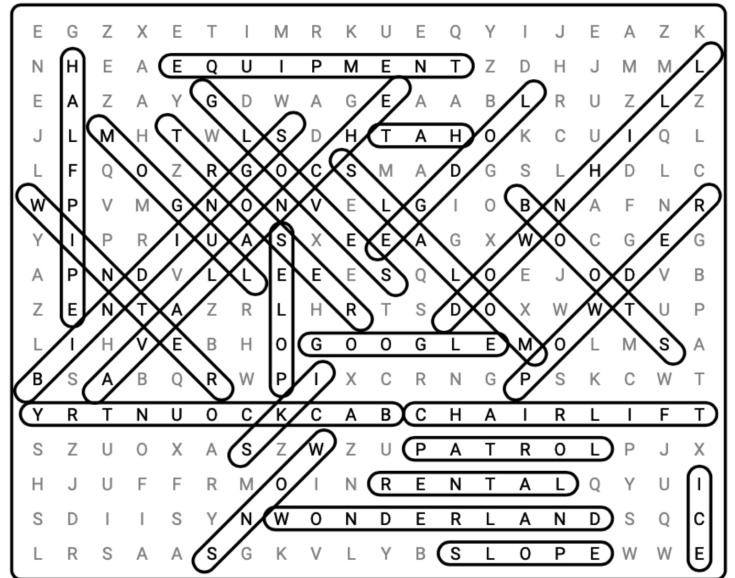
# Canada

## Search Answers

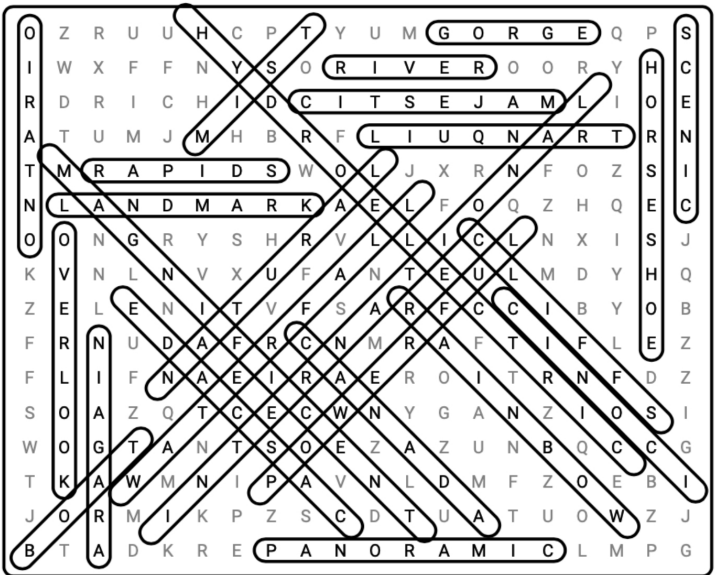
### Royal Ontario Museum



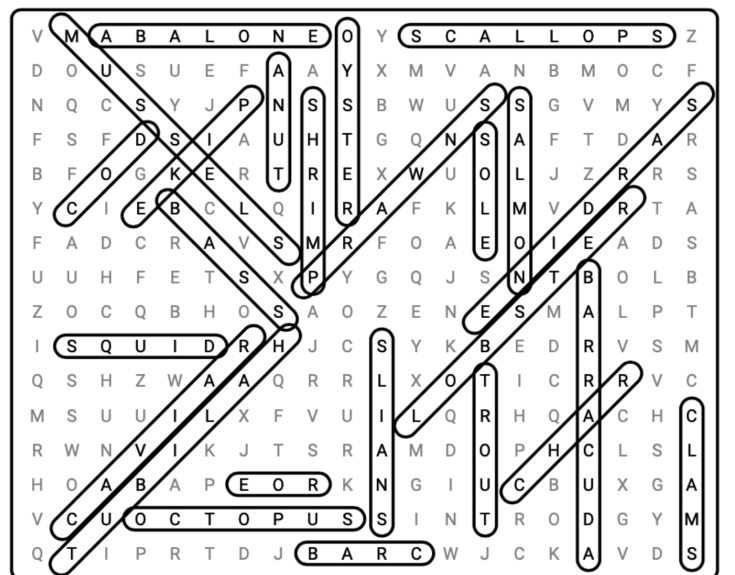
### Skiing in the Rockies



### Niagara Falls



### Canada's Seafood Cuisine



# SUDOKU #1-4 ANSWERS

1

2	3	1	4
4	1	3	2
3	2	4	1
1	4	2	3

2

1	3	4	2
4	2	3	1
2	4	1	3
3	1	2	4

3

2	1	3	4
3	4	2	1
1	3	4	2
4	2	1	3

4

3	1	2	4
2	4	1	3
1	3	4	2
4	2	3	1

# SUDOKU #5-8 ANSWERS

5

3	1	6	2	5	4
4	2	5	6	3	1
2	5	4	3	1	6
6	3	1	5	4	2
1	6	3	4	2	5
5	4	2	1	6	3

6

1	4	2	3	5	6
3	6	5	2	1	4
2	1	3	4	6	5
4	5	6	1	3	2
6	2	1	5	4	3
5	3	4	6	2	1

7

5	6	3	1	2	4
2	4	1	6	5	3
4	3	6	2	1	5
1	2	5	3	4	6
6	5	2	4	3	1
3	1	4	5	6	2

8

6	4	5	2	3	1
2	1	3	5	6	4
1	3	6	4	5	2
5	2	4	3	1	6
4	5	1	6	2	3
3	6	2	1	4	5



# SUDOKU #9-12 ANSWERS

9

7	1	8	5	9	3	6	2	4
9	6	2	4	7	1	3	8	5
3	4	5	2	6	8	9	7	1
4	8	3	6	1	2	7	5	9
6	5	1	9	4	7	2	3	8
2	9	7	8	3	5	1	4	6
8	2	6	3	5	9	4	1	7
1	3	4	7	8	6	5	9	2
5	7	9	1	2	4	8	6	3

10

9	6	1	8	2	5	7	3	4
5	7	3	9	1	4	8	6	2
2	8	4	6	7	3	5	1	9
1	2	5	3	6	9	4	7	8
8	3	9	5	4	7	6	2	1
7	4	6	2	8	1	3	9	5
6	5	7	4	9	2	1	8	3
3	9	8	1	5	6	2	4	7
4	1	2	7	3	8	9	5	6

11

9	2	8	3	1	5	4	7	6
1	6	4	8	9	7	2	5	3
7	5	3	6	2	4	1	9	8
2	1	9	5	6	8	3	4	7
4	8	7	2	3	1	9	6	5
5	3	6	7	4	9	8	2	1
8	7	1	4	5	2	6	3	9
3	9	2	1	7	6	5	8	4
6	4	5	9	8	3	7	1	2

12

9	8	5	7	2	3	1	4	6
6	2	3	8	1	4	9	5	7
4	7	1	5	6	9	2	3	8
1	4	6	9	8	2	3	7	5
3	9	8	6	5	7	4	2	1
7	5	2	4	3	1	6	8	9
8	6	9	2	4	5	7	1	3
2	1	7	3	9	8	5	6	4
5	3	4	1	7	6	8	9	2



Cross Off Incorrect Guesses

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Make the blanks for your words here:



Serving Whidbey and Camano islands

## **Programs and Services**

### **Resources and Coaching**

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

### **Nutrition Programs**

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

### **Medicaid In-Home Care and Case Management**

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

### **Medical Equipment Lending Library**

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

### **Private In-Home Providers (PIP)**

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

### **Benefits Counseling**

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

### **Support Groups**

Join in conversation with others facing similar challenges.

**Call Us!**  
**(360) 321-1600**



**Serving Whidbey and Camano islands**

## **About Us**

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support.

Only 33% of our funding comes from government grants.

You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

## **We are here for you**

Contact us by phone , email, or request assistance on our website.

(360) 321-1600

[www.senior-resources.org](http://www.senior-resources.org)

[reception@islandseniorservices.org](mailto:reception@islandseniorservices.org).