

COLORFUL FUN!

ART, MAZES, & WORD SEARCH

December 2023 • **Time Travel**

Roald Dahl MATILDA





Serving Whidbey and Camano islands

MISSION

To provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

(360) 321-1600

www.senior-resources.org

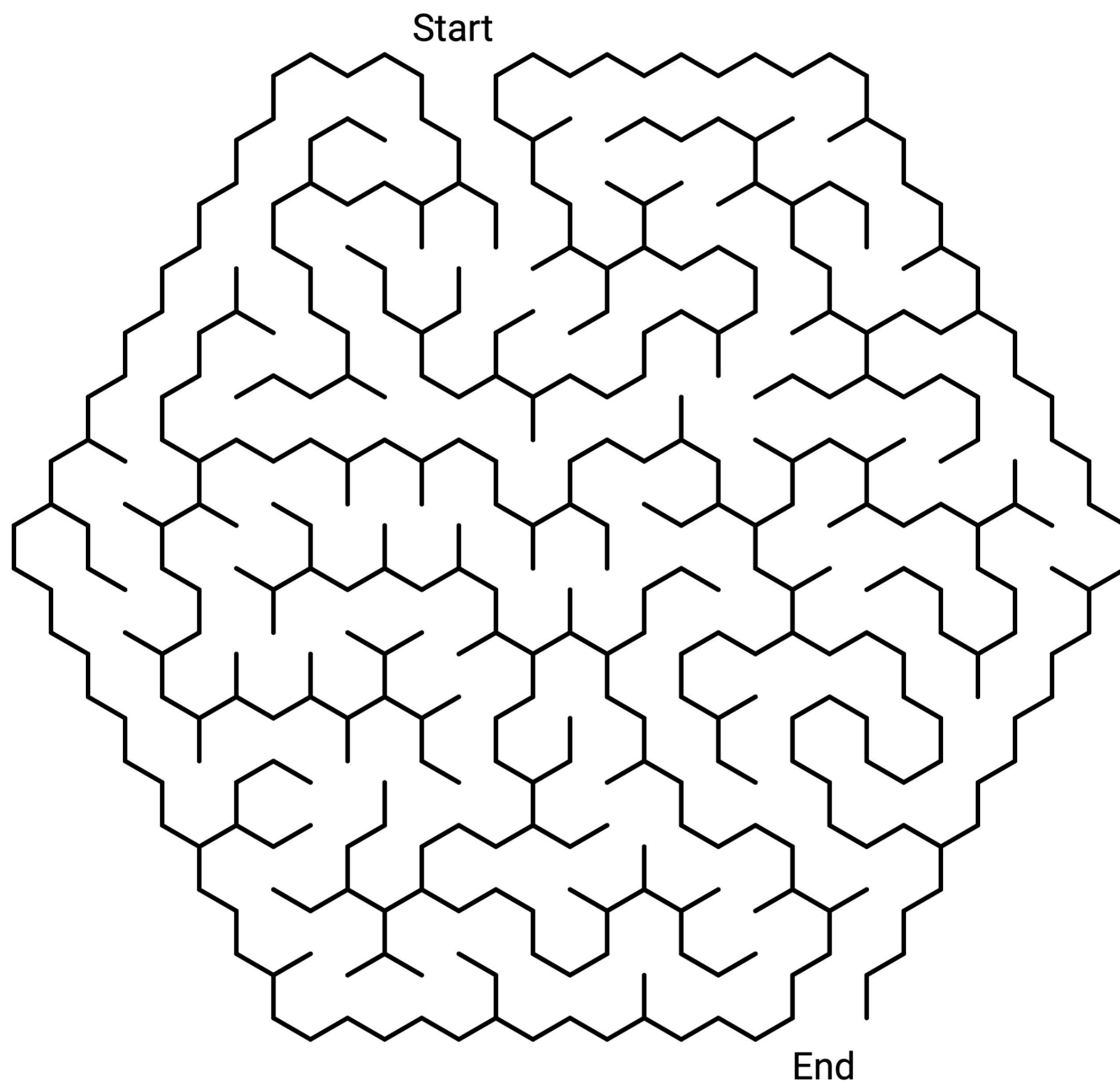
2023 - EDITION #12
TIME TRAVEL
1980S

The 1980's saw the emergence of many literary movements and trends, including postmodernism and multiculturalism. American authors such as Toni Morrison and Alice Walker gained widespread recognition for their powerful works during this time. Gospel music also experienced a resurgence in popularity in the 1980's, with artists like Whitney Houston and Kirk Franklin reaching new audiences. The 1980's were also a significant decade for basketball, with the rise of Michael Jordan and the dominance of the Los Angeles Lakers and the Boston Celtics. Finally, space exploration remained a popular topic, with the launch of the space shuttle and the development of new technologies that allowed for more detailed exploration of our solar system.

CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS

- *WORD WIZARD*
- *SUDOKU NINJA*
- *SIMPLY SEARCH*
- *MAZINGLY EASY*
- *AMAZING MINDS*
- *MIGHTY MANDALAS*
- *ARTISTIC ACTIVITIES*
- *STIMULATING SEARCH*
- *COGNITIVE CROSSWORDS*

Maze 5



1980's Literature



Can you find the words below in the box above?

