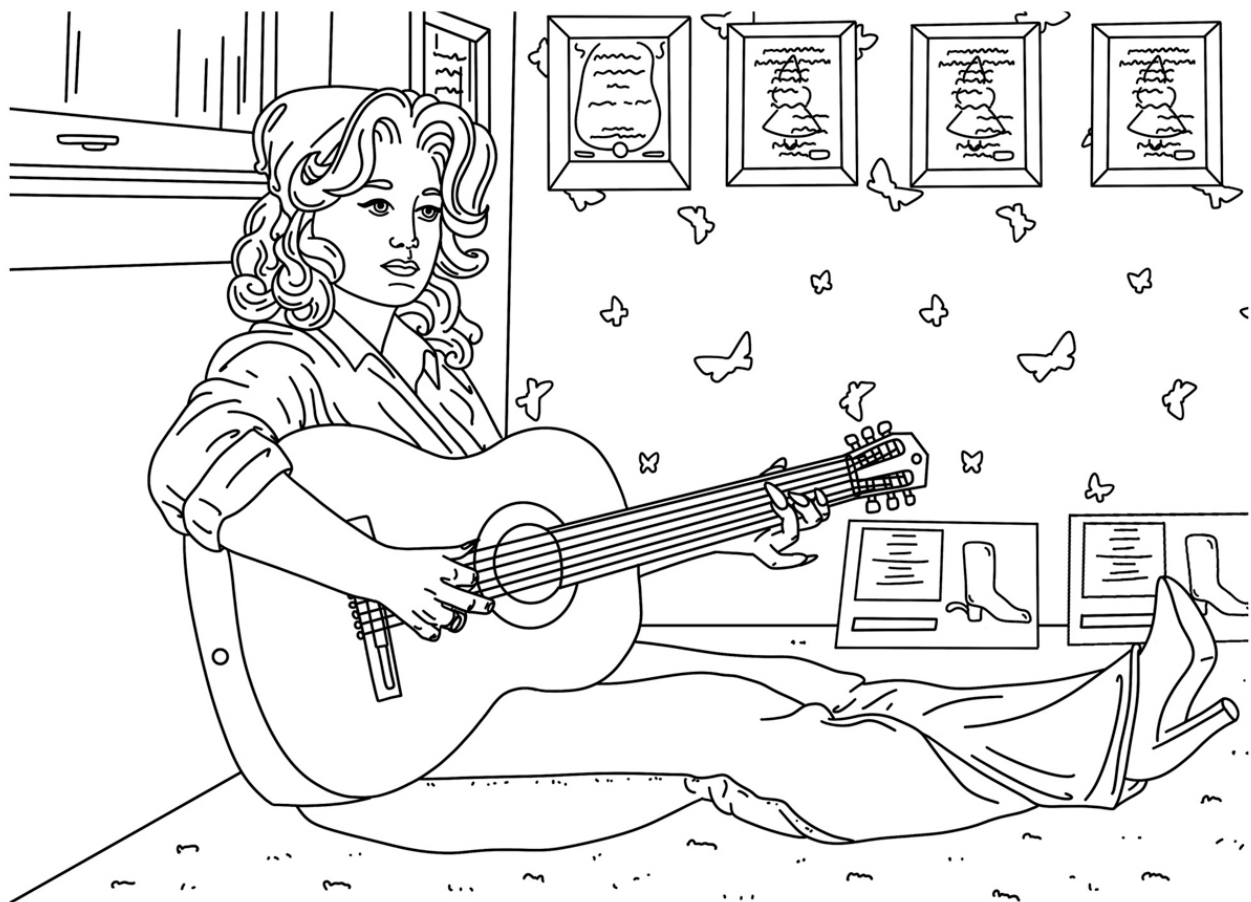

THE PUZZLE EXPERIENCE

CROSSWORD, WORDSEARCH, SUDOKU, WORDOKU, & MAZES

November 2023 • Time Travel



MISSION

To provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

2023 - EDITION #11

TIME TRAVEL - 1970'S

The 1970's delivered numerous architectural achievements, including constructing iconic towers like the World Trade Center in New York City and the Sears Tower in Chicago. Country music also thrived during this time, with artists like Dolly Parton and Willie Nelson achieving mainstream success. The popularity of martial arts grew in the 1970s, largely due to the rising popularity of Bruce Lee and his films. Additionally, people were increasingly interested in enjoying nature, and outdoor activities like hiking and camping became more popular during the 1970's.

CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS

- *WORD WIZARD*
- *SUDOKU NINJA*
- *SIMPLY SEARCH*
- *MAZINGLY EASY*
- *AMAZING MINDS*
- *MIGHTY MANDALAS*
- *ARTISTIC ACTIVITIES*
- *STIMULATING SEARCH*
- *COGNITIVE CROSSWORDS*

TOWERS & ARCHITECTURE

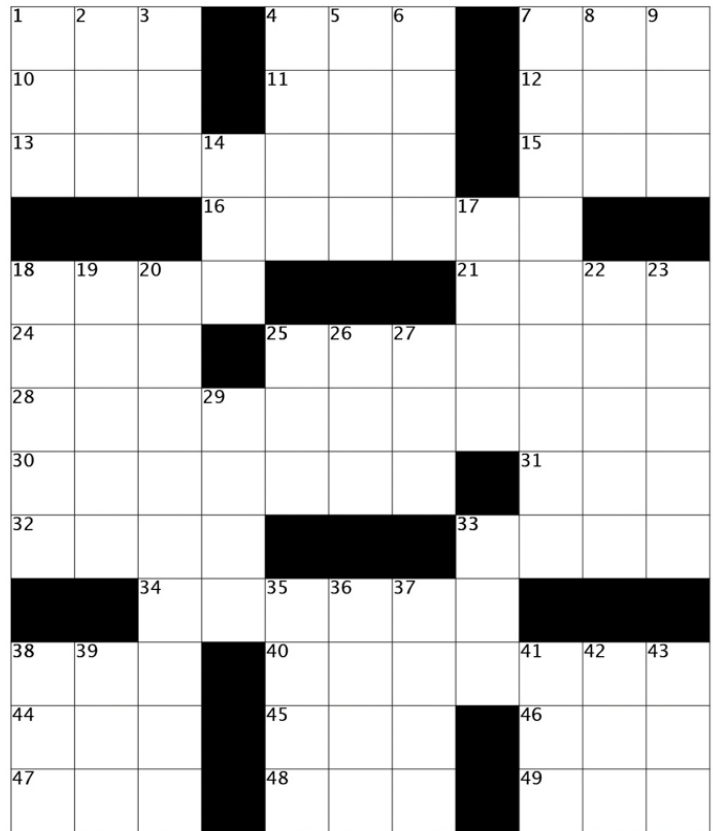
ACROSS

1. That man's
4. "I ___ Rock"
7. "...like peas ___ carrots"
10. Santa ___, California
11. Took a chair
12. Reimburse
13. City silhouette
15. Chimp
16. Pennant
18. Grabs
21. Prefix for sphere (MOAT anagram)
24. Cool ___ cucumber
25. Barn___: political traveler to many small towns
28. Tall buildings
30. 80s GOP strategist Lee
31. Private aid grp.
32. Cut of pork
33. British WWII gun (NEST anagram)
34. Tailor's tool
38. Morose

40. Cause to grow, as a building
44. Swelled head
45. Moo goo ___ pan
46. "That's the spot!"
47. "Holy cow!"
48. Quarterback Manning
49. Glide on snow

DOWN

1. Owns
2. Pen filler
3. Speak
4. Korea's continent
5. "Death in Venice" author Thomas
6. Two fives for ___
7. Rental unit in a building
8. Quick snooze
9. Tint
14. Scale units (abbr.)
17. Lawman Wyatt
18. Of the nose



19. Invite for
20. Alcove from which to watch the street
22. On-ramp sign
23. "Citizen Kane" director Welles
25. Girl, Eagle or Cub: Abbr.
26. Uno + du
27. Paddle
29. Of sound mind
33. Glimpse
35. Brink

36. "What's the big ___?"
37. 57, in Roman numerals
38. Use a 34-Across
39. Years ___ (in the past)
41. ___ Vegas
42. Acorn source
43. ___ Beta Kappa (college honor society)

SUDOKU #13-16

Each column, row, and box contains the numbers 1-4 without repeating. Use logic to figure out the missing numbers in blank boxes.

