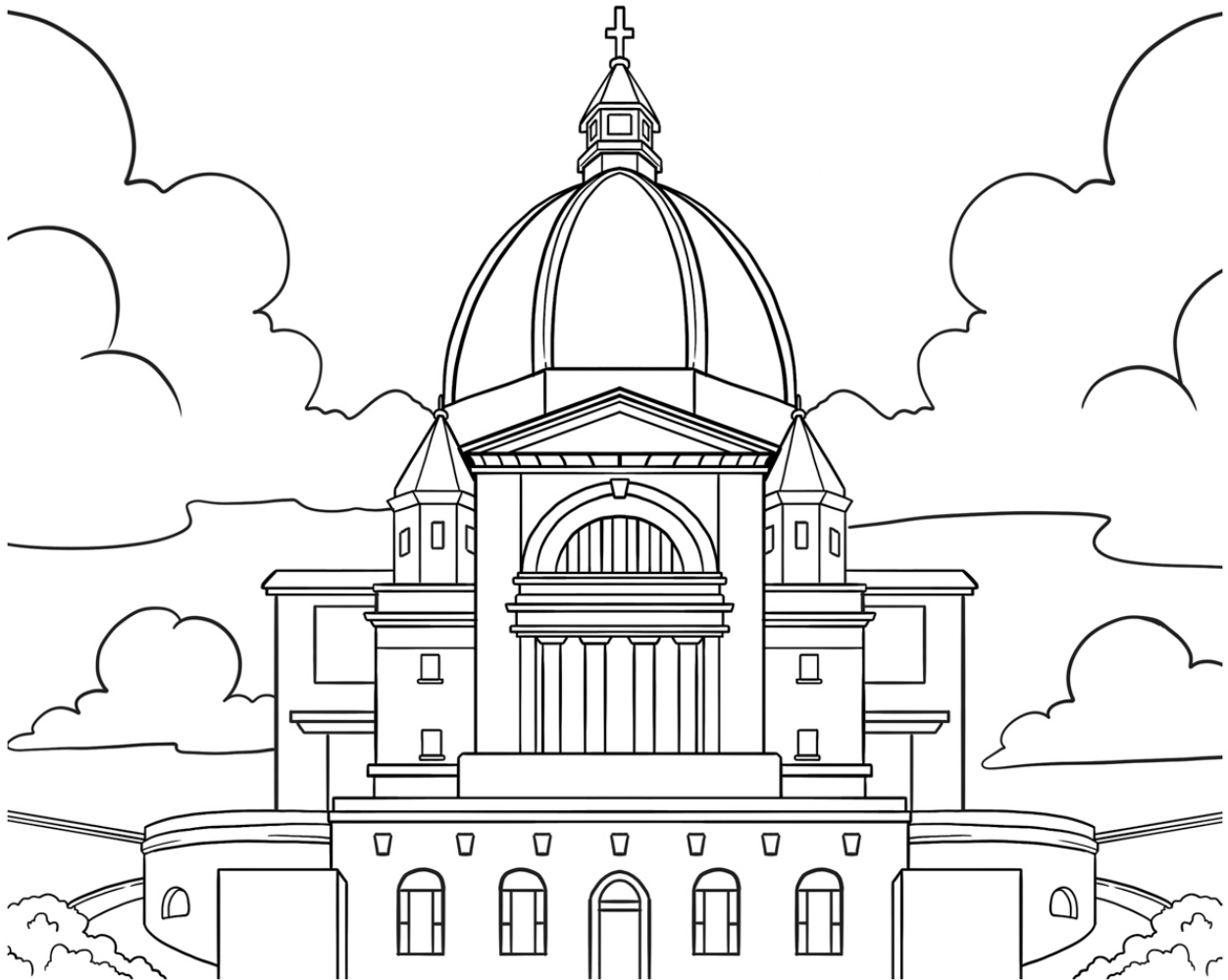


# COGNITIVE CROSSWORDS

March 2024



# WINTER ADVENTURES

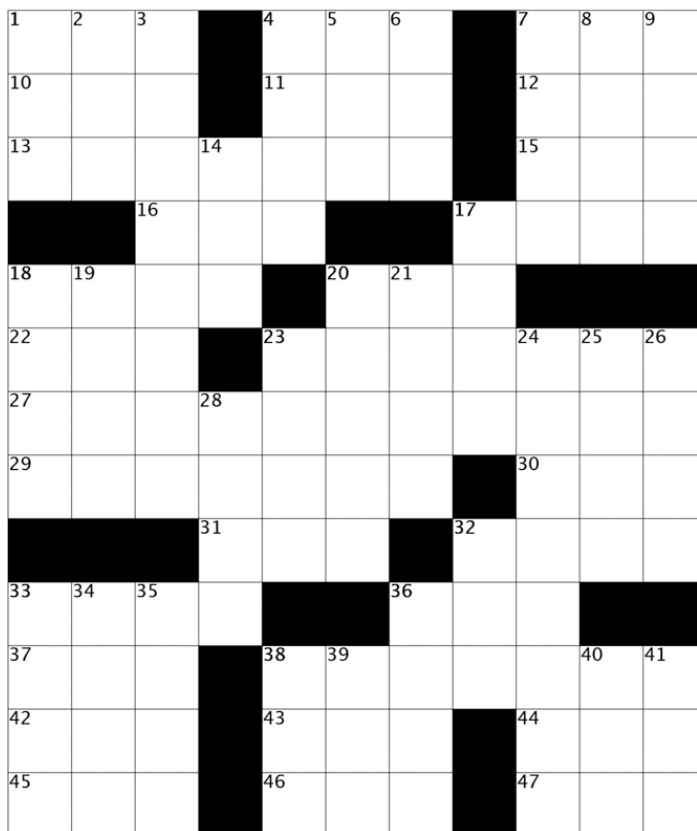
## ACROSS

1. Schuss
4. Actor Holbrook
7. Once around the track
10. Tic-\_\_\_-toe
11. "This \_\_\_ test"
12. Moray, for one
13. Winter rides that may have jingly bell
15. Gold, in Spanish
16. Univ. or coll.
17. Winter forecast
18. Dull pain
20. Forbid
22. Letter after CEE
23. "I'll take care of that"
27. Winter activity that involves an ax and crampons
29. Winter hand warmers
30. "Put another \_\_\_ on the fire"
31. Crimson
32. Natl. economic stats
33. Chilly
36. Brussels' country, for short

37. \_\_\_ pro nobis (hidden in STORAGE)
38. Winter sport that could be considered "extreme sweeping"
42. Allow
43. Nest egg acronym
44. Opponent
45. \_\_\_ and don'ts
46. Response to a ques.
47. Swelled head

## DOWN

1. Peter, Paul or Francis: Abbr.
2. \_\_\_-El (Superman's birth name)
3. It covers much of Greenland
4. Lofty
5. Fire remnant
6. \_\_\_ Vegas
7. Ponce de \_\_\_
8. Prefix with space or nautical
9. Vehicle to clear
- 17-Across
14. Winter driving hazard