Angelou

Atwood

Enigmatic

Fiction

Genre

Handmaid

Ishiguro

Kazuo

Morrison

Novel

Pulitzer

Realism

Roald Dahl MATILDA

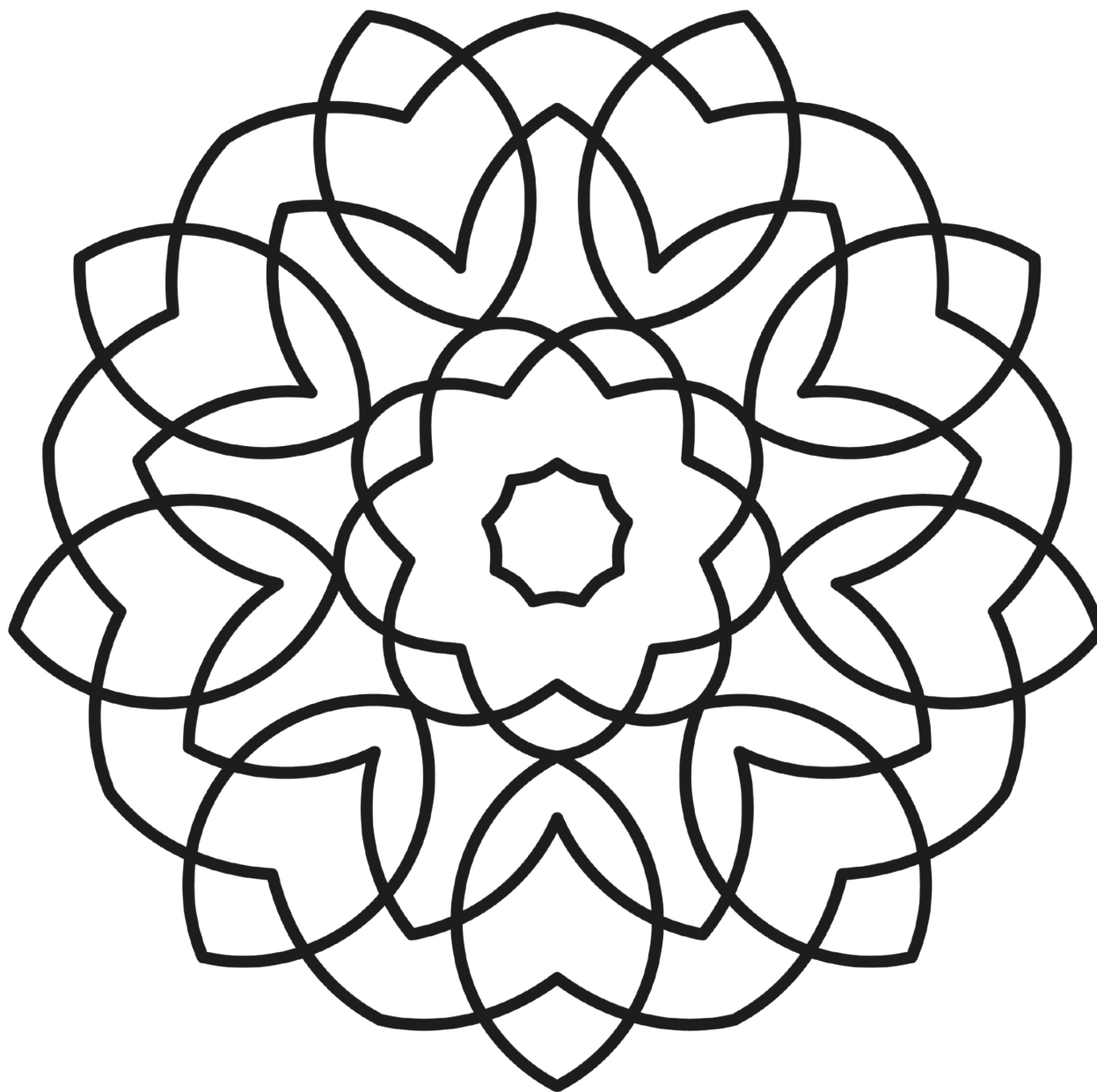


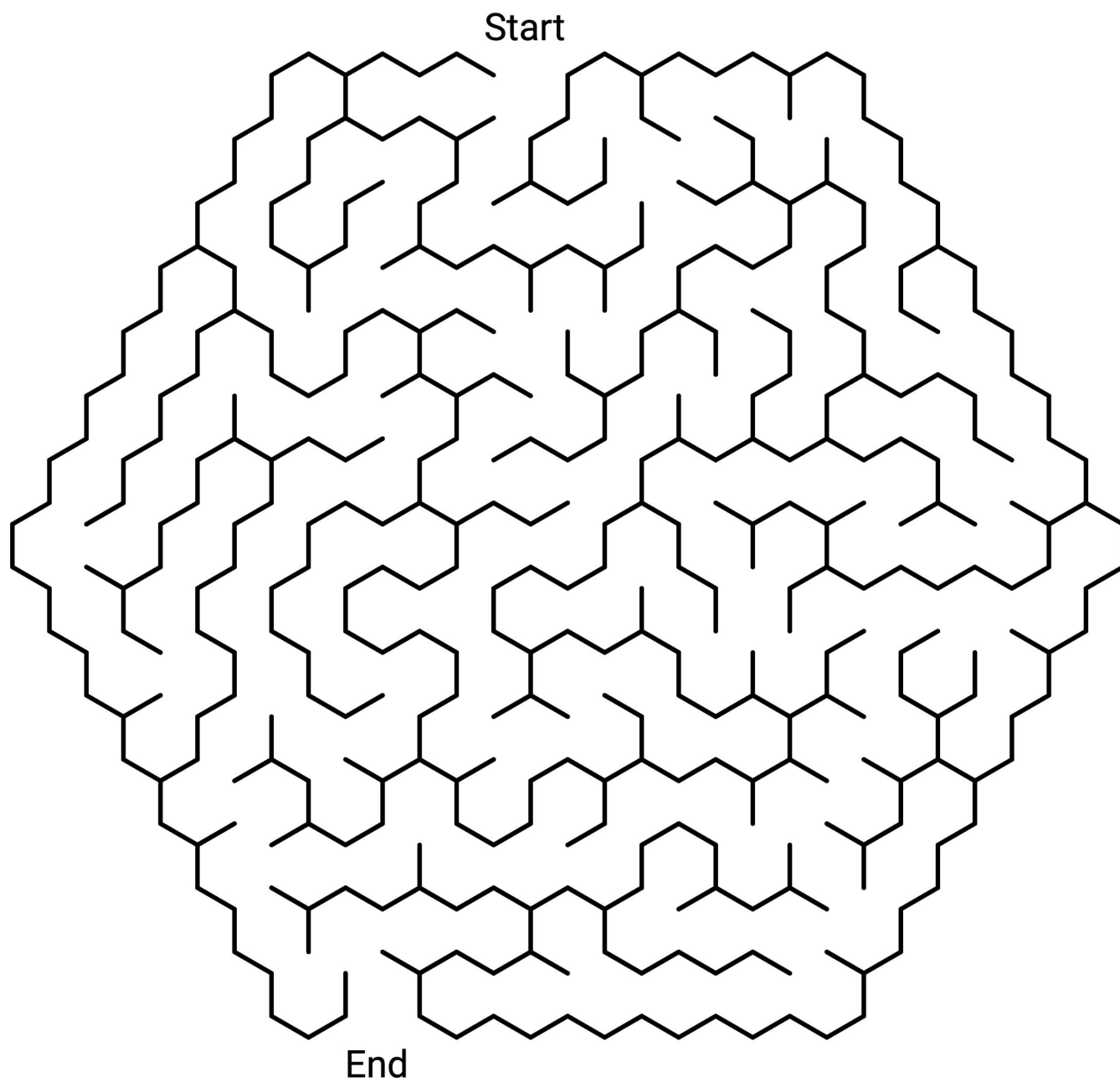


**What personal goals or aspirations do you
have for the coming year?**

**How do you plan to work towards achieving
them?**

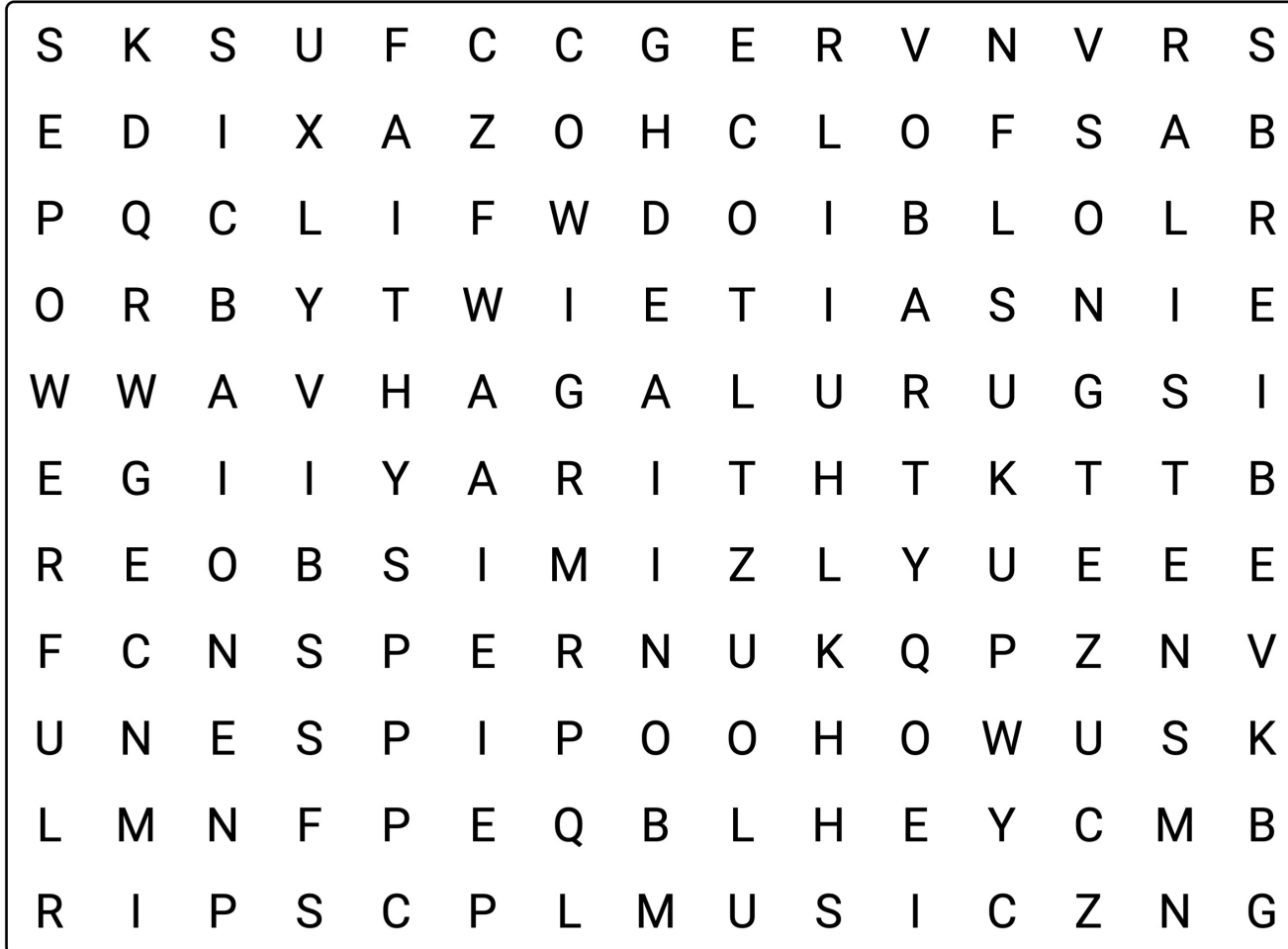
How can family or friends support you?





Maze 6

Gospel Music



Can you find the words below in the box above?

