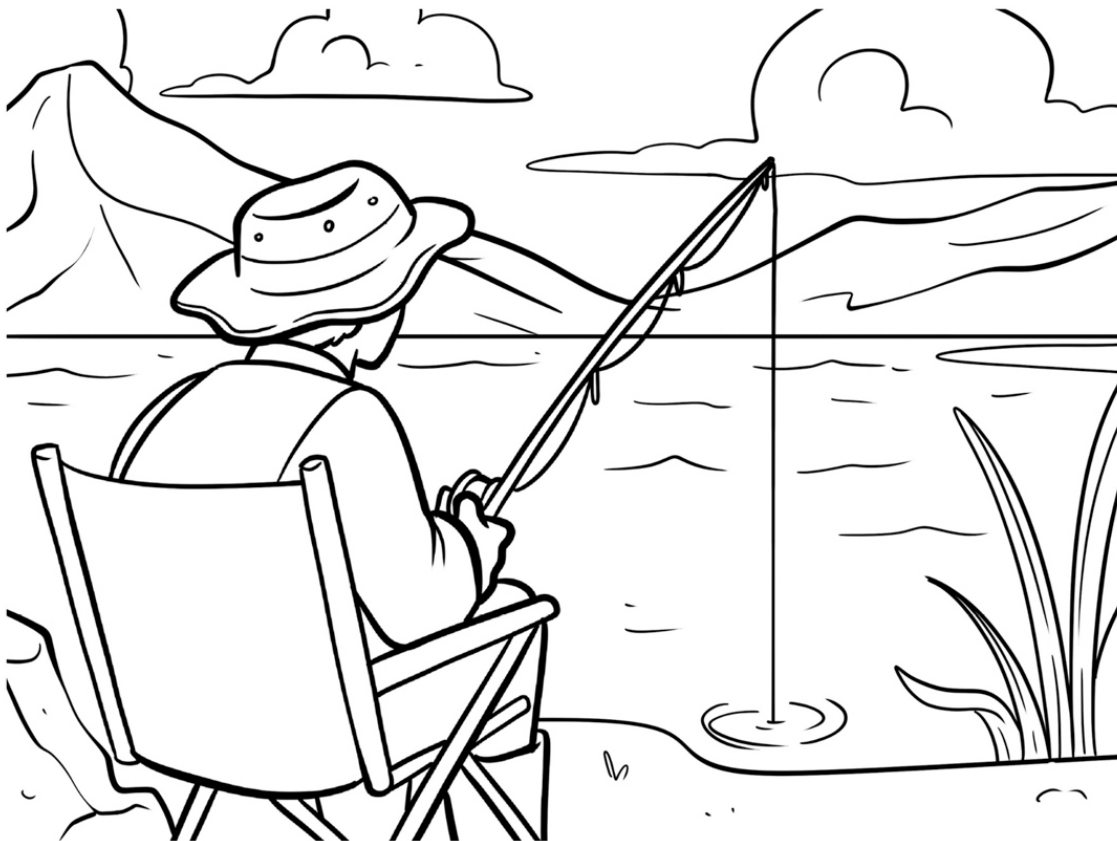

THE PUZZLE EXPERIENCE

CROSSWORD, WORDSEARCH, SUDOKU, WORDOKU, & MAZES

February 2024 • **In My Life**



MISSION

We seek to share the joys and help meet the challenges of aging in our Island County communities by providing integrated programs and services.

2024 - EDITION #2

IN MY LIFE

NORTH CAROLINA

As we celebrate North Carolina's vibrant history, seniors can take a nostalgic trip down memory lane, revisiting the cherished moments of their youth. The soulful melodies of folk music that once filled the air in the heart of Appalachian culture can transport them back to simpler times, where each note carried a story. Imagine the joy of casting a fishing line into peaceful waters, sharing tales with friends, and relishing the thrill of a successful catch—a pastime etched in the memory of many seniors. Recall the days when the skies above witnessed the early days of aviation, from the Wright Brothers' historic flight to the present, capturing the awe-inspiring progress of airborne exploration. These are more than just recollections; they are precious threads of American cultural fabric, woven into the very fabric of seniors' youthful experiences, waiting to be shared and cherished once again.

CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS

- *WORD WIZARD*
- *SUDOKU NINJA*
- *SIMPLY SEARCH*
- *MAZINGLY EASY*
- *AMAZING MINDS*
- *MIGHTY MANDALAS*
- *ARTISTIC ACTIVITIES*
- *STIMULATING SEARCH*
- *COGNITIVE CROSSWORDS*

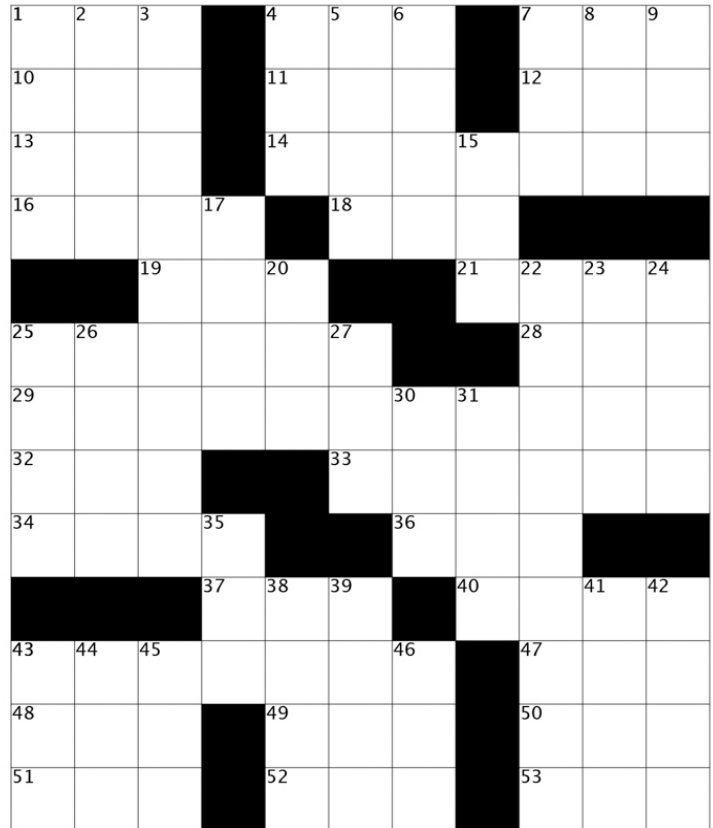
FOLK MUSIC

ACROSS

1. "The blues"
4. Yelps of pain
7. Follower, as of a band
10. Hockey legend Bobby
11. However, briefly (HOT anagram)
12. "___ tree falls in the forest..."
13. Actress Vardalos or Peeples
14. Kenny Rogers or Dolly Parton music category
16. Dotty
18. Brewery drink
19. Grand ___ Opry
21. "Rock-___-baby..."
25. Actor Borgnine or Writer Hemingway
28. Luau garland
29. Where to have a hot beverage and hear some folk music
32. "2001" computer
33. "___ fa so la ti..."
34. Black gem
36. "___ o' My Heart"
37. Santa ___ winds
40. Killer whale
43. Kind of '60s march or folk music type
47. Total
48. Musical knack
49. "___ on the G String"
50. Hero sandwich
51. School support org.
52. Blind singer ___ Charles
53. Fed. loan agency (BAS anagram)

DOWN

1. Melody
2. Diva's solo
3. Large hovering insect
4. Prilosec ___ (nonprescription)
5. "Hold up horsey!"
6. Motown music category
7. In shape
8. Egypt's continent, abbr.
9. Dissenting vote
15. Teachers' org.