17. Snooty person
18. Take \_\_\_ view of (frown on)
19. This, in French (hidden in ICE CITY)
20. Window covering
21. "\_\_\_ for the poor!"
23. Out of the wind
24. Native fauna
25. Letters between L and Q
26. Breakfast order
28. Bottom-row PC key used in \_\_\_-Alt-Del
32. Hair goop
33. Frigid
34. Black-and-white sandwich cookie
35. Wild ones may be sown
36. Bikini parts
38. Espionage org.
39. Coffee vessel
40. Eggy holiday drink
41. Prefix meaning "earth"

# ICE HOCKEY

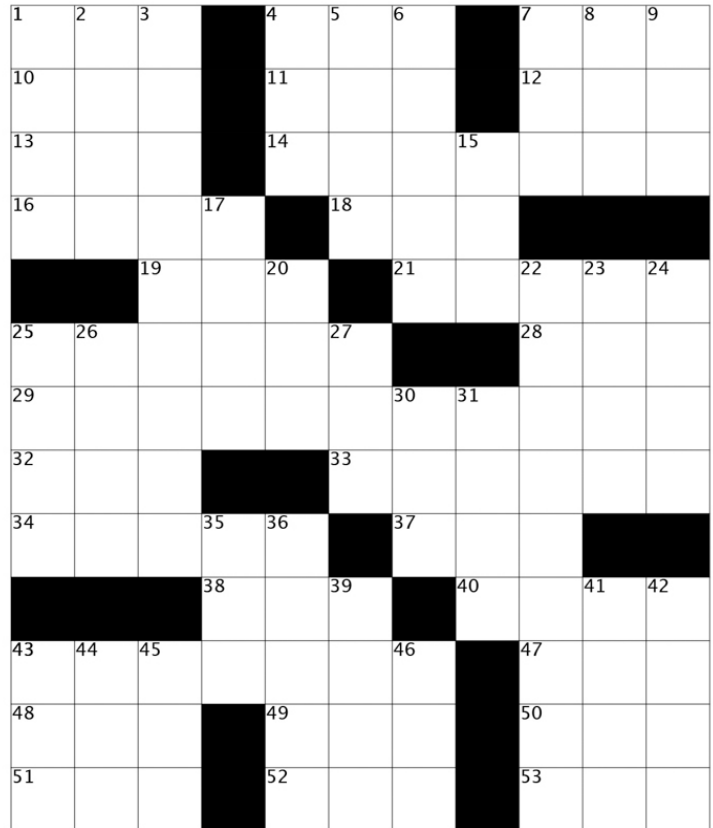
## ACROSS

1. "Mayday!"
4. Airport screening org.
7. \_\_\_-mo replay
10. Make lace
11. Jungfrau or Eiger, e.g.
12. Church seat
13. "I'm onto you now!"
14. Team leader
16. Hockey disc
18. Hockey stat
19. \_\_\_ Nidre, prayer of atonement (hidden in NIKOLA)
21. Hockey footwear
25. Hockey shots that go the length of the rink, or cake topping
28. \_\_\_80: old computer (odd letters of TARTS)
29. Hockey attempt that only the goalie may stop
32. Autograph: Abbr.
33. Hockey guard position
34. Mary-Kate or Ashley

37. Utilize
38. Hockey's Bruins, on scoreboards
40. Gretzky for the NHL
43. Rink cleaning machine with a funny name
47. Rink surface
48. Opposite of WSW
49. "....\_\_\_ a lender be"
50. Stanley \_\_\_, hockey's trophy
51. What
- 33-Across protects
52. Female sheep
53. Ave. crossers

## DOWN

1. Halt, as the puck
2. Waikiki's island
3. Socks
4. Tic-\_\_\_-toe
5. \_\_\_ shot, powerful stick-bending hockey shot
6. Sched. listing
7. Place to be pampered
8. Hilo welcome
9. Possess
15. Sound of scolding



17. Hawaiian coffee
20. Paper size larger than STD
22. Competitive sport
23. "Star Trek: T.N.G." empath (TRIO anagram)
24. Ciudad del \_\_\_ (Paraguayan city on the eastern side)
25. \_\_\_ facto
26. Plaster (LICE anagram)
27. Silver abbr. (hidden in LAST GOAL)
30. "This means \_\_\_!"
31. Backtalk
35. Recede
36. "There's \_\_\_ here but us..."
39. White buildup around the hockey goal
41. \_\_\_ above the rest (superior)
42. Workout count
43. \_\_\_ Buddhism (meditative practice)
44. Get \_\_\_ for effort
45. Encountered
46. Anger

# PLAYING IN THE SNOW

## ACROSS

1. Headwear for a snowy day
4. Swimming unit
7. Sphere
10. Frost
11. "\_\_\_ Got No Strings"
12. By way of
13. Winter windshield tool
15. CPR pro
16. Mix
17. Kiev's land: Abbr.
19. "That's gotta hurt!"
22. Golfer \_\_\_ Aoki (VISA ORB)
25. List-ending abbr.
28. Snow vehicle job
30. Cream for dry winter skin
32. Relative of a snowboard
33. Ram's mate
34. Tolstoy's Karenina
35. Hen's output
37. Horace's "\_\_\_ Poetica"

39. "Como \_\_\_ usted?"
43. \_\_\_ and haw
45. Spiked boot attachment for an icy walk
48. Wedding words
49. "Ready, \_\_\_, fire!"
50. Noah's boat
51. Play on words
52. Janitor's tool
53. Herbal brew

## DOWN

1. Cat's sound
2. Abbr. on a bank statement
3. Actress Hatcher or Garr
4. Chapstick: \_\_\_ balm
5. "\_\_\_ Maria"
6. Lima's land
7. More than large, like a winter coat
8. Raised edge
9. Baseball need
14. Orinoco feeder (hidden in CAROL)
18. Fuzzy fruit

1	2	3		4	5	6		7	8	9
10				11				12		
13			14					15		
16						17	18			
			19	20	21		22		23	24
25	26	27		28		29				
30			31							
32								33		
34					35		36			
		37		38			39	40	41	42
43	44			45	46	47				
48				49				50		
51				52				53		

20. Chooses
21. Whale's tail
23. Turn over \_\_\_ leaf
24. Fairy tale monster
25. Jane Austen novel
26. Bullwinkle or Bugs Bunny
27. Fragrant brown spice
29. Not a duplicate: Abbr.
31. Fly like an eagle
36. Jewel
38. Swindle
40. Quarrel
41. Ripped
42. "Puppy Love" singer Paul
43. In vogue
44. College URL ender (hidden in FED UP)
46. \_\_\_ de Janeiro
47. Concert equipment