Choir

Faith

Gospel

Hope

Inspiration

Listen

Message

Music

Powerful

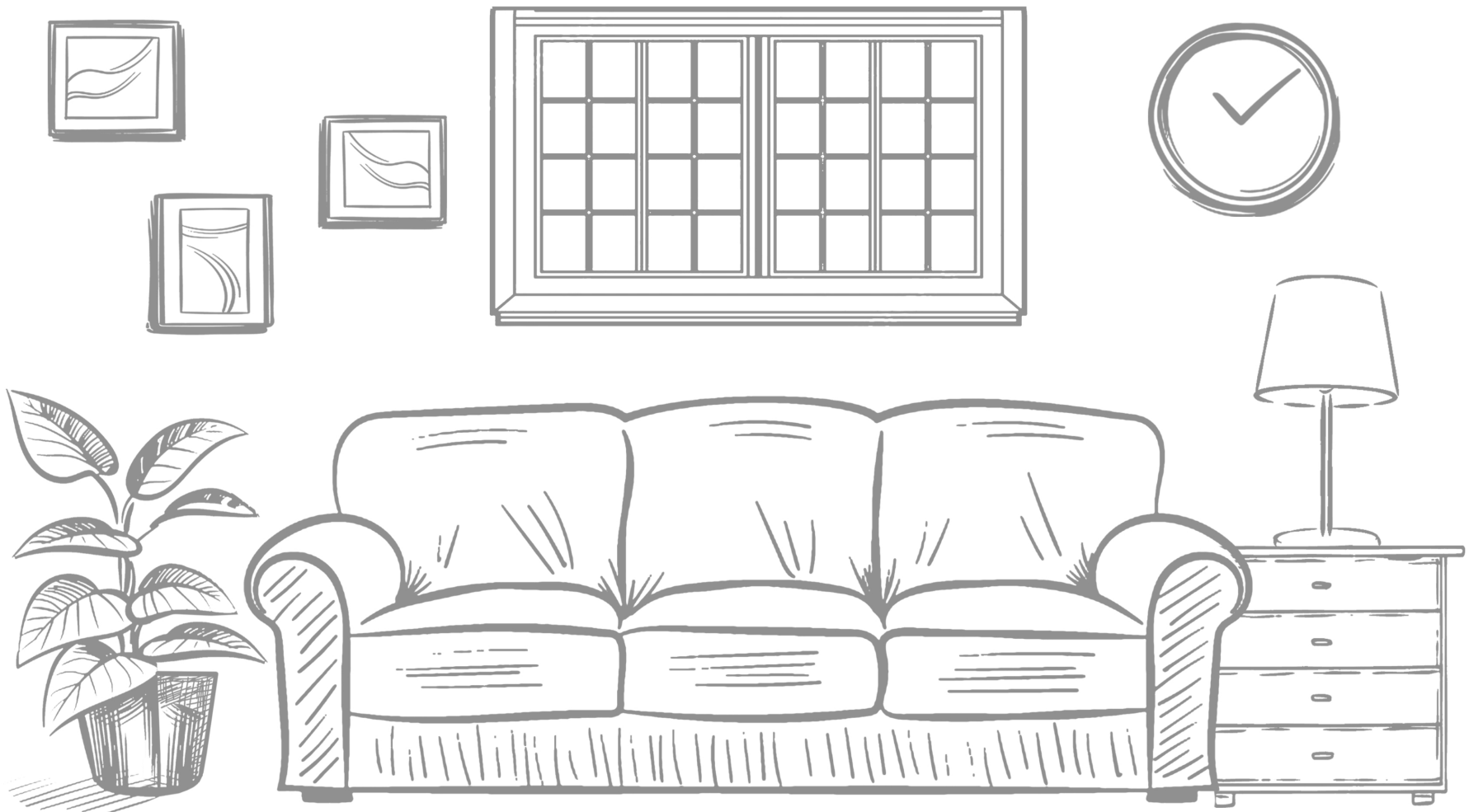
Praise

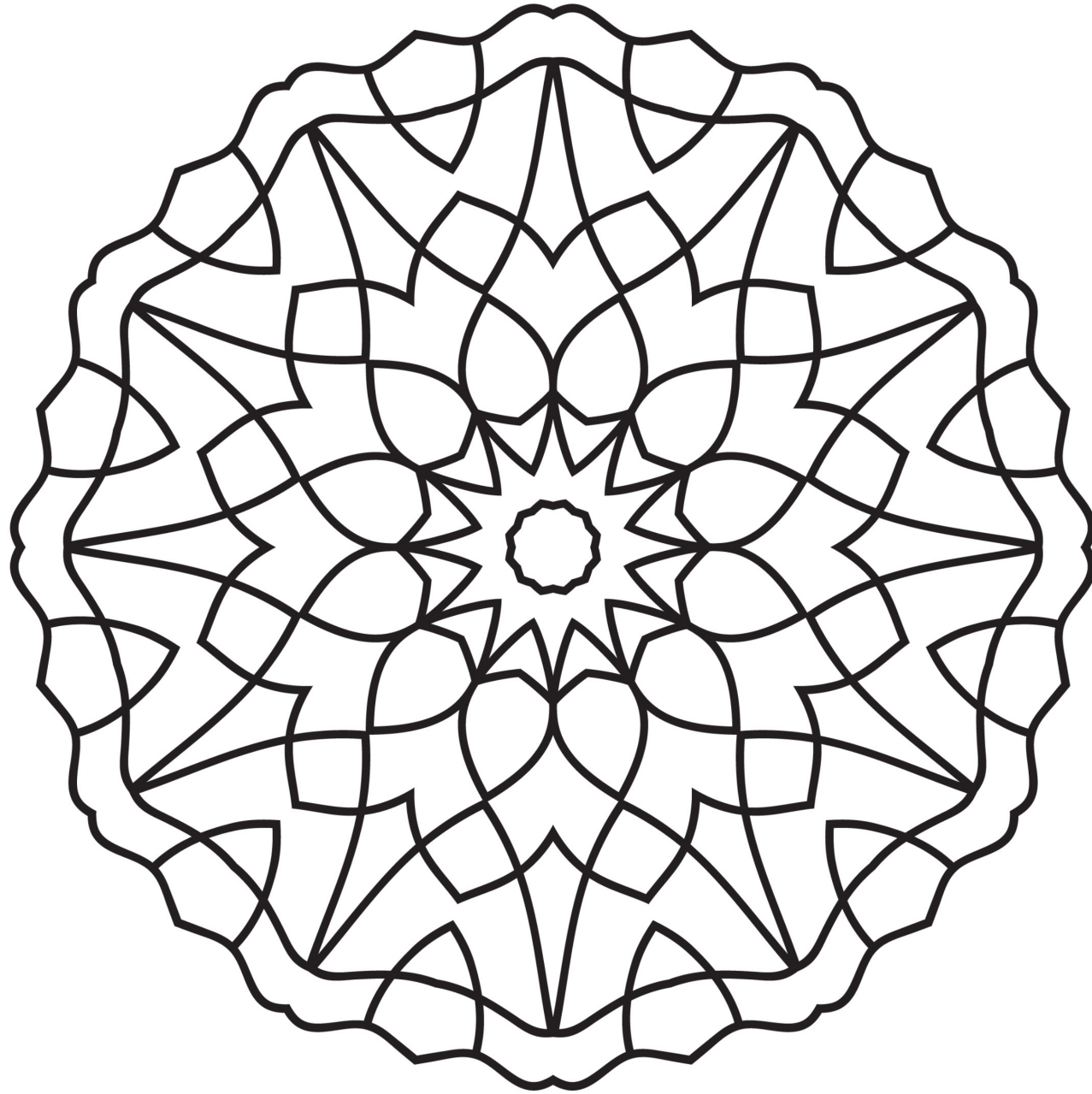
Song

Spiritual

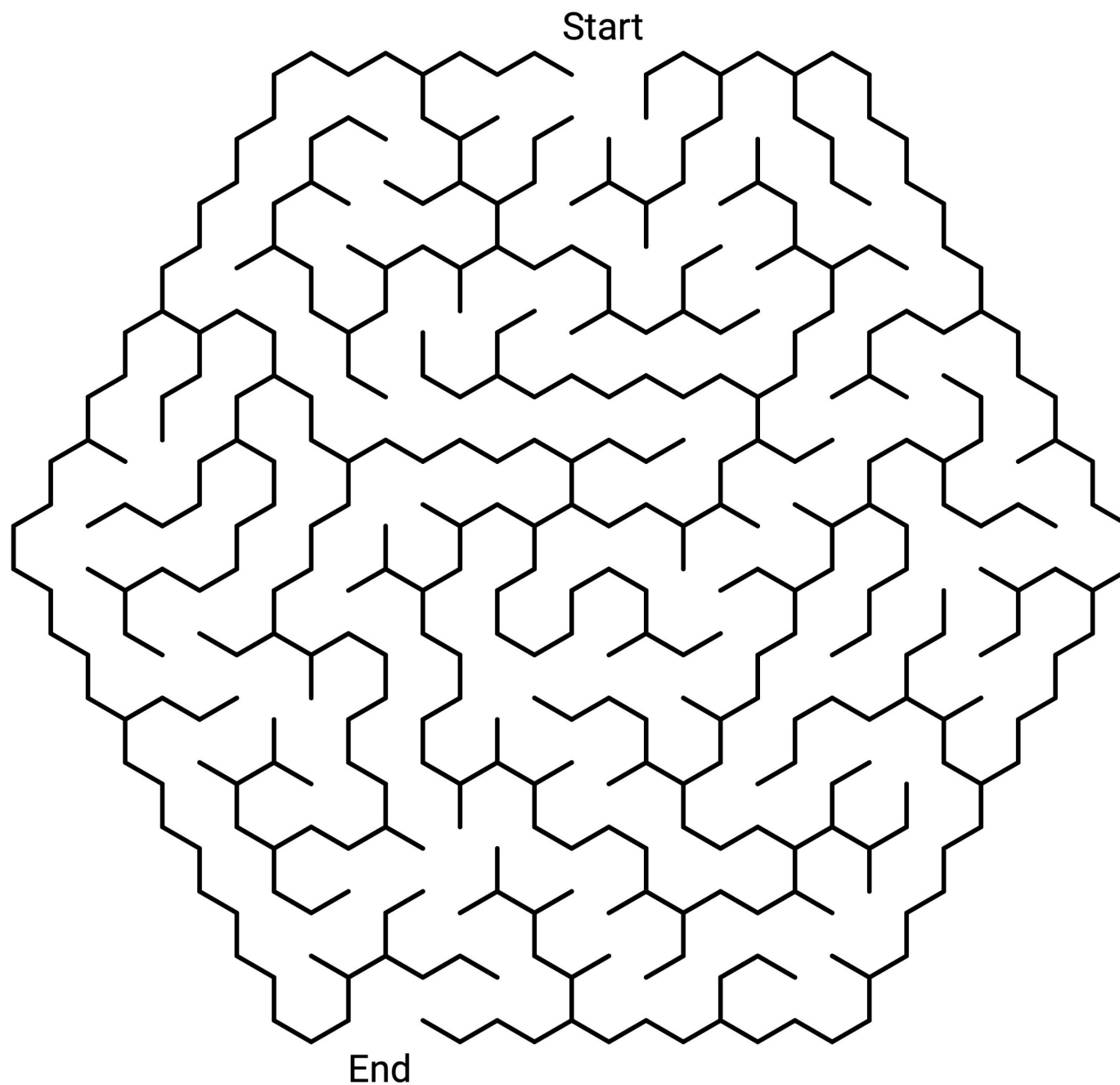


**Is there a book that has significantly impacted
your perspective on life?
What lessons or insights did you gain from it?**





