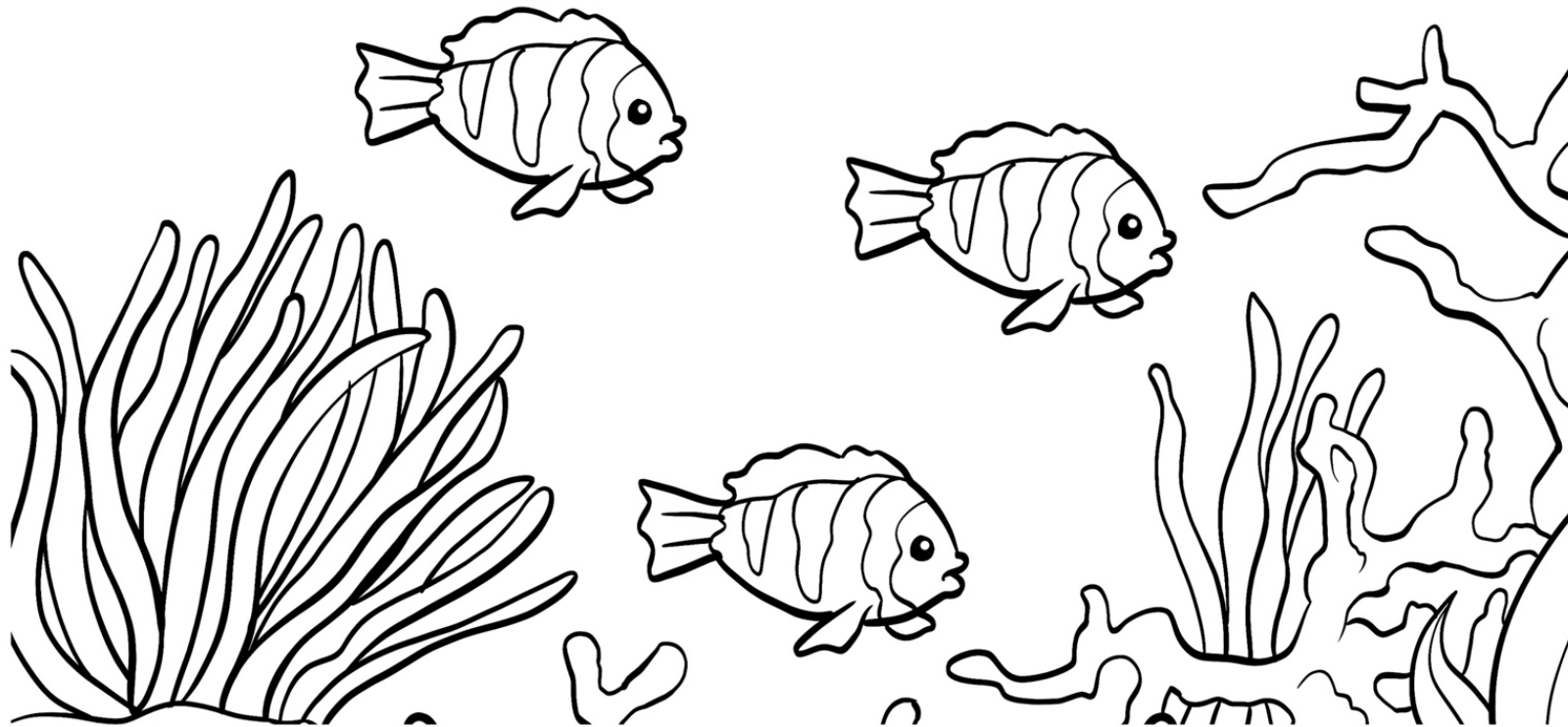


COLORFUL FUN!

