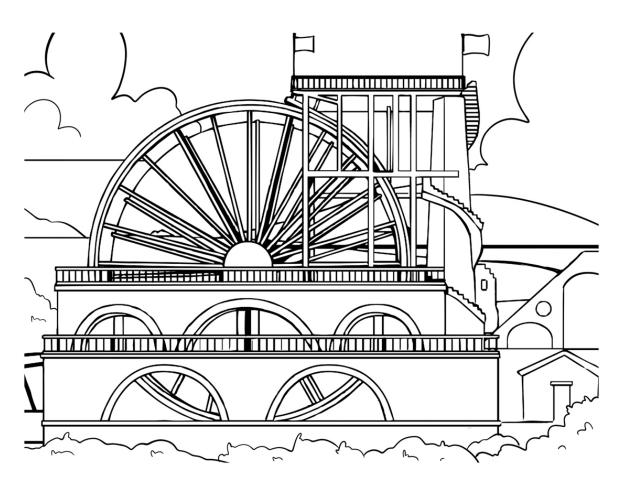
## THE

# PUZZLE EXPERIENCE

CROSSWORD, WORDSEARCH, SUDOKU, WORDOKU, & MAZES

December 2023 · Global Travel





(360) 321-1600

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## **MISSION**

To provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

#### 2023 - EDITION #12

#### **GLOBAL TRAVEL - SCOTLAND**

Scotland is a beautiful country with a rich history and culture, and its capital city of Edinburgh is a popular destination for visitors. Edinburgh is home to many historic landmarks, including Edinburgh Castle, which sits atop a hill overlooking the city. The city is also known for its annual Fringe Festival, which celebrates the arts and draws performers and visitors from around the world. The Isle of Man is a nearby island, also part of the British Isles, offering visitors stunning natural beauty and unique cultural experiences. Puffins and other wildlife can be spotted along Scotland's coastlines, and visitors can take guided tours to see these creatures up close. Scotland is also famous for its traditional music, including bagpipes and other instruments like the fiddle and the accordion, which are played in pubs and at festivals throughout the country.

#### CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS

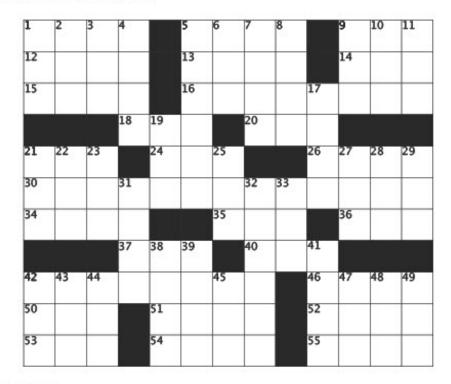
- WORD WIZARD
- SUDOKU NINJA
- SIMPLY SEARCH
- MAZINGI Y FASY
- MIGHTY MANDALAS
- ARTISTIC ACTIVITIES
- STIMULATING SEARCH
- COGNITIVE CROSSWORDS
- AMAZING MINDS

POWERED BY WAYS2WELLNESS.HEALTH

#### **EDINBURGH**

#### ACROSS

- 1. Township
- St. Andrews game
- 9. Piece in the National Galleries of Scotland
- 12. China's continent
- 13. Assessment, for short
- 14. Bit of wordplay
- 15. Wee drink
- 16. Tribute to Nelson or Burns, in Edinburgh
- 18. Hit the slopes
- 20. Ceremonial weapon of the town guard of Edinburgh
- 21. Mas' partners
- 24. One million
- Queen of Scots
- 30. Stuart or Jacobite bloodline 2. Neighbor of Syr.
- 34. Skye or Iona
- 35. Garden tool
- 36. Finish
- 37. Letter before TEE
- 40. "My Heart's in the
- Highlands," e.g.
- 42. Edinburgh Castle or St.
- Giles' Cathedral, in Edinburgh
- 46. Cináed mac Ailpín was the
- first, in 843
- 50. Astound
- 51. Ye \_\_\_ Tea Shopp
- 52. Fencing blade
- 53. \_\_\_-pitch softball
- 54. Equipment
- 55. Previously cut, as lumber



#### DOWN

- Scoundrel
- 3. \_\_\_ Maria (coffee liqueur)
- 4. Sweet potatoes
- Zodiac twins
- 6. Egg: Prefix
- Actress Turner of
- "Peyton Place"
- 8. State of flow and charge
- Gorilla
- 10. Trot
- 11. Explosive initials
- 17. Office note
- 19. Baby fox
- 21. Trident-shaped Greek
- letter
- 22. Apt. coolers
- 23. Costa del

- 25. Stately tree
- 27. "Yes captain"
- 28. Sprinted
- 29. Investment info.
- 31. Set up a golf ball
- Golfer who can't
- drive straight?
- 33 Crimson
- 38. Air pollution
- 39. Bargain
- 41. \_\_\_ out a living
- 42. \_\_\_ Vegas
- 43. Hole-making tool
- 44. New: Prefix
- 45. Nutritional fig.
- 47. Bitter beer
- 48. Novel
- 49. \_\_\_-X (demographic



## SUDOKU #25-28

Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers in blank boxes.