17. Hebrew letter (LEAF anagram)
20. Language suffix
22. Music with banjos
23. Polite rural reply
24. ___-O ("Old McDonald" refrain)
25. Reverberate
26. Reddish-brown horse
27. Baseball star ___ Williams
30. Jump on one foot
31. Black-and-white sandwich cookie
35. Totem pole (hidden in FIXATES)
38. Close to
39. Bhutan's continent
41. Nighttime concert venue
42. Jessica of "Fantastic Four"
43. Verve
44. Rodent
45. "Are you a man ___ mouse?"
46. Attempt

SUDOKU #25-28

Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers .

25

3			
		1	
			2
4		3	

26

4	3		
2			
			2
		4	

27

3	4		2
2			1

28

1			3
			4
		3	
	2		

Wordoku - Going Fishing

Each column, row, and box contains the letters in the puzzle word without repeating. Like sudoku, use logic to figure out the missing letters in blank boxes.

		I	
			H
S	F		
	I		

Word Used in Puzzle: FISH

R			
	E	U	R
	L		
			L

Word Used in Puzzle: LURE

A	T		
	A	B	
			O

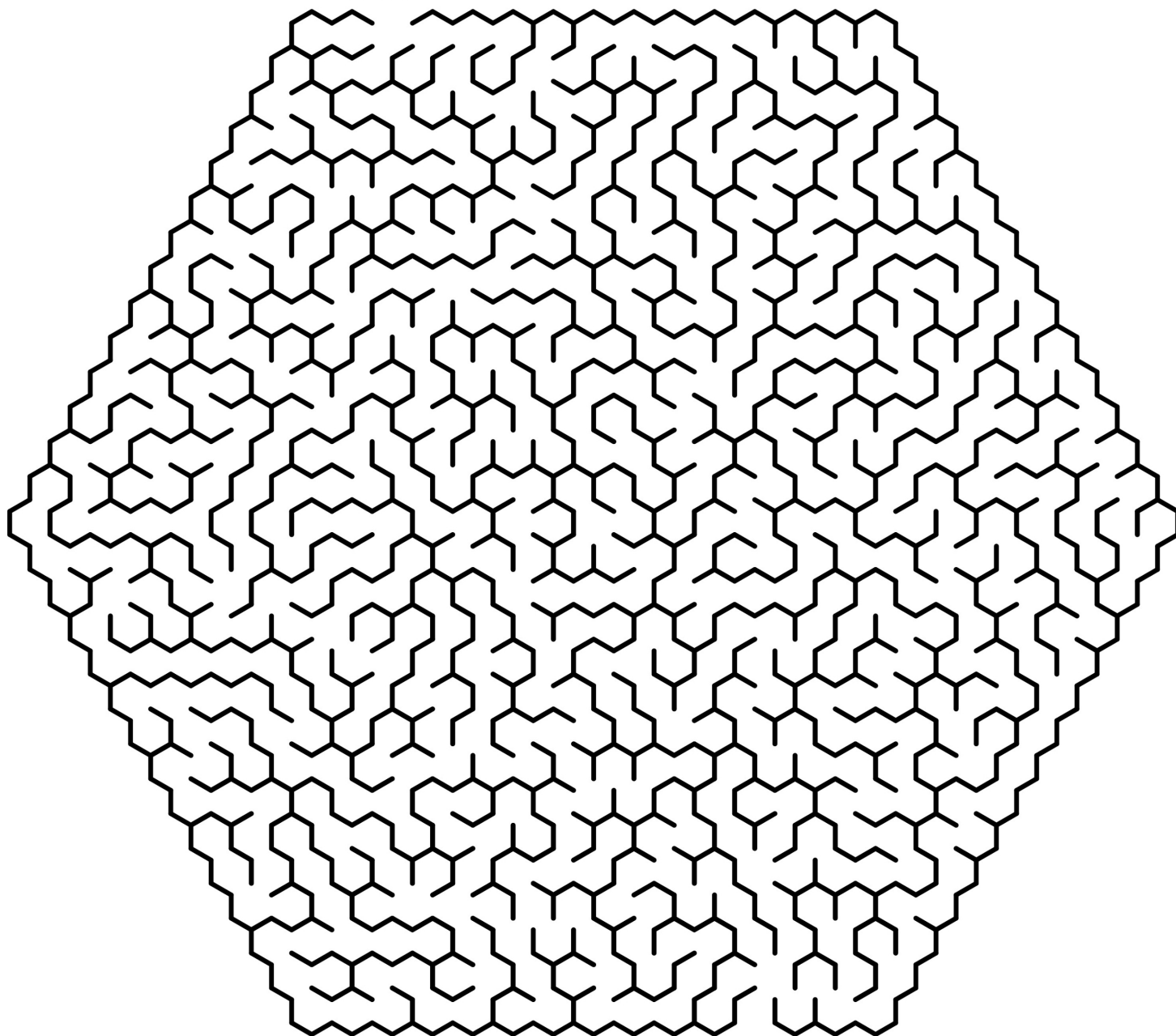
Word Used in Puzzle: BOAT

		I	
N			
	I	L	N

Word Used in Puzzle: LINE

Maze 9

Start



End

Folk Music



Can you find the words below in the box above?

Acoustic
Album
Anthems
Band
Blues
Club
Country

Fans
Folk
Greenwich
Introspective
Literary
Lyrics
Music

Peace
Plight
Poetic
Political
Protest
Resonate
Revival

Rights
Singer
Songwriter
Vocal

SUDOKU #29-32

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers.