ART, MAZES, & WORD SEARCH

November 2023 • **Global Travel**





Serving Whidbey and Camano islands

MISSION

To provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

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2023 - EDITION #11

GLOBAL TRAVEL BELIZE

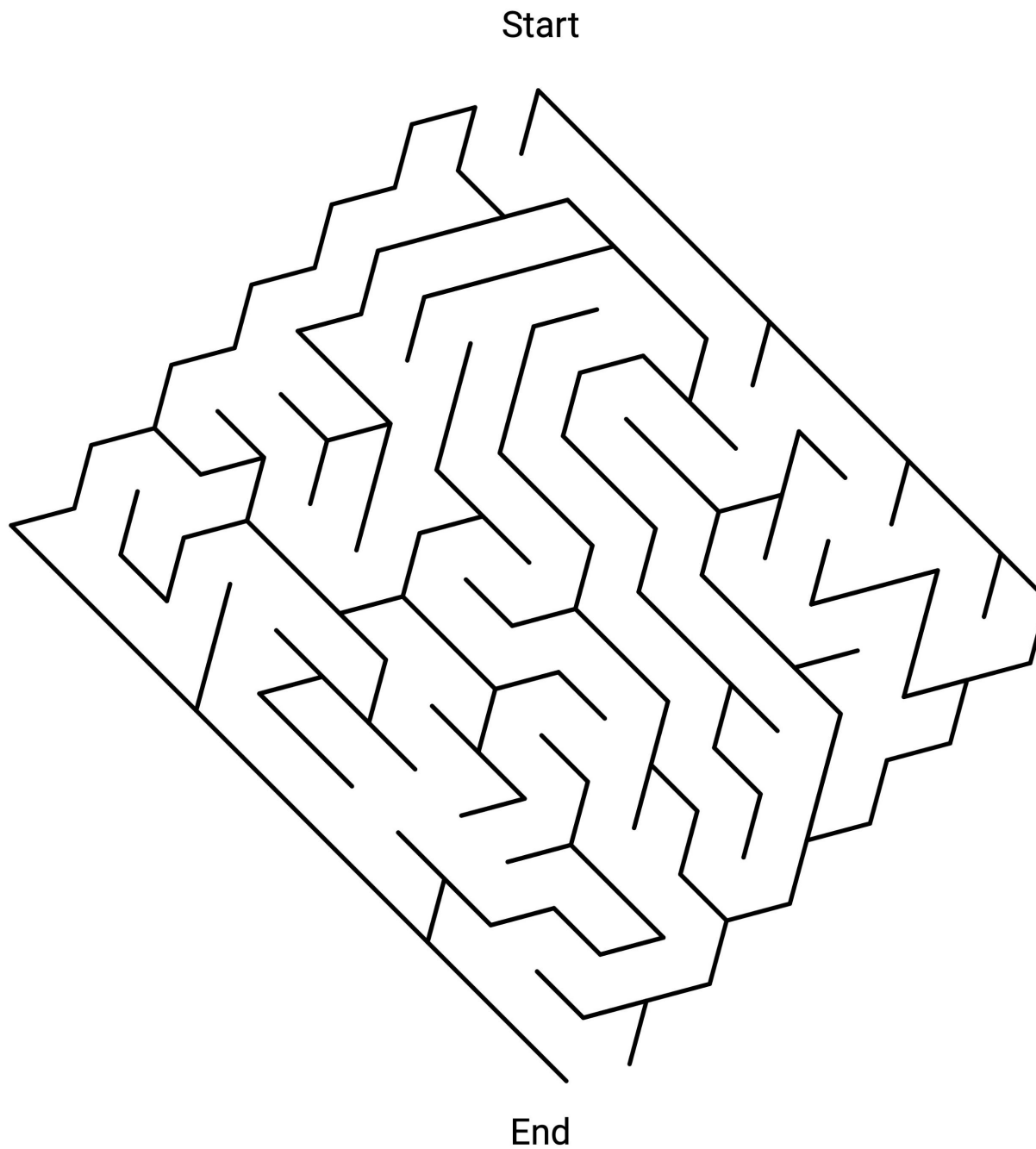
Belize is a small Central American country known for its diverse wildlife. The country is home to several unique animals, including jaguars, howler monkeys, tapirs, and a wide variety of bird species. The majority of the population in Belize is Catholic, and the country demonstrates its rich religious history in its numerous Catholic churches and religious festivals. Tacos and tortillas are popular foods in Belize, and the country's cuisine reflects the influence of both Spanish and Mayan cultures. Belize is also home to the second-largest coral reef system in the world, which attracts visitors from all over the globe for snorkeling and diving adventures.

CHECK OUT OUR OTHER ACTIVITY BOOKS FOR SENIORS

- *WORD WIZARD*
- *SUDOKU NINJA*
- *SIMPLY SEARCH*
- *MAZINGLY EASY*
- *AMAZING MINDS*
- *MIGHTY MANDALAS*
- *ARTISTIC ACTIVITIES*
- *STIMULATING SEARCH*
- *COGNITIVE
CROSSWORDS*

POWERED BY WAYS2WELLNESS.HEALTH

Maze 9



Animals in Belize

D	L	R	O	K	E	C	P	E	J	A	G	U	A	R
O	C	H	E	B	V	F	R	A	A	H	A	Y	F	I
L	W	O	B	Y	B	I	P	O	G	R	A	F	T	G
P	C	M	A	N	A	T	E	E	C	G	W	M	P	U
H	M	U	L	T	P	E	O	I	R	O	A	G	T	A
I	T	A	R	K	I	K	Y	A	W	J	D	V	G	N
N	G	U	C	A	X	M	M	D	O	T	D	I	P	A
A	J	I	J	A	S	B	U	T	T	E	R	F	L	Y
Z	B	U	H	G	W	S	I	N	E	C	Q	B	S	E
G	K	I	N	K	A	J	O	U	D	O	Y	C	D	H
P	F	R	O	G	E	C	T	W	P	I	W	N	K	H

Can you find the words below in the box above?