	2	25			2	26	
			2			2	3
	3	1	4				
			3			3	
	4	2			4	1	2
	2	27		_	28		
2							
_							
	4	1			1	2	
4	4	1			1	2	



## Wordoku - Scotland

Each column, row, and box contains the letters in the puzzle word without repeating. Like sudoku, use logic to figure out the missing letters in blank boxes.

D	Υ	М			
	L	0	Υ	D	
	М		Е		
Υ		D		L	
	D			0	Υ

Word Used in Puzzle: MELODY

		L		Е	
S			L		С
	L	Α	Т		
		С	Α		Ε
Α	Т			S	

Word Used in Puzzle: CASTLE

		S		N	
G		I			R
	G				
R		N	-		
S					N
	I	R		S	

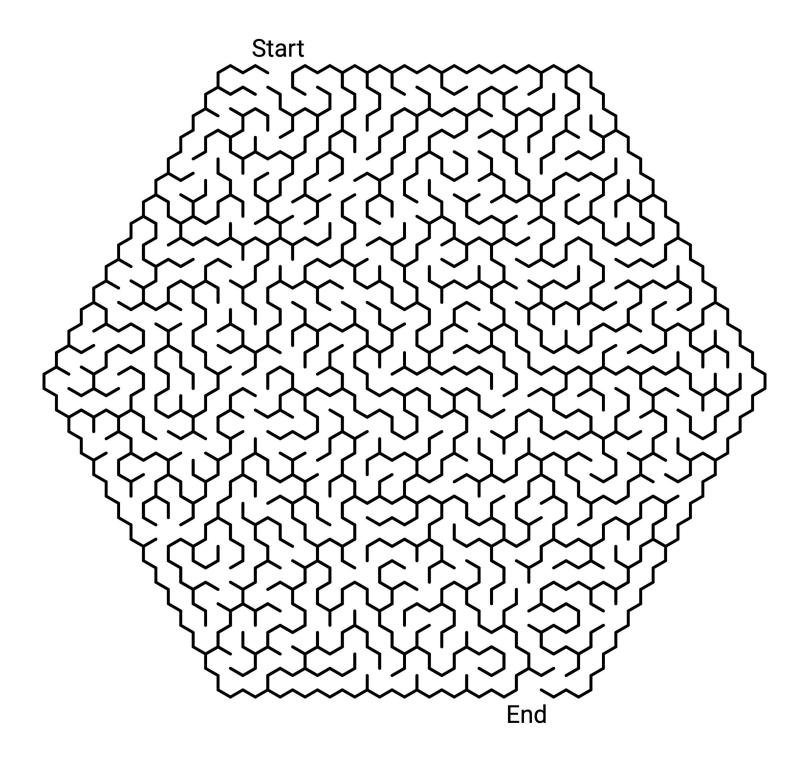
Word Used in Puzzle: STRING

	Р			D	N
L					U
N	L		U	Α	
		Α			
					Α
	Α	Р			D

Word Used in Puzzle: UPLAND



## Maze 9



## Edinburgh



F Α Q D R R G В W Н E K Α Z Α R K X X S 0 G В G B R F R G D X P Н W S 7 Ν R D Α Α Α Α R Н 0 R R S N Α N D Α R G N X F Α M R Α Ν 0 Υ X

Can you find the words below in the box above?

**Attraction** City Holyrood Garden Palace Britannia Cranachan Georgian Landmark **Parks Pudding** Haddock Medieval Capital Edinburgh Castle Royal **Fortress** Haggis Monarch Cathedral Gallery **Historic** Monument Shortbread



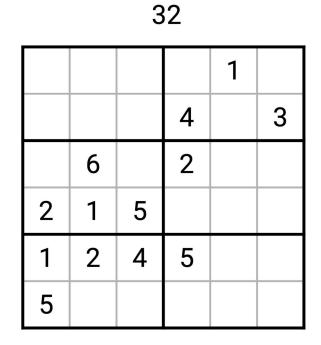
## **SUDOKU #29-32**

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers in blank boxes.

29							
	1	5	4				
6	4		1				
1			2	6			
				1			
4		1			5		
	3				1		

4	1			6	
			3		
2	5			1	3
	3		5	2	
		5	4		6
					2

30





## **Scottish Animals**

Unscramble the words on the left using the spaces provided to correctly spell common words.