29

	5				
					6
	2	5	6	4	
	6		2		
		1		6	3
	3	6		2	4

30

4	1				3
5	6	3	2		
		6		4	
			5		6
			4		
6	2	4			

31

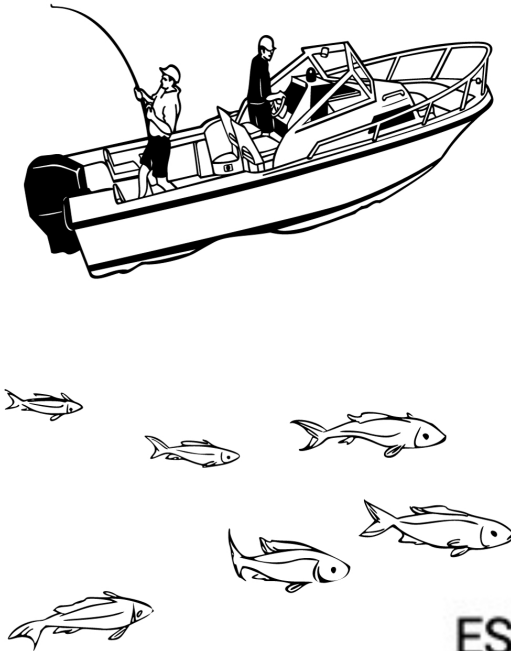
					2
3	2	5		4	
	6			2	
		4	2		6
6	5		3	1	

32

				4	
1			6		
	6	4			2
			3	6	
	3		4		
		6	1	3	5

Fishing

Unscramble the words on the left using the spaces provided to correctly spell common words.



BTAI	=	_____
AOBT	=	_____
ATSCNGI	=	_____
THACC	=	_____
COLREO	=	_____
SANIRFHME	=	_____
LFY	=	_____
KOHO	=	_____
EIC	=	_____
IJG	=	_____
KAEL	=	_____
ELNI	=	_____
RLUE	=	_____
ENT	=	_____
ELER	=	_____
ESRAELE	=	_____
RVIER	=	_____
DRO	=	_____
KSENIRS	=	_____
LEKTCA	=	_____

FISHING

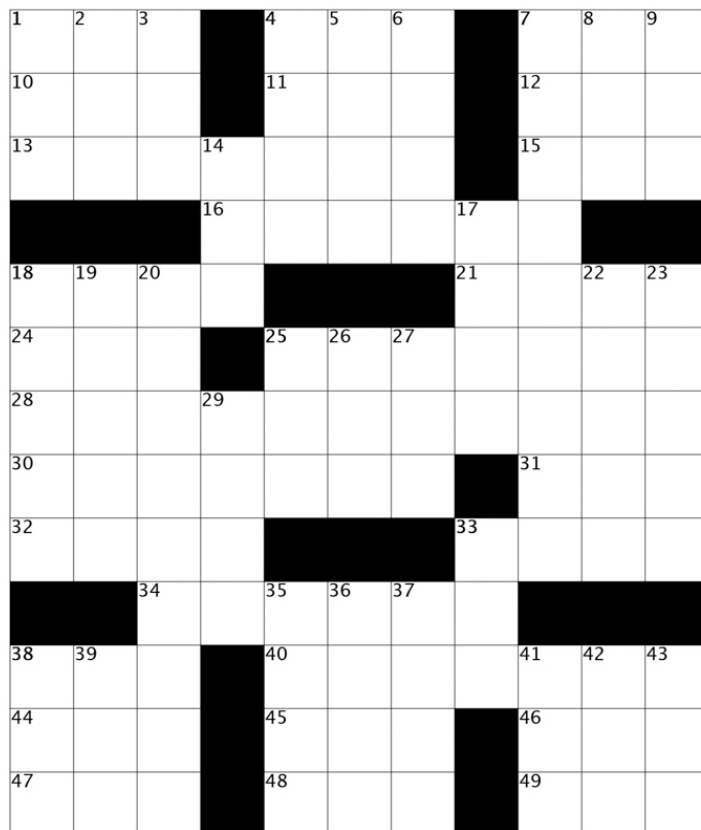
ACROSS

1. Scoop up, as a fish
4. 100%
7. Ump
10. Bullfight cheer
11. That guy, in French (sounds like LOUIS)
12. Snaky fish
13. Weighty fishing gear
15. Weep
16. Summer brew
18. Kooky
21. ___ Spumante
24. Friend, in French
25. Rent, as a boat for fishing
28. What an angler hurls out into the water
30. Shakespearean title Moor
31. Persona ___ grata
32. Ogler
33. Fairy tale fiend
34. Land, as a fish
38. Add up

40. Catch and ___, rule at many fishing areas
44. Historic phase
45. ___ Tai
46. Fishing pole
47. Advice columnist Landers
48. Summer drink suffix
49. Letter before TEE