Butterfly

Coatimundi

Crocodile

Curassow

Dolphin

Frog

Iguana

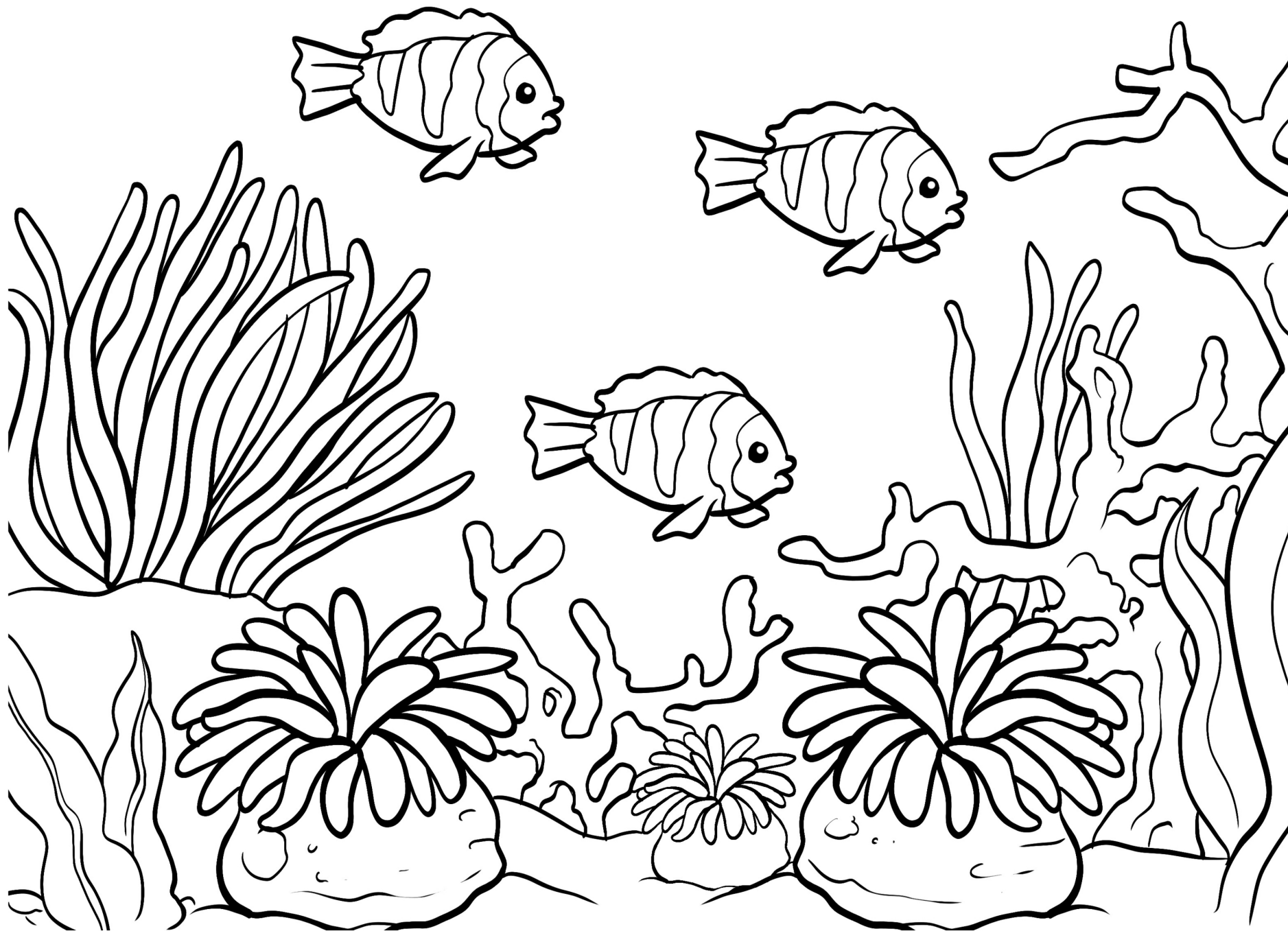
Jaguar

Kinkajou

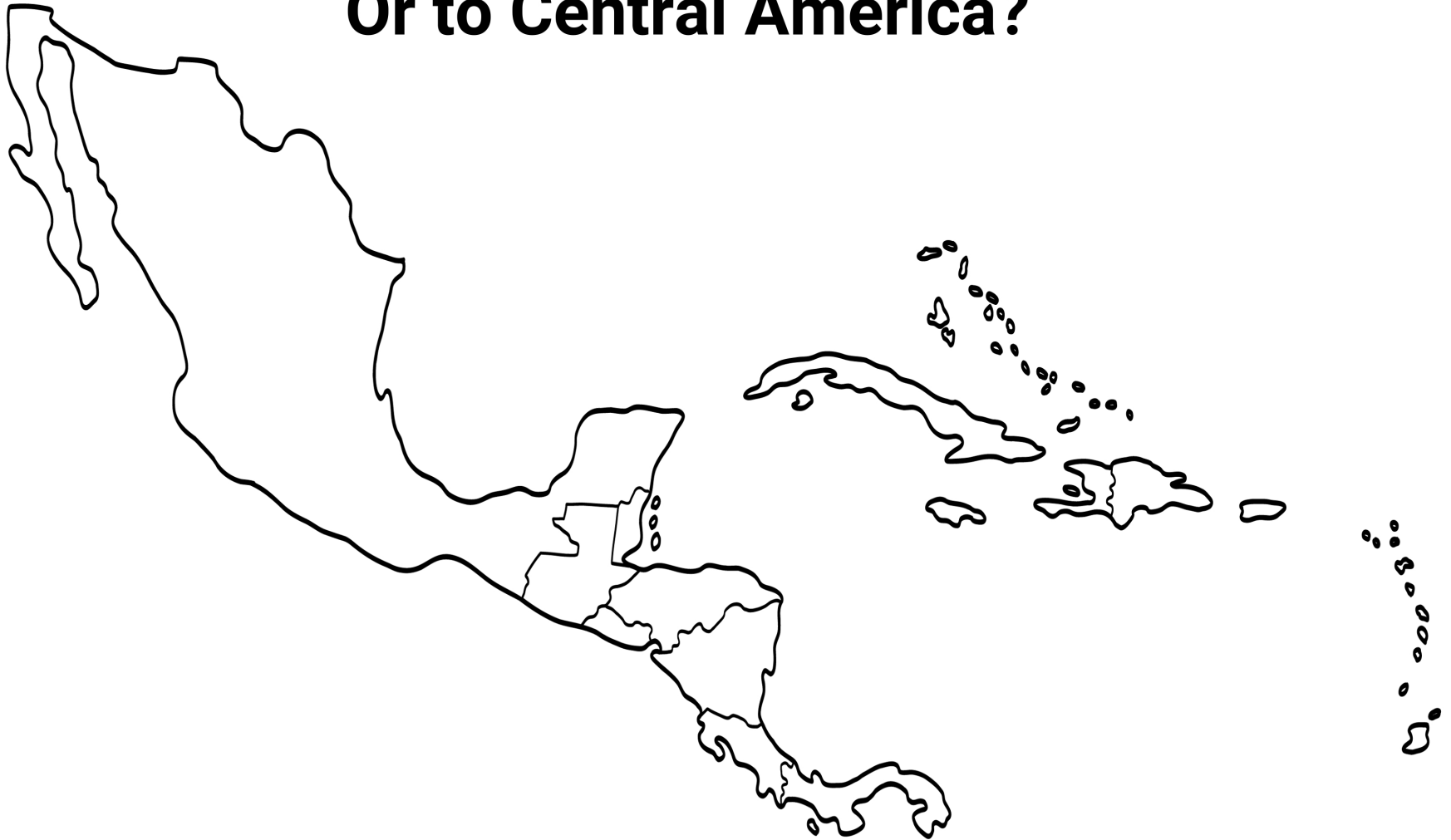
Macaw

Manatee

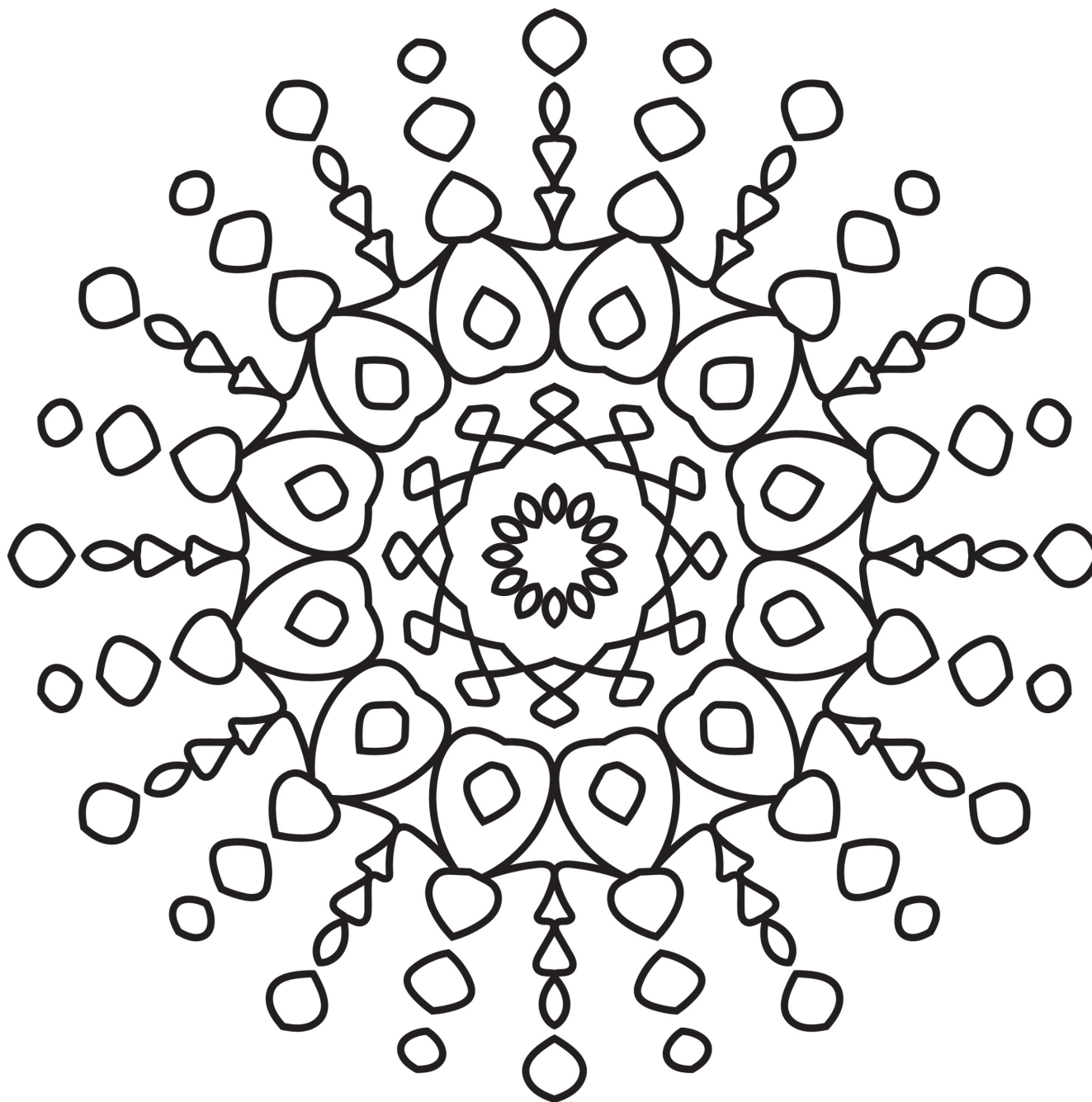
Margay



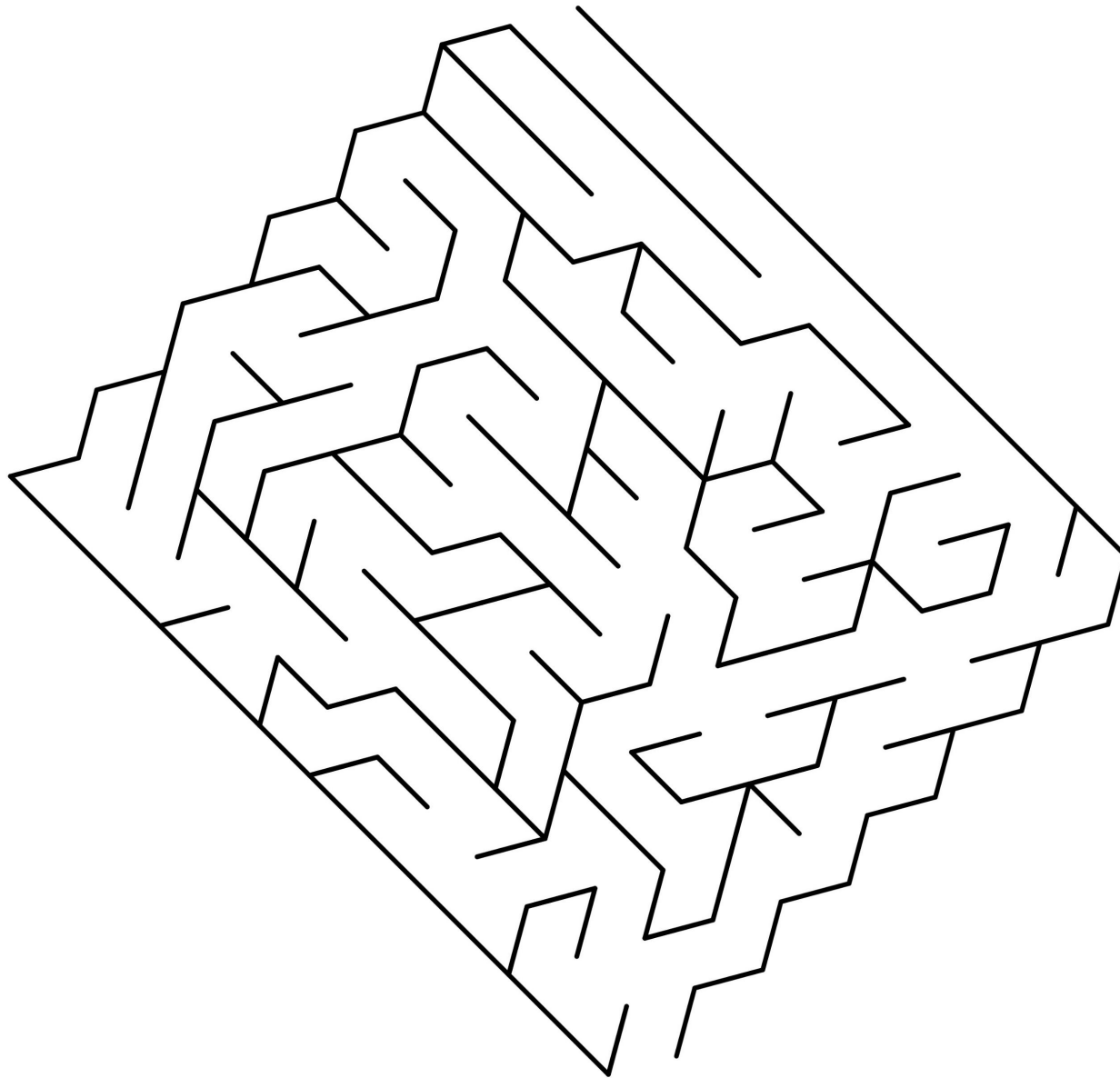
**Have you ever been to Belize?
Or to Central America?**



Can you find Belize on this map?



Start



End

**Maze
10**

Catholicism in Belize

V	W	R	N	N	R	P	F	P	R	A	Y	E	R	F
O	H	E	C	S	V	B	O	A	O	E	J	V	G	L
V	T	L	C	A	Z	Z	E	P	I	V	A	Q	U	R
X	U	I	H	A	T	C	S	L	E	T	N	C	I	O
S	N	G	A	C	E	H	E	U	I	K	H	B	D	M
O	M	I	R	P	R	U	O	R	R	E	I	B	A	A
S	S	O	I	R	V	R	H	L	E	M	F	D	N	N
M	O	N	T	K	E	C	X	F	I	M	U	S	C	K
Q	P	H	Y	D	O	H	D	T	J	C	O	S	E	N
Z	T	J	J	R	W	B	V	E	M	P	X	N	I	U
Q	B	X	G	I	K	N	F	J	X	K	E	R	Y	C

Can you find the words below in the box above?