AEBK	=	
TNOOSBTLEE	=	
LNYOOC	=	
EDRE	=	
NLPDOHI	=	
AGEEL	=	
DGSIHNALH	=	
UTMINOAN	=	
EEOSBRV	=	
TERTO	=	
AMPGULE	=	
IUFFNP	=	 Tun
EDRBISA	=	 The state of the s
ASEL	=	 1 January
LEHTANDS	=	
GITSH	=	
TRUO	=	
RAIVNBT	=	
AHLWE	=	
EFLIDIWL	=	



#### ISLE OF MAN

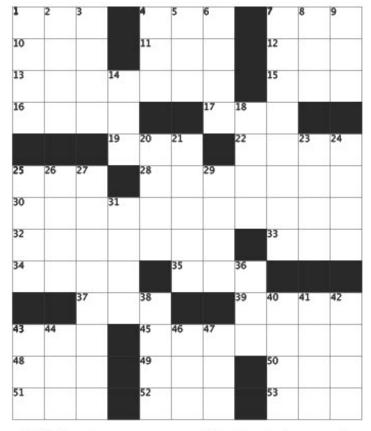
#### **ACROSS**

- 1. \_\_\_ Angeles
- 4. Had a meal
- 7. In the past
- 10. Choose
- 11. Water around the Isle of Man, Irish
- 12. Cozy hotel
- 13. Beautiful shores
- 15. Regret
- 16. Therefore
- 17. "\_\_\_ the season to be jolly..."
- Petrol
- 22. "Beetle Bailey" dog
- 25. Wedding words
- 28. Undeveloped
- Rural vista, as on the Isle of Man
- 32. Craftsperson
- 33. Ltr.
- afterthoughts
- 34. Nothing, in Spanish
- 35. Skirt edge
- 37. Bear, in Spanish

- 39. Jacob's twin, in Genesis
- 43. Dos, in English
- 45. Norse settlers on the Isle of Man
- 48. "\_\_\_the ramparts we watched..."
- 49. Night before
- 50. "We \_\_\_ Family"
- 51. "You bet!"
- 52. Marina del \_\_\_
- 53. Tablet

#### **DOWN**

- 1. Earring site
- 2. Letters on a phone's "0"
- 3. Male deer
- 4. Fire remnant
- 5. Golf peg
- 6. Direction from the Isle of Man to England
- 7. Simple runway
- 8. Wildebeest
- 9. Single
- 14. Gear tooth
- 18. Debtor's notes

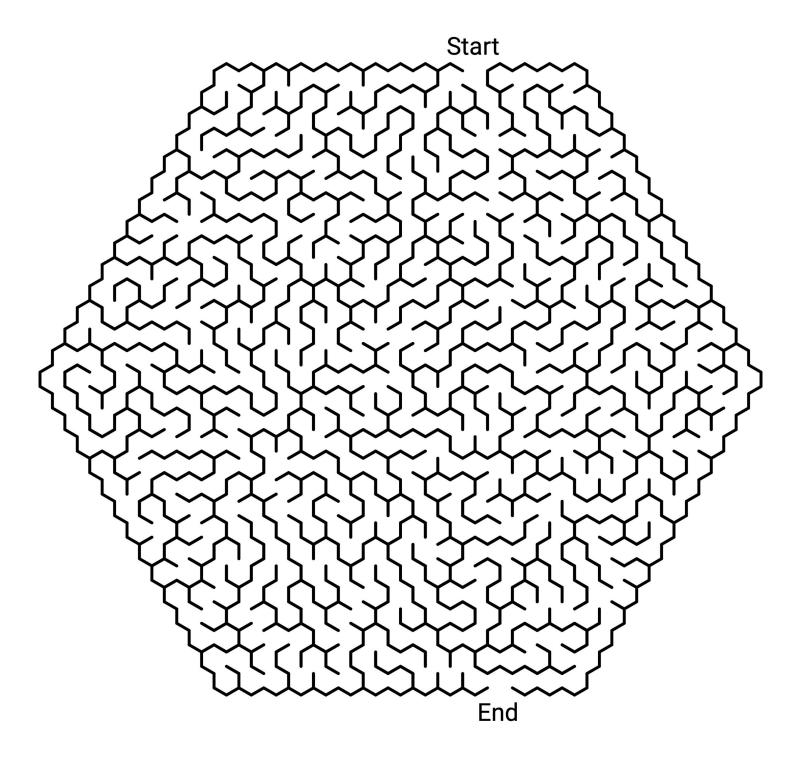


- 20. Picnic pests
- 21. Fergie's first name
- 23. Little amounts
- 24. Bullfight cheers
- 25. "Not if \_\_\_ help it"
- 26. "\_\_\_ the Explorer" (kids' show)
- 27. Where to spend a sunny day on the Isle of Man
- 29. Newcastle upon \_\_\_, England (NYET anagram)

- 31. Vardalos and Peeples
- 36. "Don't tell \_\_\_ can't!"
- 38. Above
- 40. Ginger \_\_\_\_
- 41. Taj Mahal's locale
- 42. Utilized
- 43. Plaything
- 44. Like Willie Winkie
- 46. "\_\_\_ Got a Secret"
- 47. Lock opener



## Maze 10





## Isle of Man

```
В
      X
                R
                                Ζ
             R
                                    G
                                N
                                    S
                Κ
                   S
                                                 B
         G
             X
                                    B
                                                    K
                В
                       S
                                Q
                                    0
                                                 G
                G
                                                 K
         Α
             C
                P
                             S
                                 S
             S
                Р
                R
             Q
             Α
                   X
                          В
         G
                Ε
                   G
         S
                                                    G
                   R
                      Α
                                                    R
```

Can you find the words below in the box above?

