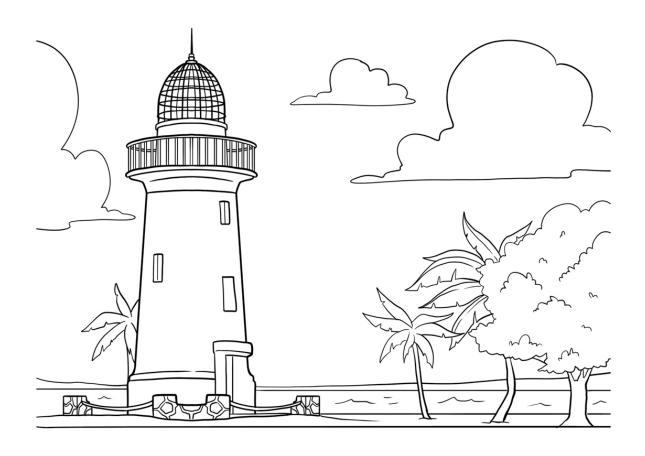
THE

PUZZLE EXPERIENCE

CROSSWORD, WORDSEARCH, SUDOKU, WORDOKU, & MAZES

January 2024 · Out & About







(360) 321-1600 www.senior-resources.org

MISSION

We seek to share the joys and help meet the challenges of aging in our Island County communities by providing integrated programs and services.

2024 - EDITION #1

OUT AND ABOUT

FLORIDA

Continuing our journey through Florida's diverse offerings, we travel to the stunning Biscayne National Park. Here, crystal-clear waters and thriving coral reefs invite adventure seekers to experience a vibrant underwater world. For a taste of Florida's untamed beauty, head to the Everglades, a UNESCO World Heritage Site. Explore this expansive wetland through airboat tours and nature walks, where encounters with alligators and diverse bird species highlight the region's unique ecosystem. Birdwatching enthusiasts will spot many unique species in Florida. Lastly, immerse yourself in the lively rhythm of Cuban heritage in Little Havana, Miami. From savoring delicious cuisine to enjoying vibrant music and street art, Florida's diverse landscapes and cultural gems offer an enriching experience for every visitor.

CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS

- WORD WIZARD
- SUDOKU NINJA
- SIMPLY SEARCH
- MAZINGLY EASY
- MIGHTY MANDALAS
- ARTISTIC ACTIVITIES
- STIMULATING SEARCH
- COGNITIVE CROSSWORDS
- AMAZING MINDS

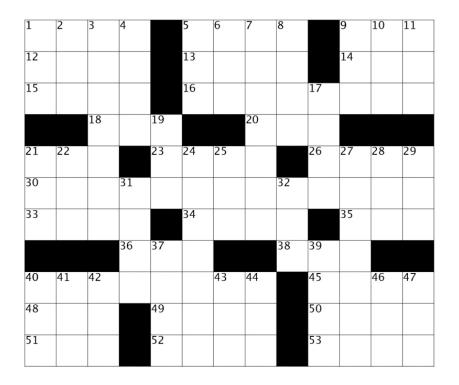
POWERED BY WAYS2WELLNESS.HEALTH

Island S Senior Resource

THE EVERGLADES

ACROSS

- 1. Green citrus fruit
- 5. ___ of Capri
- 9. Conclude
- 12. "I smell ___!"
- 13. Related (to)
- 14. Stooge with a bowl cut
- 15. Actress Delaney or Wynter
- 16. Swamp tree
- 18. Totally
- 20. Opposite of WNW
- 21. Ham it up
- 23. Region
- 26. Lugosi of horror movies
- 30. Florida national park with crocodiles and alligators
- 33. Search for
- 34. Mice, to cats
- 35. Mex. neighbor
- 36. Sup
- 38. List-ending abbr.
- 40. Alligators and manatees
- 45. Rabbit relative
- 48. Feast ___ famine
- 49. Butter alternative
- 50. Thing
- 51. West or Largo
- 52. Adolescent
- 53. At the head of the line



<u>DOWN</u>

- 1. Boy child
- 2. Good name for a CPA?
- 3. Sea cow you can see
- in 30-Across
- 4. And others: abbr.
- 5. "How dry ____"
- 6. Some Jamaican music
- 7. Family tree
- 8. Some MIT grads
- 9. Comedian Philips
- 10. Month before DEC
- 11. Letter after CEE
- 17. Singer McEntire
- 19. Loo
- 21. @ @ @

- 22. Rebel Guevara
- 24. Alligator or snake
- 25. Make a mistake
- 27. Teach
- 28. "___ Miserables"
- 29. Fit ___ fiddle
- 31. ___ out a living
- 32. Caustic agent
- 37. Oodles
- 39. Skinny
- 40. Chinese frypan
- 41. Anger
- 42. Set down in bed
- 43. Service charge
- 44. A long, long time
- 46. Tyrannosaurus ___
- 47. CPR pro



SUDOKU #1-4

Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers in blank boxes.

