

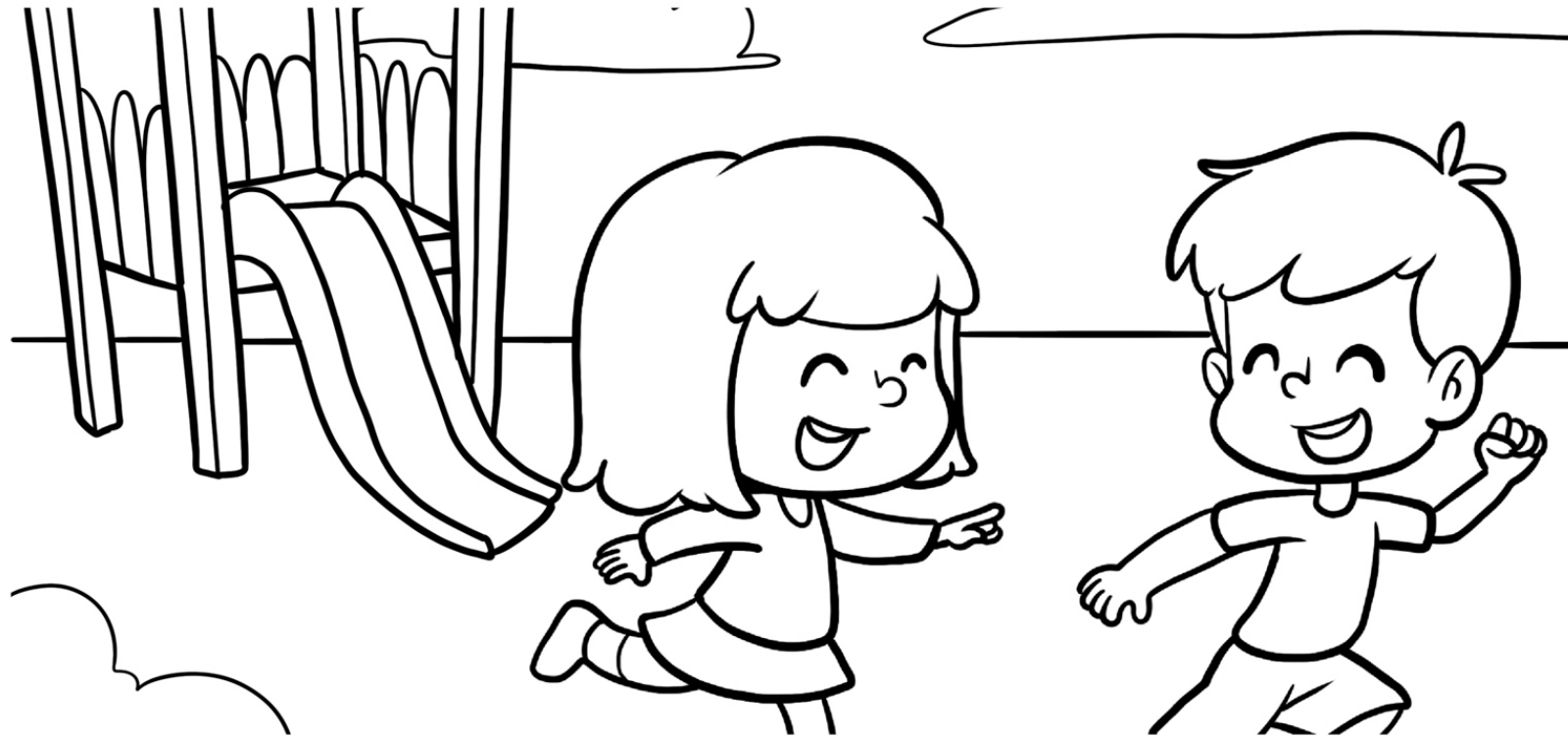
# COLORFUL FUN!

ART, MAZES, & WORD SEARCH

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January 2024 • **In My Life**

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**Serving Whidbey and Camano islands**

## **MISSION**

We seek to share the joys  
and help meet the challenges  
of aging in our Island  
County communities by  
providing integrated  
programs and services.

**Call Us! (360) 321-1600**

**[www.senior-resources.org](http://www.senior-resources.org)**

2024 - EDITION #1

## **IN MY LIFE FLORIDA**

Our last theme for January is all about the fun activities we enjoyed during our childhood. Remembering the simpler joys of yesteryears can bring a flood of nostalgia, especially when it comes to toys, childhood cartoons, and the enchanting world of theme parks. Whether it's dolls, classic action figures, or treasured limited editions, toys have the power to evoke memories of carefree hours spent in imaginative play. These tangible links to the past become cherished relics, stirring emotions and stories of youthful innocence. Take some time today to remember your childhood and the things that made you smile.

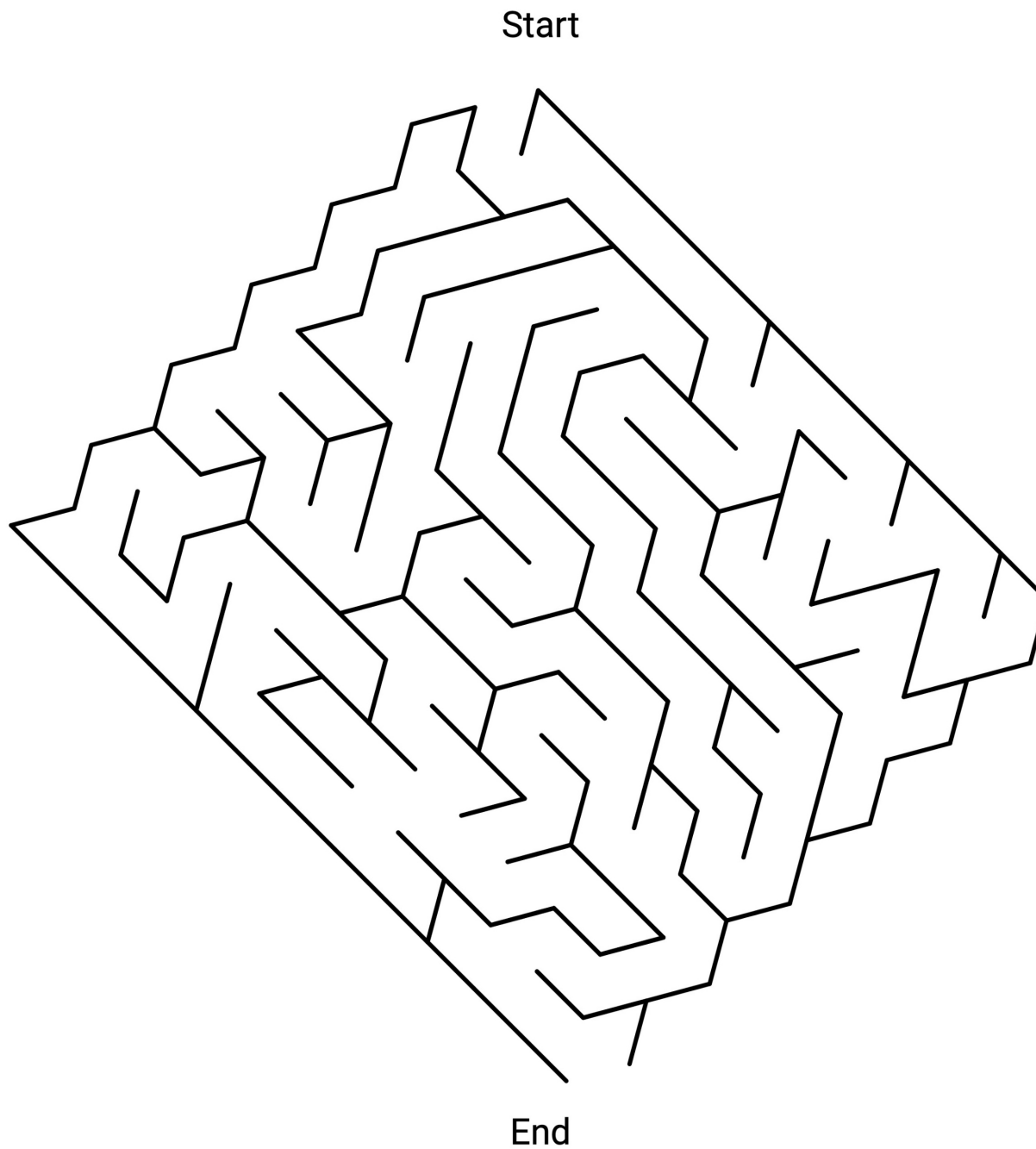
### **CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS**