Maze 7



Basketball

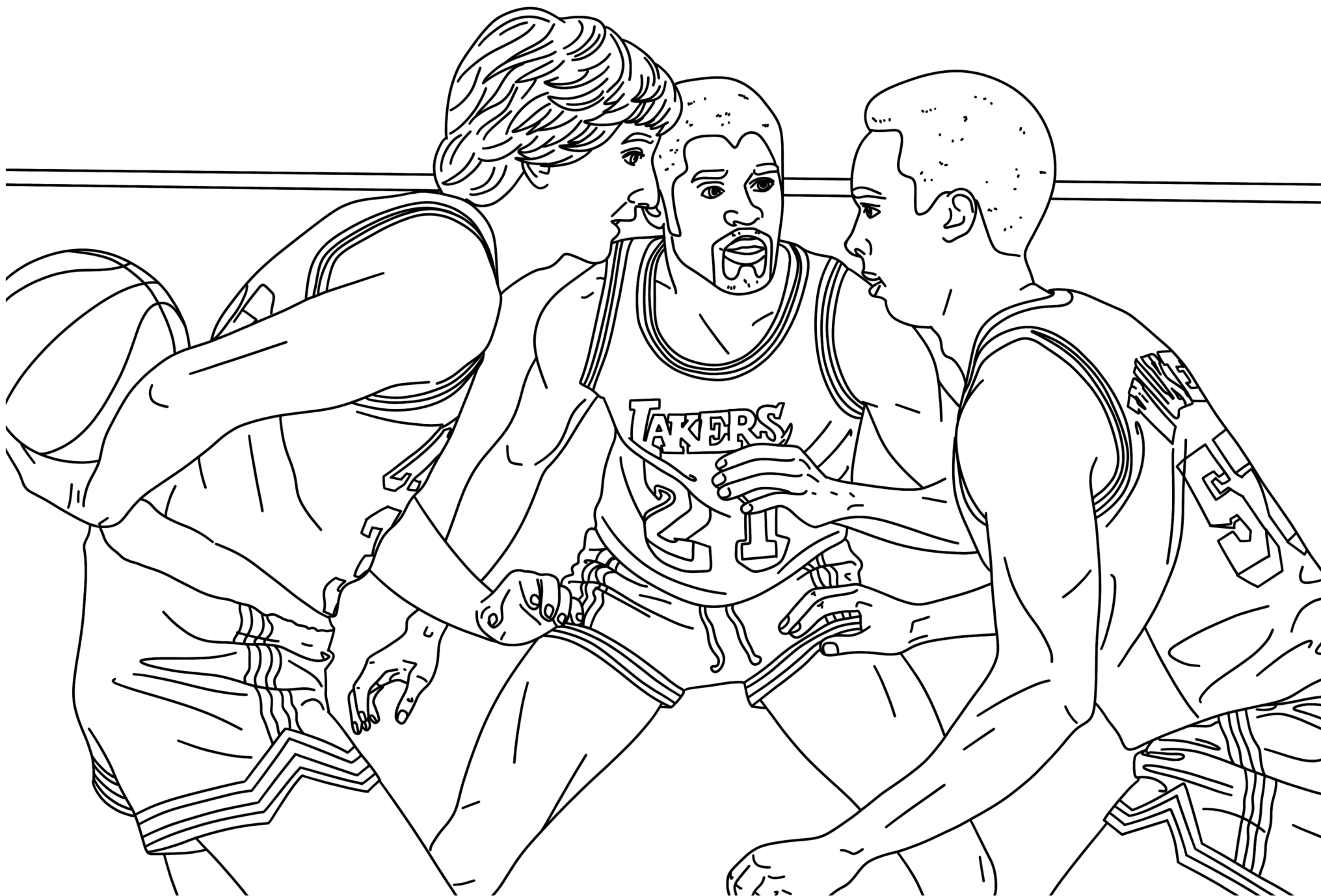


Can you find the words below in the box above?

Athlete
Basketball
Champion
Fan

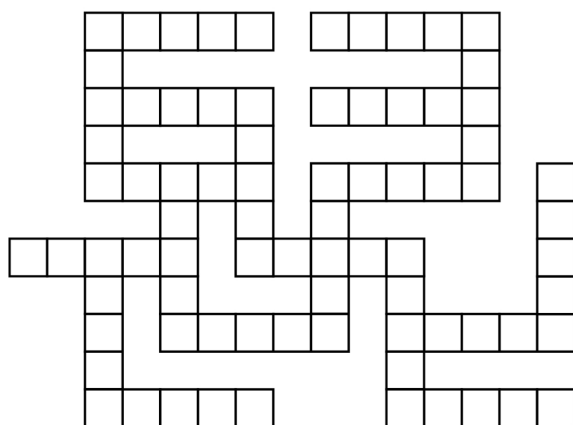
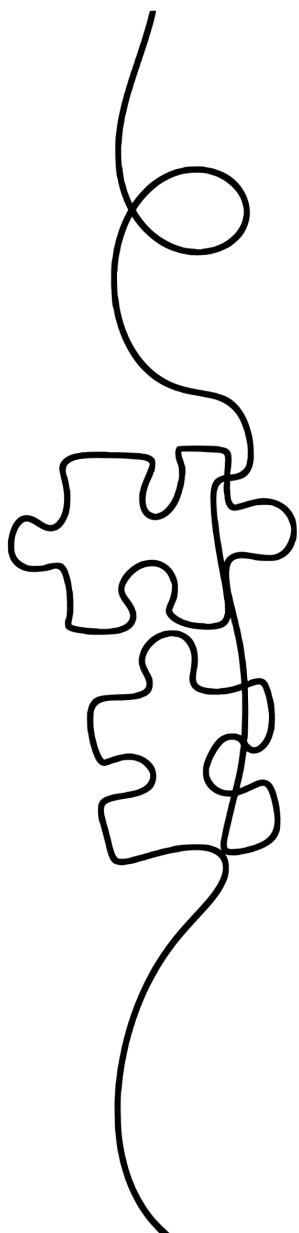
Johnson
Jordan
Kareem
League