	•	1		_	,	2	
3							
		2			3		2
1			2		2		Ω
		4					4
3							
	,	3		_	•	4	
3		3	4		3	4	1
3			4			4	1
3			1			4	3



Wordoku - Florida

Each column, row, and box contains the letters in the puzzle word without repeating. Like sudoku, use logic to figure out the missing letters in blank boxes.

	R				
	0	Р			
	Р		R		Υ
	Е		Р		
Р			s		Ε
Ε			Υ	Р	R

Word Used in Puzzle: OSPREY

G				N
E		G	2 20	1
	Р	0		Е
			1	0
N	0	Ε	G	

Word Used in Puzzle: PIGEON

	Α			
			N	
L	0			
С	N	Α	F	
F		0		Α
	С	N	L	0

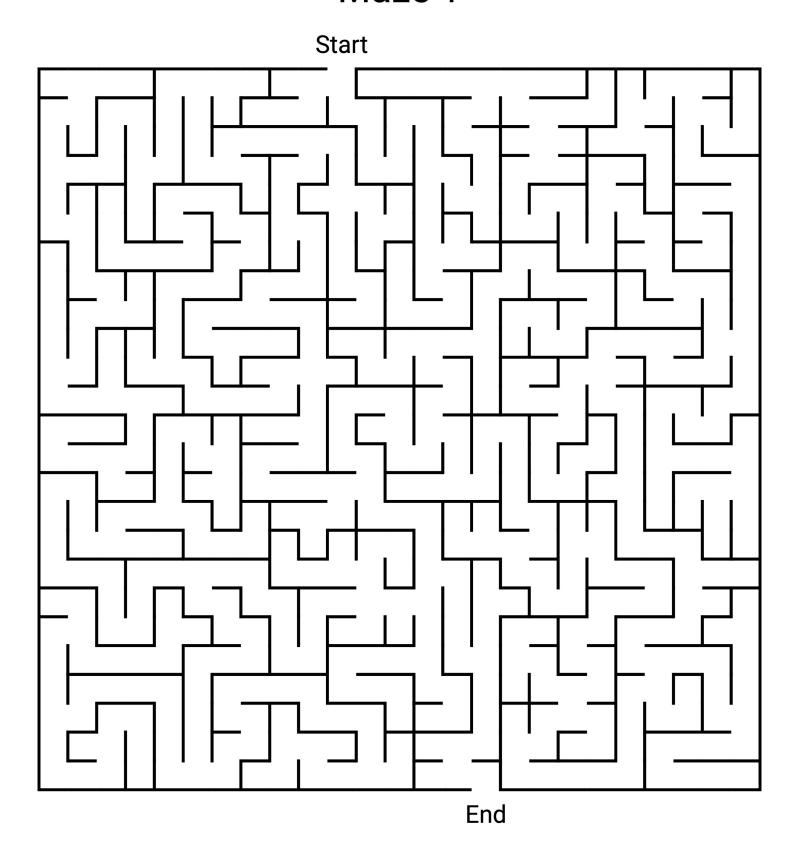
Word Used in Puzzle: FALCON

	1	Α	Т		М
	N			1	
Т			Ι		
Α				R	
	Т	М			T
1					

Word Used in Puzzle: MARTIN



Maze 1



The Everglades



C S R 0 Р G N E S Т E M K F 0 Y S Т N G G R X X F P P F N Α M G Н N M X S R P Α D K V M B F Α Н E Α K E M C E E P U A R G X S N N W B R S G Q Ε S T C S N E W M Α 0 M Α Z N N G E R E D U N Н G W Ε 0 Ν P G Y S Z Z T W R X R N 0 0 Н 0 Α N P Н Y R Α S W S P R E S C Н Т Ε Ν Α Α D O D S D K K M R C N F Α Α S P N B F N 0 U Z 0 D R S U U J U N Z Α R Z 0 D Н T N Z R U G K D B N F S J G Z A D N В

Can you find the words below in the box above?

Bird Mangrove Fauna Sawgrass Marsh **Shallow Flora** Canoe Cypress Freshwater Nest Spoonbill **Ecosystem** Habitat **Palm** Swamp **Panther Egret** Heron **Endangered** Park Insects **Estuary** Reptile Manatee



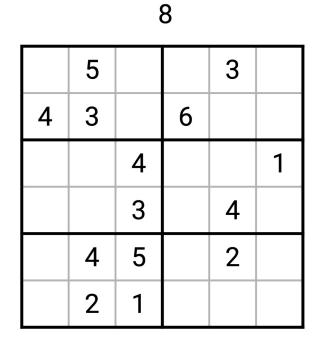
SUDOKU #5-8

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers in blank boxes.

5					
		4	6	1	3
			4		2
1		2		6	4
4					1
	1		5		

			3		
5				6	4
6	3	1			
		4			
1		6	4		
	4		6		1

/					
4			2	1	
	1	2		6	
1			4	5	
2			6		
	5		3	2	





Animals

Unscramble the words on the left using the spaces provided to correctly spell common words.