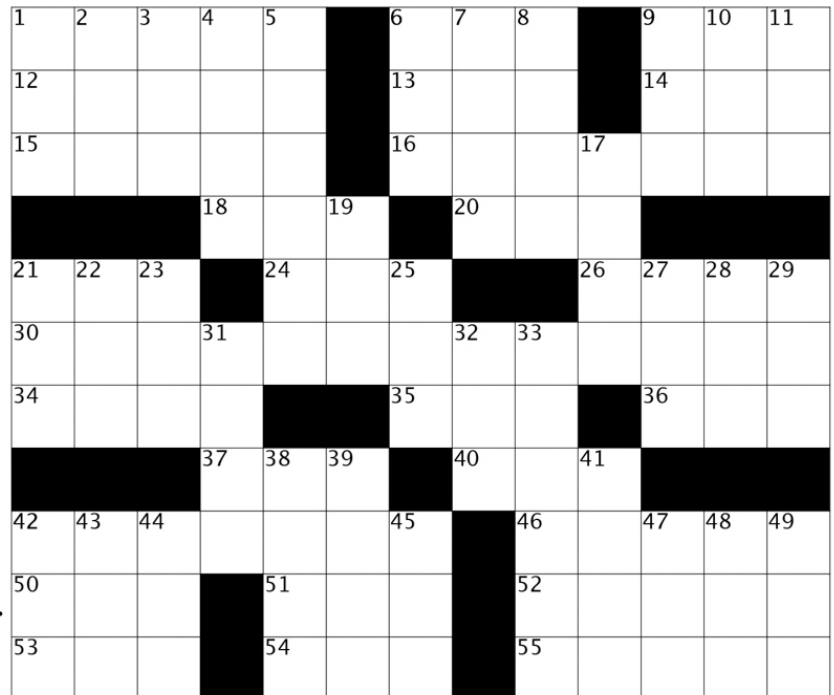
# COLD WEATHER ANIMALS

## ACROSS

1. Buffalo
6. Old VCR format
9. Roadside assistance org.
12. Live to \_\_\_ old age
13. Consume
14. Bedlam
15. Extend a subscription
16. Large bear
18. Dance club VIPs
20. Historic time
21. Kissing in front of everyone, e.g.
24. "\_\_\_ the ramparts..."
26. Crustacean
30. Large krill-eating mammal
34. Dummy
35. \_\_\_ Khan
36. Chunk
37. \_\_\_ Jones Industrial Average
40. Crunchy sandwich, for short
42. Reindeer relative
46. Martin's "Laugh-In" partner
50. "Put \_\_\_ Happy Face"
51. "\_\_\_ be a monkey's uncle!"
52. Established custom
53. Chesapeake, e.g.
54. Young newt (hidden in LEFTY)
55. "The Taming of the \_\_\_"

## DOWN

1. Tavern
2. Wrath
3. Transgression



4. Newspaper opinion piece, for short
5. Successful applicant's reward
6. Carrot or bean: Abbr.
7. Rabbit's relative
8. Recipe direction
9. Wood-shaping tool
10. Have a cold
11. "\_\_\_ questions?"
17. "The Hangover" actor Galifanakis (CHAZ anagram)
19. Ocean
21. Prof's degree, usually
22. Twosome
23. Concert sound booster
25. "His Master's Voice" co.
27. Uncooked
28. Chicken \_\_\_ king
29. \_\_\_-and-breakfast
31. Mani-\_\_\_ (salon job)
32. USSR's CIA
33. Tusked mammal
38. Off-Broadway theater award
39. Wild canine pack member
41. Utter nonsense
42. Corn on the \_\_\_
43. Santa \_\_\_, California
44. Beam of sunlight
45. Nth: Abbr. (hidden in SULTAN)
47. Armed conflict
48. Ripen
49. Just out

# QUEBEC

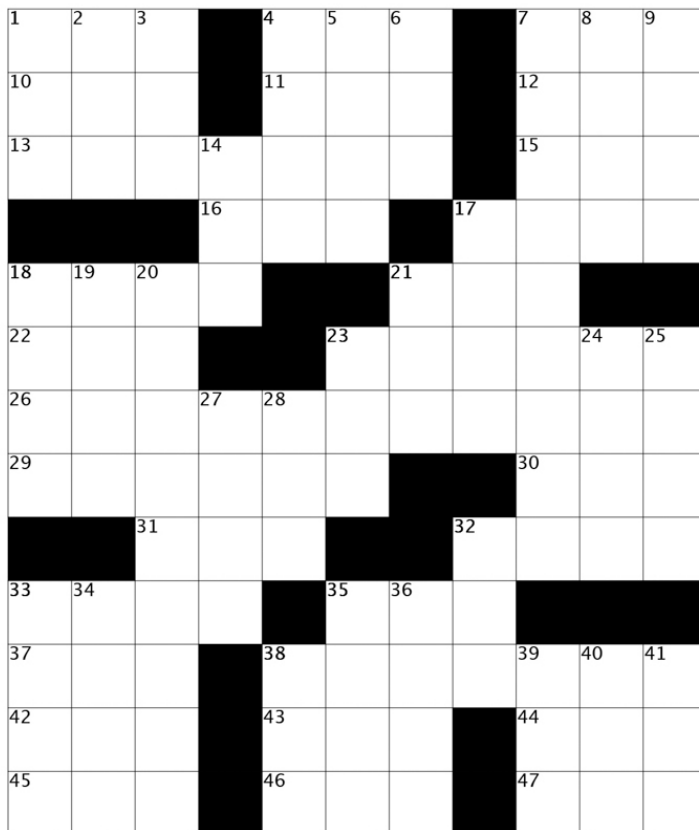
## ACROSS

1. Swiss peak
4. \_\_\_ Beta Kappa
7. "Now where \_\_\_  
I?"
10. \_\_\_ constrictor
11. \_\_\_ Lingus
12. Historic period
13. Cuisine and  
lifestyle
15. Spy novelist  
Deighton
16. Vintage
17. The maple leaf  
is on Canada's
18. Guy
21. Annoy
22. "Lord, is \_\_\_?"  
(Last Supper  
question)
23. Language of  
Quebec
26. Street material  
of Quebec City
29. Overseas
30. Spider's  
creation
31. Total
32. Poker stake
33. "You betcha!"