- *WORD WIZARD*
- *SUDOKU NINJA*
- *SIMPLY SEARCH*
- *MAZINGLY EASY*
- *AMAZING MINDS*
- *MIGHTY MANDALAS*
- *ARTISTIC ACTIVITIES*
- *STIMULATING SEARCH*
- *COGNITIVE  
CROSSWORDS*

POWERED BY [WAYS2WELLNESS.HEALTH](http://WAYS2WELLNESS.HEALTH)



# Maze 9



# Miami Art Deco



Can you find the words below in the box above?

Architecture  
Art  
Deco  
Design

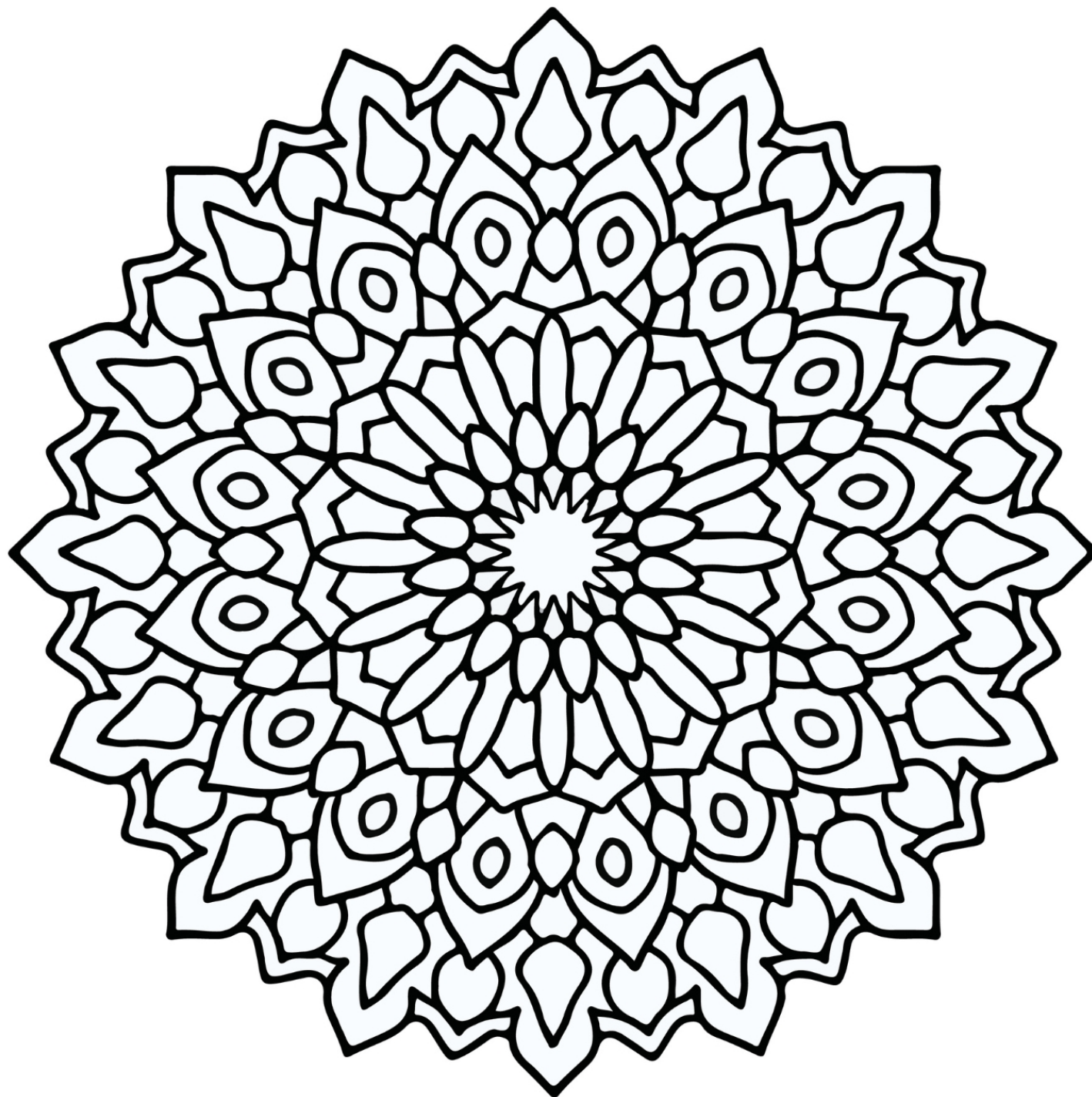
Geometric  
Glamour  
Historic  
Hotel

Neon  
Ocean  
Pastel  
Tropical



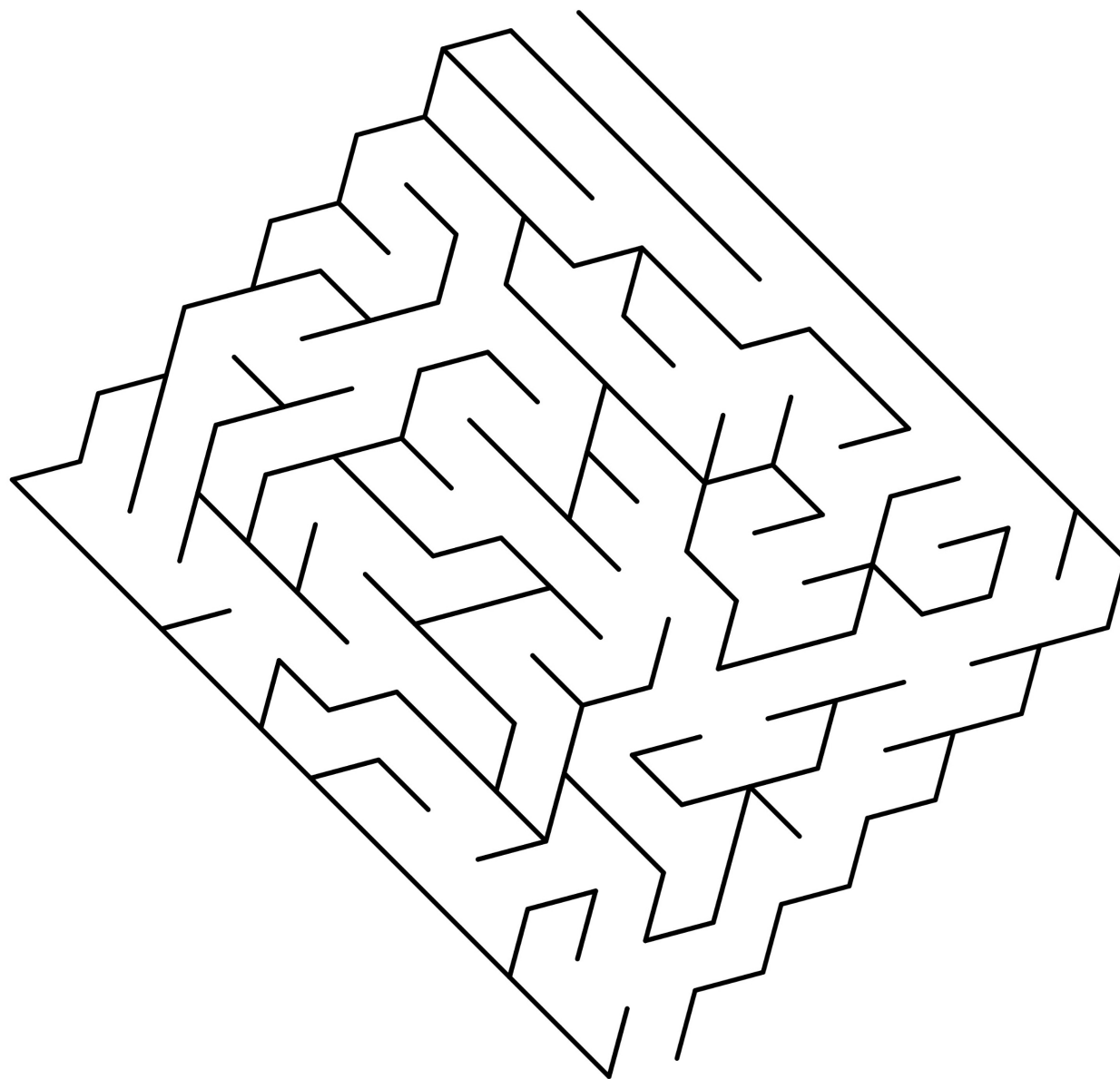
**Describe a place from your past that holds  
special memories for you.**