Player
Sport
Team
Thomas

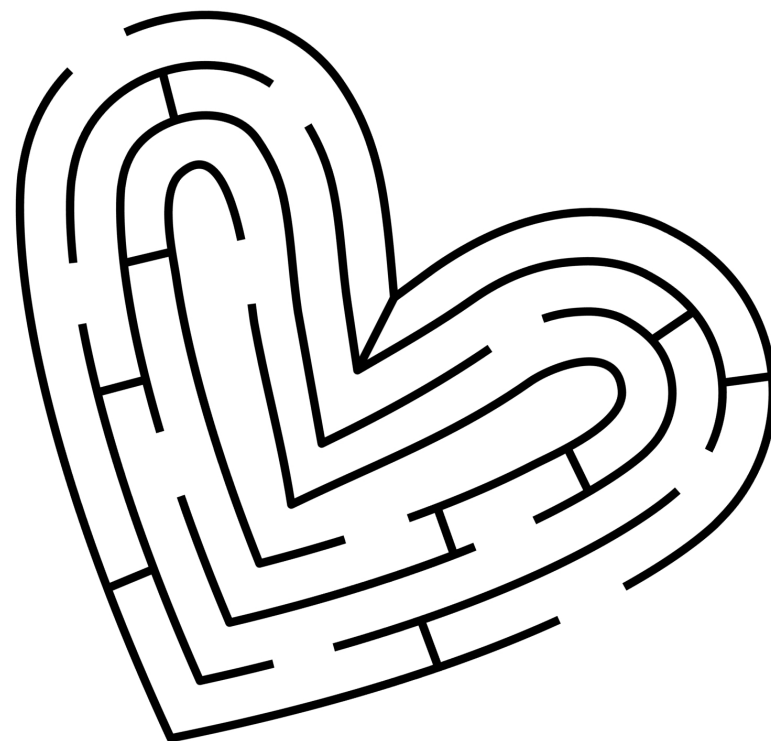


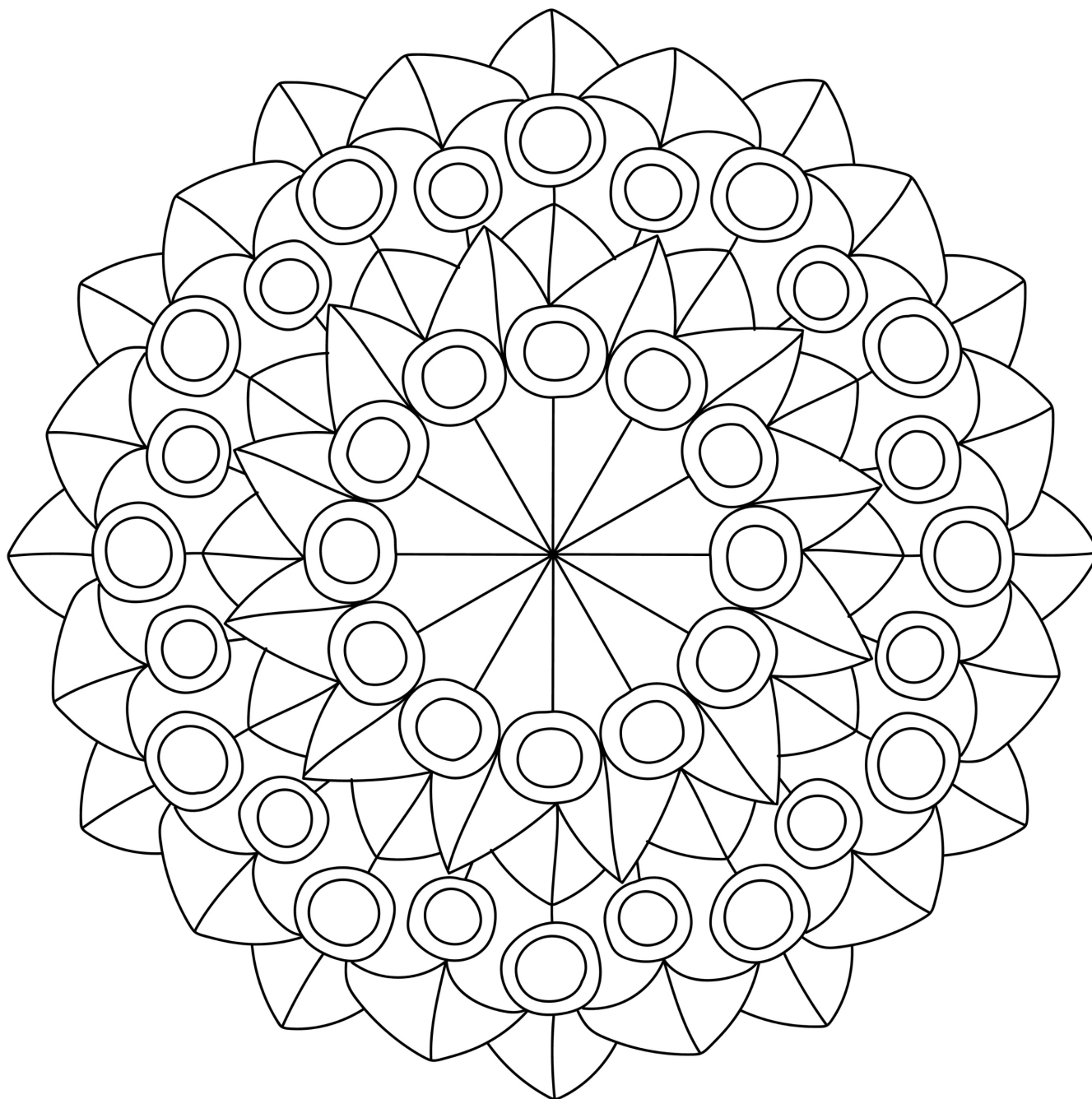
What are your favorite types of puzzles?

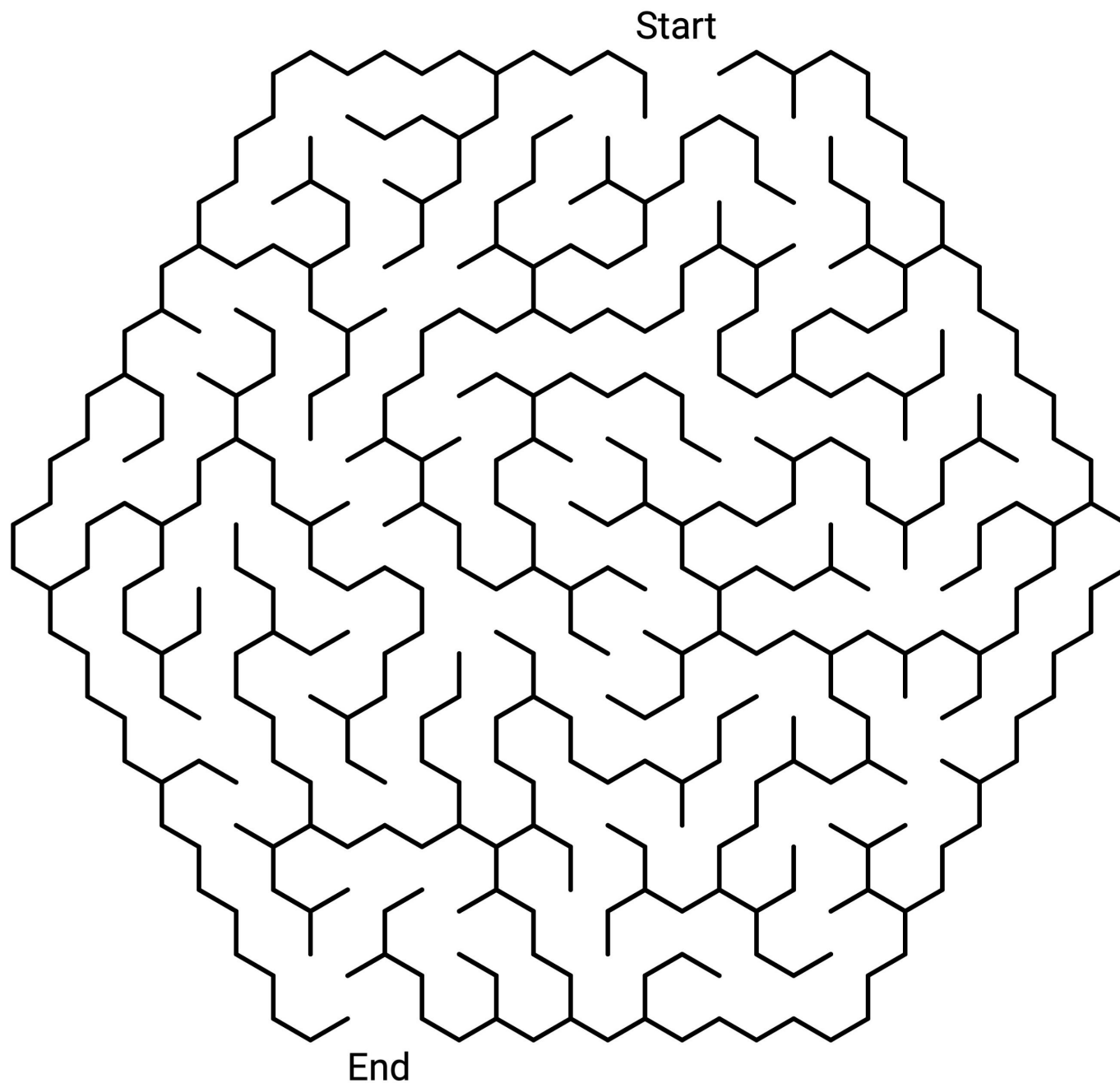
Have you tried any new puzzles this year?



3	8	7	4	9	1	6	2	5
2	4	1	5	6	8	3	7	9
5	6	9	3	2	7	4	1	8
7	5	8	6	1	9	2	3	4
1	2	3	7	8	4	5	9	6
4	9	6	2	5	3	1	8	7
9	3	4	1	7	6	8	5	2
6	7	5	8	3	2	9	4	1
8	1	2	9	4	5	7	6	3