35. \_\_\_ Kosh  
B'Gosh
37. "It \_\_\_" (reply to  
"Who's there?")
38. Quebec City,  
for Quebec
42. Letter before  
Aitch
43. Chowd down
44. December 24  
or 31
45. 60-min. periods
46. Psychedelic  
drug
47. Word before a  
maiden name

## DOWN

1. Easy as \_\_\_
2. "Skip to my \_\_\_"
3. Buddy
4. McCartney of  
the Beatles
5. Cattle group
6. Anger
7. Renowned
8. Region
9. Crooned

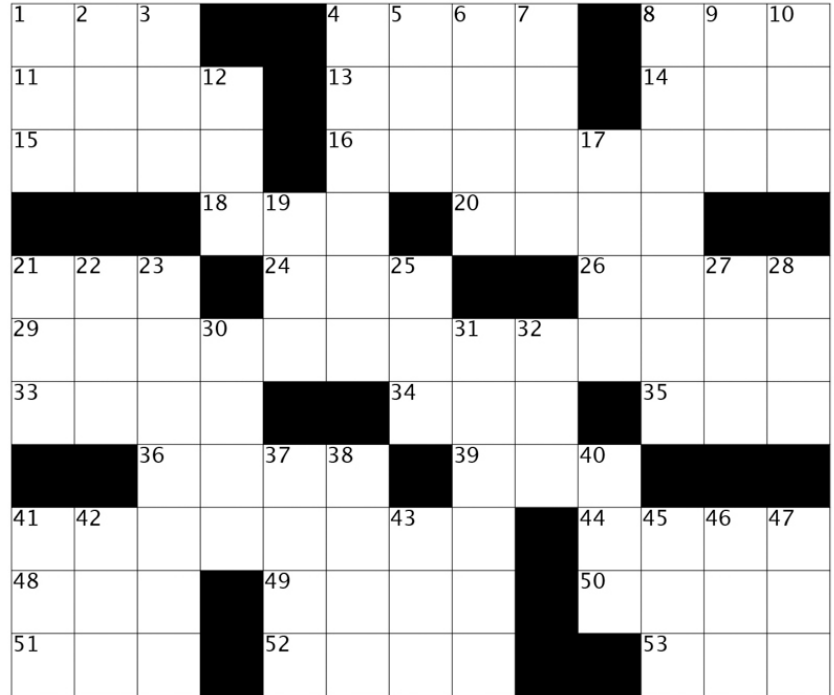


14. Part of the foot
17. Worry
18. Glassy mineral
19. Get from \_\_\_  
(progress slightly)
20. Bibliothèques,  
in Quebec
21. Tax agcy.
23. Nourished
24. Tech news  
site (hidden in TIC  
NETTLE)
25. Patsy Cline's  
"Why Can't \_\_\_  
You" (hidden in  
THE BEER)
27. Signify
28. Young chap
32. Sushi tuna
33. Wistful sound
34. Consumer
35. Sow one's wild  
\_\_\_
36. Zoomed
38. Coolidge's  
nickname
39. Sawbucks
40. "\_\_\_ Maria"
41. Golfer Trevino

# INDIGENOUS PEOPLES

## ACROSS

1. Attempt
4. Percussion instrument
8. George Gershwin's brother
11. "Kapow!"
13. \_\_\_ grievance (complain out loud)
14. Snooze
15. Ditty
16. English, French or Inuit
18. Good Will Hunting Sch.
20. Title for knights
21. "Mayday!"
24. Female deer
26. Back talk
29. Ceramics, baskets, hand-woven blankets and beadwork
33. Scarlett's home
34. Mai \_\_\_ (rum drink)
35. Dine
36. Spring flower
39. Larry, \_\_\_ and Curly
41. Pharmacy pickup
44. Aromatic herb
48. Honey maker
49. Turkish title (RIME anagram)
50. Heavenly body
51. Roker and Capone
52. "Come in and \_\_\_ spell"
53. Breakfast food



## DOWN

1. Small recipe amt.
2. Kanga's baby
3. Hither and \_\_\_
4. 007 actor Timothy
5. Narrow inlet (AIR anagram)
6. Coffee dispensers
7. Wise men
8. Locked away, like valuables
9. Cleaning cloth
10. Gorilla
12. Movie studio with a lion mascot
17. Constellation bear
19. Mont. neighbor
21. Took a seat
22. A feast \_\_\_ famine
23. Takes big steps
25. Summer hrs. in NYC
27. RR stop
28. Concorde, e.g.
30. Indian wrap dress
31. Photographer's device
32. \_\_\_ de Janeiro
37. Frosts
38. \_\_\_ Valley, California (hidden in SIMILAR)
40. Letter before TEE
41. Bus. degree
42. Snaky fish
43. Louse eg.
45. Supped
46. Muzzle
47. Unit of work (REG anagram)

# TORONTO

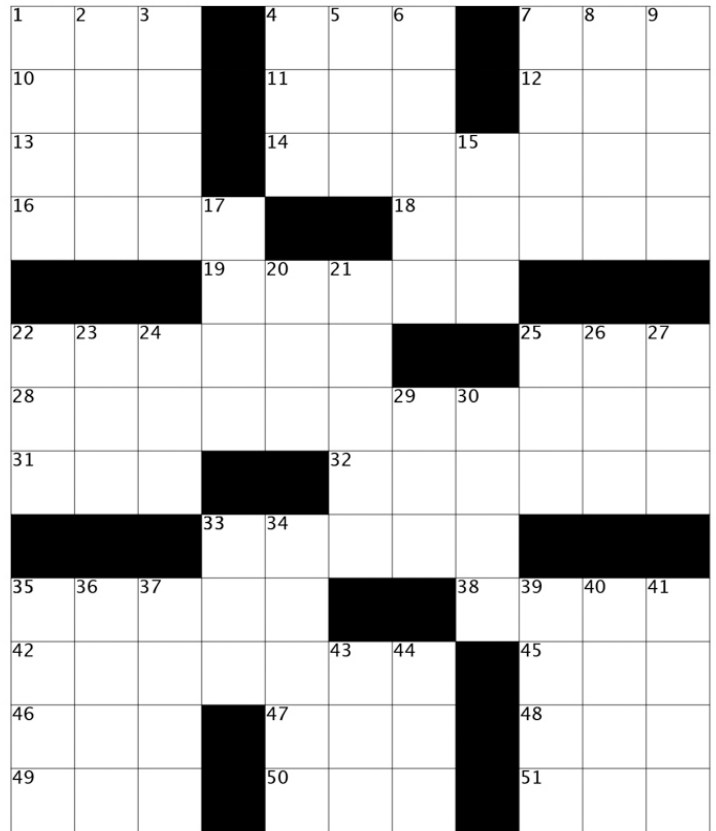
## ACROSS

1. Sweet potato
4. Young chap
7. \_\_\_ in turkey
10. Historic period
11. Beer
12. Color TV pioneer
13. \_\_\_ Aviv
14. Showroom for paintings
16. \_\_\_ of Capri
18. Walks in the wilderness
19. Path
22. Marching with precision
25. \_\_\_ Baba and the Forty Thieves
28. Toronto is on its shore
31. Hawaiian garland
32. \_\_\_ Bunny
33. Seashore area
35. Ventilated
38. Reverberate
42. Silhouette dominated by the CN Tower
45. Buffoon
46. Letter before CUE

47. 5 times 2
48. Actress Novak or Basinger
49. Swedish airline
50. Grassy ground cover
51. Before, in verse