Start



End

**Maze  
10**

# Collectible Toys

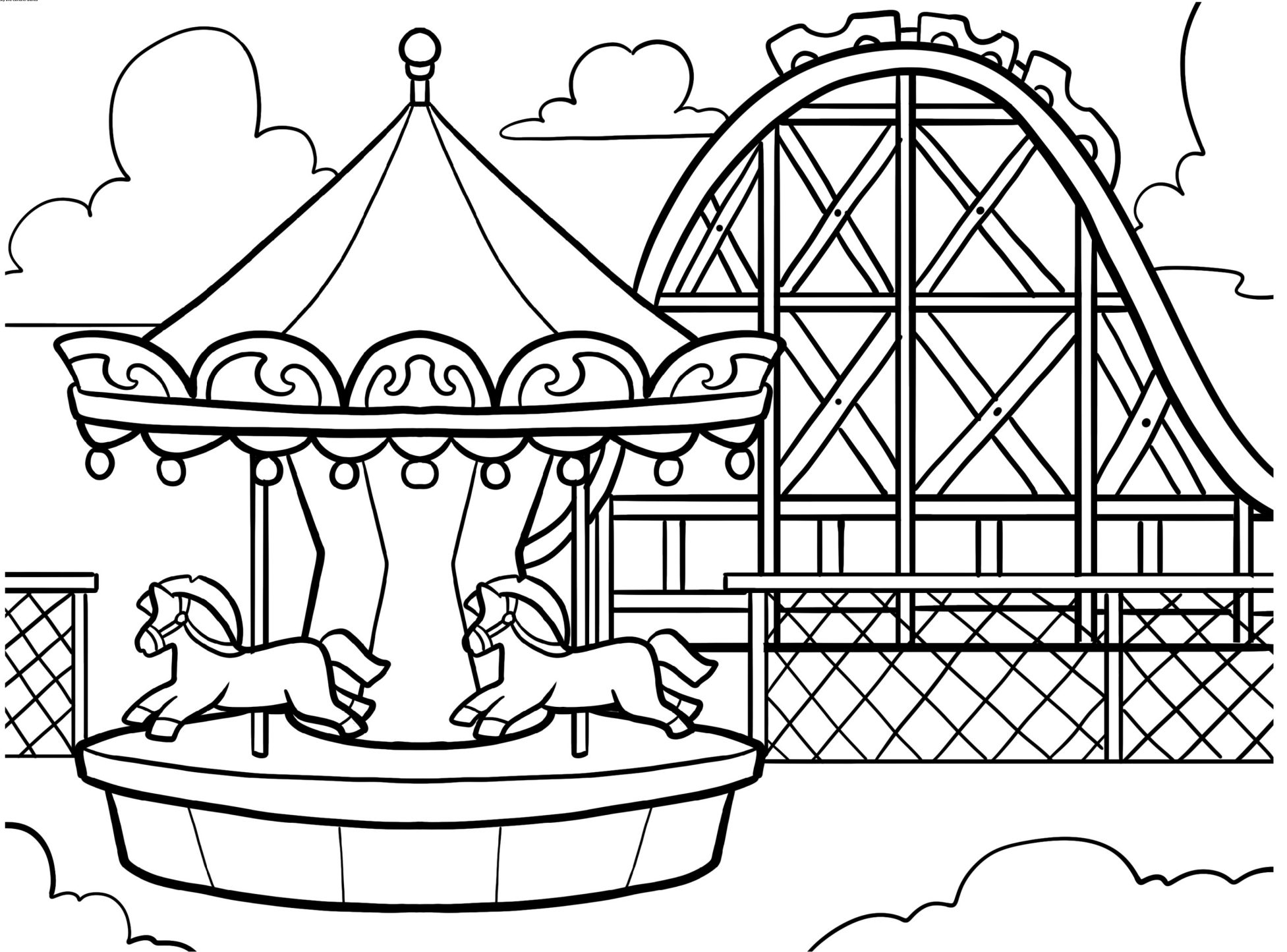


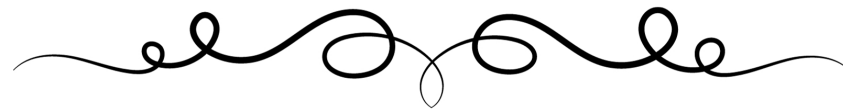
Can you find the words below in the box above?