Beaches	Cycle	Hills	Natural	Rushen
Bluff	Distinct	History	Racing	Sea
Braaid	<b>Enchanting</b>	Island	Railway	Tradition
Country	Green	Manx	Rolling	Tynwald
Culture	Hike	Motorcycle	Rugged	Viking



## SUDOKU #33-36

Each column, row, and box contains the numbers 1-9 without repeating. Use logic to figure out the missing numbers in blank boxes.

33

		6			4	2	7	3
3					1		5	
	5	9	2		8		6	4
5							3	
			1	6				5
	9	4	ფ	8		7	1	2
		3					2	8
1	2	8	5				4	7
4	7	5			6	3	9	

34

2	1			4				5
9		3			5	8	6	
		6	8		7	2	1	
	2	7	3			9	4	
8	3	9		6	4			2
	4			1			7	
3						5	2	
7		2	5				8	1
5	8	1					3	

35

7	4	3	2		1		9	
9	2				6	3		5
			9					7
			3		4	5		
			1			6	3	4
6		4		9	5	1		
1	6		5					3
		2			8	9	5	
3		9	4					8

4				3			9	
		2						8
6			8		1			
							1	9
			1	2	7	4		3
7	1							
9				4		1		6
		1	3		8		4	7
8	4	7	9			5		

## **Scottish Instruments**

Unscramble the words on the left using the spaces provided to correctly spell common words.

INAROCDOC	=
-----------	---

PPGIBEA = \_\_\_\_\_

ECITLC = \_\_\_\_\_

EDCAN = \_\_\_\_\_

UMDR = \_\_\_\_\_

ELIDFD = \_\_\_\_\_

HRAP = \_\_\_\_\_

HIAGTEER = \_\_\_\_\_

NUSETITNMR = \_\_\_\_\_

JGI = \_\_\_\_\_

MEYDLO = \_\_\_\_\_

SCMUIAL = \_\_\_\_\_

ROFEMPR = \_\_\_\_\_

ODSNU = \_\_\_\_\_

NRTGIS = \_\_\_\_\_

RODNAIITT = \_\_\_\_\_

TNUE = \_\_\_\_\_

LIIVON = \_\_\_\_\_

HWTLSEI = \_\_\_\_\_

WIDN = \_\_\_\_\_

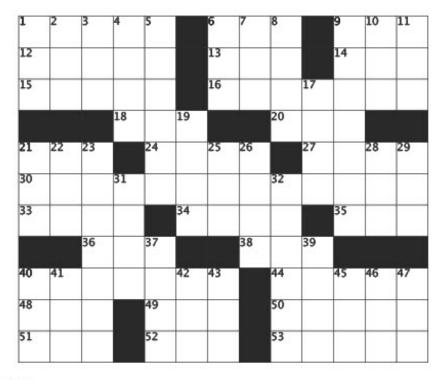


#### Island Senior Resource

#### **PUFFINS & WILDLIFE**

#### **ACROSS**

- 1. Hue
- 6. "For \_\_\_ a jolly good..."
- 9. Unused
- 12. Worship
- 13. Dazzle
- 14. "We \_\_\_ the champions..."
- 15. Sire, in the Bible
- 16. Puffin
- 18. Bro's sib
- 20. Loo
- 21. Give \_\_\_ whirl
- 24. A puffin's might be in a burrow
- 27. A puffin's is multicolored
- 30. Northern state where you can see a puffin
- 33. A puffin eats mostly these
- Shore bird
- 35. Ostrich's cousin
- 36. "Got it!"
- 38. "There's \_\_\_ in team"
- 40. Puffins' sound
- 44. Where puffins prefer to rest
- 48. Olive \_\_\_
- 49. Puffin's cousin (KAU anagram)
- 50. Striped equine
- 51. Asner and McMahon
- 52. Part of a bk.
- 53. Funny bone location