13

	4		
			3
1		2	
4			

14

4		2	
2		3	1

15

	3		1
2		3	
			2

16

		4	
1			2
			3
	3		

Wordoku - 1970's

Each column, row, and box contains the letters in the puzzle word without repeating. Like sudoku, use logic to figure out the missing letters in blank boxes.

A			
D		N	
			N
		L	D

Word Used in Puzzle: LAND

	A	T	
			R
	T		
		S	

Word Used in Puzzle: STAR

		N	
			I
	D		
W		I	D

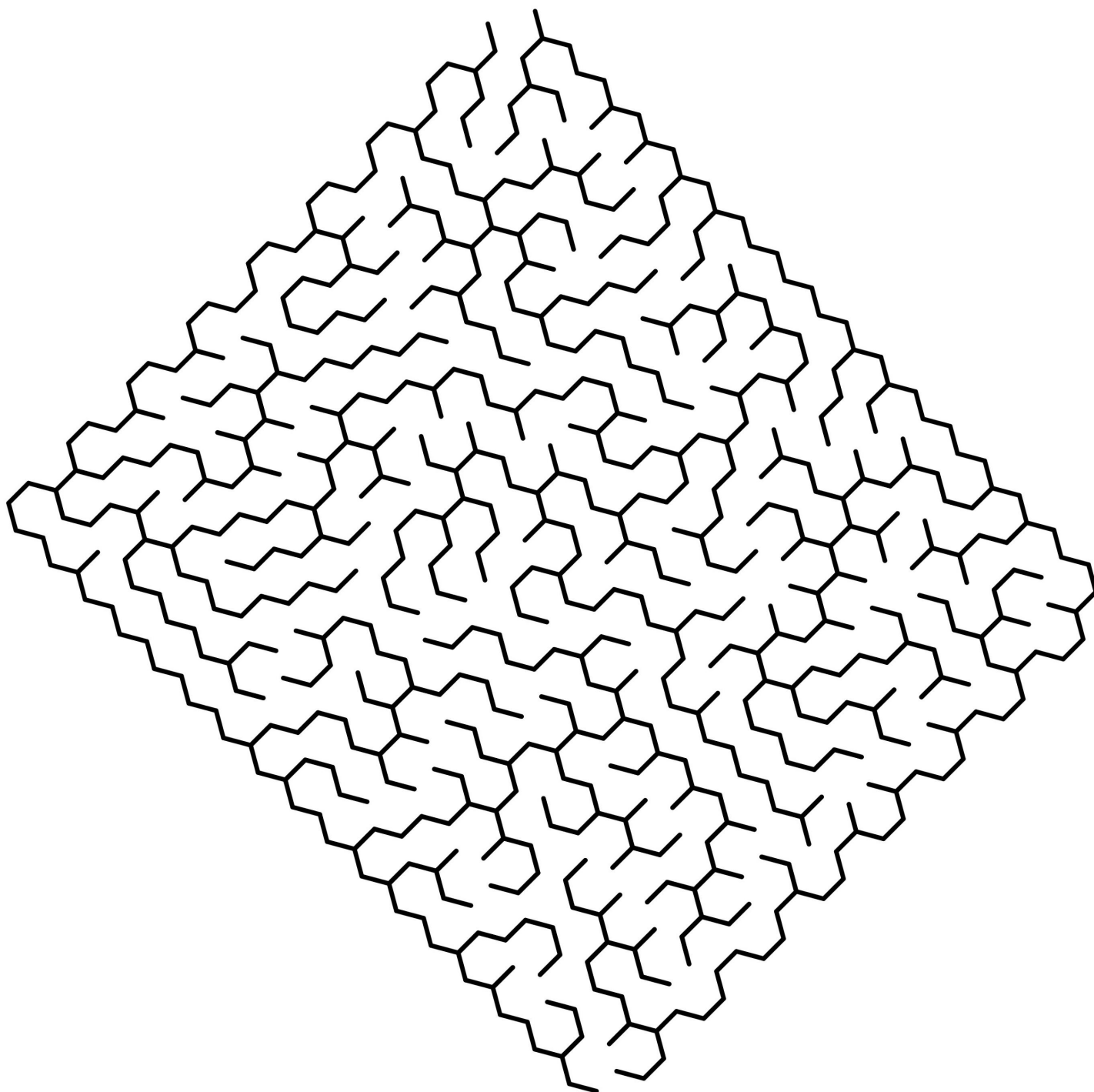
Word Used in Puzzle: WIND

		K	
A			W
	W		K

Word Used in Puzzle: WALK

Maze 5

Start



End

1970's Towers & Architecture



Can you find the words below in the box above?

Build	Design	Glass	Skyline	Technology
Chicago	Develop	Height	Solar	Tower
City	Doors	Industrial	Steel	Trellick
Concrete	Exterior	Landmark	Street	Urban
Construct	Function	Modern	Tall	Window

SUDOKU #17-20

Each column, row, and box contains the numbers 1-6 without repeating. Use logic to figure out the missing numbers in blank boxes.

17

2	5	4			
		3			
		2	5	3	
		1	6		2
4				6	3
			2		

18

	3	4	2		6
		2	5		
	4				1
2					
3				4	
	2	6			3

19

5		4		6	
6	3				
	6		1	3	
	1		2		6
	4	2			
1					

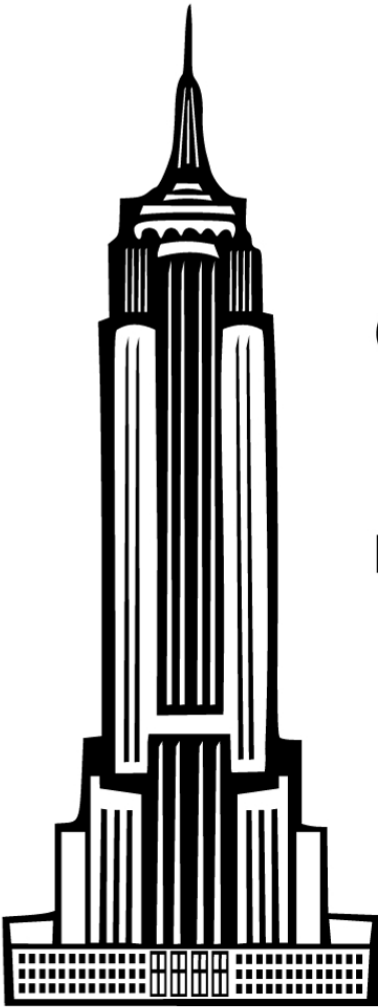
20

	6				5
		1	2		
4		6		5	
	1	3	4		2
			6	2	
				3	

1970's

Towers & Skyscrapers

Unscramble the words on the left using the spaces provided to correctly spell common words.