Barbie  
Beanie  
Car  
Card

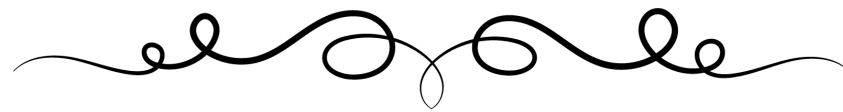
Collectible  
Comic  
Doll  
Figurine

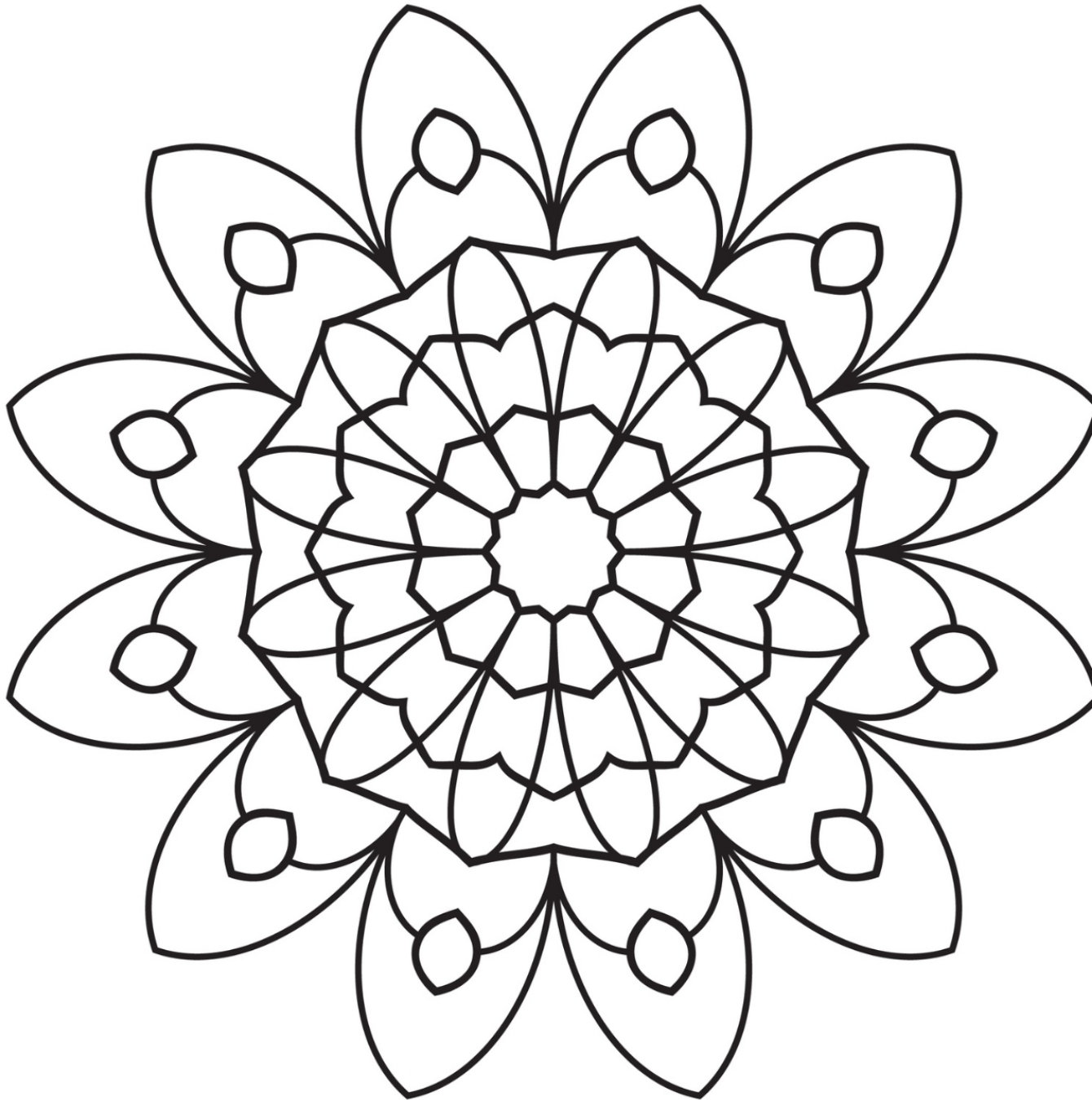
Games  
Lego  
Pokemon  
Rare





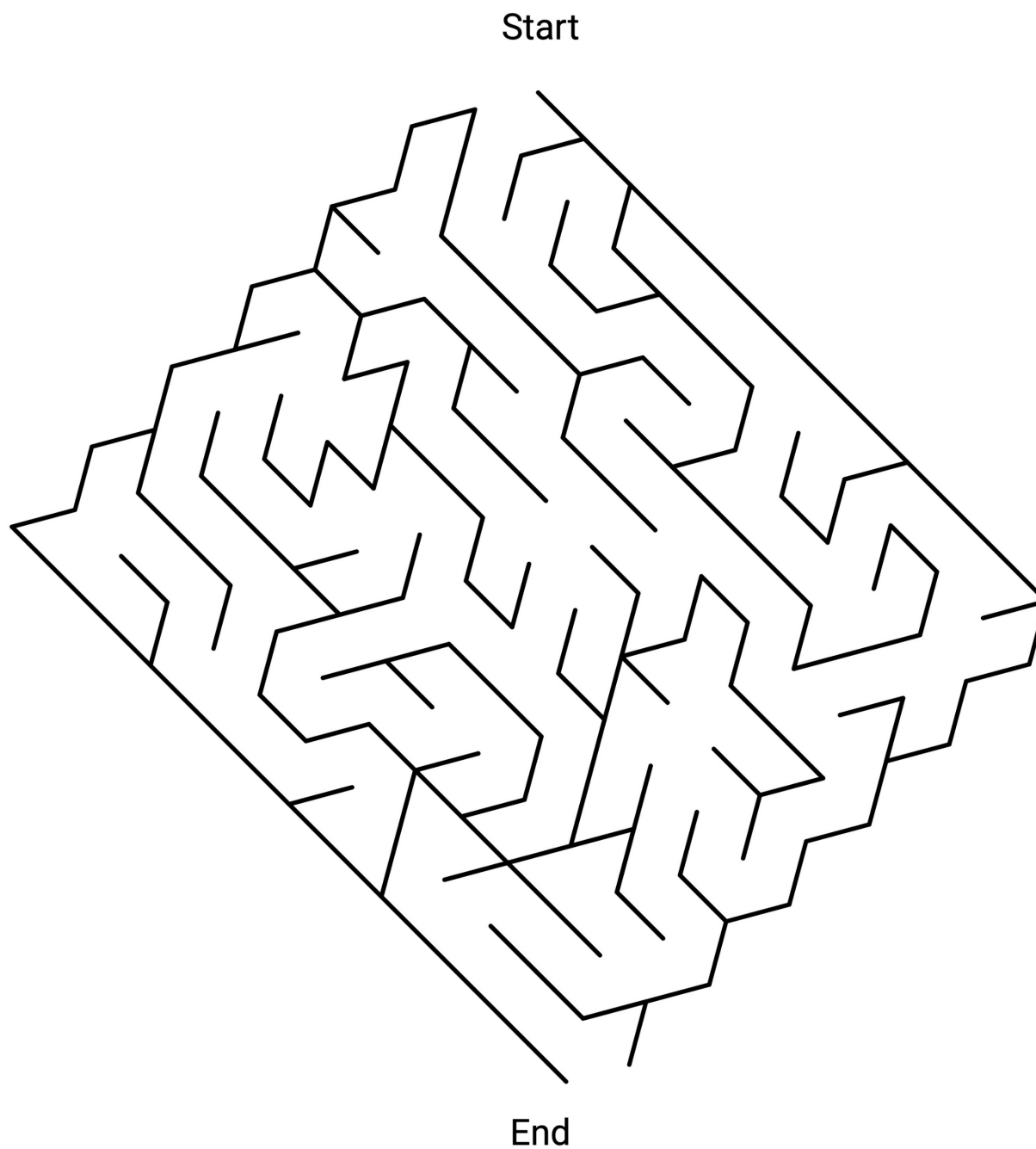
**If you were a  
character in a novel,  
how would the author  
describe you?**







