



Serving Whidbey and Camano islands

Need help?
We are here for you.



ISR Helps

ISR Nourishes

the body, mind, and home

Savor nutritious meals at home from **Meals on Wheels**

Delight in conversation and lunch at a **Community Meal**

Be renewed by peers in **Support Groups**

Shop for personal and home needs at **Senior Thrift**

Borrow medical equipment and supplies from **Lending Libraries**

ISR Navigates

the path to solutions

Be encouraged through aging by **Resources and Coaching**

Merge Medicaid and community services with **Case Management**

Find rides for healthcare and essential needs with **Medical Transportation**

Learn options for Medicare, Social Security etc. in **Benefits Counseling**

Discover resilience with **Caregiver Resources**

ISR Connects

people, neighborhoods, and communities

Engage with others and reduce isolation through **Social Interaction**

Find connection through **Neighbors Helping Neighbors**

Stay current through **Community Outreach and Education**

Collaborate with community efforts for seniors through **Strategic Partnerships**

We serve the whole person under an umbrella of interwoven resources that support the challenges and joys encountered along the path of aging.



ISR walks beside you from
questions to answers, for today
and tomorrow.



Our mission

We seek to share the joys and help meet the challenges of aging in our Island County communities by providing integrated programs and services.

Our vision

We envision an interwoven community in which aging adults and those who care for them are supported to live with dignity.



Contact

360-321-1600

reception@islandseniorservices.org

Website

Go to senior-resources.org
or use this QR code



Request Help

[senior-resources.org/request assistance](http://senior-resources.org/request-assistance)

Monthly eNews sign up

senior-resources.org/enews-sign-up

Donations welcome

senior-resources.org/donate

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ISR has served Island County for over 50 years. Our funding comes from government sources, grants, and the generosity of the community. Island Senior Resources is the trade name for Senior Services of Island County.