## DOWN

1. Sasquatch's kin
2. Greek god of war
3. Shopping \_\_\_
4. Fall behind
5. Pie \_\_\_ mode
6. New \_\_\_, India
7. Long walk, as on 19-Across
8. Parcel of land
9. Simon \_\_\_
15. "\_\_\_ Abner"
17. Feminine suffix for major or rock
20. Classic car (ORE anagram)
21. Sleeper's breathing problem
22. Under the weather
23. No, to a Scot
24. Hit the slopes



25. Something on display in a 14-Across
26. Untruth
27. "Should \_\_\_ shouldn't..."
29. Tic \_\_\_ toe
30. Tennis great Arthur
33. "The Fresh Prince of \_\_\_-Air"
34. Reviews and corrects
35. Egyptian cobras

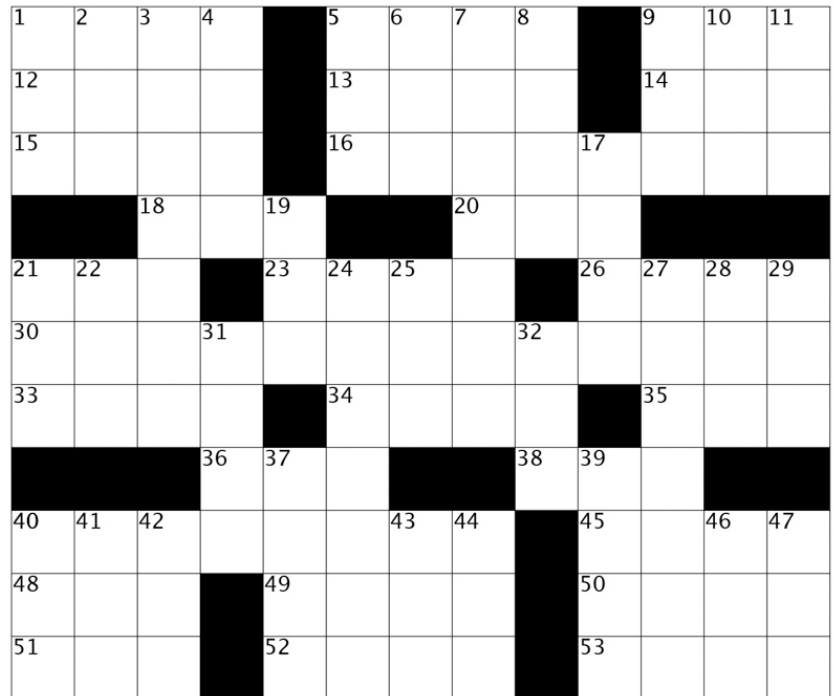
36. Swedish furniture chain
37. Deli loaves
39. Cola brand
40. Tresses
41. "For the life \_\_\_..."
43. Prefix denoting new
44. Finish



# BANFF NATIONAL PARK

## ACROSS

1. Canoe
5. Dublin's land
9. Gave a meal to
12. "Drinks are \_\_\_" ("My treat")
13. Dirt
14. Fish eggs
15. "\_\_\_ there, done that"
16. Day brightener
18. Nutritional fig.
20. Letter after EFF
21. Me, to Miss Piggy
23. BLT spread
26. Apex
30. Peak in Banff National Park
33. Spiced tea of India
34. Vehicle
35. Angry
36. Pince-\_\_\_ glasses
38. T-shirt or sweater
40. Native fauna
45. Trek
48. Highest card
49. Little brat
50. "What's \_\_\_ for me?"
51. "For sure!"
52. Long, long time
53. Fairy tale villain



## DOWN

1. Comic Newhart
2. \_\_\_ for the money, two for the show...
3. Part of USA
4. Take care of
5. Part of RSVP
6. Debtor's letter
7. Resound, like bell
8. "What \_\_\_ can I say?"
9. Day after THUR
10. A billion years
11. Letter after CEE
17. Furnace output
19. President Carter's daughter
21. Richie's dad, to the Fonz
22. \_\_\_-la-la
24. "\_\_\_ Grace," well-known hymn
25. "This means \_\_\_!"
27. Roughing it in Banff NP
28. "Mamma \_\_\_!"
29. Conclude
31. Good-hearted
32. Forget-me-\_\_\_
37. "Born Free" lioness
39. One of Pittsburgh's three rivers
40. Course of action
41. "Rocks" in a drink
42. Guitar master \_\_\_ Paul
43. Enemy
44. UFO pilots
46. White wine and cassis cocktail
47. Summer in French

# ROYAL ONTARIO MUSEUM

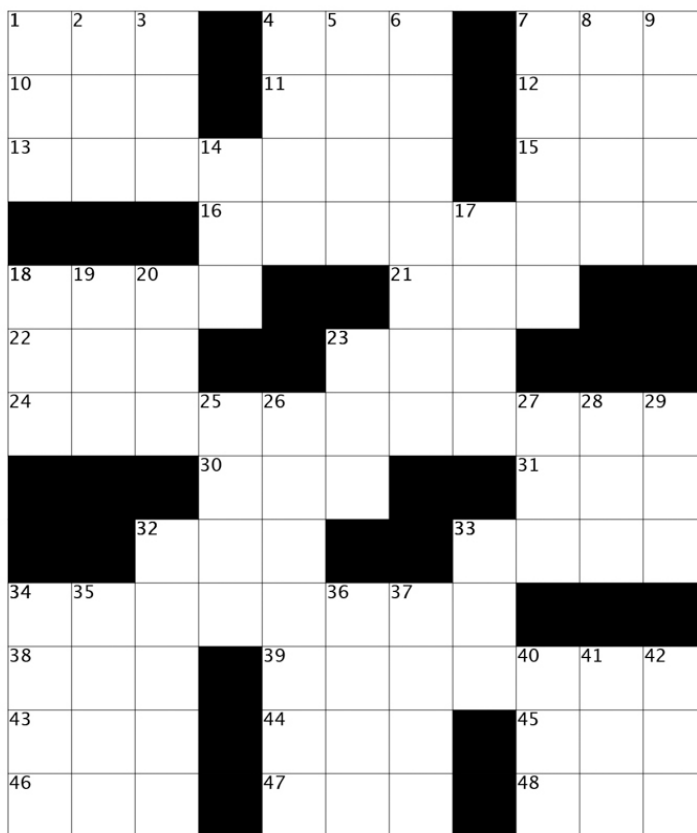
## ACROSS

1. \_\_\_ of Bengal
4. Ad \_\_\_ committee
7. Red Sox from \_\_\_ Mass.
10. Pub pint
11. \_\_\_, amas, amat
12. Acorn producer
13. Quartz or feldspar
15. Letter after pi
16. T. rex or triceratops
18. Bronze or Iron periods
21. Neighbor of Amer.
22. Kitty
23. CEO's degree, for short
24. Study of archaic remains
30. "Ich bin \_\_\_ Berliner"
31. Split \_\_\_ soup
32. Be mistaken
33. Object
34. Dig discovery, perhaps
38. "Go team!"
39. Very old