LIDBU	=	_____
ITYC	=	_____
OENERTCC	=	_____
SDNGIE	=	_____
EITOXERR	=	_____
NCNUIOFT	=	_____
GRMTOECIE	=	_____
ASSGL	=	_____
HTGEHI	=	_____
DTANISRIUL	=	_____
MKLARDNA	=	_____
RMDNOE	=	_____
LIEPSM	=	_____
KLYEINS	=	_____
OASLR	=	_____
ETSEL	=	_____
ATLL	=	_____
CLGETHNYOO	=	_____
WOTRE	=	_____
NBURA	=	_____

COUNTRY MUSIC

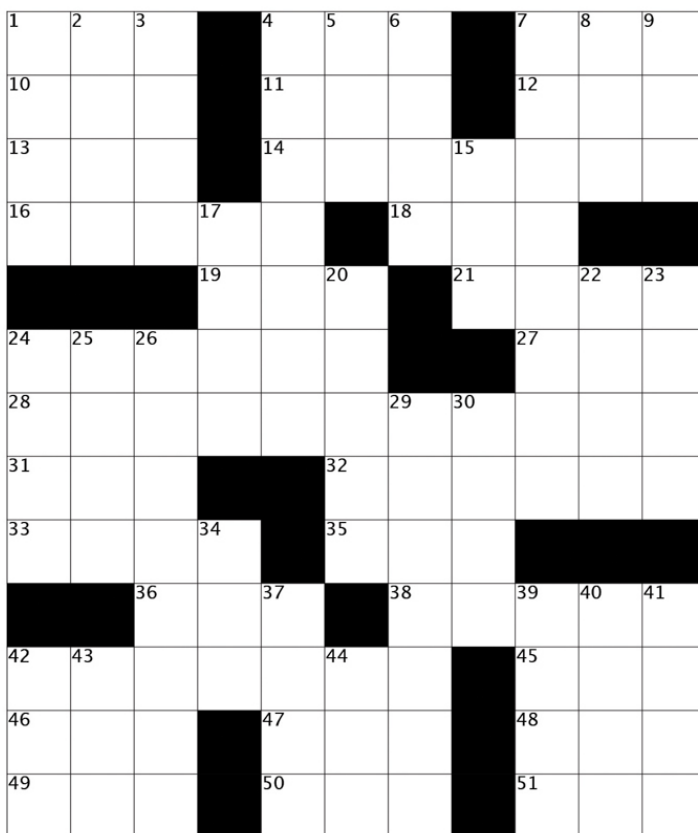
ACROSS

1. Good musical talent
4. Country singer Tillis
7. A deer, a female deer
10. "Islands in the stream, that is what we ____"
11. "One day ____ Time"
12. Bond writer Fleming
13. River inlet
14. Country singer Merle
16. Key ____, Florida
18. "My Gal ____"
19. ____ and outs
21. Compass direction
24. Record player
27. Guerilla Guevara
28. "9 to 5" singer
31. Get ____ for effort
32. In ____ (all together)
33. ____ sabe (friend, to Tonto)

35. "Harper Valley ____": Jeannie C. Riley song
36. Golfer Ernie
38. Concert sites
42. "Stand By Your Man" singer Tammy
45. Yes, in French
46. Trendy
47. Target
48. ____ Diego
49. Offs' opposites
50. ____ in rabbit
51. Yank

DOWN

1. "Duke, Duke, Duke of ____"
2. Diva's song
3. Keister
4. Paul Winchell's dummy sidekick
5. LAX board listing
6. Falls behind
7. Southern and Cockney, e.g.
8. Paddle
9. Finish
15. Gew____ (showy trinket)

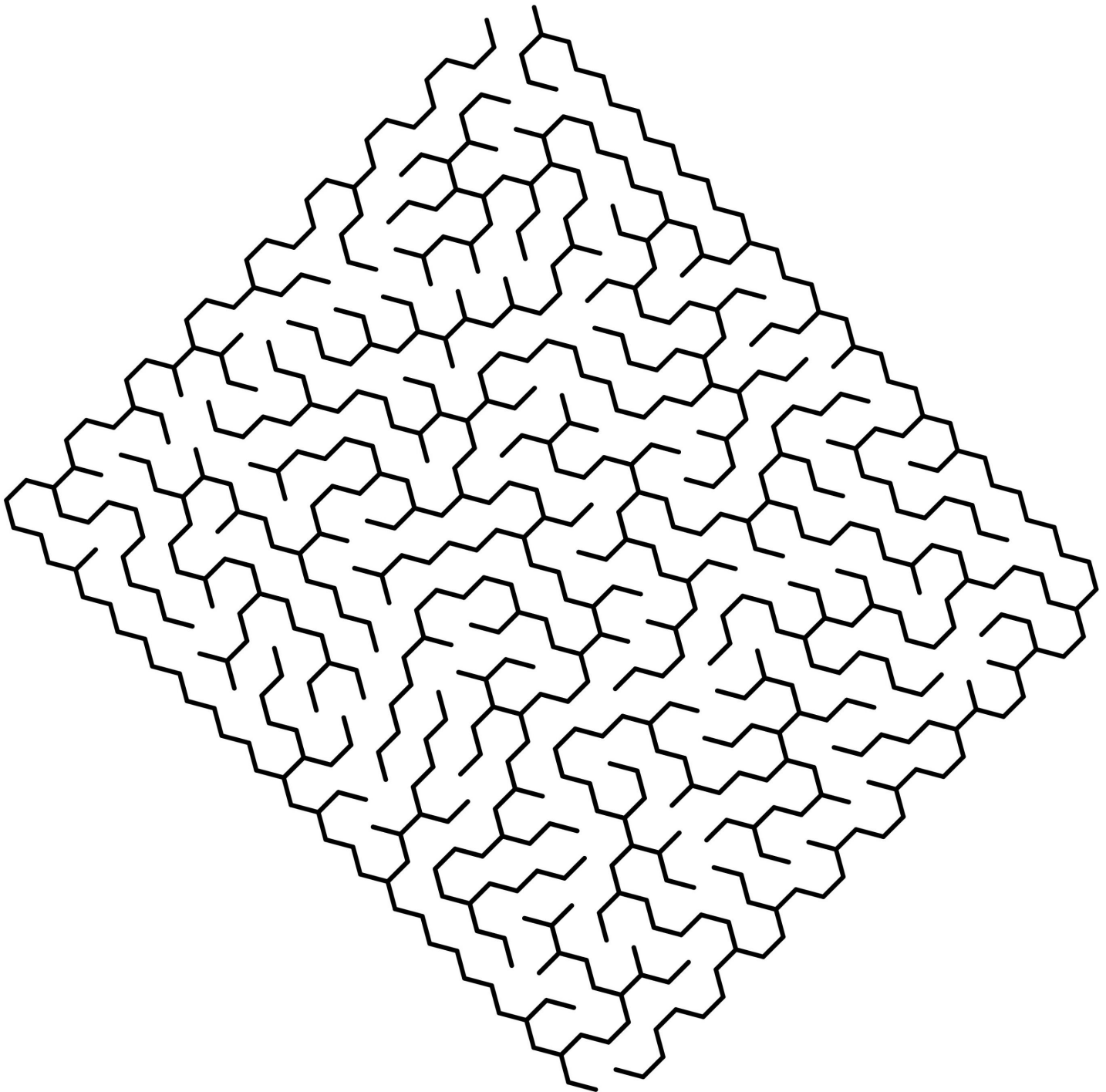


17. "The Most Beautiful ____": Charlie Rich song
20. Absorb, as gravy
22. "Scat!"
23. Home of Nashville, briefly
24. Home of Rushmore, briefly
25. Musical quality
26. Hydrogen and gold
29. Country songs

30. Anti-piracy org. (anagram of 2-Down)
34. "Your ____ Handy Man": 28-Across singer
37. Headliner
39. Puzzled
40. Maui feast
41. Harmonize
42. What person?
43. Hither and ____
44. ____ Maria (coffee liqueur)

Maze 6

Start



End

Country Music in 1970's



Can you find the words below in the box above?