# Maze 11



# Childhood Cartoons

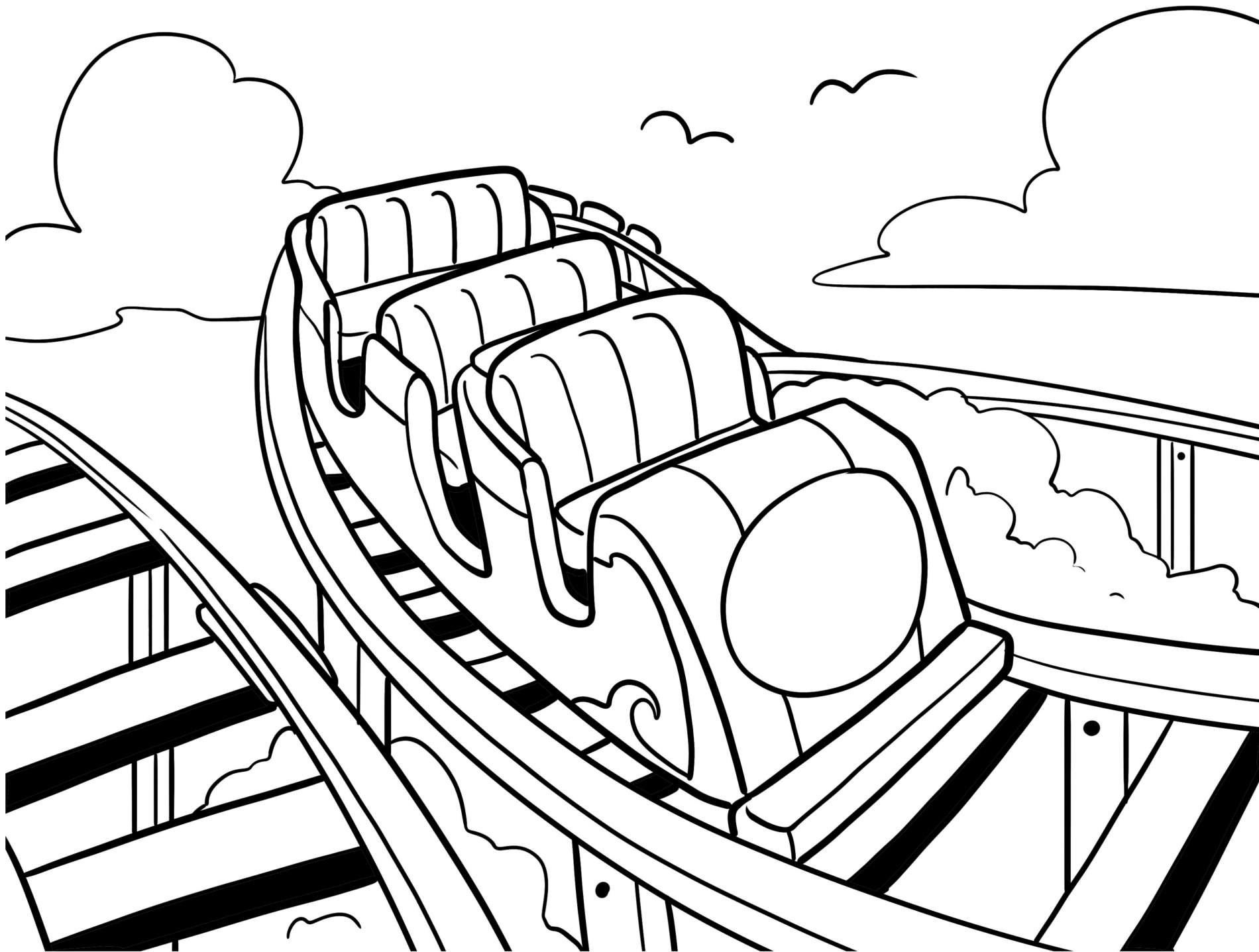


Can you find the words below in the box above?