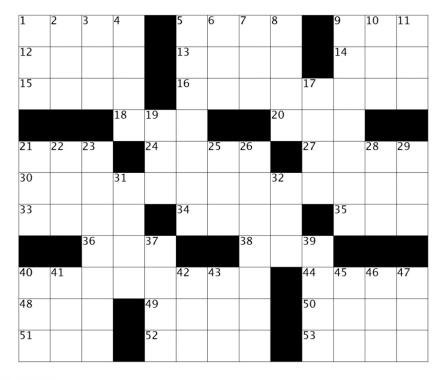
MNALISA	=	
BYA	=	
ENBIAYSC	=	
EALRC	=	
OLASCTA	=	
RLFOCOLU	=	
ORLCA	=	
LPHINOD	=	
IHIFSGN	=	
NSLSADI	=	
INMAER	_	
RNUAET	=	
PETDECROT	=	
REFE	=	
ABCUS	=	
ESA	=	
RNSKOEL	=	
SLTTUER	=	
DTUWRRENAE	=	
	_	
VTSII	_	

Island Senior Resources

CUBAN HERITAGE

ACROSS

- 1. Country banner
- 5. Cuba, por ejemplo
- 9. At a distance
- 12. Cuba libre garnish
- 13. Gas in a Vegas sign
- 14. Coach Parseghian
- 15. Take a crack ___ (try)
- 16. Cuban ___: pork, ham, cheese, mustard and pickle
- 18. "___ live and breathe!"
- 20. ___ Lingus
- 21. "...man ___ mouse?"
- 24. Awestruck
- 27. Played in the ocean
- 30. Havana ancestry, for example
- 33. Exam
- 34. Journey
- 35. "You bet!"
- 36. Cereal grain
- 38. ___ Vegas
- 40. Ethnic
- 44. Cuban cash
- 48. Off-road transport, for short
- 49. Part in a play
- 50. "Como ___ usted?"
- 51. Letter before CEE
- 52. Require
- 53. Sweetie



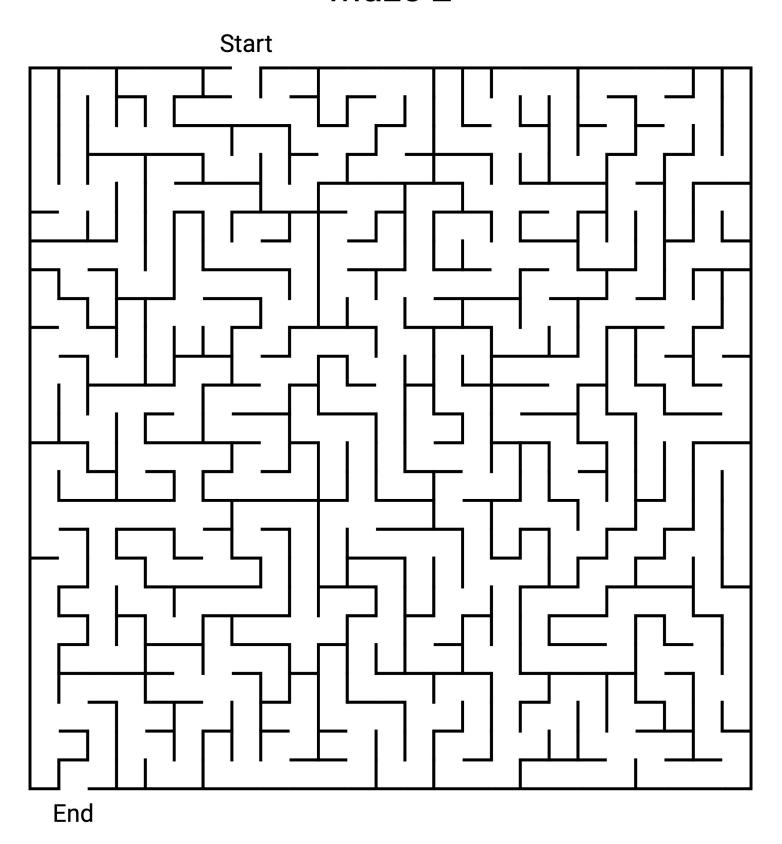
<u>DOWN</u>

- 1. Miami's state, for short
- 2. Set fire to
- 3. French friend
- 4. "Can I ___ witness?"
- 5. Keen perception
- 6. Ocean
- 7. Chaney of horror films
- 8. ... wing ___ prayer"
- 9. Golf course area
- 10. Rainbow shape
- 11. Stadium cheer
- 17. Left on a map
- 19. ___ Diego
- 21. Month after SEPT
- 22. "The Murders in the
- ___ Morgue"
- 23. Exonerate

- 25. "___ the ramparts we watched..."
- 26. Toasted, like a Cuban 16-Across
- 28. Ripen
- 29. Month, in Cuba
- 31. Rat-___ (gun sound)
- 32. Hoppy brew
- 37. Swerve
- 39. Scooted
- 40. Taxi
- 41. Western Indian
- 42. Caviar
- 43. Pub order
- 45. Opposite of WNW
- 46. RR stop
- 47. Rowing blade