Anthem	Dolly	Jennings	Nashville	Story
Artist	Folk	Legend	Nelson	Timeless
Cash	Haggard	Lyric	Parton	Voice
Catchy	Hank	Merle	Rogers	Willie
Crossover	Influence	Narrative	Sound	Wynette

SUDOKU #21-24

Each column, row, and box contains the numbers 1-9 without repeating. Use logic to figure out the missing numbers in blank boxes.

21

6				4	2			
	9				8	6	2	
2	1							
4					1			
	7			3		1	6	
1					5	8		
	3			9	7			
				5			3	2
9					6			

22

6	2	5			4			
					7			6
			6			4		
5			4	1	9			8
				5	2			
	4	2				5		
	6	7			5		3	
			7					1
			1	9		6		

23

2	8	1	5					
					8			9
		5		4			1	
					7	3		4
	5		8	2				
	2						6	
	9	2			6			5
		4			5	2	9	
			4	2				

24

	7	6	2					
5					3	2		
				4	5		7	
7		3			6			9
	4				1			
			3					8
	9	7				4		
	1					3		6
			6	2				

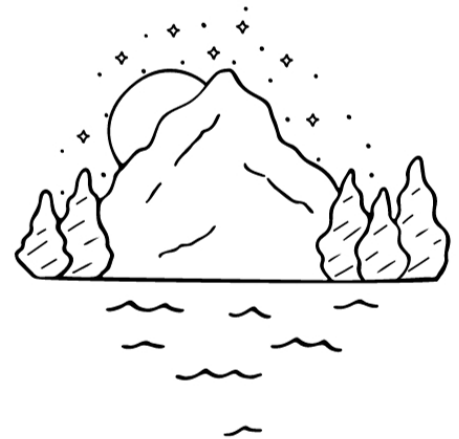
1970's

Enjoying Nature

Unscramble the words on the left using the spaces provided to correctly spell common words.



RIA	=	_____
PIACRTPEAE	=	_____
BYEUAT	=	_____
EREBZE	=	_____
MCAP	=	_____
OFLRA	=	_____
HERFS	=	_____
DNLA	=	_____
TNUERA	=	_____
BOSREVE	=	_____
UTROODO	=	_____
EDPDAL	=	_____
POHOT	=	_____
CCNIIP	=	_____
SNREEE	=	_____
HTIGS	=	_____
ESLML	=	_____
ARST	=	_____
WLAK	=	_____
IIEDWLFL	=	_____



MARTIAL ARTS

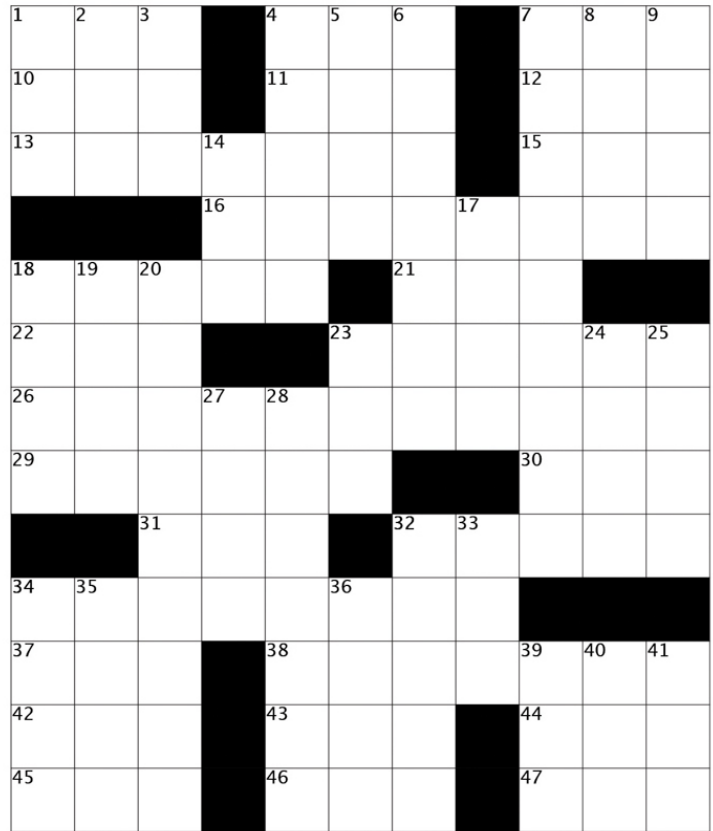
ACROSS

1. Label
4. Anger
7. Hoppy brew, briefly
10. Tavern
11. Sprinted
12. Chart
13. Pupil
15. "___ now or never!"
16. "___ Dragon": 34-Across film
18. Struck down, in the Bible
21. Actor Stephen of "The Crying Game" (ARE anagram)
22. Rooster's mate
23. Last innings in baseball, usually
26. Teaching
29. Cafe ___ ("with milk")
30. Egg: Prefix
31. The whole shebang
32. Guiding principle

34. Star who founded the Jeet Kune Do martial arts
37. Equip
38. Martial arts masters (SEEN SIS anagram)
42. Fireplace debris
43. Young ___ (tots)
44. Acquired
45. Movie filming location
46. Edgar Allan ___
47. Fellow