Animated  
Avatar  
Cartoon  
Child

Cinderella  
Flintstones  
Jetsons  
Looney

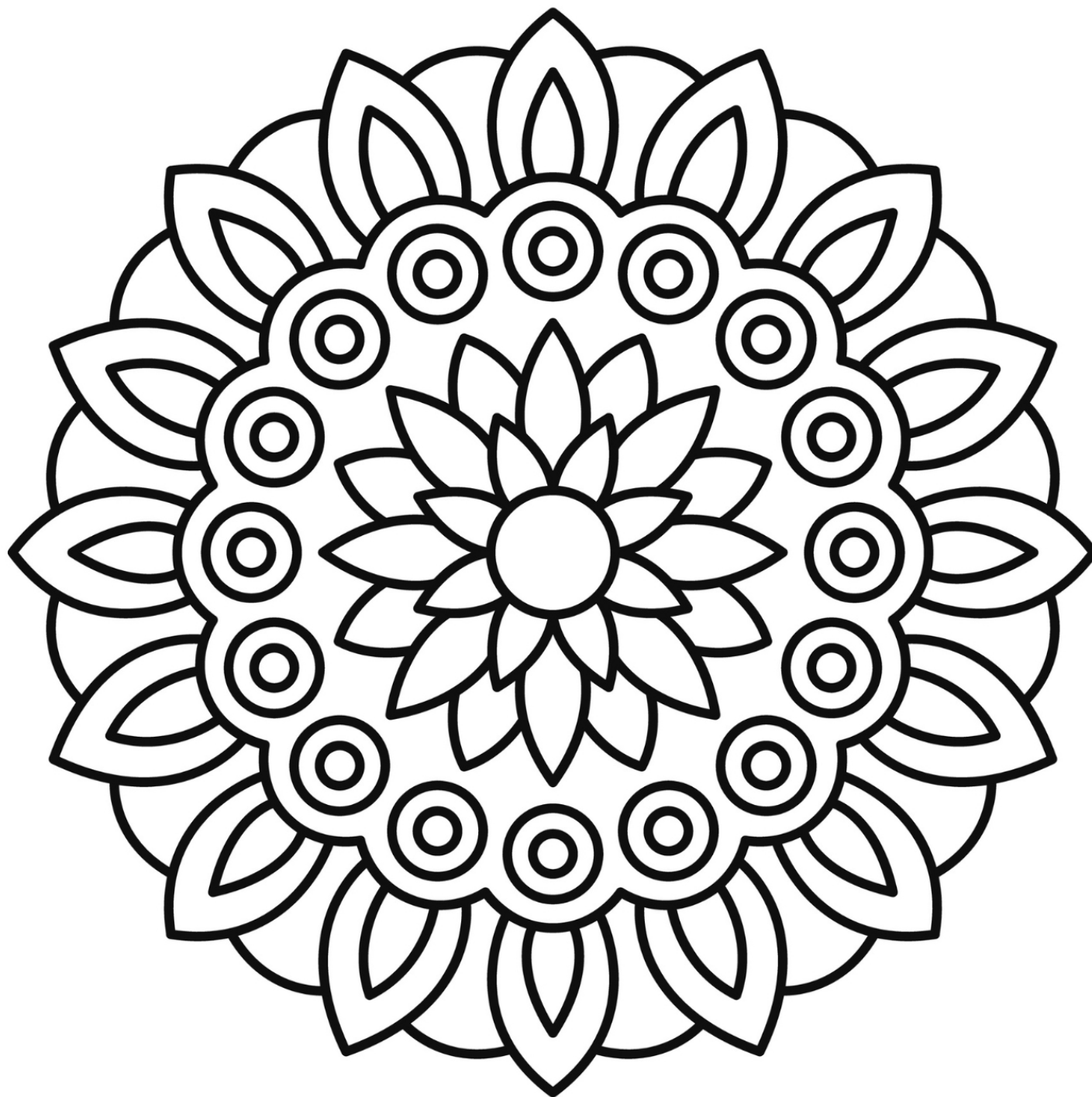
Scooby  
Simpsons  
Smurf  
Spongebob





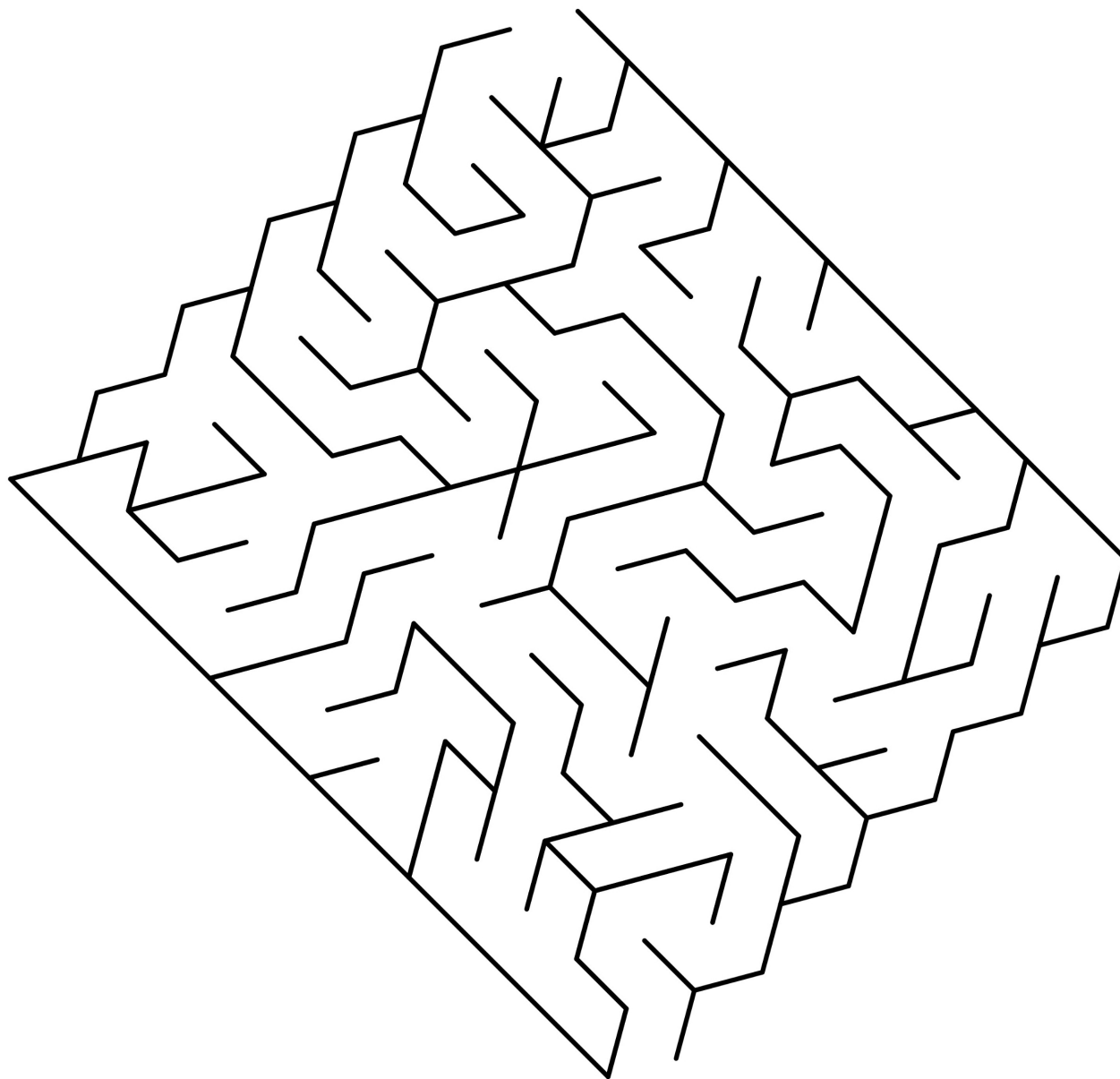
**Age is merely the number of years the  
world has been enjoying you.**







Start



End

## Maze 12

# Theme Parks

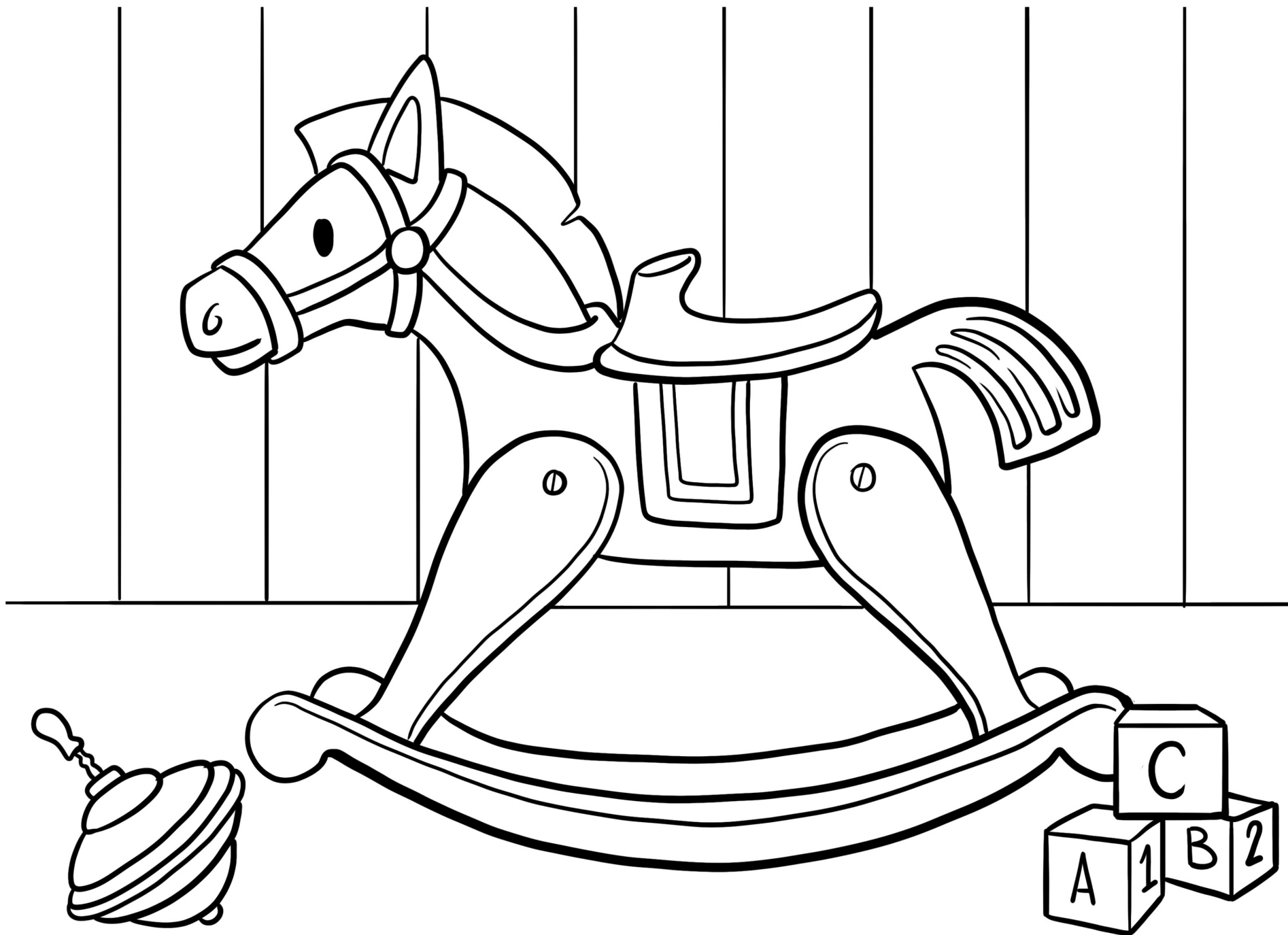


Can you find the words below in the box above?