Maze 2



Cuban Culture

Ε U 0 J J N Ε В K M N R X D В R X P Т S Ε S Α Ν N M G Α F N U C G Α S В Α Ν Α Ε Ε Α В Ν Н Ε G D B E Α Α S Н 0 C G В N M C W 0 X Α R Т K Т R Q Α O G S S E S ١ U R Z R S 0 N S R X Н C G Ε Τ Α S D 0 U N E W Α 0 Υ Α Ν 0 G Z Ε E Τ Q 0 В B R D U S Ε K Α Α G Ν В P R Τ Q U R M В G Ε R 0 Α G 0 Т N R F Z Ν G K Α D Ν S U C D Α N M Ε Α Α Η

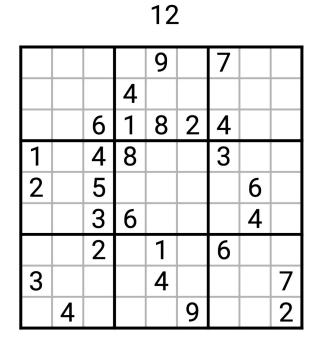
Can you find the words below in the box above?

Arroz	Cuban	Heritage	Salsa
Beans	Cuisine	Lime	Sandwich
Bilingual	Empanada	Miami	Tostone
Bolero	Flag	Music	Yuca
Cigar	Fritter	Plantain	
Coffee	Guava	Pollo	
Community	Havana	Rumba	



SUDOKU #9-12

Each column, row, and box contains the numbers 1-9 without repeating. Use logic to figure out the missing numbers in blank boxes.





Birdwatching

Unscramble the words on the left using the spaces provided to correctly spell common words.

EBLUIRDB	=	
LIADRCAN	=	
ARNCE	=	
GALEE	=	
RGTEE	=	
FNOCLA	=	
GANLFOMI	=	
BRSAEGOK	=	
AWHK	=	
NOHER	=	
AJY	=	
TIEK	=	
NRITMA	=	
DMCKBOIRNGI	=	
EYRPOS	=	
OLW	_	
PLENAIC	_	
	_	
IGOPEN	=	
TSREADTR	=	
NPSEARPID	=	

Island S Senior Resource

BISCAYNE NATIONAL PARK

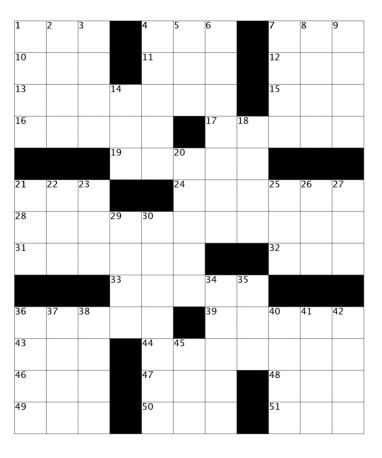
ACROSS

- 1. Scottish cap
- 4. Play section
- 7. Bracelet site
- 10. "___ little teapot..."
- 11. ___ Na Na
- 12. Body of water
- 13. Porpoise relative
- 15. ___ West or ___ Biscayne
- 16. Lauder of cosmetics
- 17. Aussie "bear"
- 19. Blacksmith's workplace or Wile
- E Coyote's crusher 21. "___
- Miserables"
- 24. For a very long
- time
 28. Exploring a
- coral reef with
- 31. Give to charity
- 32. Fishing gear
- 33. New York's ___-Kettering
- Cancer Center (LOANS anagram)
- 36. Luau greeting
- 39. Watercraft

- 43. Wet or dry floor cleaner
- 44. Diver's breathing tube
- 46. Geological period
- 47. Cease
- 48. Nest egg letters
- 49. None
- 50. Witness
- 51. Playful bite

DOWN

- 1. Ocean rise and fall
- 2. "___ and Andy"
- 3. Milkshake alternative
- 4. Pallid
- 5. Tai ___ (martial art)
- 6. Modest twopiece bathing suit
- 7. "___ silly question..."
- 8. Rod and ___ (fishing gear)
- 9. Ancient Mexican
- 14. Split ___ soup