DOWN

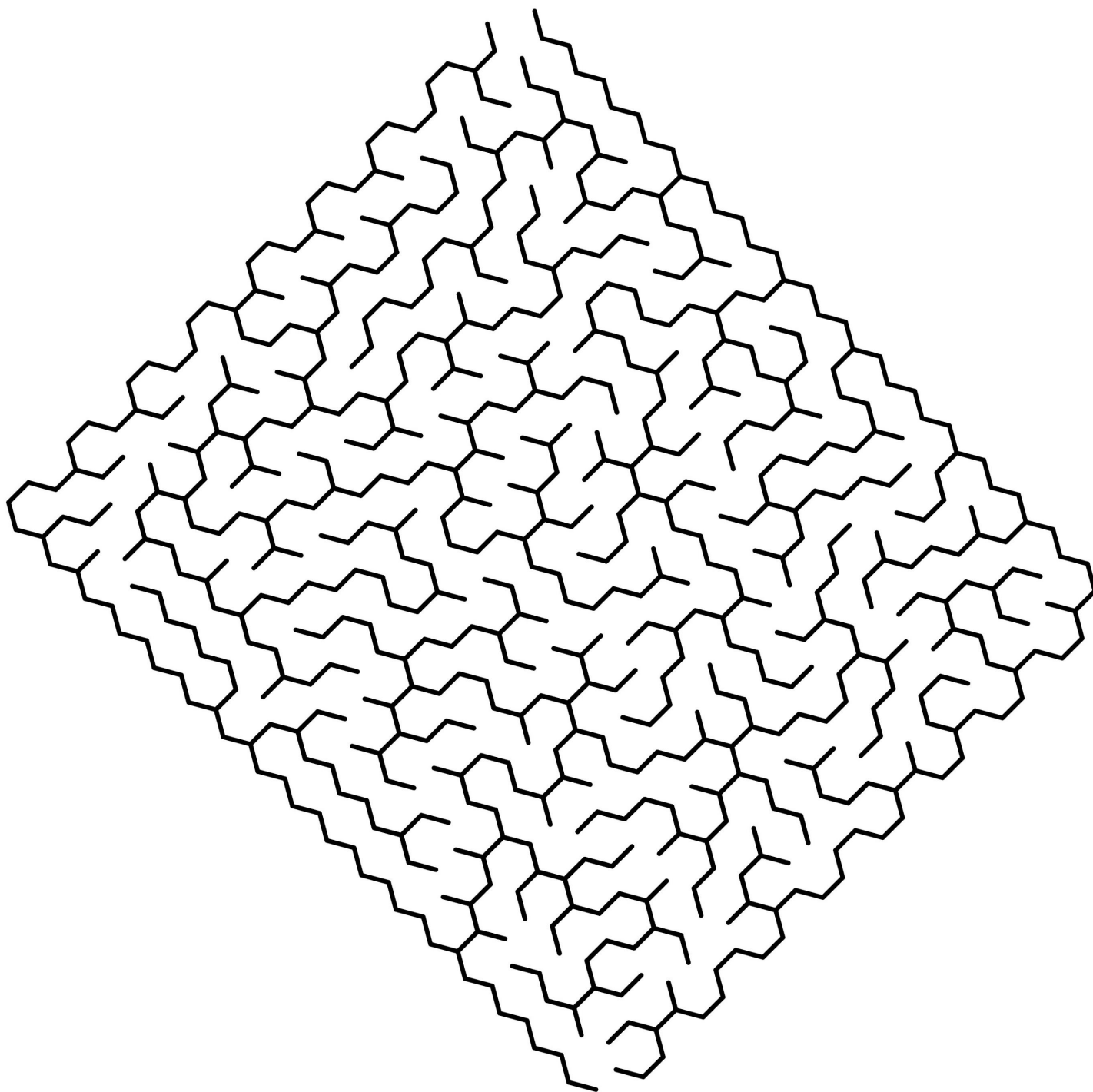
1. "___ the season to be jolly"
2. Picnic spoiler
3. Wildebeest
4. Actress Dunn
5. ___ and rave
6. Of the intestine (same 1st 5 letters as 16-Across)
7. Replica
8. Hiker's route



9. Church recess
14. Police dept. rank
17. Landlord's income
18. Actor LaBeouf of "Transformers"
19. Bill of fare
20. Vigorous attack
23. Squirrel snack
24. Stopped at sea, with "to"
25. ___-nosed kid
27. Bath powder
28. Agitates
32. Taut
33. Plural suffix with "employ"
34. Bikini tops
35. Elevate
36. Jay of late-night
39. Omelet ingredient
40. Debtor's letter
41. Pigpen

Maze 7

Start



End

Martial Arts



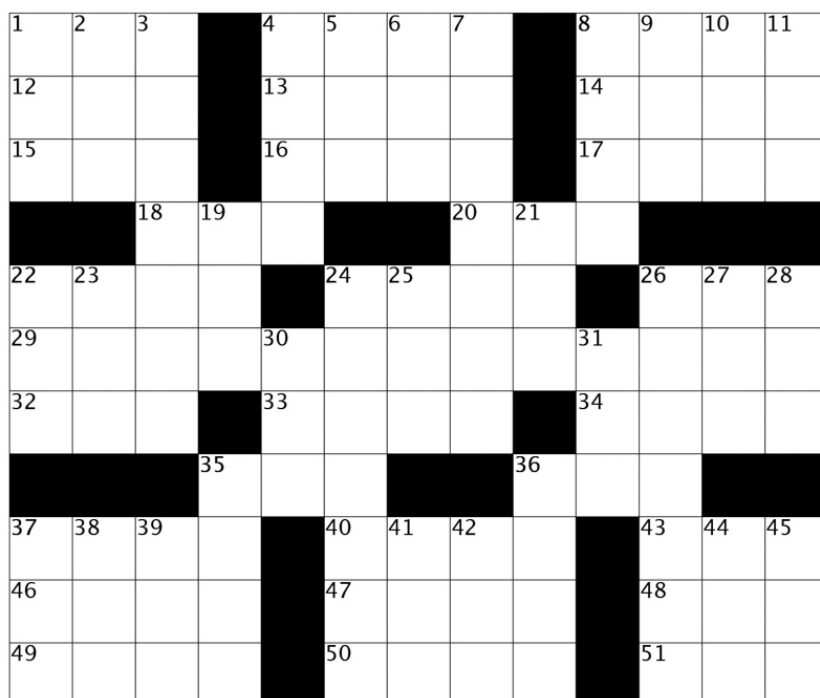
Can you find the words below in the box above?

Agility	Cinema	Dragon	Lee	Skill
Asia	Combat	Fist	Li	Strength
Bruce	Compete	Instruct	Masters	Student
Chan	Discipline	Karate	Philosophy	Taekwondo
Charisma	Dojo	Kick	Shaolin	Train

ENJOYING NATURE

ACROSS

1. Headwear
4. Stroll in the woods
8. Trail
12. "___ the ramparts..."
13. Out in the ___ (no longer hidden)
14. Notion
15. Bard's "before"
16. Fly like an eagle
17. Dutch cheese
18. Krazy ___ of the comic
20. Hosp. areas
22. Queries
24. Hint
26. Helpful hint
29. Place for enjoying nature, reverently
32. Help
33. Formerly
34. Jogs
35. Put on, as 1-Across
36. 5+5
37. Mint family herb
40. Sicilian volcano
43. "We ___ People..."
46. Pub brews
47. Penny or dime
48. Sleep phase
49. Stroll
50. Chat
51. "You bet!"