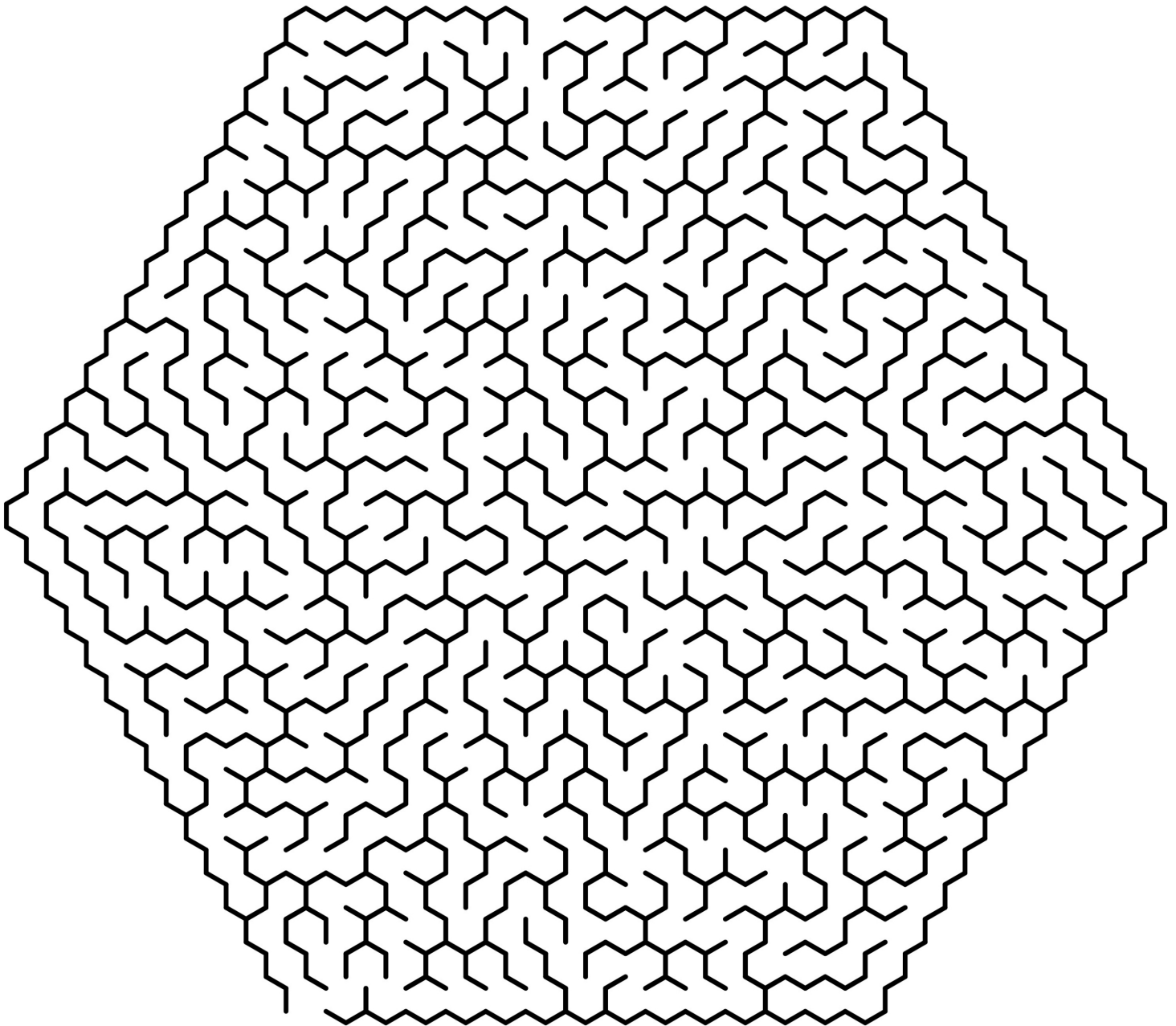
DOWN

1. Negative votes
2. Inventor Whitney
3. King's equal in blackjack
4. Guinness of "Star Wars"
5. Tackle box item
6. Shopping aid
7. Hurling out your fishing gear again
8. Always, in verse
9. Bug-like tackle box item
14. ___ and caboodle
17. ___ Grey tea
18. Willem of "Spider-Man"
19. "Jaws" resort, with a peaceful name, ironically
20. Angler
22. Male voice
23. Actress Dunne or Ryan
25. 149 in Roman numerals
26. Waikiki's airport, briefly
27. Way back when
29. ___ and there
33. Only
35. Writer Bombeck
36. Metal that 13-Across are made of
37. "Why would ___ to you?"
38. Ocean
39. Coffee dispenser
41. "We ___ the Champions"
42. "Mayday!"
43. McMahon and Asner



Maze 10

Start



End

Fishing



Can you find the words below in the box above?

Bait
Boat
Cast
Catch
Cooler
Fish
Fisherman

Float
Hook
Jig
Lake
Line
Lure
Net

Reel
Release
River
Rod
Species
Swivel
Tackle

Trolling
Waders
Water
Worm

SUDOKU #33-36

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers.

33

				3		4
	6	9		5		
	8		7	2	1	6
		4		5		
8			2			9
		7				2
9						7
		6	1	7	4	
5		1	8	4		

34

	8		2	1		4
		2	6			
		6		4		2
8		4		3	5	
3	7				4	
	9			5	4	7
					6	1
			4	3		
6		7		9		5

35

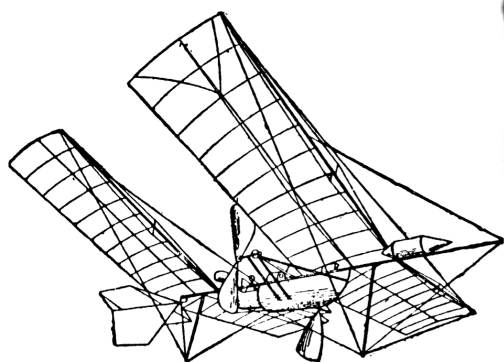
	4		3			6
			8			3
	7	5		2		4
				3	8	1
1					2	7
				4		
	1					6
	9	2	6			2
7						9

36

	6					1
		4	3	2	7	
		2				6
9			7	1	4	
				6	2	9
7			9		6	8
				7	5	
	1					
	3		6		1	

Wright Brothers

Unscramble the words on the left using the spaces provided to correctly spell common words.



ELRINPAA	=	_____
DTTIULEA	=	_____
TINAIOAV	=	_____
ANBCI	=	_____
COCTPKI	=	_____
GENNEI	=	_____
ISFTR	=	_____
GHFITL	=	_____
FYL	=	_____
GLEID	=	_____
HKAW	=	_____
IKTTY	=	_____
LDAN	=	_____
LUHNAC	=	_____
LIROLEV	=	_____
OILPT	=	_____
PPRLELREO	=	_____
DANS	=	_____
ETAS	=	_____
ERUNLTECBU	=	_____

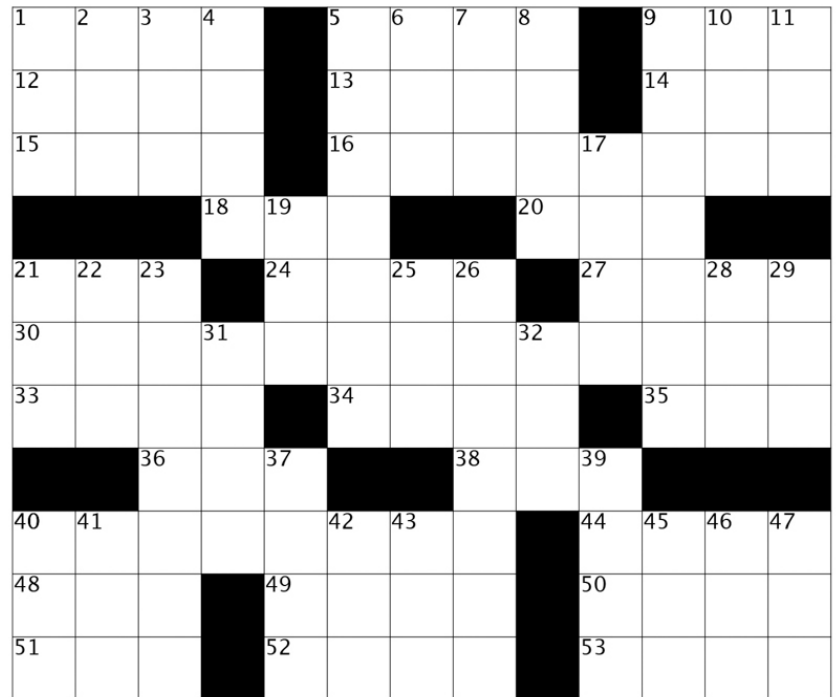
FLYING

ACROSS

1. Beach grains
5. Applaud
9. 2,000 pounds
12. ___ vera
13. Lasso
14. Mother sheep
15. Facts and figures
16. Wright brothers' invention
18. Go by plane
20. Weep
21. Price of admission
24. Charged particles
27. Felines
30. Kitty Hawk history maker
33. Enjoy a book
34. Brouhahas
35. Deep blue
36. ___ Moines, Iowa
38. Baseball Hall-of-Famer Mel
40. Science of flying
44. Above
48. Get some sun
49. Farmland measure
50. Ripped
51. Neighbor of Wales and Scotland, shortly
52. Oboe or clarinet need
53. Take to the sky