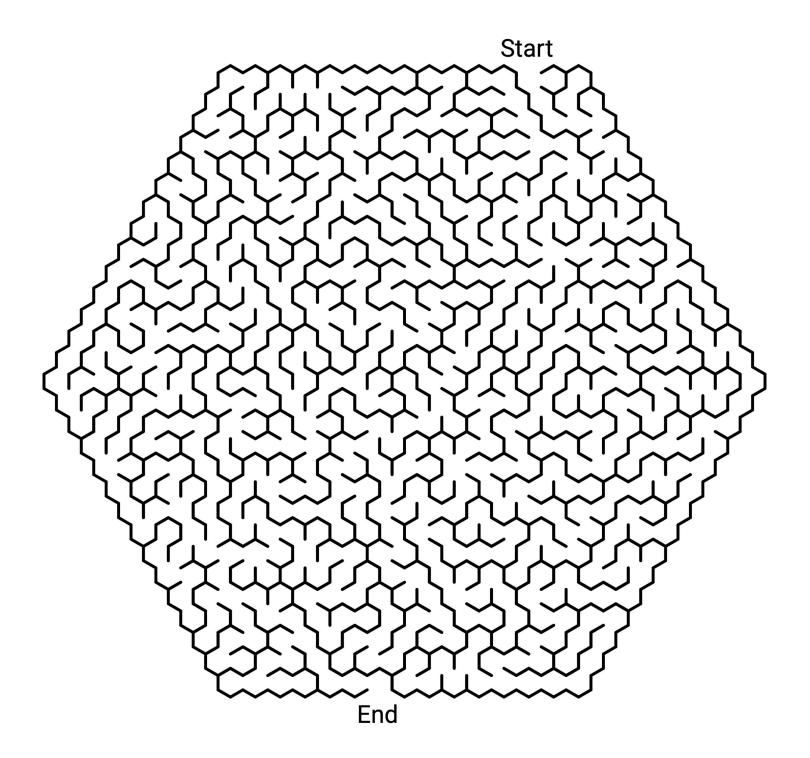
#### <u>DOWN</u>

- 1. Taxi
- 2. "\_\_\_ on a Grecian Urn"
- 3. "Put Another \_\_\_ on the Fire"
- 4. Raw minerals
- 5. Eye part with rods and cones
- 6. Owns
- 7. Ram's mate
- 8. Aquatic mammal
- 9. Innocence
- 10. "To \_\_\_ is human"
- 11. Tied the knot
- 17. Paul Bunyan's blue ox
- 19. Breakaway group
- 21. World finance org
- 22. Mai \_\_\_
- 23. Lashes out at

- 25. "Thar \_\_\_ blows!"
- 26. Veer
- 28. Money mach.
- 29. The Golden Flashes of the MAC (hidden in STACKS UP)
- 31. Librarian's admonitions
- 32. Nap
- 37. Give \_\_\_ on the shoulder
- 39. Northern isl. where you
- can see puffin 40. Miserv
- 41. Concealed
- 42. Drag along
- 43. \_\_\_ out a living
- 45. Wane
- 46. Orinoco tributary (OAR
- anagram)
- 47. Slangy denial



## Maze 11



## Wildlife in Scotland



S K N B K D В В Ε Α B S S R S K Ε E В G R Α K K S S S Ε В Α W U 0 N Ε S Ν G X 0 D

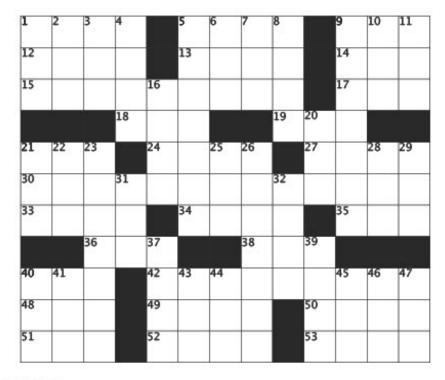
Can you find the words below in the box above?

Beak	Dolphin	Lochs	Plumage	Sightings
Bottlenose	Eagle	Mountains	Puffin	Tour
Colonies	Encounter	Observe	Seabirds	Vibrant
Deer	Highlands	Orkney	Seals	Whale
Diverse	Iconic	Otters	Shetland	Wildlife

#### BAGPIPES & SCOTTISH INSTRUMENTS

#### **ACROSS**

- Instrument like a flute or oboe
- 5. Flute or tube
- 9. Feline
- 12. Region
- 13. "The wolf \_\_\_ the door"
- 14. Egg cell
- 15. Custom, like playing bagpipes
- 17. Sleuth Spade
- 18. One \_\_\_ time
- Suitable
- 21. "Yo te \_\_\_" (I love you)
- 24. Celery, in Spanish (A POI anagram)
- 27. Melody
- 30. Events including the caber toss and playing bagpipes
- 33. Many-stringed instrument
- 34. "Time and \_\_\_ waits for none"
- 35. Ram's mate
- 36. "C'\_\_\_ la vie"
- 38. \_\_\_ Paolo
- 40. \_\_\_ alai
- 42. Squeezebox
- 48. \_\_\_ and outs
- 49. Gator's kin
- 50. Gas brand in Canada
- 51. Cry of frustration
- 52. Goose's sound
- 53. Rhythm instrument