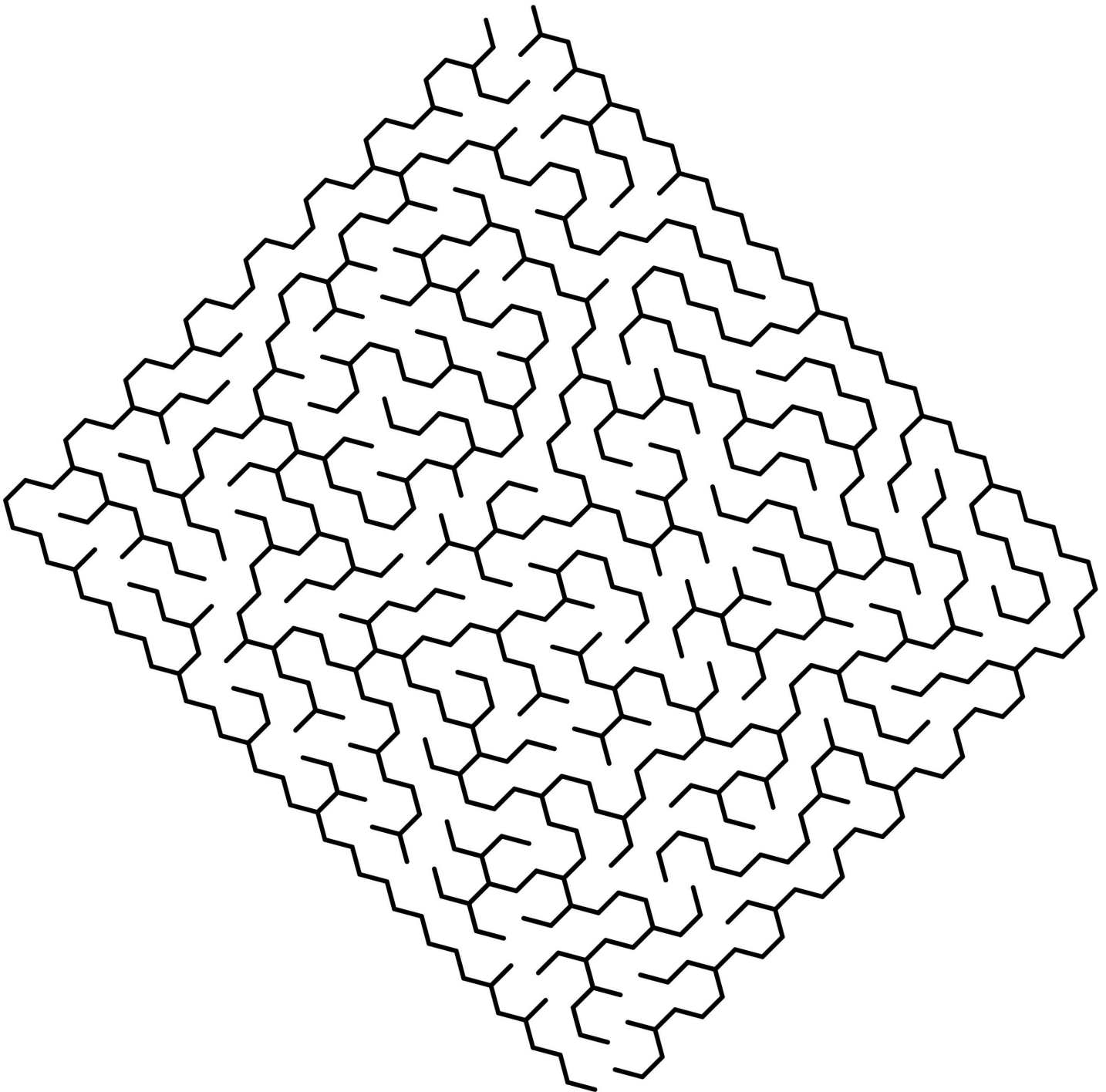


DOWN

1. Garden tool
2. ___ Lingus
3. Took a long tramp in the woods
4. Party giver
5. Wall St. debut
6. Mauna ___
7. Between travel points
8. Crusty desserts
9. Tack on
10. Earl Grey, e.g.
11. Sandwich meat
19. Blind ___ bat
21. Crimson
22. ___ Khan
23. ___ Lanka
24. Join together
25. Jean-___ Picard of "Star Trek"
26. "Town & ___"
27. Coffee vessel
28. Letter before TEE
30. Also
31. Raw rock
35. Cubicle furniture
36. Armored vehicle
37. Lumberjack's tool
38. Chicken ___ king
39. Toothpaste type
41. One ___ customer
42. None
44. "___-Haw"
45. Letters before ENS

Maze 8

Start



End

Enjoying Nature



Can you find the words below in the box above?

Animal	Camp	Flora	Observe	Sight
Appreciate	Campfire	Fresh	Outdoor	Smell
Beauty	Canoe	Kayak	Paddle	Stars
Birdsong	Coastline	Land	Picnic	Walk
Breeze	Connect	Lodge	Serene	Wildlife

1970's Trivia

1. What was the first country song to win a Grammy for Record of the Year?
2. Which country artist's nickname is "The Man in Black"?
3. Who sang "Stand By Your Man"?
4. Which building in New York City held the title of the world's tallest building for 41 years?
5. The Petronas Twin Towers are in which country?
6. How tall in feet is the current world's tallest skyscraper?
7. Which martial art is the "gentle way" and emphasizes using an opponent's energy and movements against them?
8. Which martial art uses a belt system to signify rank?
9. Who is the American martial artist and actor who starred in "Walker, Texas Ranger"?
10. Who is the martial artist known for his iconic movies like "Enter the Dragon"?



ANSWERS:

1. "Not Ready to Make Nice" by the Dixie Chicks
2. Johnny Cash
3. Tammy Wynette
4. Empire State Building
5. Malaysia
6. 2,717
7. Judo
8. Karate
9. Chuck Norris
10. Bruce Lee

CROSSWORD ANSWERS

TOWERS & ARCHITECTURE

H	I	S		A	M	A		A	N	D
A	N	A		S	A	T		P	A	Y
S	K	Y	L	I	N	E		A	P	E
			B	A	N	N	E	R		
N	A	B	S				A	T	M	O
A	S	A		S	T	O	R	M	E	R
S	K	Y	S	C	R	A	P	E	R	S
A	T	W	A	T	E	R		N	G	O
L	O	I	N				S	T	E	N
		N	E	E	D	L	E			
S	A	D		D	E	V	E	L	O	P
E	G	O		G	A	I		A	A	H
W	O	W		E	L	I		S	K	I

COUNTRY MUSIC

E	A	R		M	E	L		D	O	E
A	R	E		A	T	A		I	A	N
R	I	A		H	A	G	G	A	R	D
L	A	R	G	O		S	A	L		
			I	N	S		W	E	S	T
S	T	E	R	E	O			C	H	E
D	O	L	L	Y	P	A	R	T	O	N
A	N	E			U	N	I	S	O	N
K	E	M	O		P	T	A			
		E	L	S		H	A	L	L	S
W	Y	N	E	T	T	E		O	U	I
H	O	T		A	I	M		S	A	N
O	N	S		R	A	S		T	U	G

MARTIAL ARTS

T	A	G		I	R	E		I	P	A
I	N	N		R	A	N		M	A	P
S	T	U	D	E	N	T		I	T	S
			E	N	T	E	R	T	H	E
S	M	O	T	E		R	E	A		
H	E	N			N	I	N	T	H	S
I	N	S	T	R	U	C	T	I	O	N
A	U	L	A	I	T			O	V	O
		A	L	L		T	E	N	E	T
B	R	U	C	E	L	E	E			
R	I	G		S	E	N	S	E	I	S
A	S	H		U	N	S		G	O	T
S	E	T		P	O	E		G	U	Y

ENJOYING NATURE

H	A	T		H	I	K	E		P	A	T	H
O	E	R		O	P	E	N		I	D	E	A
E	R	E		S	O	A	R		E	D	A	M
		K	A	T			O	R	S			
A	S	K	S		C	L	U	E		C	U	E
G	R	E	A	T	O	U	T	D	O	O	R	S
A	I	D		O	N	C	E		R	U	N	S
			D	O	N			T	E	N		
S	A	G	E		E	T	N	A		T	H	E
A	L	E	S		C	O	I	N		R	E	M
W	A	L	K		T	A	L	K		Y	E	S