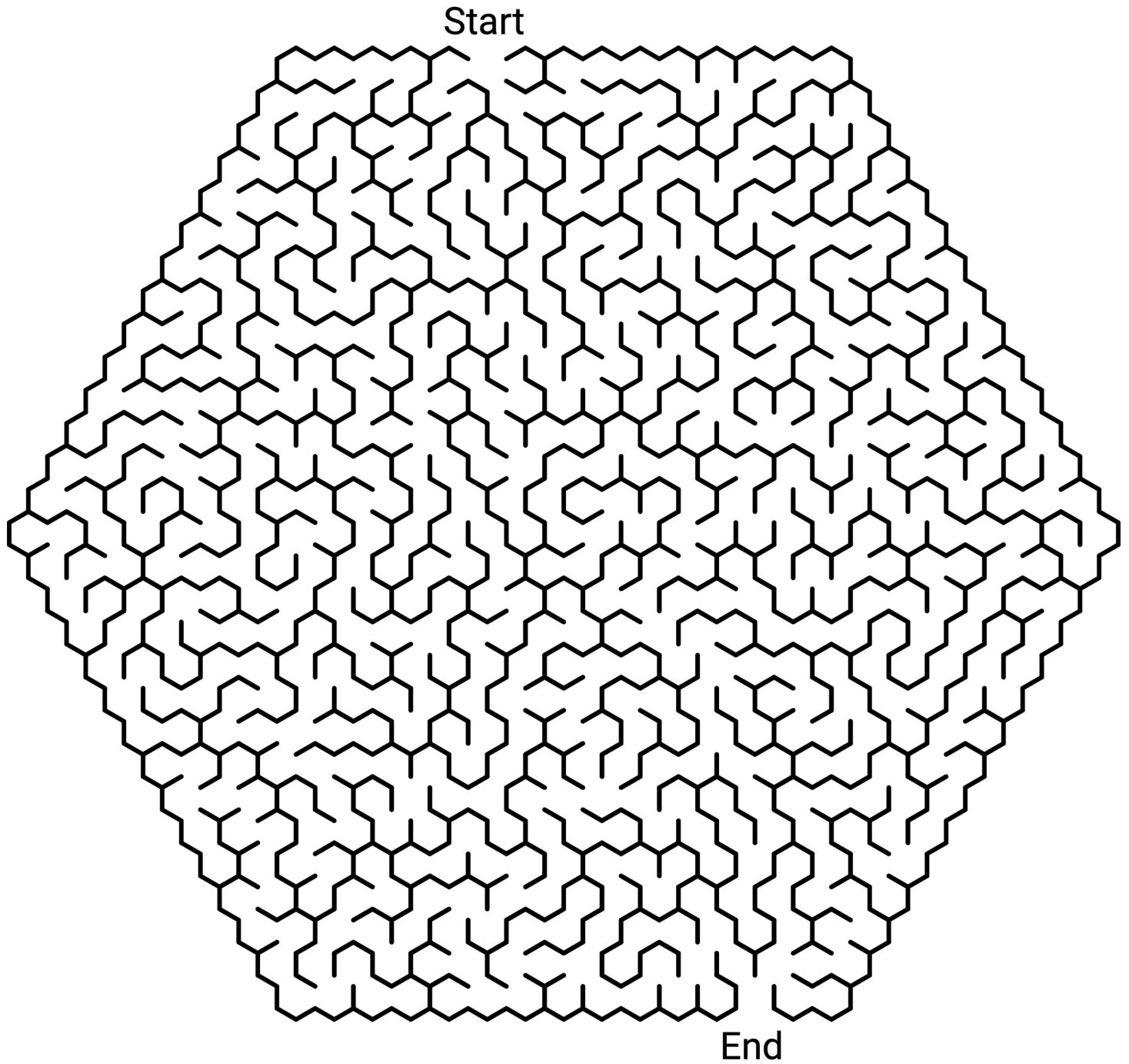
DOWN

1. Gloomy
2. Pie ___ mode



3. Forget-me-___
4. Fall on ___ ears
5. Crayon company
6. Law, in French (OIL anagram)
7. Month after MAR
8. Enlivens (with "up")
9. Paper packets of pekoe
10. Possess
11. Maiden name indicator
17. Focal points (COIL anagram)
19. "___ Abner"
21. In favor of
22. Before, in verse
23. Managing to elude
25. Actor Beatty or outlaw Kelly
26. Went weak in the knees
28. "Raiders of ___ Lost Ark"
29. Depot: Abbr.
31. Concept
32. Q-U connection
37. Night light?
39. Kids
40. Supped
41. Moving vehicle
42. Rink surface
43. Raw mineral
45. "Hinky Dinky Parlay ___"
46. Pitcher's stat
47. Time off, in mil. slang

Maze 11



Flying



Can you find the words below in the box above?