Maze 8

Space Exploration

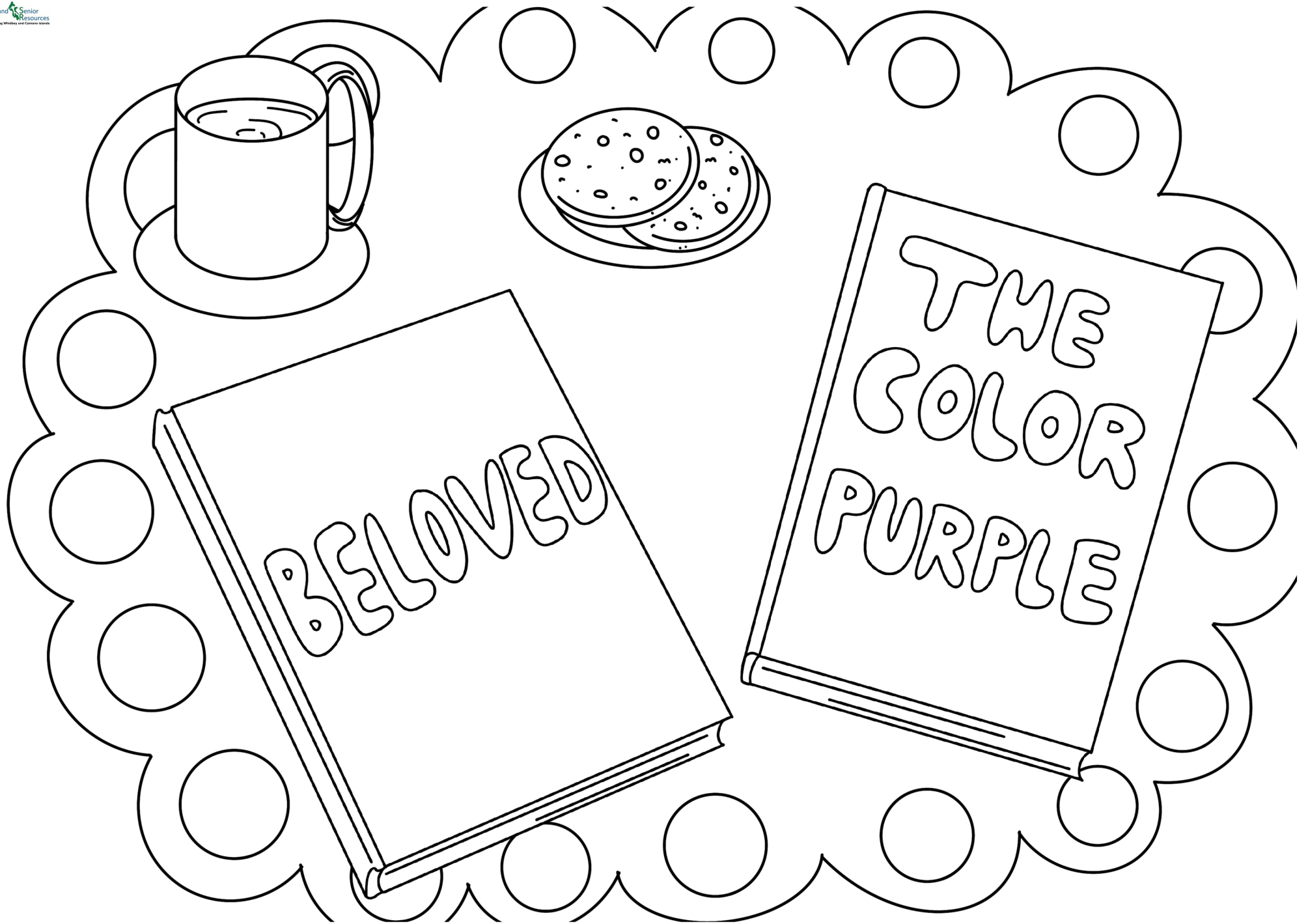


Can you find the words below in the box above?