1970's Wordoku Answers

A	N	D	L
D	L	N	A
L	D	A	N
N	A	L	D

LAND

R	A	T	S
T	S	A	R
S	T	R	A
A	R	S	T

STAR

D	I	N	W
N	W	D	I
I	D	W	N
W	N	I	D

WIND

W	L	K	A
A	K	L	W
K	A	W	L
L	W	A	K

WALK

Word Scramble Answers

Towers

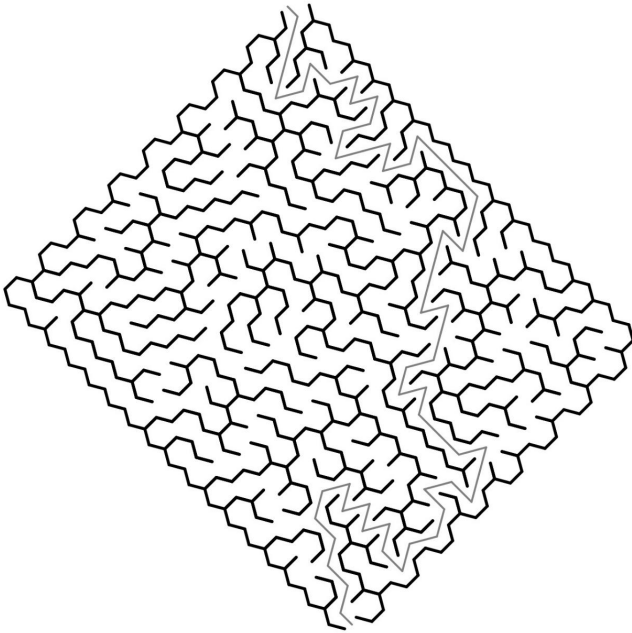
LIDBU = BUILD
ITYC = CITY
OENERTCC = CONCRETE
SDNGIE = DESIGN
EITOXERR = EXTERIOR
NCNUIOFT = FUNCTION
GRMTOECIE = GEOMETRIC
ASSGL = GLASS
HTGEHI = HEIGHT
DTANISRIUL = INDUSTRIAL
MKLARDNA = LANDMARK
RMDNOE = MODERN
LIEPSM = SIMPLE
KLYEINS = SKYLINE
OASLR = SOLAR
ETSEL = STEEL
ATLL = TALL
CLGETHNYOO = TECHNOLOGY
WOTRE = TOWER
NBURA = URBAN

Enjoying Nature

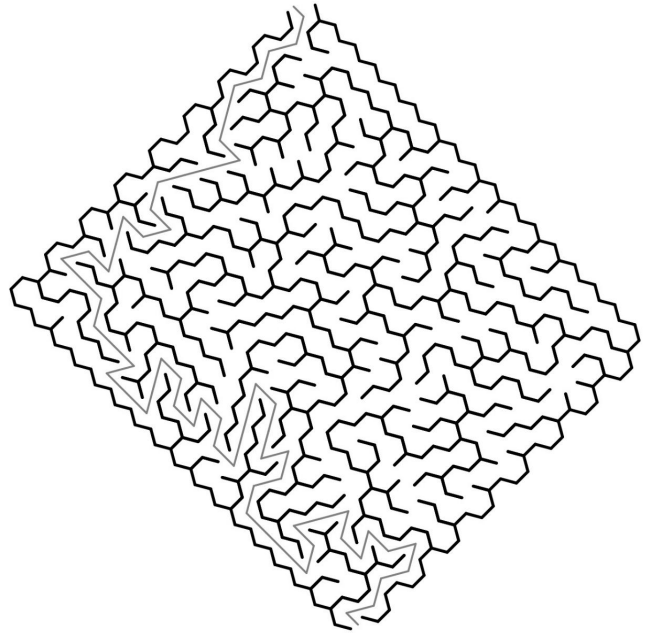
RIA = AIR
PIACRTPEAE = APPRECIATE
BYEUAT = BEAUTY
EREBZE = BREEZE
MCAP = CAMP
OFLRA = FLORA
HERFS = FRESH
DNLA = LAND
TNUERA = NATURE
BOSREVE = OBSERVE
UTROODO = OUTDOOR
EDPDAL = PADDLE
POHOT = PHOTO
CCNIIP = PICNIC
SNREEE = SERENE
HTIGS = SIGHT
ESLML = SMELL
ARST = STAR
WLAK = WALK
IIEDWLFL = WILDLIFE