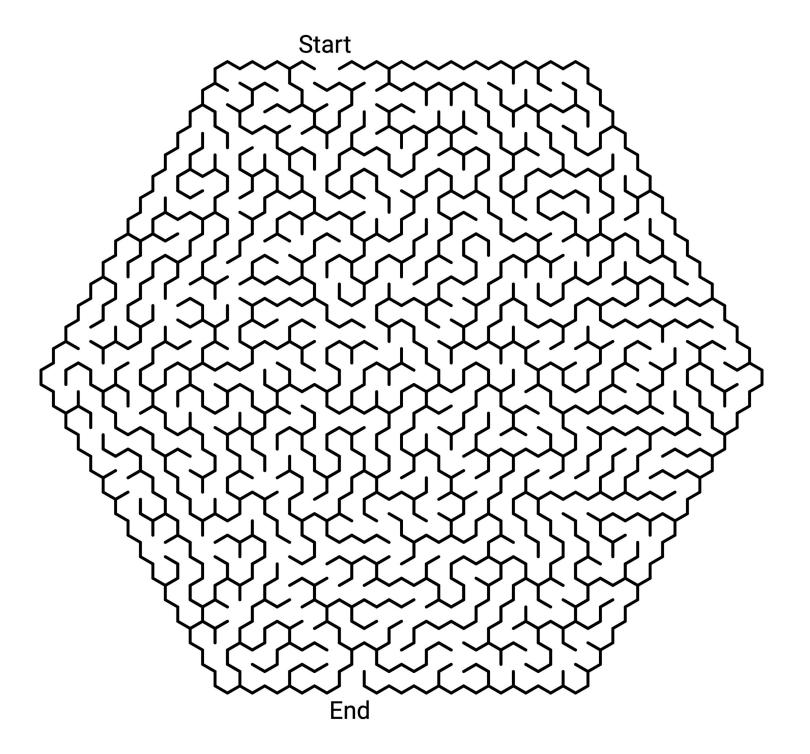
#### <u>DOWN</u>

- 1. Cambodia's Angkor
- 2. Flawed, as mdse
- 3. Educational org.
- 4. Mama's mate
- 5. Rhythmic sound
- 6. "It \_\_\_" (reply to "Who's there?")
- 7. Kung \_\_\_ chicken
- 8. Sicilian volcano
- 9. Halloween wear
- 10. Actress Gardner
- 11. Scottish cap
- 16. Slanted type: Abbr.
- Sch. support group
- 21. Sigh of relief
- 22. Actress Farrow
- 23. Beastly, like Shrek

- 25. Common pasta suffix
- 26. Result of an unsatisfying wash day
- 28. Just out
- 29. Opposite of WNW
- 31. Some printers: Abbr.
- 32. Equipment
- 37. Auto gauge
- Took too much of a drug, briefly
- 40. Lively Scottish dance
- 41. Santa \_\_\_, California
- 43. \_\_\_-Magnon man
- 44. Opposed to
- 45. Tel Aviv's country:
- Abbr.
- 46. Columbus coll.
- 47. \_\_\_ de plume



## Maze 12





## **Scottish Music**

```
S
                                                  K
   B
                                                            Ε
                                                            K
                                     S
                                        G
                                           P
                                               S
                                                            B
                                     В
                                        G
                                                            K
X
                              R
                                     В
                                     S
                                     X
          В
                Ε
          S
                                                            C
R
                                                               D
```

Can you find the words below in the box above?

Accordion	Celtic	Fiddle	Musical	Tradition
Bagpipe	Clarsach	Harp	Perform	Tunes
Blowpipe	Dances	Heritage	Smallpipe	Violin
Bodhran	Delicate	Jig	Sound	Whistle
Ceilidhs	Drum	Melody	String	Wind

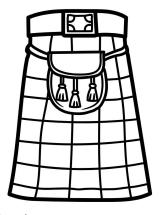


## **Scotland Trivia**

- 1. What traditional Scottish dish is made from a sheep's stomach filled with oats?
- 2. What famous Scottish author penned the "Strange Case of Dr Jekyll and Mr Hyde"?
- 3. What type of garment is a traditional symbol of Scotland?
- 4. What famous Scottish monster is rumored to inhabit a lake in the Scottish Highlands?
- 5. Name the traditional Scottish sword dance performed at weddings.
- 6. What traditional Scottish musical instrument features strings that are plucked?
- 7. What body of water separates the western coast of Scotland from the mainland?
- 8. What is the name of the river that flows through Glasgow?
- 9. What is the name of the iconic bridge that connects Edinburgh's Old Town to the New Town?
- 10. What famous Scottish dish contains minced meat, mashed potatoes, and a layer of cheese on top?

  ANSWERS:





10. Shepherd's Pie

9. North Bridge

8. River Clyde

7. Firth of Lorn

6. Harp

5. The Highland Fling

4. Loch Mess Monster

3. Kilt

2. Robert Louis Stevenson

1. Haggis



#### CROSSWORD ANSWERS

#### **EDINBURGH**

#### ISLE OF MAN



L	0	S		Α	Т	E		Α	G	0
0	P	Т		S	E	Α		1	N	N
В	E	Α	C	Н	E	S		R	U	E
E	R	G	0			Т	1	S		
			G	Α	S		0	T	T	0
1	D	0		N	Α	T	U	R	Α	L
C	0	U	N	Т	R	Υ	S	1	D	E
Α	R	T	1	S	Α	N		P	S	S
N	Α	D	Α		Н	E	М			
		0	S	0			Ε	S	Α	U
Т	W	0		V	1	K	1	N	G	S
0	Ε	R		Ε	٧	E		Α	R	E
Υ	Ε	S		R	Ε	Υ		Р	Α	D