Airplane
Altitude
Aviation
Beach
Brothers
Cabin
Cockpit

Engine
First
Fly
Glide
Hawk
Kitty
Landing

Launch
Orville
Pilot
Powered
Propeller
Sand
Seat

Success
Turbulence
Wing
Wright

APPALACHIAN CULTURE

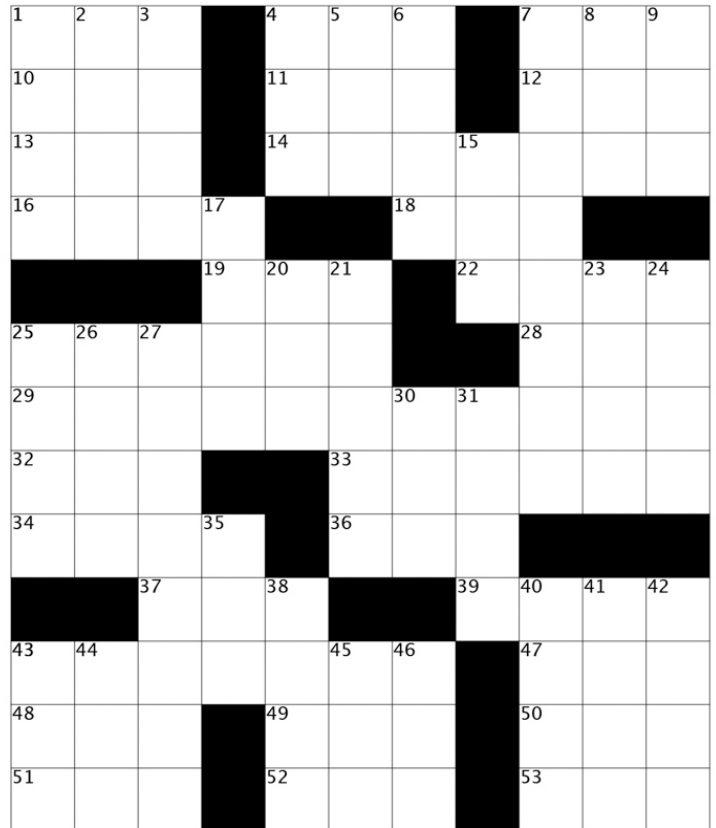
ACROSS

1. Passing craze
4. Buddy
7. Tax pro
10. The Beatles' "___ Mine" (2 words)
11. "It's ___-win situation!"
12. ___ polloi
13. Stag's mate
14. Nickname for a North Carolinian
16. Gumbo podded veggie
18. Keep your ___ to the ground
19. Chemist's place
22. Village
25. Folks
28. Sportage or Soul automaker
29. Self-reliant
32. Conclude
33. Go before
34. Country singer ___ McEntire
36. Man's name and letters between R and V
37. Terrier's bark
39. Stuff of legends

43. Customs of a group, like Appalachians
47. Baseball pitcher's stat.
48. Subj. for U.S. newcomer
49. Yuletide drink, with 46-Down
50. ___ Lingus
51. ___ Vegas
52. Hound
53. Scarlet

DOWN

1. Loyal pooch
2. Run ___ (go wild)
3. Antlered animal
4. Gentle touch, as on a hound's head
5. California's Santa ___ winds
6. Traditional tales
7. Native American group originally from the Appalachian mountains
8. Edgar Allan ___
9. Have a cold
15. Cap

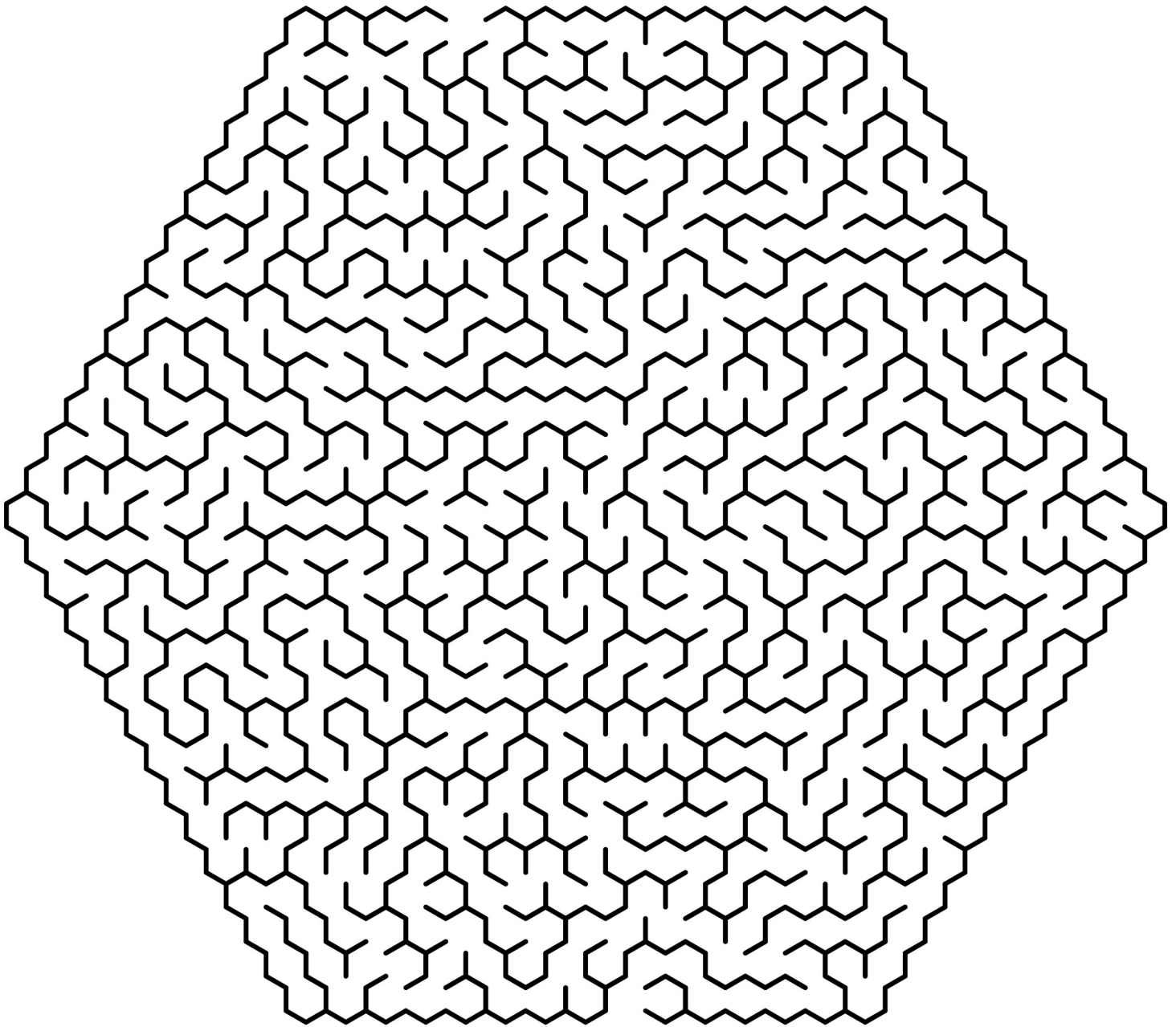


17. Mont Blanc, par exemple
20. 17-Down in English
21. Complaints, in slang
23. Plane part
24. Defense org. since 1949
25. Jetty
26. Cousin of -ette
27. Quirky sorts
30. "___ a chance!" ("Never!")
31. Percussion instrument

35. Baskets, quilts or pottery of Appalachia
38. Endow, as a scholarship
40. 2023, e.g.
41. Oak or walnut
42. Tough
43. Collectible cartoon frame
44. America
45. Kanga's son
46. Yuletide drink, with 49-Across

Maze 12

Start



End

Appalachian Culture



Can you find the words below in the box above?