Coaster  
Epcot  
Family  
Kingdom

Magical  
Matterhorn  
Mickey  
Minnie

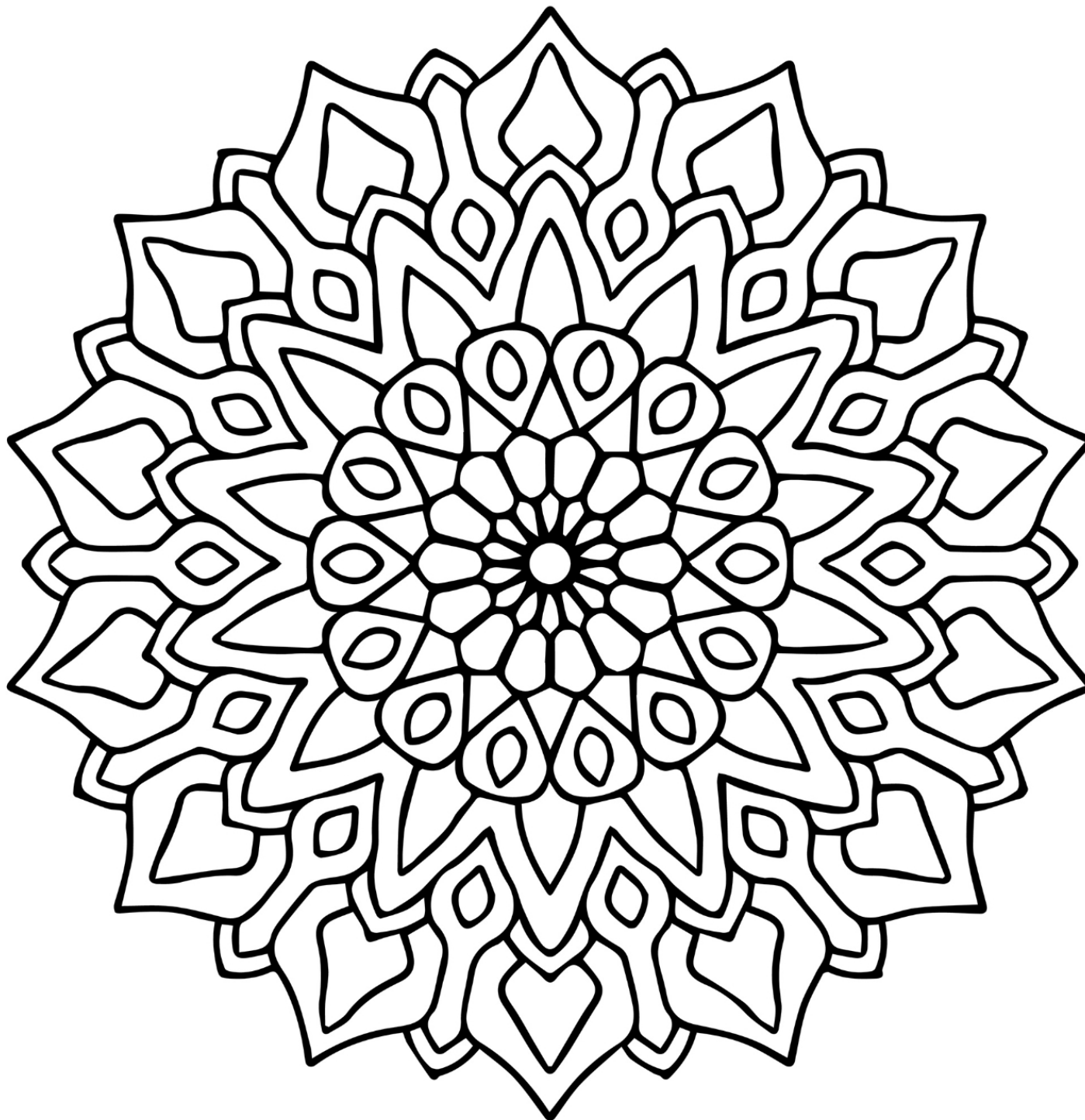
Nostalgic  
Parades  
Rides  
Space



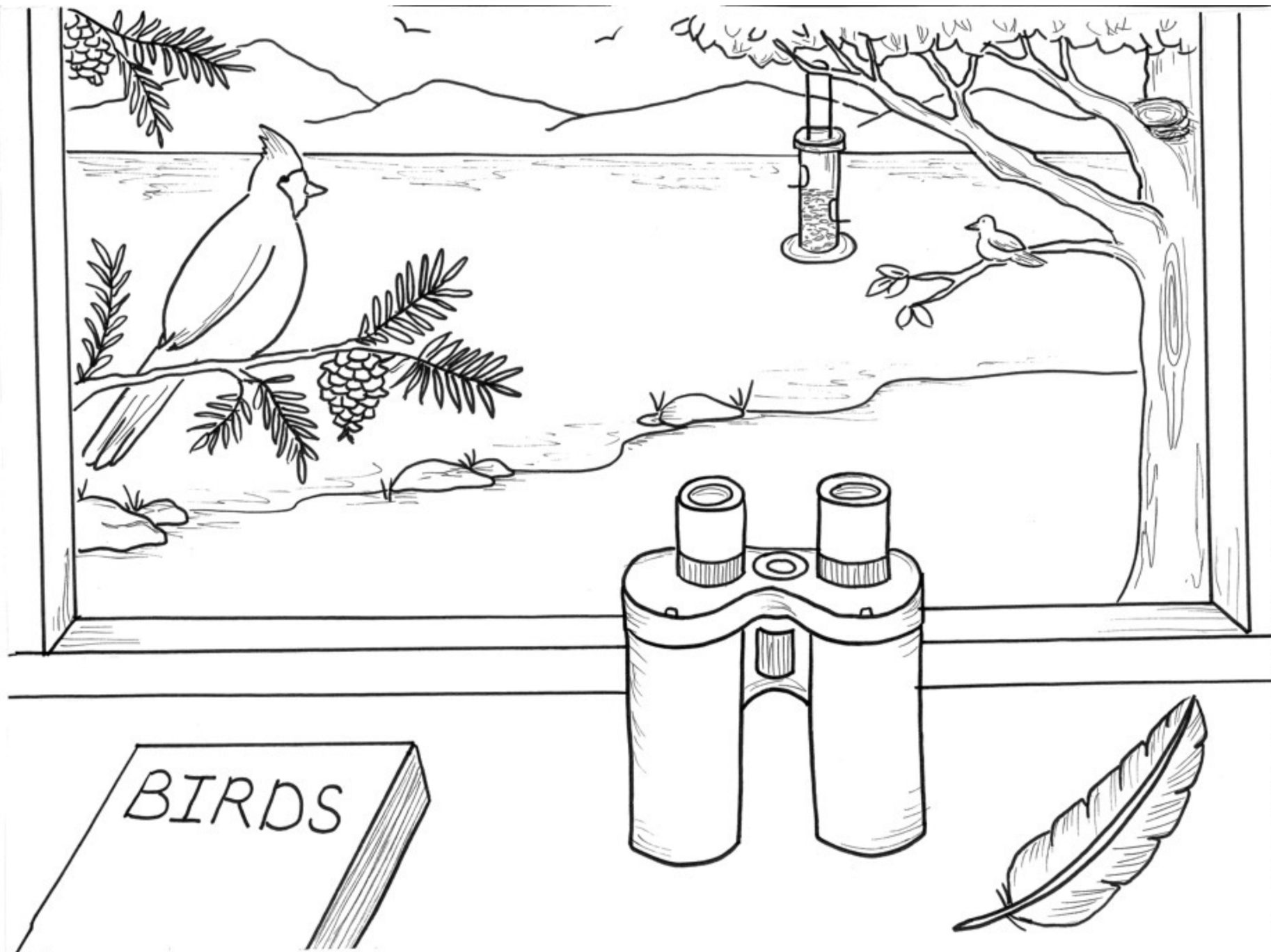
**Can you think of five reasons why many seniors like to retire in Florida?**