43. G.I. fare
44. Caviar
45. Jerry \_\_\_ Lewis
46. "Quit \_\_\_ bellyachin'!"
47. Finish
48. Barbie doll's beau

## DOWN

1. "Pow!"
2. Boxing legend Muhammed
3. Craving
4. Mata \_\_\_ (spy)
5. Yemen neighbor (MOAN anagram)
6. Sri Lanka's capital, named for an explorer
7. 20 Mule Team cleanser
8. Honolulu's island
9. Hershey's toffee bar
14. Sullivan and McMahon
17. Playful aquatic mammal
18. Obamacare acronym (hidden in TEACAKE)



19. Long-nosed fish
20. And so on, for short
23. Fellows
25. "Tell \_\_\_ love her..."
26. Flight cost
27. Choose
28. Letter after EFF
29. Sweet potato
32. Bygone anesthetic
33. "Lord, is \_\_\_?": Matthew 26:22
34. Troops that might eat 43-Across
35. Hard to find, like a 16-Across fossil
36. Auth. unknown
37. Sent a dupe email to (hidden in ACCEDED)
40. Deer relative
41. Maiden name
42. 5 + 5

# SKIING CANADIAN ROCKIES

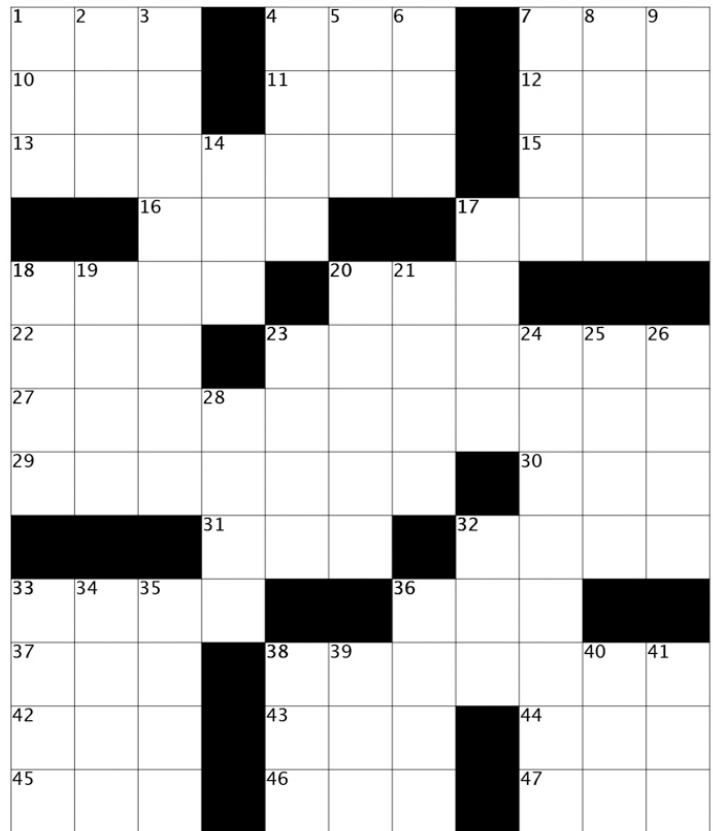
## ACROSS

1. To the \_\_\_\_ degree
4. Headgear for skiing
7. Hit the slopes
10. "\_\_\_\_ live and breathe!"
11. \_\_\_\_ Baba
12. Owned
13. Eyewear for skiing
15. The NBA's Magic
16. "\_\_\_\_-haw" (donkey's bray)
17. Skier's aid
18. Velocity
20. "Be prepared" org.
22. Have debts
23. Craftsperson
27. Rural, out-of-bounds ski area
29. Level of authority
30. Summer, in French
31. Alcohol in a Cuba Libre
32. Toward sunset
33. Ski lift type
36. Costa del \_\_\_\_

37. Boston Red \_\_\_\_
38. Skiers' lift pass purchases
42. "You've got mail!" internet co.
43. Three \_\_\_\_ match
44. Fish egg
45. GPS suggestion
46. Guy
47. Drunkard

## DOWN

1. Pester
2. General \_\_\_\_'s chicken
3. Like advanced gadgetry
4. \_\_\_\_ and hearty
5. Hearty brew
6. "\_\_\_\_ the season to be jolly"
7. "Beat it!"
8. Marx or Malden
9. Not doing anything
14. "\_\_\_\_ whiz!"
17. Ache
18. Housecoat

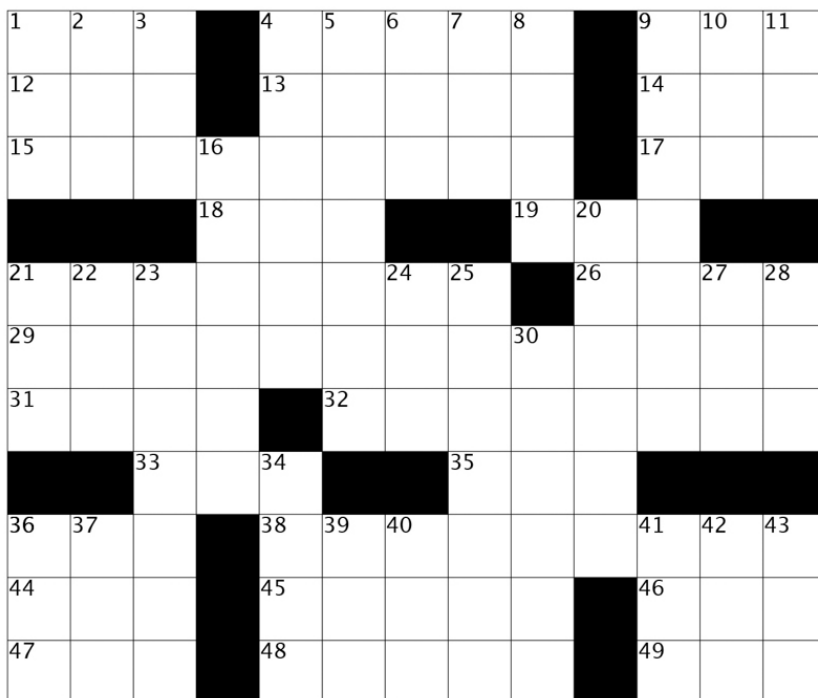


19. "Never Wave at \_\_\_\_" (1952 Rosalind Russell film)
20. Sweeping tool
21. Bewilder
23. Civil-rights org.
24. Pittsburgh's football team
25. \_\_\_\_ and crafts
26. No, in Russian
28. Deborah of "The King and I"
32. Stir-fry pan
33. Russian despot
34. Skier's footwear
35. Rod between wheel
36. CT or MRI
38. "\_\_\_\_ and Jerry"
39. Pig \_\_\_\_ poke
40. Also
41. Complete group