Beliefs

Catholic

Ceremony

Charity

Church

Faith

Guidance

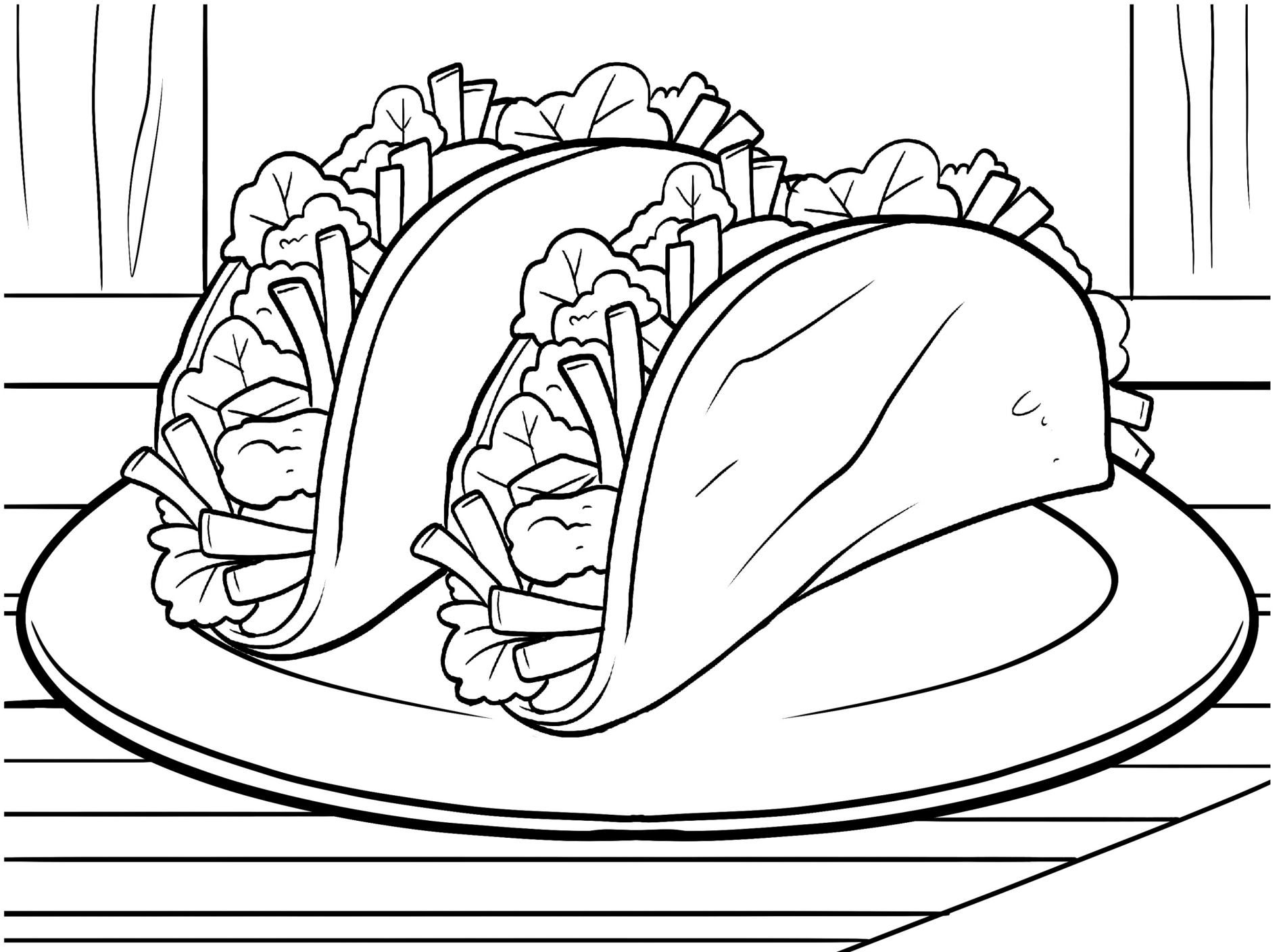
Music

Pope

Prayer

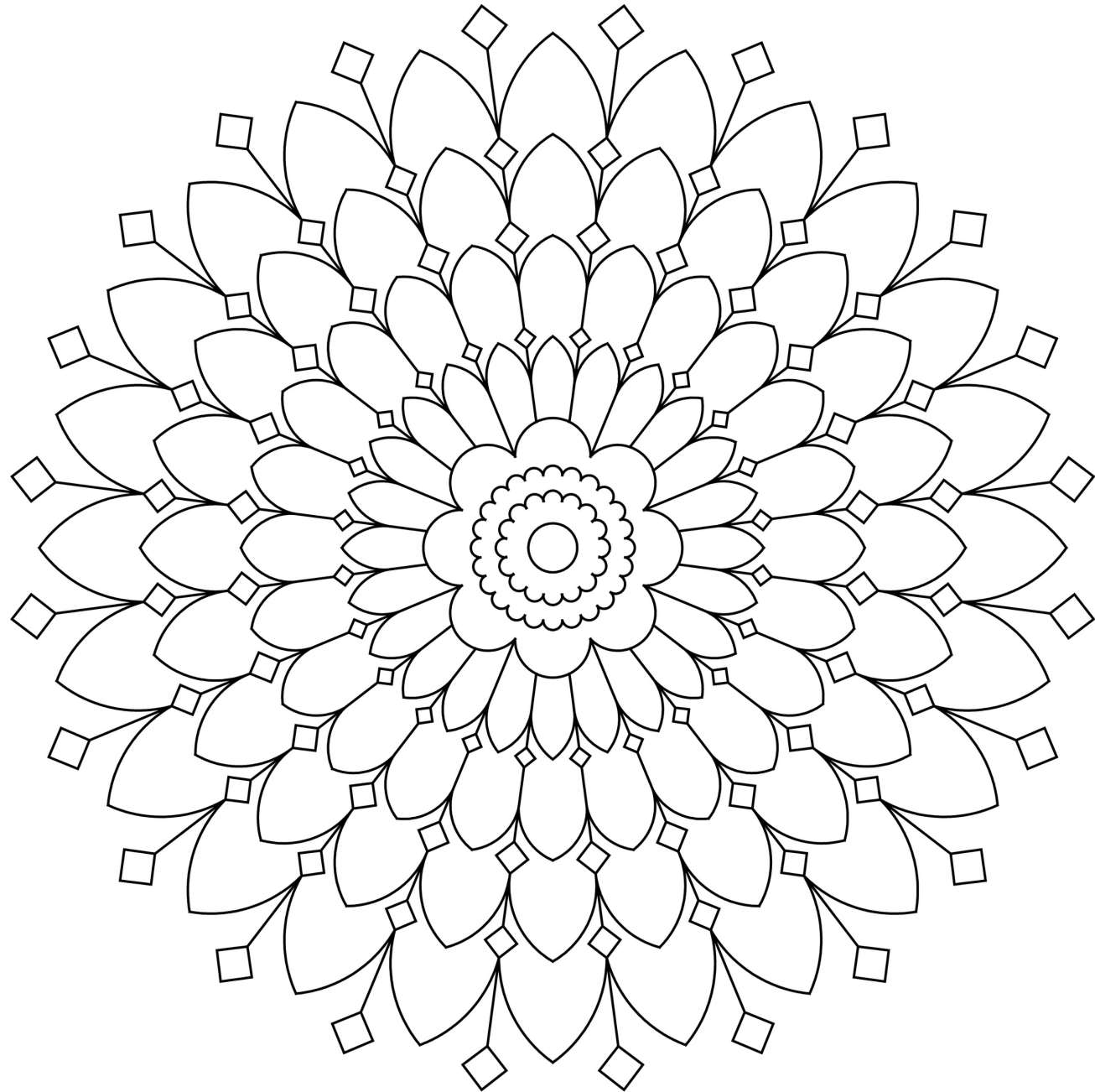
Religion

Roman

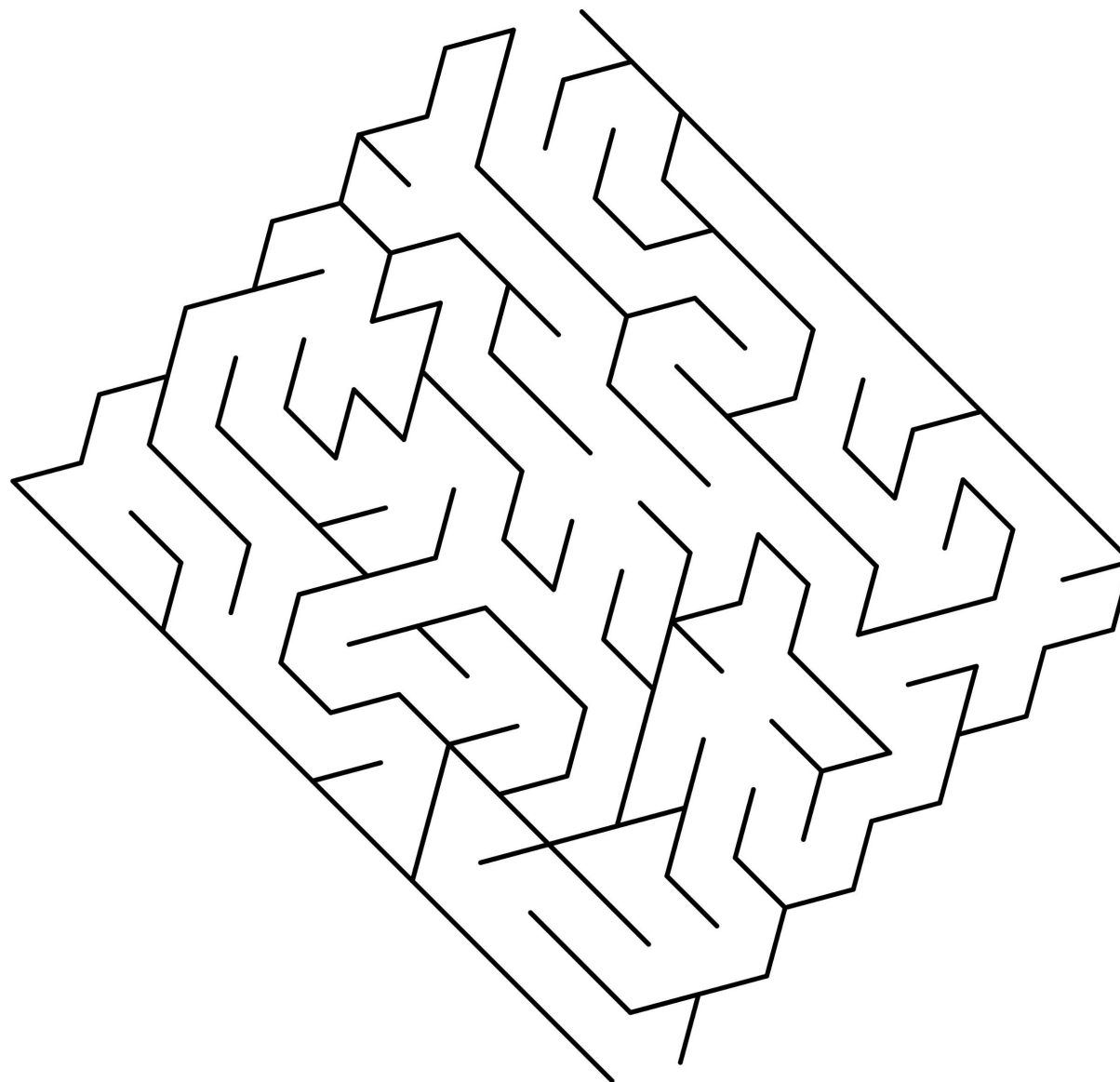




**Talk about
memorable
family trips
and vacations.
Can you share
any stories
about
destinations,
adventures,
and time spent
with loved
ones?**



Start



End

Maze 11

Tacos



Can you find the words below in the box above?