Adventure
Americana
Appalachian
Art
Banjo
Cabin
Cherokee

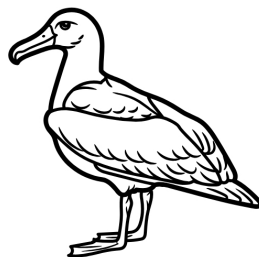
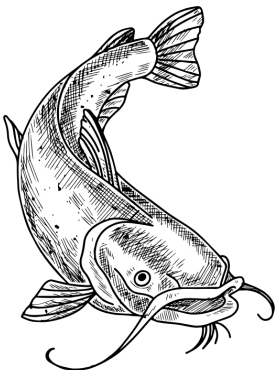
Crafts
Culture
Dog
Famous
Folklore
Friendly
History

Mountains
Music
Myth
Quaint
See
Song
Town

Trail
Tranquil
Trees
Water

Appalachian Trivia

1. What traditional Appalachian instrument is often associated with folk music?
2. What call-and-response style of singing is associated with folk traditions in North Carolina?
3. What are the Wright Brothers' names?
4. What type of bird specifically influenced the Wright Brothers' design principles?
5. Apart from their aviation achievements, what other industry did the Wright Brothers venture into with the creation of a successful business?
6. These fish, found in the Atlantic, are known for their aggressive feeding habits and are popular targets for saltwater anglers.
7. In North Carolina's freshwater rivers and lakes, this fish is popular for anglers and farmers.



ANSWERS:

1. Dulcimer
2. Gospel
3. Wilbur and Orville
4. Albatross
5. Bicycles
6. Bluefish
7. Channel catfish

CROSSWORD ANSWERS

FOLK MUSIC

S	A	D		O	W	S		F	A	N
O	R	R		T	H	O		I	F	A
N	I	A		C	O	U	N	T	R	Y
G	A	G	A		A	L	E			
		O	L	E			A	B	Y	E
E	R	N	E	S	T			L	E	I
C	O	F	F	E	E	H	O	U	S	E
H	A	L			D	O	R	E	M	I
O	N	Y	X			P	E	G		
			A	N	A		O	R	C	A
P	R	O	T	E	S	T		A	L	L
E	A	R		A	I	R		S	U	B
P	T	A		R	A	Y		S	B	A

FISHING

N	E	T		A	L	L		R	E	F
O	L	E		L	U	I		E	E	L
S	I	N	K	E	R	S		C	R	Y
			I	C	E	T	E	A		
D	A	F	T				A	S	T	I
A	M	I		C	H	A	R	T	E	R
F	I	S	H	I	N	G	L	I	N	E
O	T	H	E	L	L	O		N	O	N
E	Y	E	R				O	G	R	E
		R	E	E	L	I	N			
S	U	M		R	E	L	E	A	S	E
E	R	A		M	A	I		R	O	D
A	N	N		A	D	E		E	S	S

FLYING

S	A	N	D		C	L	A	P		T	O	N
A	L	O	E		R	O	P	E		E	W	E
D	A	T	A		A	I	R	P	L	A	N	E
			F	L	Y			S	O	B		
F	E	E		I	O	N	S		C	A	T	S
O	R	V	I	L	L	E	W	R	I	G	H	T
R	E	A	D		A	D	O	S		S	E	A
		D	E	S			O	T	T			
A	V	I	A	T	I	O	N		O	V	E	R
T	A	N		A	C	R	E		T	O	R	N
E	N	G		R	E	E	D		S	O	A	R

APPALACHIAN CULTURE

F	A	D		P	A	L		C	P	A	
I	M	E		A	N	O		H	O	I	
D	O	E		T	A	R		H	E	E	L
O	K	R	A			E	A	R			
			L	A	B		T	O	W	N	
P	E	O	P	L	E			K	I	A	
I	N	D	E	P	E	N	D	E	N	T	
E	N	D				F	O	R	E	G	O
R	E	B	A			S	T	U			
		A	R	F			M	Y	T	H	
C	U	L	T	U	R	E		E	R	A	
E	S	L		N	O	G		A	E	R	
L	A	S		D	O	G		R	E	D	

Wordoku Answers

F	H	I	S
I	S	F	H
S	F	H	I
H	I	S	F

FISH

R	U	L	E
L	E	U	R
E	L	R	U
U	R	E	L

LURE

B	O	T	A
A	T	O	B
O	A	B	T
T	B	A	O

BOAT

L	N	I	E
I	E	N	L
N	L	E	I
E	I	L	N

LINE

Word Scramble Answers

Fishing

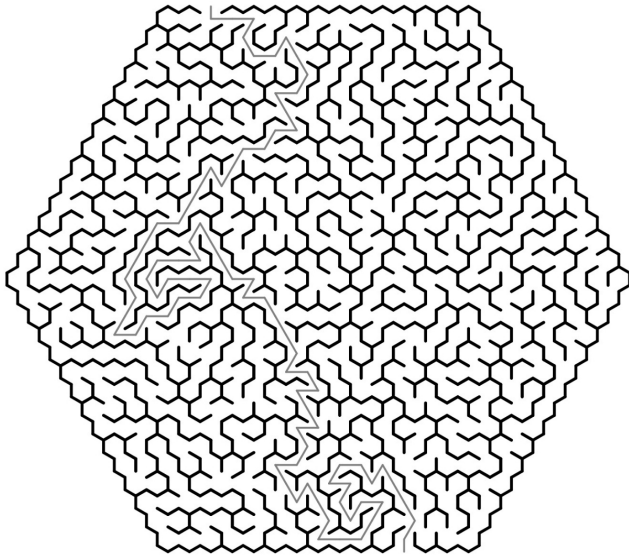
BTAI = BAIT
AOBT = BOAT
ATSCNGI = CASTING
THACC = CATCH
COLREO = COOLER
SANIRFHME = FISHERMAN
LFY = FLY
KOH O = HOOK
EIC = ICE
IJG = JIG
KAEL = LAKE
ELNI = LINE
RLUE = LURE
ENT = NET
ELER = REEL
ESRAELE = RELEASE
RVIER = RIVER
DRO = ROD
KSENIRS = SINKERS
LEKTCA = TACKLE