# NIAGARA FALLS

## ACROSS

1. Wages
4. Camel's cousin
9. Weird
12. Single
13. Vowel sequence
14. Pastry dessert
15. Vistas
17. Opposite of WSW
18. Ump
19. Get some sun
21. Wrapped up like a baby
26. Short-term staffer, shortly
29. Generate power using water
31. Green Jedi master
32. Sightseers
33. Cries of pain
35. Private eye, slangily (hidden in HIGH TECH)
36. Storage container
38. U-shaped Niagara waterfall
44. Gallery hanging
45. "Caught between \_\_\_ and a hard place"
46. Whatever number
47. Prefix for thermal or graphic
48. Trig or calc, to a Brit
49. Part of the foot



## DOWN

1. Soda
2. Santa \_\_\_, California
3. Japanese coin
4. Texas city on the Rio Grande
5. Pamphlet
6. Ultimate goal
7. Extinct flightless bird
8. Vienna's land: Abbr.
9. Tools for beers
10. Loud noise
11. Letter after CEE
16. "Win, Lose \_\_\_"
20. Upper storage areas in houses
21. Bashful
22. Neighbor of MONT.
23. Enlarge, as a house
24. "Xanadu" rock grp. (hidden in FELON)
25. German language, to Germans
27. Prestigious sch. near Harvard
28. Laptops that aren't Mac
30. Small streams
34. Imitation
36. Sack
37. Anger
39. "Is it a boy \_\_\_ girl?"
40. Decay
41. Chapeau
42. Yoko \_\_\_
43. The \_\_\_ of the storm



# CANADIAN CUISINE

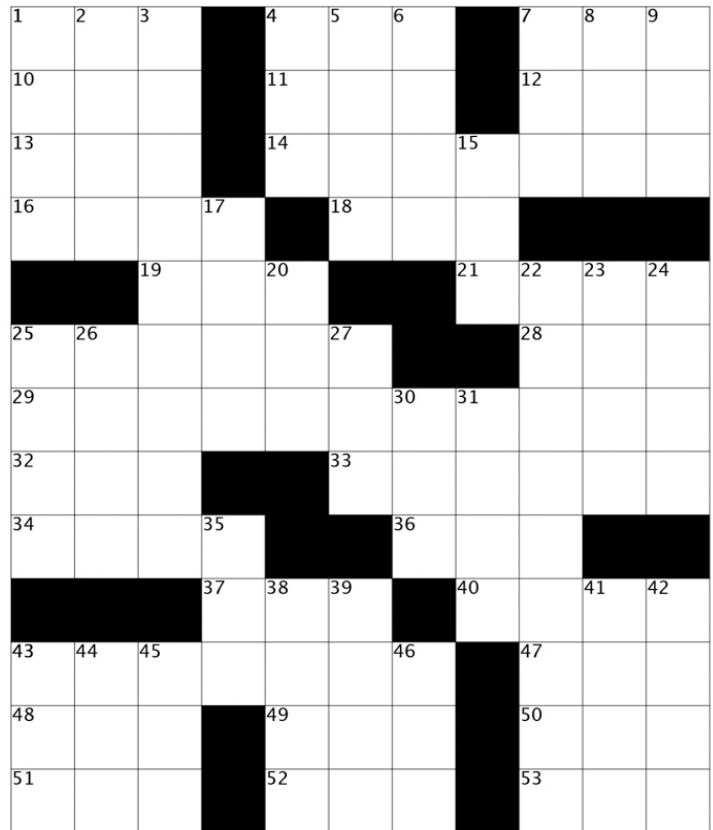
## ACROSS

1. Sharp knock
4. Member of Cong.
7. Hearty beer
10. Birds \_\_\_\_ feather
11. "Much \_\_\_\_ About Nothing"
12. Podded vegetable
13. Black roofing material
14. Large edible crustacean
16. Large edible crustacean, too
18. Caviar
19. Daisy \_\_\_\_ of Dogpatch
21. Actor Alda
25. Greek god who drives the sun around the sky
28. Uno
29. Largest of a colorful sushi fish
32. Own, in Scottish (hidden in GENIAL)
33. Lasso
34. Things to catch fish

36. Petrol
37. In times past
40. Long-bodied sport fish or medieval weapon
43. Tightly packed fish
47. Sonny \_\_\_\_ Cher
48. "Cat \_\_\_\_ Hot Tin Roof"
49. Letters between K and O
50. Eggy holiday drink
51. Cat's foot
52. Guided
53. Dined

## DOWN

1. Campus mil. group
2. A long way off
3. Most important, or a film studio
4. Buddy
5. Smell
6. "Rio \_\_\_\_" (John Wayne film)
7. Appropriate
8. "Enter the Dragon" actor Bruce



9. Corn serving
15. Ocean
17. Bundle of hay
20. Santa's helper
22. Its capital is Baton Rouge
23. "\_\_\_\_ and the King of Siam"
24. Tidy
25. Impose \_\_\_\_ on (outlaw)
26. Ballet bend
27. Olive \_\_\_\_
30. Henpeck
31. Catcher (as of 16-Across)
35. Gloomy
38. Fish's breathing organ
39. "You can count \_\_\_\_"
41. "Tie the \_\_\_\_" (get hitched)
42. Border
43. Soak (up), as gravy
44. Santa \_\_\_\_ winds
45. Uncooked
46. Conclude

# CROSSWORD ANSWERS

## WINTER ADVENTURES

S	K	I		H	A	L		L	A	P
T	A	C		I	S	A		E	E	L
S	L	E	I	G	H	S		O	R	O
	S	C	H				S	N	O	W
A	C	H	E		B	A	N			
D	E	E		A	L	L	O	W	M	E
I	C	E	C	L	I	M	B	I	N	G
M	I	T	T	E	N	S		L	O	G
			R	E	D		G	D	P	S
C	O	O	L			B	E	L		
O	R	A		C	U	R	L	I	N	G
L	E	T		I	R	A		F	O	E
D	O	S		A	N	S		E	G	O

## ICE HOCKEY

S	O	S		T	S	A		S	L	O
T	A	T		A	L	P		P	E	W
O	H	O		C	A	P	T	A	I	N
P	U	C	K		P	T	S			
	K	O	L		S	K	A	T	E	
I	C	I	N	G	S			T	R	S
P	E	N	A	L	T	Y	S	H	O	T
S	I	G			G	O	A	L	I	E
O	L	S	E	N		U	S	E		
			B	O	S		S	T	A	R
Z	A	M	B	O	N	I		I	C	E
E	N	E		N	O	R		C	U	P
N	E	T		E	W	E		S	T	S