#### PUFFINS & WILDLIFE

#### BAGPIPES & SCOTTISH INSTRUMENTS







## **Wordoku Answers**

D	Υ	М	0	Е	Г
Е	L	0	Υ	D	М
0	М	Г	Ε	Υ	D
Υ	E	D	М	L	0
М	D	Ε	L	0	Υ
L	0	Υ	D	М	E

MELODY

С	Α	Г	S	Е	Т
S	Е	Т	لـ	Α	С
Т	С	S	Е	L	Α
Е	L	Α	Т	С	S
L	S	С	Α	Т	Ε
Α	Т	E	С	S	L

**CASTLE** 

Т	R	S	G	N	I
G	N	I	S	Т	R
I	G	Т	N	R	S
R	S	N	_	G	Т
S	Т	G	R	ı	N
N	I	R	Т	S	G

**STRING** 

Α	Р	U	L	D	N
L	D	N	Α	Р	U
N	L	D	U	Α	Р
Р	U	Α	D	N	L
D	N	Г	Р	U	Α
U	Α	Р	N	L	D

**UPLAND** 



## **Word Scramble Answers**

**Animals** 

Instruments

AEBK = BEAK

INAROCDOC = ACCORDION

TNOOSBTLEE = BOTTLENOSE

PPGIBEA = BAGPIPE

LNYOOC = COLONY

ECITLC = CELTIC

EDRE = DEER

EDCAN = DANCE

NLPDOHI = DOLPHIN

UMDR = DRUM

AGEEL = EAGLE

ELIDFD = FIDDLE

DGSIHNALH = HIGHLANDS

HRAP = HARP

UTMINOAN = MOUNTAIN

HIAGTEER = HERITAGE

EEOSBRV = OBSERVE

NUSETITNMR = INSTRUMENT

TERTO = OTTER

JGI = JIG

AMPGULE = PLUMAGE

MEYDLO = MELODY

IUFFNP = PUFFIN

SCMUIAL = MUSICAL

EDRBISA = SEABIRD

ROFEMPR = PERFORM

ASEL = SEAL

ODSNU = SOUND

LEHTANDS = SHETLAND

NRTGIS = STRING

GITSH = SIGHT

RODNAIITT = TRADITION

TRUO = TOUR

TNUE = TUNE

RAIVNBT = VIBRANT

LIIVON = VIOLIN

AHLWE = WHALE

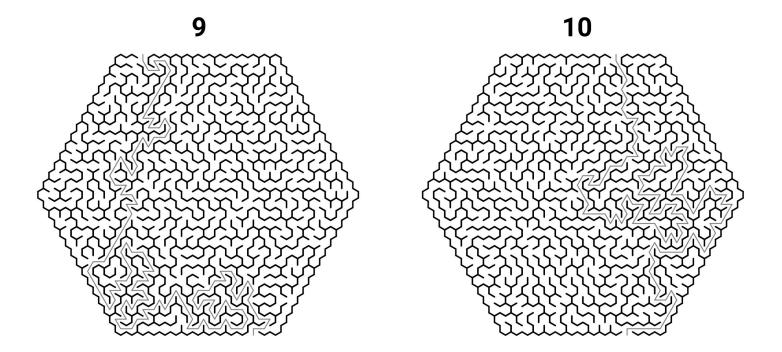
HWTLSEI = WHISTLE

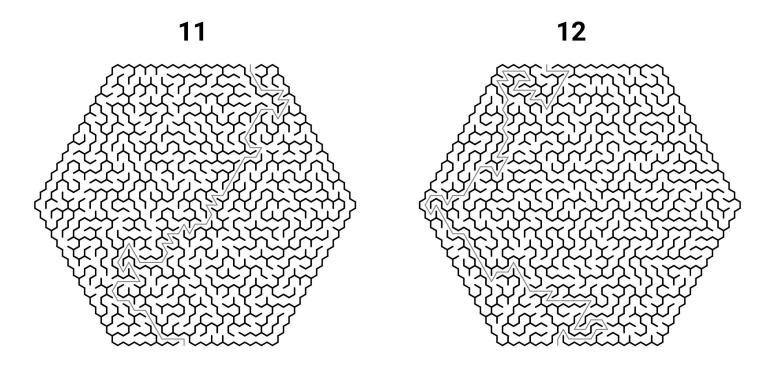
EFLIDIWL = WILDLIFE

WIDN = WIND



## Maze 9 - 12 Answers



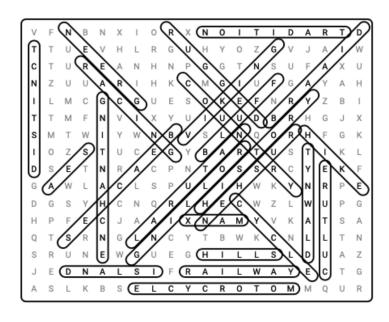




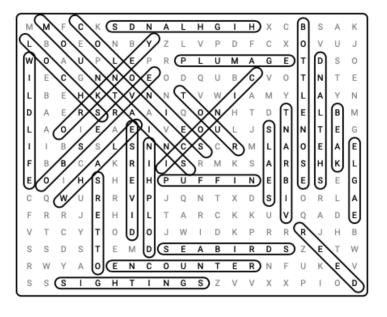
## Scotland Search Answers

## Edinburgh

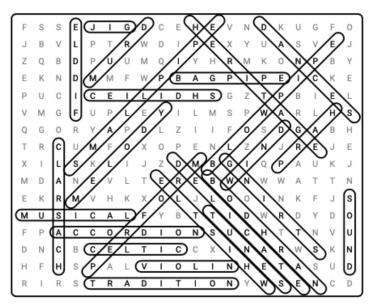
### Isle of Man



## Wildlife in Scotland



### Scottish Music





## **SUDOKU #25-28 ANSWERS**

4	1	3	2
2	3	1	4
1	2	4	3
3	4	2	1

4	1	2	3
2	3	4	1
1	2	3	4
3	4	1	2

2	1	3	4
3	4	1	2
4	3	2	1
1	2	4	3

2	4	3	1
3	1	2	4
4	3	1	2
1	2	4	3



## **SUDOKU #29-32 ANSWERS**

2	1	5	4	3	6
6	4	3	1	5	2
1	5	4	2	6	3
3	2	6	5	1	4
4	6	1	3	2	5
5	3	2	6	4	1

4	1	3	2	6	5
5	6	2	3	4	1
2	5	4	6	1	3
6	3	1	5	2	4
1	2	5	4	3	6
3	4	6	1	5	2

4	6	2	5	3	1
5	3	1	6	4	2
6	1	5	4	2	3
2	4	3	1	6	5
3	5	4	2	1	6
1	2	6	3	5	4

3	4	2	6	1	5
6	5	1	4	2	3