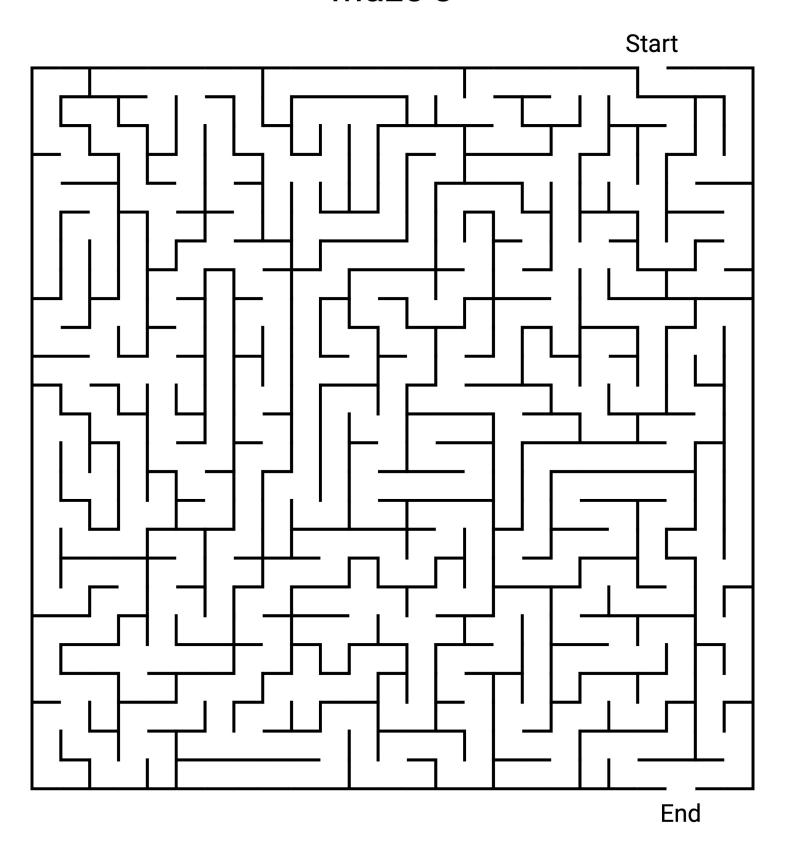


- 18. Patron saint of Norway
- 20. VCR or DVD rental
- 21. Acid that causes trips
- 22. Prefix with logical or friendly
- 23. Earth's star
- 25. ___ and tonic
- 26. Opposite of WSW
- 27. "___ Pepper's Lonely Hearts Club Band"
- 29. Wallop

- 30. Map books
- 34. Residence
- 35. "...__ a lender be"
- 36. "You said it!"
- 37. "Footloose" actress Singer (ROIL anagram)
- 38. Iridescent gem
- 40. Similar (to)
- 41. Actress Garr of "Tootsie"
- 42. Smack
- 45. Opposite of SSW



Maze 3



Biscayne National Park



Q U E N K K R F R S U Α Α P N S Z C R A C 0 N W Α Т D Ε P Н S P R Ε D U Α Α E N Α B Н Z E Н N Α T R E F Α 0 A Н Н R K P 0 D 0 D R Q U M Q F D Α X X S T R E 0 M 0 D S Z 0 G X P Α D F S K 7 D U Н Τ Α X R Р W R F B S U G S S X B N M S Р M K R Ε Α R Ε N S В P Ν M L Q M C E D C G S X U 0 E P 0 G Н Α C Т C W S 0 B M L R B V Q S U E X \mathbf{O} Α R Т Q Ε Α K 0 Ν 7 B U N W G Т Υ G P K Т Н Z Α D W 0 G E

Can you find the words below in the box above?

Animals Pelican Tequesta Coral Dolphin **Turtle** Bay **Protect** Biscayne Educate Reef Underwater Boat Fish Scuba Visit Clear Island Sea **Snorkel** Marine Coast Colorful Stiltsville **Nature**



BIRDWATCHING

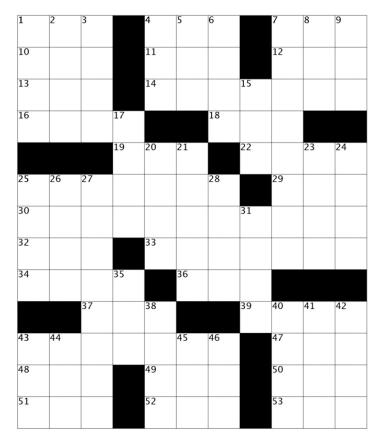
ACROSS

- 1. 2,000 pounds
- 4. Not on
- 7. Bar bill
- 10. Opposite of WSW
- 11. Zero
- 12. Future fish
- 13. ___ Titanic
- 14. Beach bird
- 16. Fishing gear
- 18. "The Raven" writer
- 19. ___-tac-toe
- 22. Matures
- 25. Weapons depot
- 29. Ocean inlet (AIR anagram)
- 30. Iridescent sapeater
- 32. Sun Devils' sch.
- 33. Sang like a bird
- 34. Pleads
- 36. That, in Spanish (SEA anagram)
- 37. Sticky stuff
- 39. Bird of prey or flying toy
- 43. Seabird with a large pouched bill

- 47. ___ constrictor
- 48. "___ we there yet?"
- 49. Skedaddle, to a bar
- 50. "___ now or never"
- 51. Paving material
- 52. Sphere
- 53. Complete group

DOWN

- 1. Shore bird
- 2. "My treat!"
- 3.Bird's home
- 4. Roll-___ (some deodorants)
- 5. "A pox on thee!"
- 6. Wing it?
- 7. Oscar-winning movie for John Wayne
- 8. "You've Got Mail!" co.
- 9. ___-Air, LA neighborhood
- 15. Make a little
- ___ long way
- 17. Flower stalk