Wright Brothers

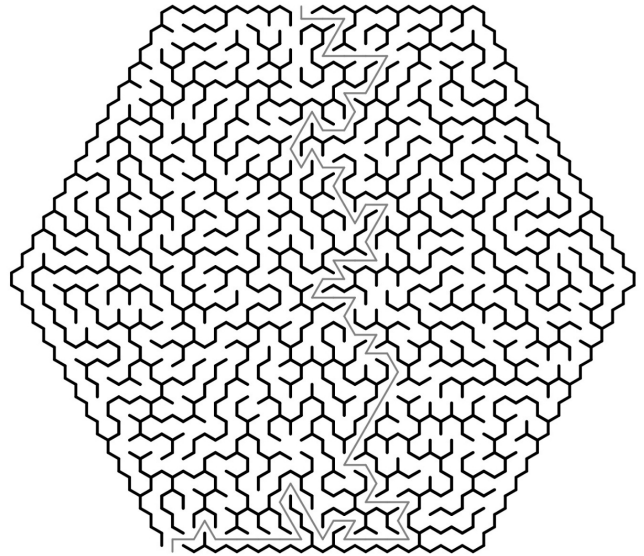
ELRINPAA = AIRPLANE
DTTIULEA = ALTITUDE
TINAIOAV = AVIATION
ANBCI = CABIN
COCTPKI = COCKPIT
GENNEI = ENGINE
ISFTR = FIRST
GHFITL = FLIGHT
FYL = FLY
GLEID = GLIDE
HKAW = HAWK
IKTTY = KITTY
LDAN = LAND
LUHNAC = LAUNCH
LIROLEV = ORVILLE
OILPT = PILOT
PPRLELREO = PROPELLER
DANS = SAND
ETAS = SEAT
ERUNLTECBU = TURBULENCE

Maze 9 - 12 Answers

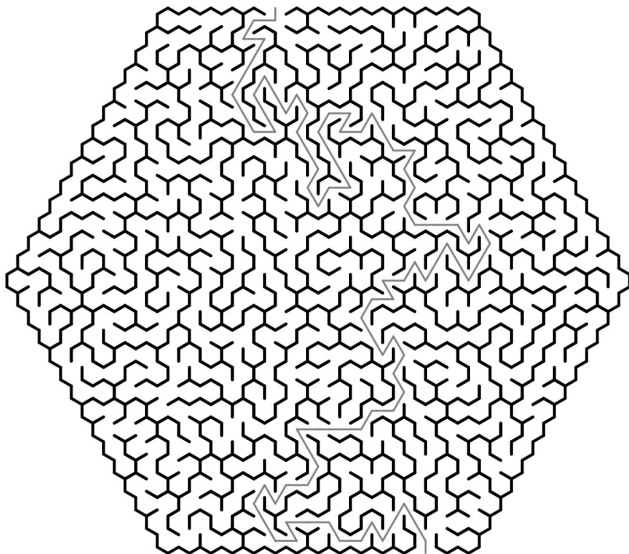
9



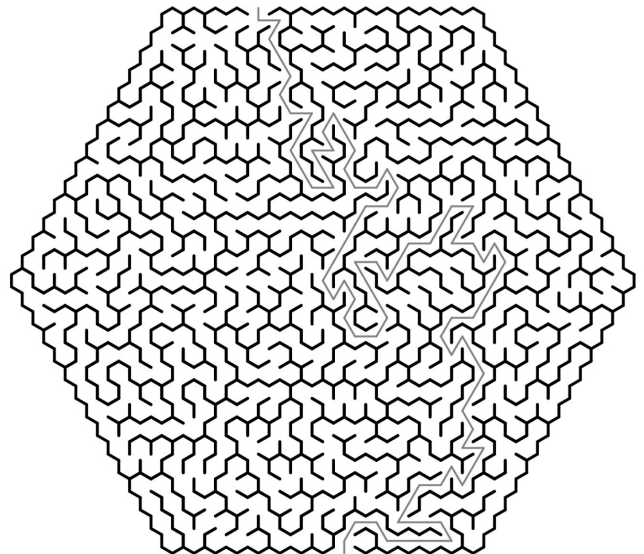
10



11



12



SUDOKU #25-28 ANSWERS

25

3	1	2	4
2	4	1	3
1	3	4	2
4	2	3	1

26

4	3	2	1
2	1	3	4
3	4	1	2
1	2	4	3

27

3	4	1	2
1	2	3	4
2	3	4	1
4	1	2	3

28

1	4	2	3
2	3	1	4
4	1	3	2
3	2	4	1

SUDOKU #29-32 ANSWERS

29

6	5	3	4	1	2
4	1	2	3	5	6
3	2	5	6	4	1
1	6	4	2	3	5
2	4	1	5	6	3
5	3	6	1	2	4

30

4	1	2	6	5	3
5	6	3	2	1	4
2	5	6	3	4	1
3	4	1	5	2	6
1	3	5	4	6	2
6	2	4	1	3	5

31

4	1	6	5	3	2
3	2	5	6	4	1
2	4	3	1	6	5
5	6	1	4	2	3
1	3	4	2	5	6
6	5	2	3	1	4

32

6	5	3	2	4	1
1	4	2	6	5	3
3	6	4	5	1	2
2	1	5	3	6	4
5	3	1	4	2	6
4	2	6	1	3	5

SUDOKU #33-36 ANSWERS

33

1	5	2	6	8	3	9	7	4
7	6	9	4	1	5	3	2	8
4	8	3	7	9	2	1	5	6
2	9	4	3	5	7	8	6	1
8	3	5	2	6	1	7	4	9
6	1	7	9	4	8	5	3	2
9	4	8	5	3	6	2	1	7
3	2	6	1	7	9	4	8	5
5	7	1	8	2	4	6	9	3

34

5	8	3	2	7	1	9	4	6
7	4	2	6	8	9	1	3	5
9	1	6	3	4	5	2	7	8
8	6	4	7	1	3	5	9	2
3	7	5	9	6	2	4	8	1
2	9	1	8	5	4	7	6	3
4	3	8	5	2	7	6	1	9
1	5	9	4	3	6	8	2	7
6	2	7	1	9	8	3	5	4

35

2	4	8	3	9	1	5	7	6
9	6	1	8	7	5	2	3	4
3	7	5	4	2	6	1	9	8
6	2	4	5	3	8	9	1	7
1	8	7	9	6	2	4	5	3
5	3	9	1	4	7	8	6	2
8	1	3	7	5	4	6	2	9
4	9	2	6	1	3	7	8	5
7	5	6	2	8	9	3	4	1

36

3	6	8	4	5	7	9	2	1
1	9	4	3	6	2	7	8	5
5	7	2	8	1	9	3	4	6
9	2	6	7	8	1	4	5	3
4	8	1	5	3	6	2	7	9
7	5	3	9	2	4	6	1	8
6	4	9	1	7	5	8	3	2
8	1	7	2	9	3	5	6	4
2	3	5	6	4	8	1	9	7



Cross Off Incorrect Guesses

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Make the blanks for your words here:



Serving Whidbey and Camano islands

Programs and Services

Resources and Coaching

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

Nutrition Programs

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

Medical Equipment Lending Library

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

Private In-Home Providers (PIP)

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

Benefits Counseling

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

Support Groups

Join in conversation with others facing similar challenges.

Call Us!
(360) 321-1600



Serving Whidbey and Camano islands

About Us

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support.

Only 33% of our funding comes from government grants.

You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

We are here for you

Contact us by phone , email, or request assistance on our website.

(360) 321-1600

www.senior-resources.org

reception@islandseniorservices.org.