## PLAYING IN THE SNOW

H	A	T		L	A	P		O	R	B
I	C	E		I	V	E		V	I	A
S	C	R	A	P	E	R		E	M	T
S	T	I	R			U	K	R		
			O	O	F		I	S	A	O
E	T	C		P	L	O	W	I	N	G
M	O	I	S	T	U	R	I	Z	E	R
M	O	N	O	S	K	I		E	W	E
A	N	N	A		E	G	G			
	A	R	S			E	S	T	A	
H	E	M		C	R	A	M	P	O	N
I	D	O		A	I	M		A	R	K
P	U	N		M	O	P		T	E	A

## COLD WEATHER ANIMALS

B	I	S	O	N		V	H	S		A	A	A
A	R	I	P	E		E	A	T		D	I	N
R	E	N	E	W		G	R	I	Z	Z	L	Y
			D	J	S		E	R	A			
P	D	A		O	E	R			C	R	A	B
H	U	M	P	B	A	C	K	W	H	A	L	E
D	O	P	E			A	G	A		W	A	D
			D	O	W		B	L	T			
C	A	R	I	B	O	U			R	O	W	A
O	N	A		I	L	L			U	S	A	G
B	A	Y		E	F	T			S	H	R	E

# CROSSWORD ANSWERS

## QUEBEC

A	L	P		P	H	I		W	A	S
B	O	A		A	E	R		E	R	A
C	U	L	T	U	R	E		L	E	N
			O	L	D			F	L	A
M	A	L	E				I	R	K	
I	T	I				F	R	E	N	C
C	O	B	B	L	E	S	T	O	N	E
A	B	R	O	A	D			W	E	B
		A	D	D				A	N	T
S	U	R	E		O	S	H			
I	S	I			C	A	P	I	T	A
G	E	E			A	T	E		E	V
H	R	S			L	S	D		N	E

## INDIGENOUS PEOPLES

T	R	Y			D	R	U	M		I	R	A
B	O	O	M		A	I	R	A		N	A	P
S	O	N	G		L	A	N	G	U	A	G	E
				M	I	T		S	I	R	S	
S	O	S			D	O	E			S	A	S
A	R	T	S	A	N	D	C	R	A	F	T	S
T	A	R	A			T	A	I		E	A	T
		I	R	I	S		M	O	E			
M	E	D	I	C	I	N	E			S	A	G
B	E	E			E	M	I	R		S	T	A
A	L	S			S	I	T	A		E	G	G

## TORONTO

Y	A	M		L	A	D		T	A	S
E	R	A		A	L	E		R	C	A
T	E	L		G	A	L	L	E	R	Y
I	S	L	E				H	I	K	E
				T	R	A	I	L		
I	N	S	T	E	P			A	L	I
L	A	K	E	O	N	T	A	R	I	O
L	E	I			E	A	S	T	E	R
				B	E	A	C	H		
A	I	R	E	D			E	C	H	O
S	K	Y	L	I	N	E		O	A	F
P	E	E			T	E	N		K	I
S	A	S			S	O	D		E	R

## BANFF NATIONAL PARK

B	O	A	T		E	I	R	E		F	E	D
O	N	M	E		S	O	I	L		R	O	E
B	E	E	N		S	U	N	S	H	I	N	E
			R	D	A			G	E	E		
M	O	I			M	A	Y	O		A	C	M
R	O	C	K	Y	M	O	U	N	T	A	I	N
C	H	A	I		A	U	T	O		M	A	D
				N	E	Z			T	O	P	
W	I	L	D	L	I	F	E			H	I	K
A	C	E			S	N	O	T		I	N	I
Y	E	S			A	G	E	S		O	G	R

# CROSSWORD ANSWERS

## ROYAL ONTARIO MUSEUM

B	A	Y		H	O	C		B	O	S
A	L	E		A	M	O		O	A	K
M	I	N	E	R	A	L		R	H	O
			D	I	N	O	S	A	U	R
A	G	E	S				M	E	X	
C	A	T				M	B	A		
A	R	C	H	A	E	O	L	O	G	Y
			E	I	N			P	E	A
		E	R				I	T	E	M
A	R	T	I	F	A	C	T			
R	A	H		A	N	C	I	E	N	T
M	R	E		R	O	E		L	E	E
Y	E	R		E	N	D		K	E	N

## SKIING CANADIAN ROCKIES

N	T	H		H	A	T		S	K	I
A	S	I		A	L	I		H	A	D
G	O	G	G	L	E	S		O	R	L
		H	E	E			P	O	L	E
R	A	T	E		B	S	A			
O	W	E		A	R	T	I	S	A	N
B	A	C	K	C	O	U	N	T	R	Y
E	C	H	E	L	O	N		E	T	E
			R	U	M		W	E	S	T
T	B	A	R			S	O	L		
S	O	X		T	I	C	K	E	T	S
A	O	L		O	N	A		R	O	E
R	T	E		M	A	N		S	O	T

## NIAGARA FALLS

P	A	Y		L	L	A	M	A		O	D	D
O	N	E		A	E	I	O	U		P	I	E
P	A	N	O	R	A	M	A	S		E	N	E
			R	E	F			T	A	N		
S	W	A	D	D	L	E	D		T	E	M	P
H	Y	D	R	O	E	L	E	C	T	R	I	C
Y	O	D	A		T	O	U	R	I	S	T	S
		O	W	S			T	E	C			
B	I	N		H	O	R	S	E	S	H	O	E
A	R	T		A	R	O	C	K		A	N	Y
G	E	O		M	A	T	H	S		T	O	E

## CANADIAN CUISINE

R	A	P		P	O	L		A	L	E
O	F	A		A	D	O		P	E	A
T	A	R		L	O	B	S	T	E	R
C	R	A	B		R	O	E			
		M	A	E			A	L	A	N
A	P	O	L	L	O			O	N	E
B	L	U	E	F	I	N	T	U	N	A
A	I	N			L	A	R	I	A	T
N	E	T	S			G	A	S		
			A	G	O		P	I	K	E
S	A	R	D	I	N	E		A	N	D
O	N	A		L	M	N		N	O	G
P	A	W		L	E	D		A	T	E





Serving Whidbey and Camano islands

## **Programs and Services**

### **Resources and Coaching**

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

### **Nutrition Programs**

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

### **Medicaid In-Home Care and Case Management**

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

### **Medical Equipment Lending Library**

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

### **Private In-Home Providers (PIP)**

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

### **Benefits Counseling**

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

### **Support Groups**

Join in conversation with others facing similar challenges.

**Call Us!**  
**(360) 321-1600**



**Serving Whidbey and Camano islands**

## **About Us**

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support.

Only 33% of our funding comes from government grants.

You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

## **We are here for you**

Contact us by phone , email, or request assistance on our website.

(360) 321-1600

[www.senior-resources.org](http://www.senior-resources.org)

[reception@islandseniorservices.org](mailto:reception@islandseniorservices.org).