**Write your answers below:**





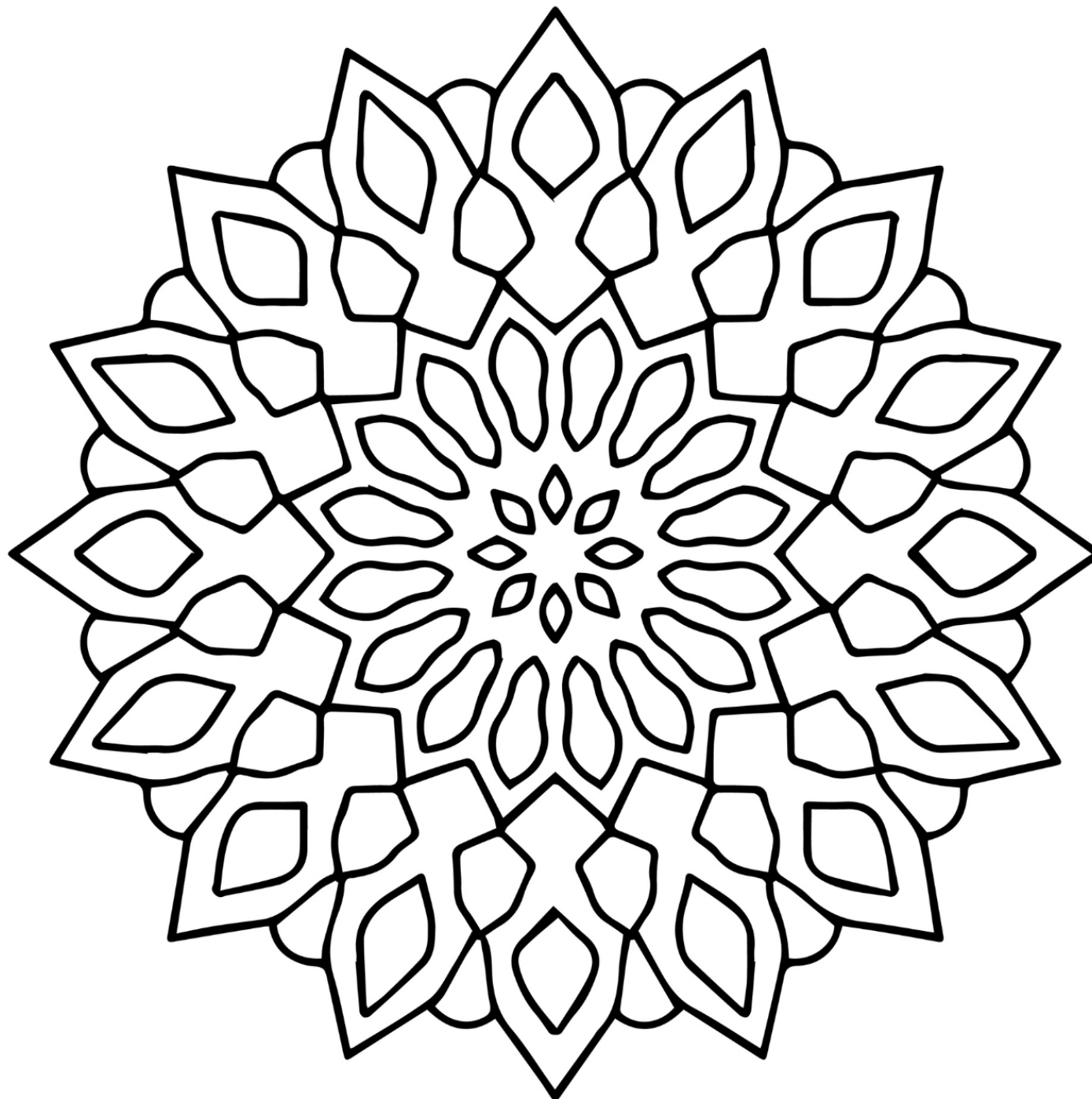




**Describe a place you've never been but would  
love to explore.**

**What interests you most about this place?**





Draw the intricate beauty of Florida's mangrove forests, emphasizing the twisting roots, lush foliage, and the dynamic ecosystem they support.

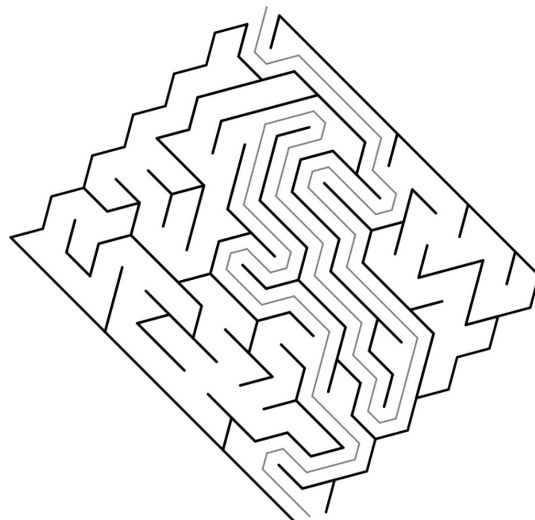
Dive into the underwater world off Florida's coast, showcasing the vibrant and diverse marine life that inhabits its coral reefs.

Create a warm and vibrant scene depicting the silhouettes of palm trees against a colorful Florida sunset, capturing the tropical essence of the state.

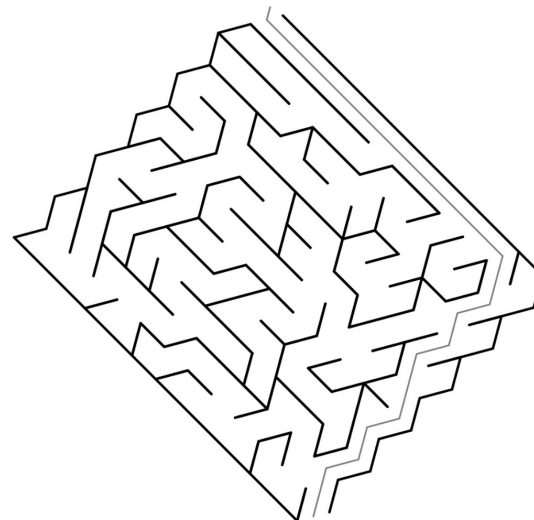


**M  
A  
Z  
E**

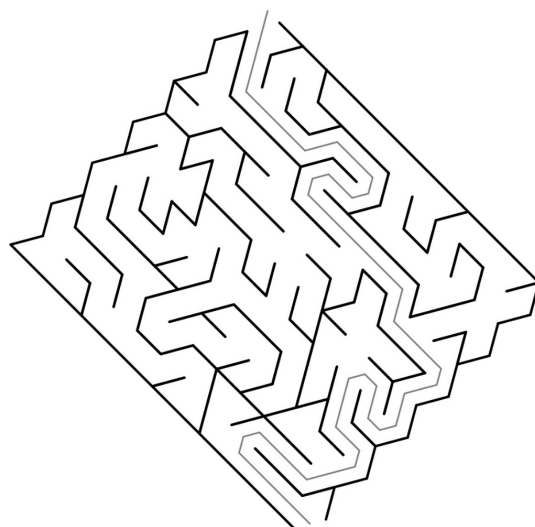
**9**



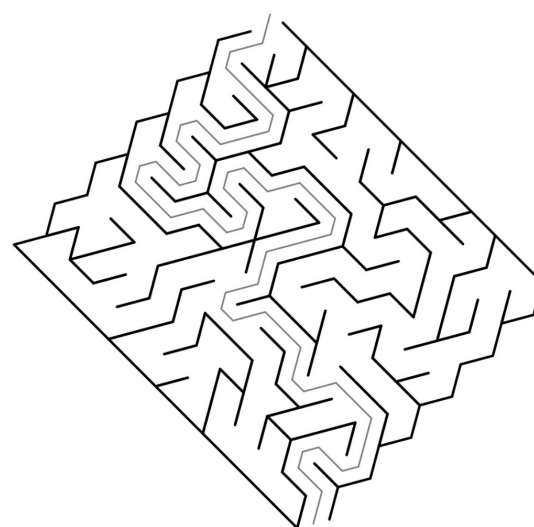
**10**



**11**



**12**



**A  
N  
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W  
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R  
S**





Serving Whidbey and Camano islands

**Call Us!**  
**(360)**  
**321-1600**

## **Programs and Services**

### **Resources and Coaching**

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

### **Medicaid In-Home Care and Case Management**

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

### **Benefits Counseling**

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

### **Nutrition Programs**

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

### **Medical Equipment Lending Library**

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

### **Private In-Home Providers (PIP)**

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

### **Support Groups**

Join in conversation with others facing similar challenges.



## **About Us**

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support. Only 33% of our funding comes from government grants. You can sustain our work by donating on our website or by mail at P.O.

Box 939 Freeland, WA 98249

## **We are here for you**

Contact us by phone , email, or request assistance on our website.

(360) 321-1600

[www.senior-resources.org](http://www.senior-resources.org)

[reception@islandseniorservices.org](mailto:reception@islandseniorservices.org).