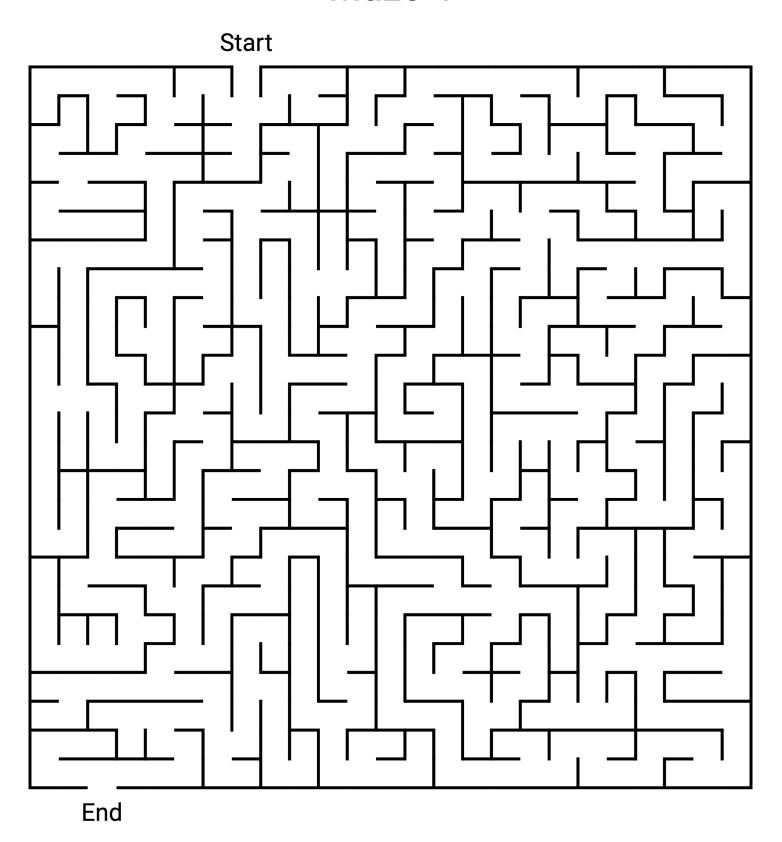


- 20. "What's ___ for me?"
- 21. "___ talk?" (Joan Rivers' catchphrase)
- 23. Nickname for Ireland (REEI anagram)
- 24. School grp. against DUI
- 25. Moby Dick's pursuer
- 26. Deception
- 27. Illegal importer
- 28. Sizes bigger than meds.

- 31. Bird's bill
- 35. "...or ___ thought"
- 38. Dos x cuatro
- 40. Everglades wading bird
- 41. Carryall canvas bag
- 42. Sunrise direction
- 43. Tap
- 44. Pitching stat
- 45. Balloon filler
- 46. Neighbor of COLO.



Maze 4





Birdwatching

S R U Y Q W S R P D N Α F K N E D G Ε C N Ε N D Α В X Ε P В S В 0 0 Q D R D S G Ε R Α F S S D G Α В P R Ζ Ν S Z S E R Α Α Ε N R X K X Ν Ν Α E В K K G G S D Y R Ν Q Α R M R X E Н S В В K K Α Υ Α Α Q Α Κ R C T S N N M Q T N X Н K R Z Ε R 0 Ε G U F Q G Ε 0 0 Ε N Ζ 0 U 0 В Ζ X Ν X R Τ Т N R Н K S G G M C N G 0 Ε Z D Α M

Can you find the words below in the box above?

Bluebird	Grosbeak	Mockingbird	Spoonbill
Bunting	Hawk	Osprey	Stork
Cardinal	lbis	Owl	Tern
Crane	Jay	Pelican	Warbler
Eagle	Kite	Redstart	
Falcon	Limpkin	Sandpiper	
Flamingo	Martin	Skimmer	

Florida Trivia



- 1. Biscayne National Park is located near which major city in Florida?
- 2. What is the name of the famous shipwreck in Biscayne National Park?
- 3. What percentage of Biscayne National Park's area is comprised of water?
- 4. Which Florida city is often referred to as the "Venice of America" due to its extensive canal system?
- 5. Which large freshwater lake in Central Florida is famous for its extensive marshes and bird populations?
- 6. What iconic tree found in Florida, has a distinctive trunk that appears to be multiple smaller trunks tightly packed together?
- 7. Which river, flowing southward through Florida, is known for its slow, meandering course and is a vital component of the Everglades ecosystem?

ANSWERS:

3.95% 4. Fort Lauderdale 5. Lake Okeechobee 6. Sabal palmetto or cabbage palm cabbage palm

> 1. Miami 2. The Mandalay Shipwreck



CROSSWORD ANSWERS

THE EVERGLADES

CUBAN HERITAGE



F	L	Α	G		I	S	L	Α		F	Α	R
L	I	М	Ε		Ν	Ε	0	N		Α	R	Α
Α	Т	I	T		S	Α	N	D	W	I	C	Н
			Α	S	I			Α	Ε	R		
0	R	Α		Α	G	0	G		S	W	Α	M
C	U	В	Α	Ν	Н	Ε	R	I	T	Α	G	Ε
Т	Ε	S	T		Т	R	I	P		Y	Ε	S
		0	Α	Т			L	Α	S			
C	U	L	T	U	R	Α	L		P	Ε	S	0
Α	Т	V		R	0	L	Ε		Ε	S	T	Α
В	Ε	Ε		N	Ε	Ε	D		D	Ε	Α	R