Apollo
Cosmos
Explore
Flight

Freedom
Halley
Launch
Mars

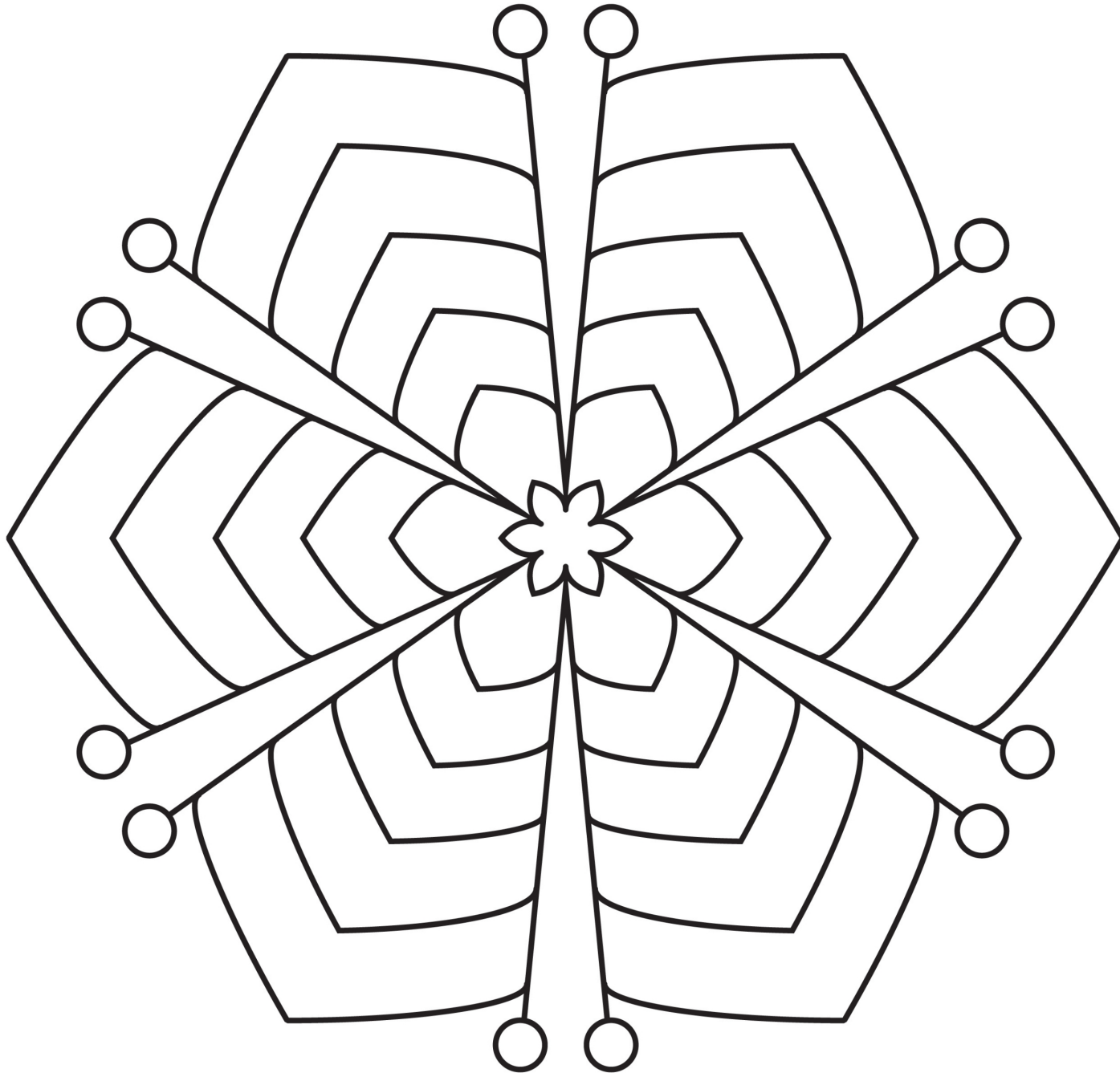
Missions
Moon
Nasa
Neptune

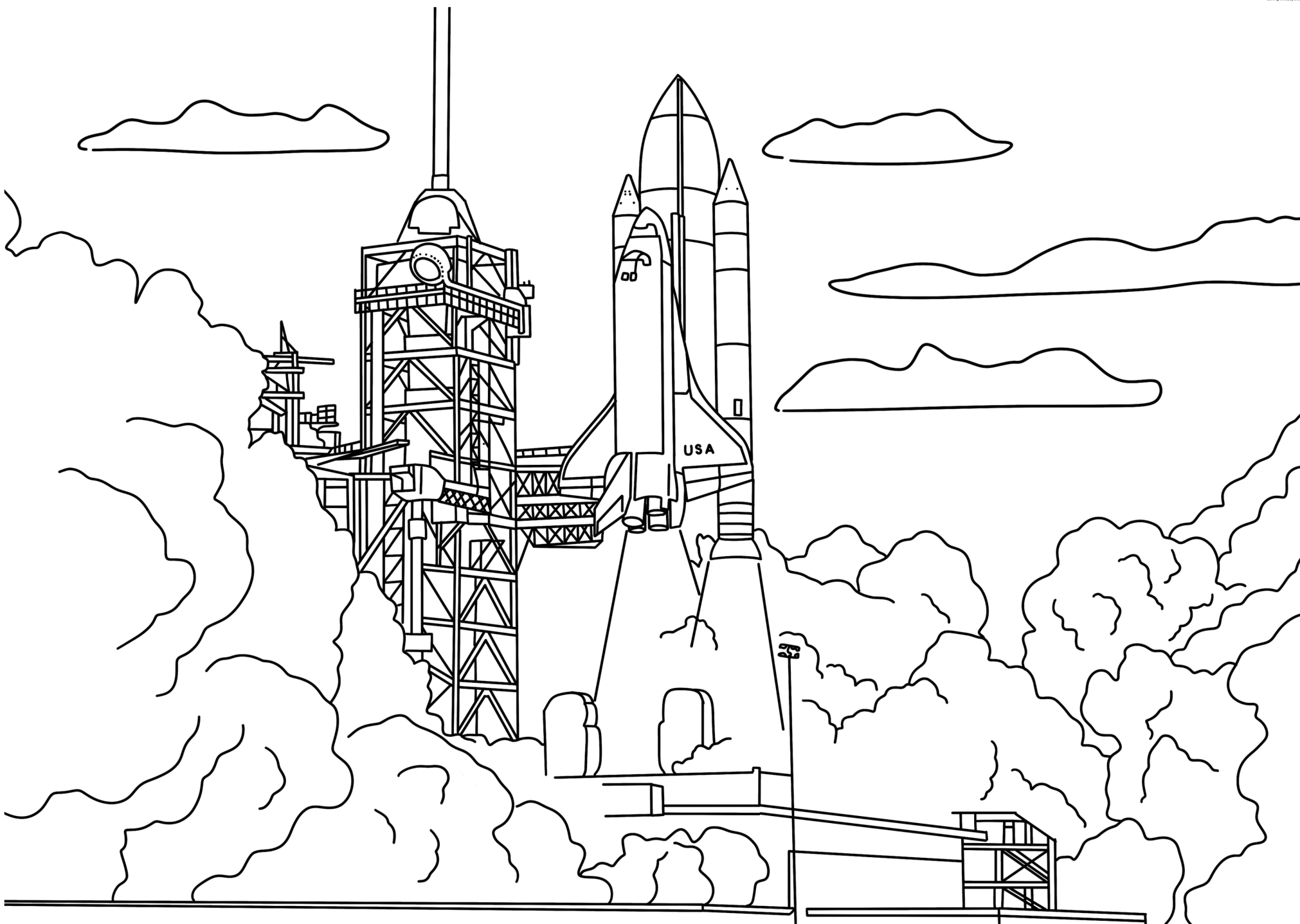


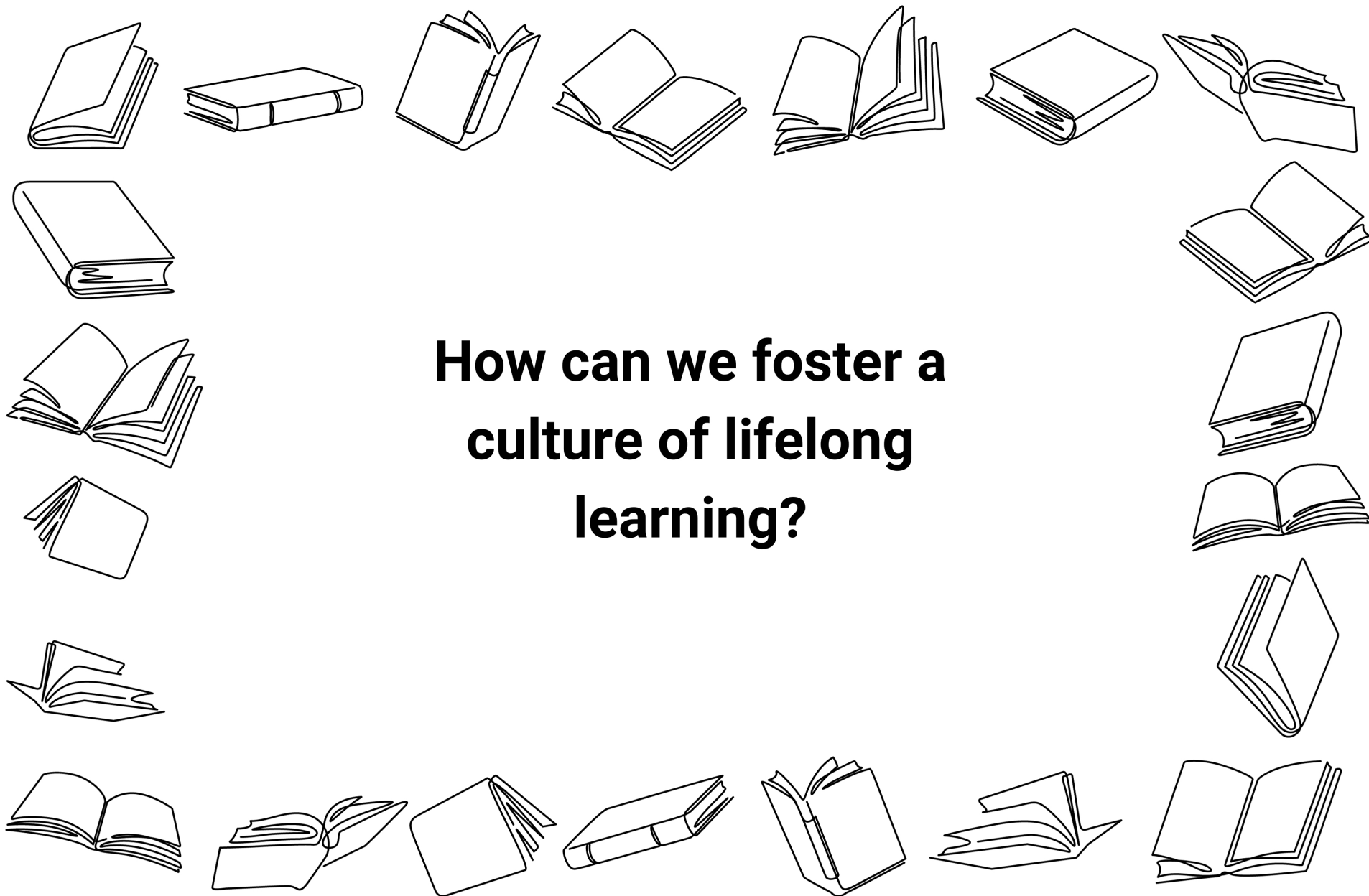
**Do you have a favorite basketball team?
Is it your local team or from a different
city?**



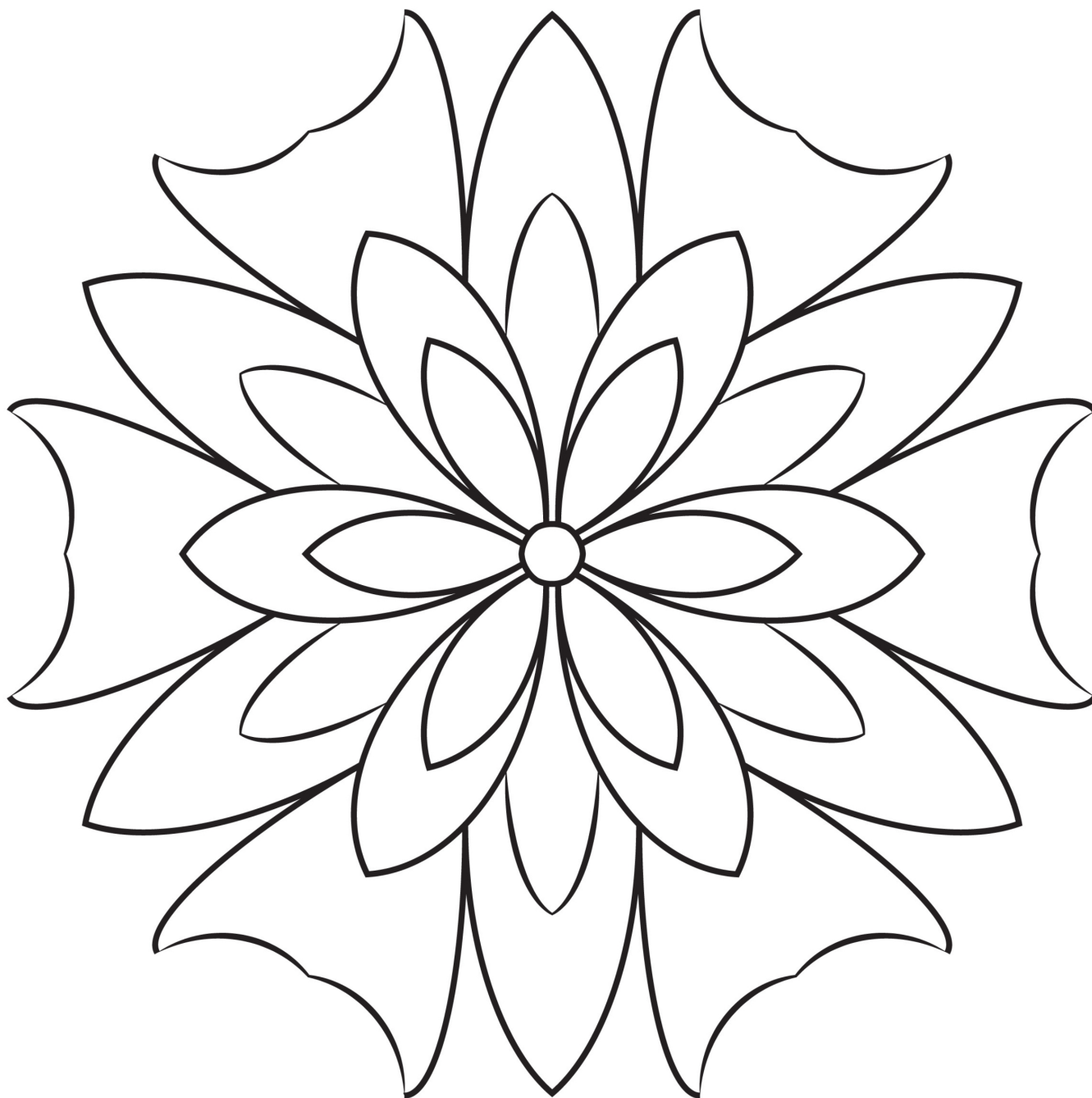
What draws you to this team?