Maze 5 - 8 Answers

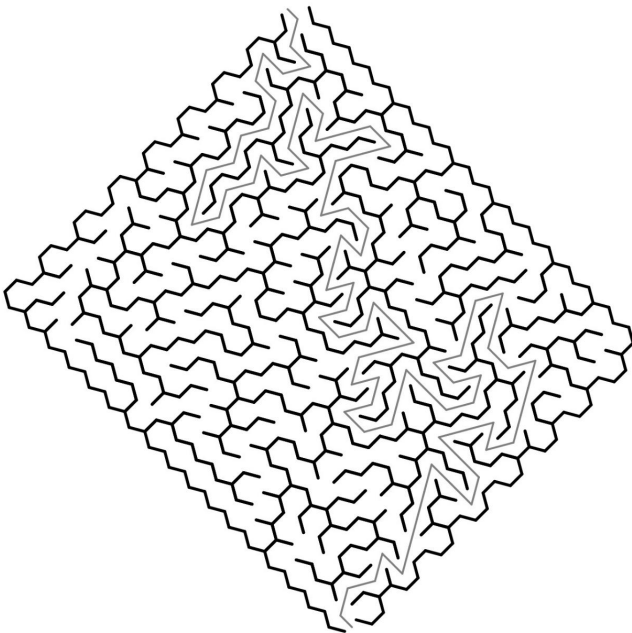
5



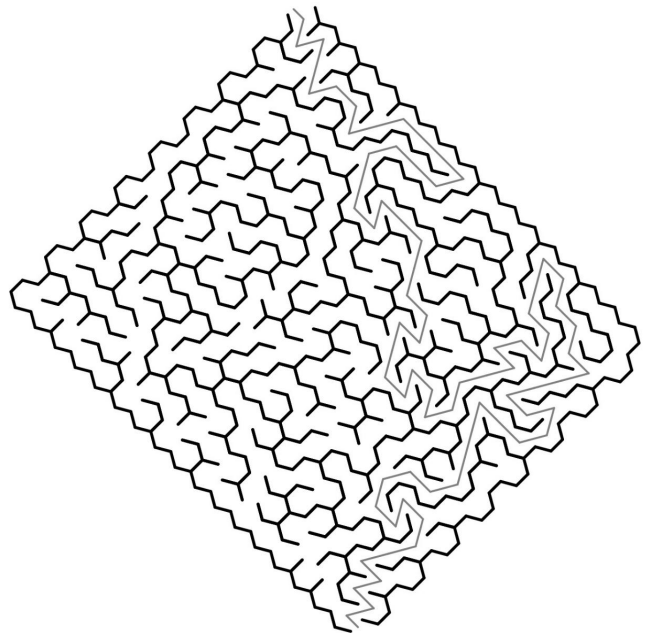
6



7

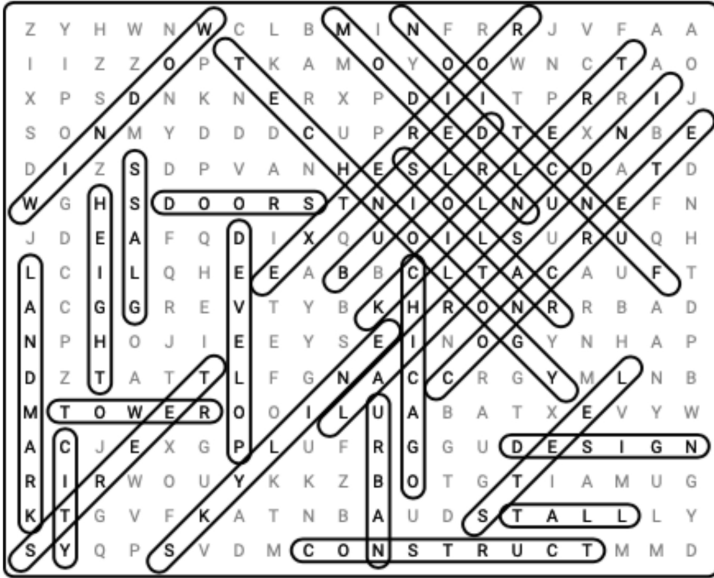


8

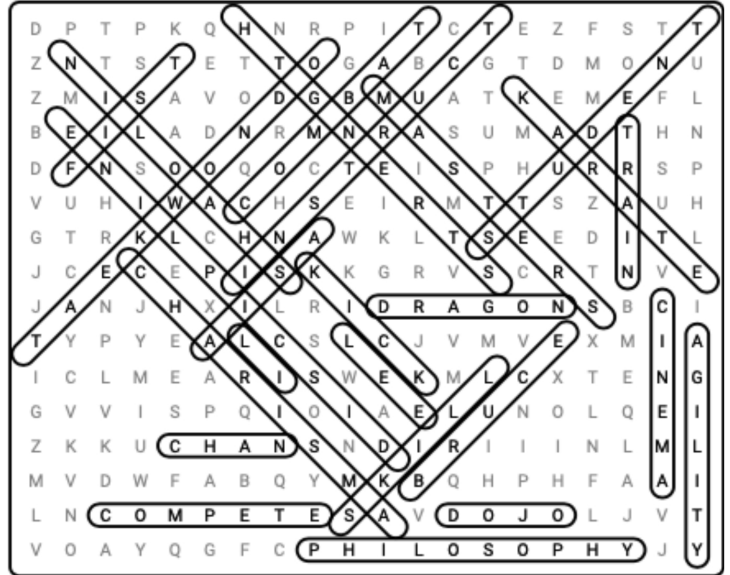


1970's Search Answers

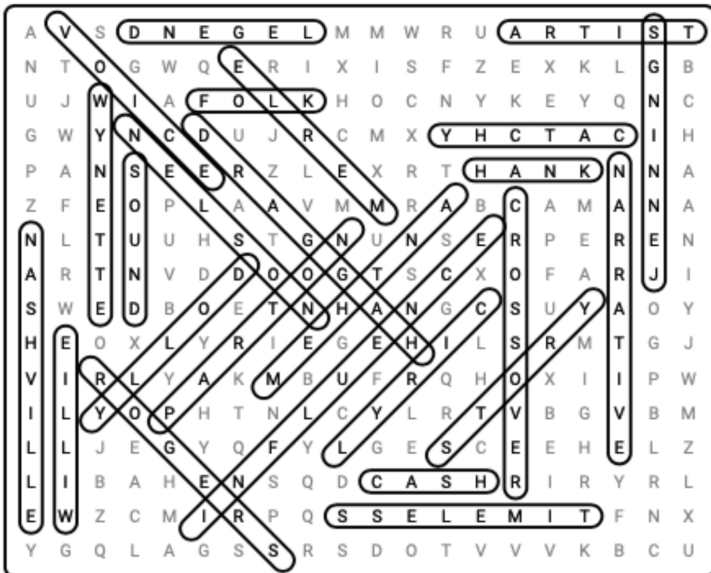
1970's Towers & Architecture



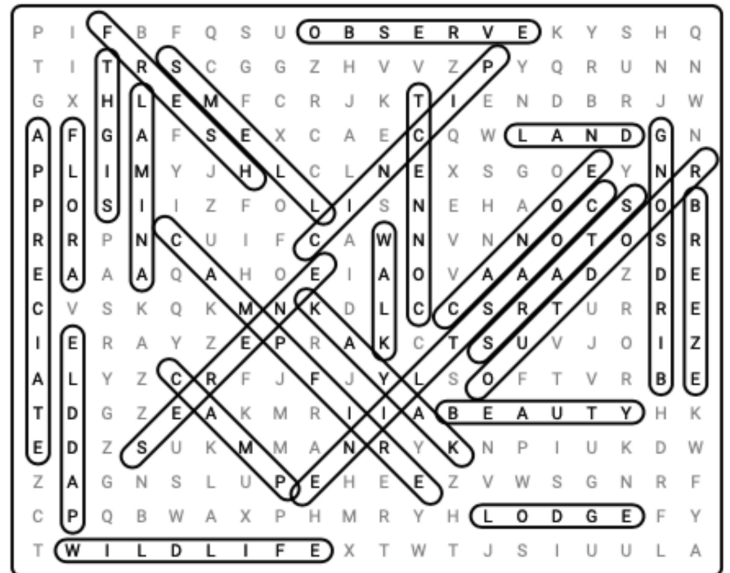
Martial Arts



Country Music in 1970's



Enjoying Nature



SUDOKU #13-16 ANSWERS

13

3	4	1	2
2	1	4	3
1	3	2	4
4	2	3	1

14

4	1	2	3
3	2	1	4
2	4	3	1
1	3	4	2

15

1	2	4	3
4	3	2	1
2	1	3	4
3	4	1	2

16

3	2	4	1
1	4	3	2
4	1	2	3
2	3	1	4

SUDOKU 17-20 ANSWERS

17

2	5	4	3	1	6
1	6	3	4	2	5
6	4	2	5	3	1
5	3	1	6	4	2
4	2	5	1	6	3
3	1	6	2	5	4

18

5	3	4	2	1	6
1	6	2	5	3	4
6	4	5	3	2	1
2	1	3	4	6	5
3	5	1	6	4	2
4	2	6	1	5	3

19

5	2	4	3	6	1
6	3	1	5	4	2
2	6	5	1	3	4
4	1	3	2	5	6
3	4	2	6	1	5
1	5	6	4	2	3

20

2	6	4	3	1	5
3	5	1	2	4	6
4	2	6	1	5	3
5	1	3	4	6	2
1	3	5	6	2	4
6	4	2	5	3	1

SUDOKU #21-24 ANSWERS

21

6	5	7	9	4	2	3	8	1
3	9	4	5	1	8	6	2	7
2	1	8	6	7	3	5	4	9
4	6	3	7	8	1	2	9	5
8	7	5	2	3	9	1	6	4
1	2	9	4	6	5	8	7	3
5	3	2	8	9	7	4	1	6
7	8	6	1	5	4	9	3	2
9	4	1	3	2	6	7	5	8

22

6	2	5	9	3	4	1	8	7
4	1	8	5	2	7	3	9	6
7	9	3	6	8	1	4	5	2
5	3	6	4	1	9	7	2	8
8	7	1	3	5	2	9	6	4
9	4	2	8	7	6	5	1	3
1	6	7	2	4	5	8	3	9
3	5	9	7	6	8	2	4	1
2	8	4	1	9	3	6	7	5

23

2	8	1	5	6	9	7	4	3
7	4	3	2	1	8	6	5	9
9	6	5	7	4	3	8	1	2
8	1	9	6	5	7	3	2	4
3	5	6	8	2	4	9	7	1
4	2	7	9	3	1	5	6	8
1	9	2	3	7	6	4	8	5
6	3	4	1	8	5	2	9	7
5	7	8	4	9	2	1	3	6

24

4	7	6	2	1	9	8	3	5
5	8	1	7	6	3	2	9	4
3	2	9	8	4	5	6	7	1
7	5	3	4	8	6	1	2	9
9	4	8	5	2	1	7	6	3
1	6	2	3	9	7	5	4	8
6	9	7	1	3	8	4	5	2
2	1	5	9	7	4	3	8	6
8	3	4	6	5	2	9	1	7



Cross Off Incorrect Guesses

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Make the blanks for your words here:



Serving Whidbey and Camano islands

Programs and Services

Aging & Disability Resources (ADR)

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

Nutrition Programs

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

Medical Equipment Lending Library

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

Private In-Home Providers (PIP)

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

Statewide Health Insurance Benefits Advisors (SHIBA)

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

Support Groups

Join in conversation with others facing similar challenges.

Call Us!
(360) 321-1600



Serving Whidbey and Camano islands

About Us

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support.

Only 33% of our funding comes from government grants.

You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

We are here for you

Contact us by phone , email, or request assistance on our website.

(360) 321-1600

www.senior-resources.org

reception@islandseniorservices.org.