BISCAYNE NATIONAL PARK

BIRDWATCHING







Wordoku Answers

s	R	Е	0	Υ	Р
Υ	0	Р	Е	R	S
0	Р	S	R	Е	Υ
R	Е	Υ	Ρ	S	0
Р	Υ	R	S	0	Е
Ε	S	0	Υ	Р	R

OSPREY

N	Α	С	L	0	F
0	F	L	Α	N	С
L	0	F	С	Α	N
С	N	Α	0	F	L
F	L	0	Ν	С	Α
Α	С	Ν	F	L	0

FALCON

G	Р	Ε	1	0	N
0	N	1	Ρ	Е	G
Е	0	Ν	G	Р	1
1	G	Р	0	N	Ε
Р	Е	G	N	1	0
N	1	0	Е	G	Р

PIGEON

R	1	Α	Т	N	М
М	N	Т	Α	1	R
Т	R	N	Τ	М	Α
Α	М	1	N	R	Т
N	T	М	R	Α	1
1	Α	R	М	Т	N

MARTIN



Word Scramble Answers

Animals

Birdwatching

MNALISA = ANIMALS

EBLUIRDB = BLUEBIRD

BYA = BAY

LIADRCAN = CARDINAL

ENBIAYSC = BISCAYNE

ARNCE = CRANE

EALRC = CLEAR

GALEE = EAGLE

OLASCTA = COASTAL

RGTEE = EGRET

RLFOCOLU = COLORFUL

FNOCLA = FALCON

ORLCA = CORAL

GANLFOMI = FLAMINGO

LPHINOD = DOLPHIN

BRSAEGOK = GROSBEAK

IHIFSGN = FISHING

AWHK = HAWK

NSLSADI = ISLANDS

NOHER = HERON

INMAER = MARINE

AJY = JAY

RNUAET = NATURE

TIEK = KITE

PETDECROT = PROTECTED

NRITMA = MARTIN

REFE = REEF

DMCKBOIRNGI = MOCKINGBIRD

ABCUS = SCUBA

EYRPOS = OSPREY

ESA = SEA

OLW = OWL

RNSKOEL = SNORKEL

PLENAIC = PELICAN

SLTTUER = TURTLES

IGOPEN = PIGEON

DTUWRRENAE = UNDERWATER

TSREADTR = REDSTART

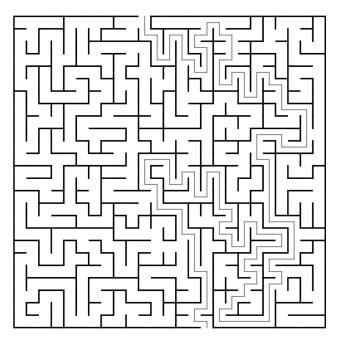
VTSII = VISIT

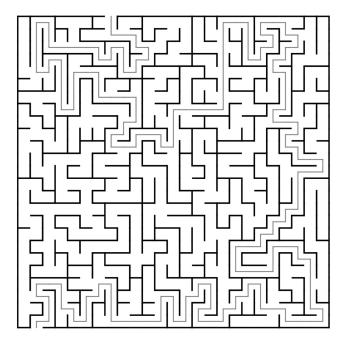
NPSEARPID = SANDPIPER

Island Senior Resources

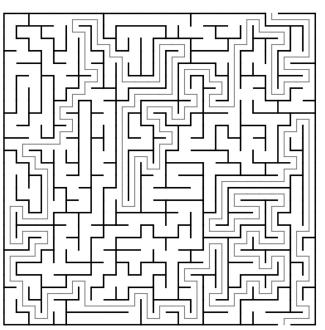
Maze 1 - 4 Answers

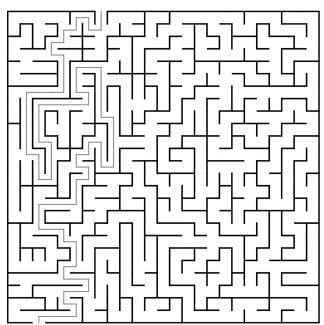
1 2





4

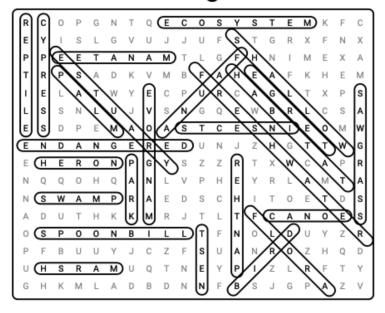




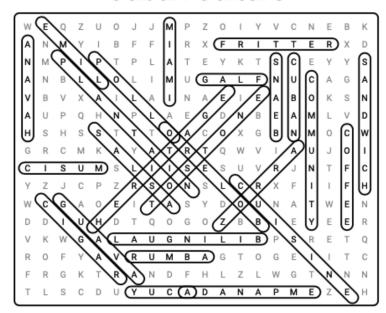


Exploring Florida Search Answers

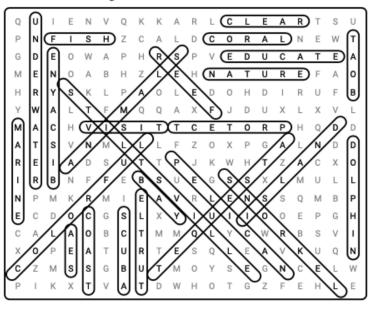
The Everglades



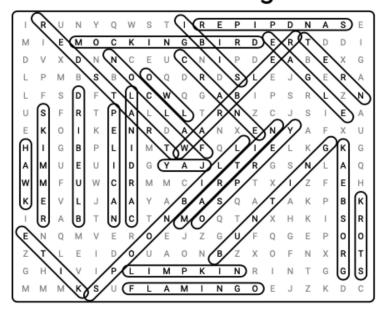
Cuban Culture



Biscayne National Park



Birdwatching





SUDOKU #1-4 ANSWERS

3	2	1	4
4	1	2	3
1	4	3	2
2	3	4	1

2	4	3	1
1	3	4	2
4	2	1	3
3	1	2	4

3	2	1	4
4	1	2	3
2	4	3	1
1	3	4	2

4	3	2	1
1	2	З	4
2	1	4	3
3	4	1	2



SUDOKU #5-8 ANSWERS

5	2	4	6	1	3
6	3	1	4	5	2
1	5	2	3	6	4
3	4	6	1	2	5
4	6	5	2	3	1
2	1	3	5	4	6

4	6	2	3	1	5
5	1	3	2	6	4
6	3	1	5	4	2