**How can we foster a
culture of lifelong
learning?**



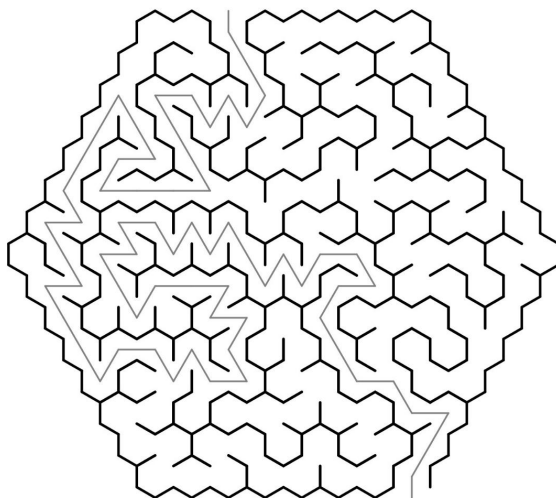
Capture the gravity-defying dunk of Michael Jordan or LeBron James.
Focus on the explosive power and grace in mid-air.

Create a scene depicting the celebration of a championship win by a team like the Chicago Bulls.

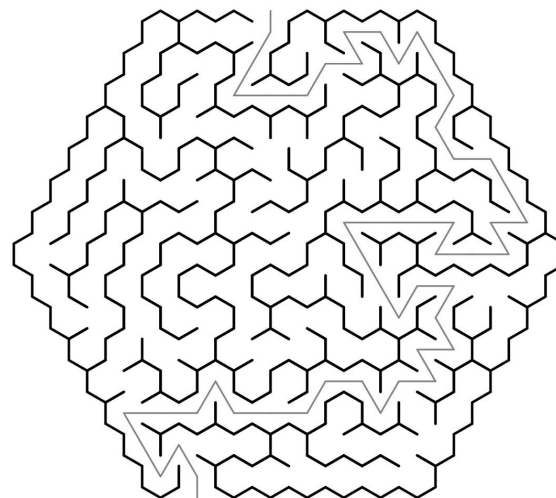
Create a scene commemorating the first moon landing, with Neil Armstrong's iconic step onto the lunar surface or the view of Earth from the Moon's perspective.

**M
A
Z
E**

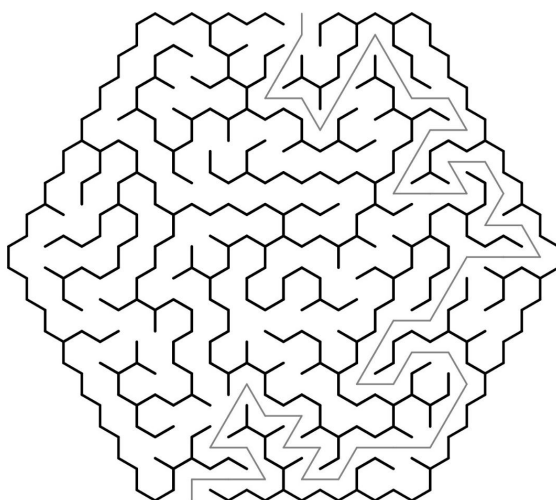
5



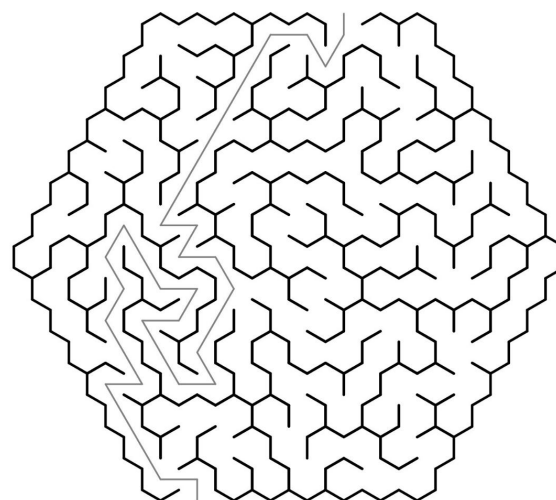
6



7

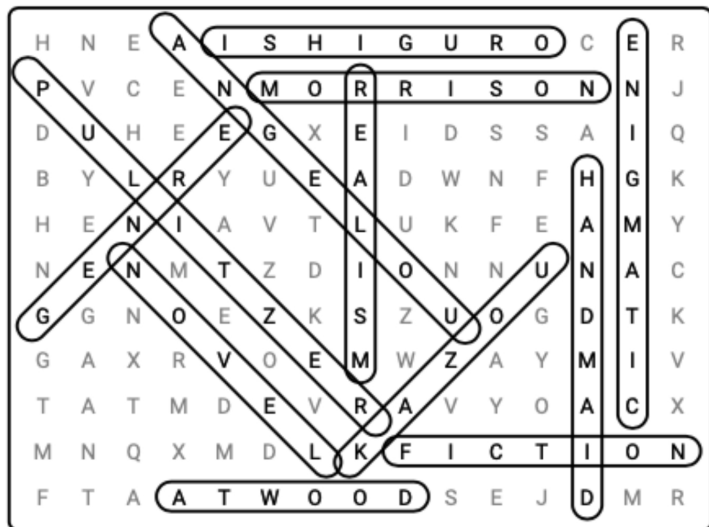


8

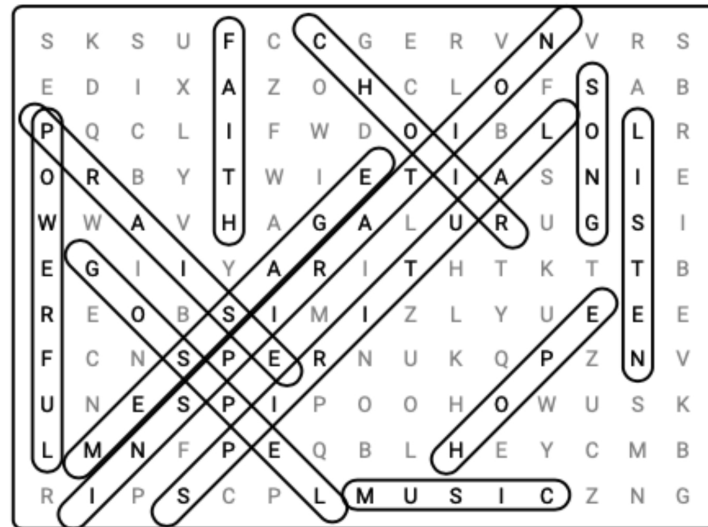


**A
N
S
W
E
R
S**

1980's Literature

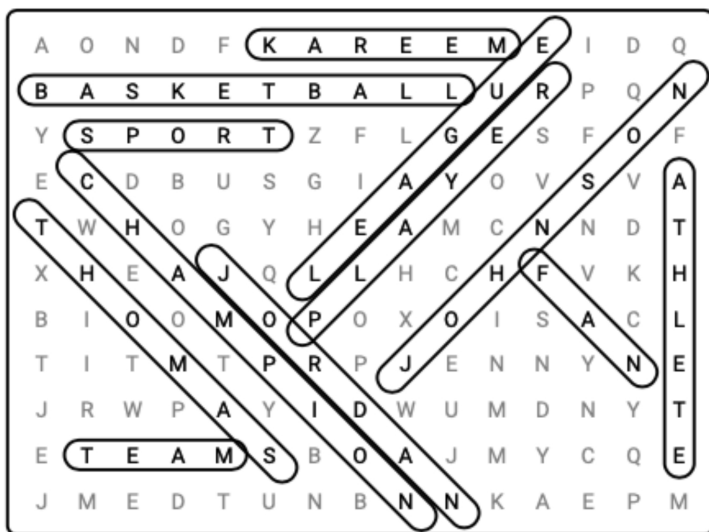


Gospel Music

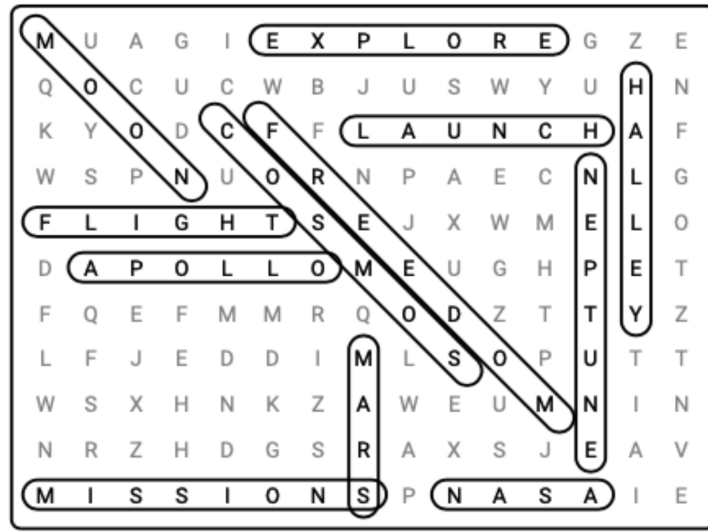


SEARCH

Basketball



Space Exploration



ANSWERS



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Call Us!
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Programs and Services

Aging & Disability Resources (ADR)

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

Statewide Health Insurance Benefits Advisors (SHIBA)

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

Nutrition Programs

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

Medical Equipment Lending Library

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

Private In-Home Providers (PIP)

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

Support Groups

Join in conversation with others facing similar challenges.



About Us

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support. Only 33% of our funding comes from government grants. You can sustain our work by donating on our website or by mail at P.O.

Box 939 Freeland, WA 98249

We are here for you

Contact us by phone , email, or request assistance on our website.

(360) 321-1600

www.senior-resources.org

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