4	6	3	2	5	1
2	1	5	3	6	4
1	2	4	5	3	6
5	3	6	1	4	2



## **SUDOKU #33-36 ANSWERS**

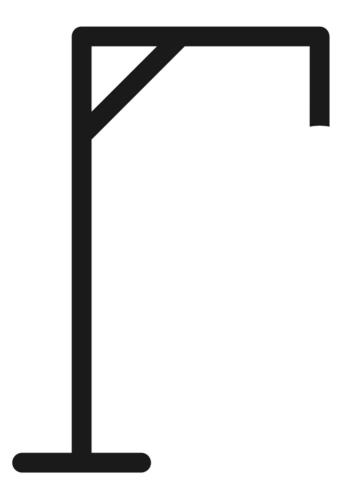
8	1	6	9	5	4	2	7	3
3	4	2	6	7	1	8	5	9
7	5	9	2	3	8		6	4
5	8	1	7	4	2	9	3	6
2	3	7	1		9		8	5
6	9	4	3	8	5	7	1	2
9	6	3	4	1	7	5	2	8
1	2	8	5	9	3	6	4	7
4	7	5	8	2	6	3	9	1

2	1	8	6	4	3	7	9	5
9	7	3	1	2	5	8	6	4
4	5	6	8	9	7	2	1	3
1	2	7	3	5	8	9	4	6
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5	8	1	4	7	2	6	3	9

7	4	3	2	5	1	8	9	6
9	2	1	7	8	6	3	4	5
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2	1	7	3	6	4	5	8	9
8	9	5	1	2	7	6	3	4
6	3	4	8	9	5	1	7	2
1	6	8	5	7	9	4	2	3
4	7	2	6	3	8	9	5	1
3	5	9	4	1	2	7	6	8

4	7	8	2	3	5	6	9	1
1	5	2	4	6	9	3	7	8
6	9	3	8	7	1	2	5	4
3	2	6	5	8	4	7	1	9
5	8	9	1	2	7	4	6	3
7	1	4	6	9	3	8	2	5
9	3	5	7	4	2	1	8	6
2	6	1	3	5	8	9	4	7
8	4	7	9	1	6	5	3	2





**Cross Off Incorrect Guesses** 

#### ABCDEFGHIJKLMNOPQRSTUVWXYZ

Make the blanks for your words here:



## **Programs and Services**

#### **Aging & Disability Resources (ADR)**

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

#### **Nutrition Programs**

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

#### Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

#### **Medical Equipment Lending Library**

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

#### **Private In-Home Providers (PIP)**

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

## Statewide Health Insurance Benefits Advisors (SHIBA)

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

#### **Support Groups**

Join in conversation with others facing similar challenges.

Call Us! (360) 321-1600



## Serving Whidbey and Camano islands

## **About Us**

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support.
Only 33% of our funding comes from government grants.
You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

## We are here for you

Contact us by phone, email, or request assistance on our website. (360) 321-1600

www.senior-resources.org reception@islandseniorservices.org.