2	5	4	1	3	6
1	2	6	4	5	3
3	4	5	6	2	1

4	6	5	2	1	3
3	1	2	5	6	4
1	2	3	4	5	6
5	4	6	1	3	2
2	3	1	6	4	5
6	5	4	3	2	1

1	5	6	4	3	2
4	3	2	6	1	5
2	6	4	3	5	1
5	1	3	2	4	6
6	4	5	1	2	3
3	2	1	5	6	4



SUDOKU #9-12 ANSWERS

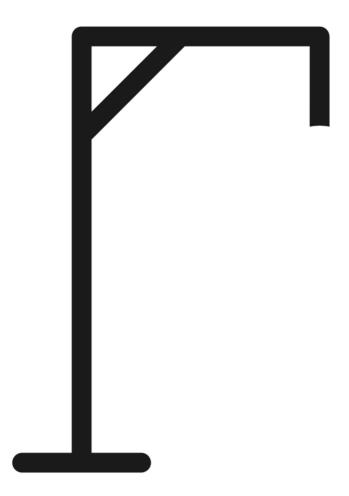
1	4	9	2	7	6	3	8	5
7	3	2	8	5	1	9	6	4
8	6	5	9	4	3	7	1	2
2	7	4	5	6	9	8	3	1
6	5	1	3	2	8	4	7	9
9	8	3	4	1	7	2	5	6
4	9	6	7	3	5	1	2	8
3	1	8	6	9	2	5	4	7
5	2	7	1	8	4	6	9	3

4	8	7	5	3	1	9	6	2
6	3	5	9	2	4	1	8	7
2	1	9	6	8	7	5	4	3
7	5	4	1	6	8	2	3	9
1	9	2	7	4	3	8	5	6
3	6	8	2	5	9	4	7	1
9	4	3	8	1	6	7	2	5
5	7	6	4	9	2	3	1	8
8	2	1	3	7	5	6	9	4

9	5	2	8	7	3	1	6	4
4	7	6	9	1	5	2	8	3
8	1	3	2	4	6	5	9	7
5	3	8	6	9	2	4	7	1
6	4	1	5	8	7	9	3	2
7	2	9	1	3	4	8	5	6
2	6	4	7	5	8	3	1	9
1	8	7	3	2	9	6	4	5
3	9	5	4	6	1	7	2	8

4	2	1	5	9	3	7	8	6
8	3	9	4	6	7	5	2	1
7	5	6	1	8	2	4	9	3
1	6	4	8	2	5	3	7	9
2	7	5	9	3	4	1	6	8
9	8	3	6	7	1	2	4	5
5	9	2	7	1	8	6	3	4
3	1	8	2	4	6	9	5	7
6	4	7	3	5	9	8	1	2





Cross Off Incorrect Guesses

ABCDEFGHIJKLMNOPQRSTUVWXYZ

Make the blanks for your words here:



Programs and Services

Resources and Coaching

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

Nutrition Programs

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

Medical Equipment Lending Library

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

Private In-Home Providers (PIP)

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

Benefits Counseling

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

Support Groups

Join in conversation with others facing similar challenges.

Call Us! (360) 321-1600



Serving Whidbey and Camano islands

About Us

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support.
Only 33% of our funding comes from government grants.
You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

We are here for you

Contact us by phone, email, or request assistance on our website. (360) 321-1600

www.senior-resources.org reception@islandseniorservices.org.