Beef

Cheese

Chicken

Cilantro

Corn

Fish

Habanero

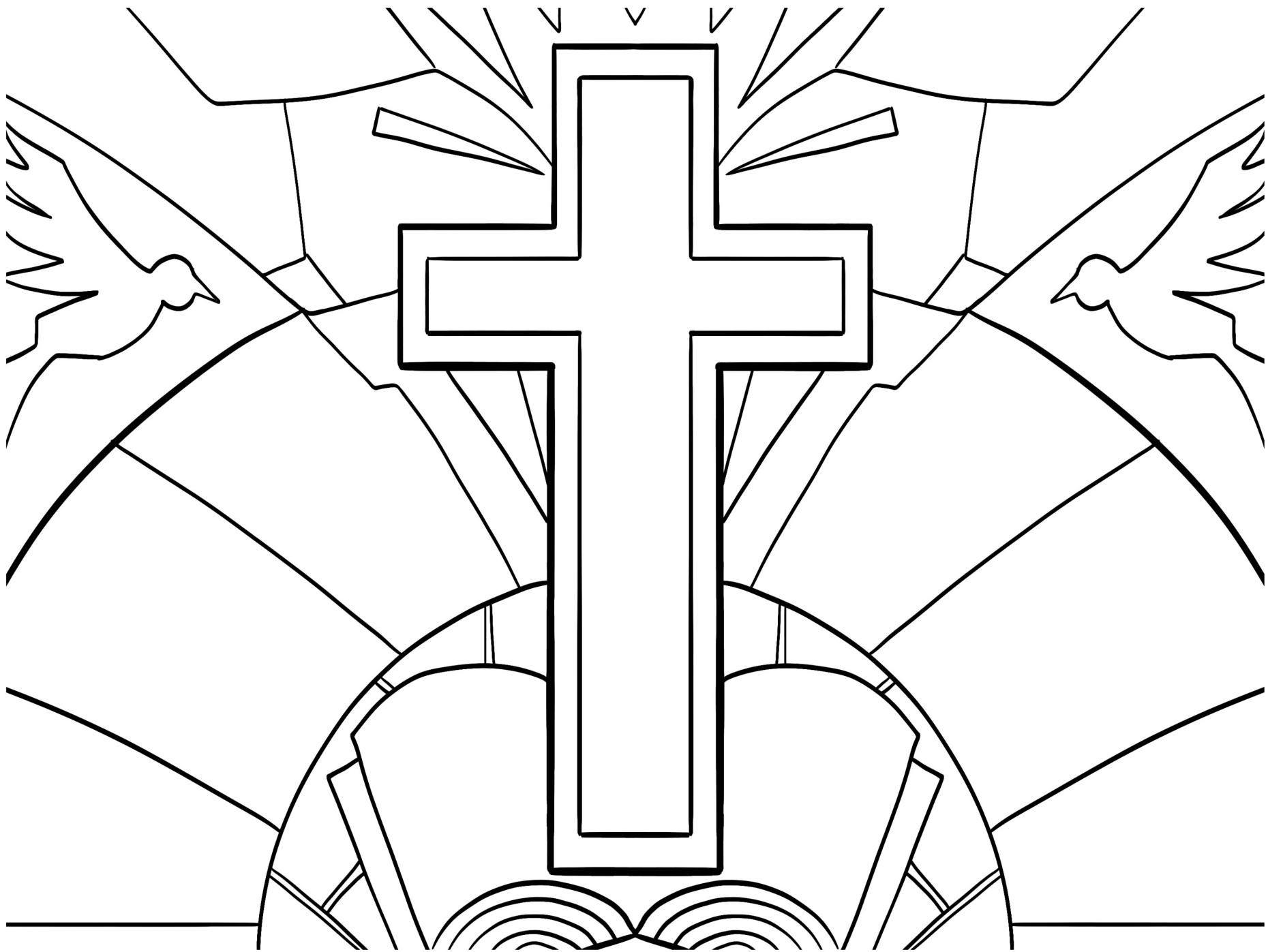
Lime

Onion

Salsa

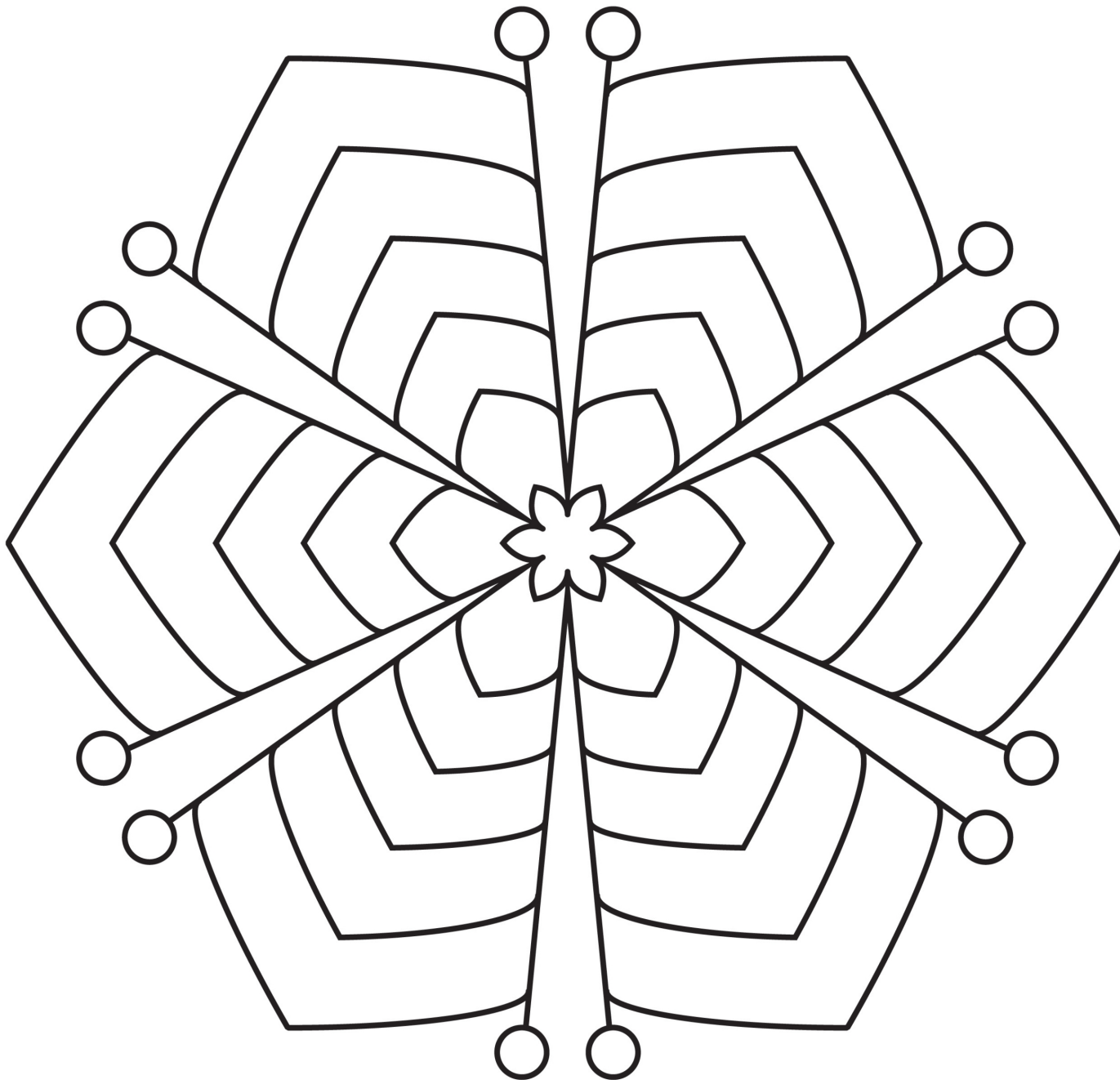
Spicy

Taqueria

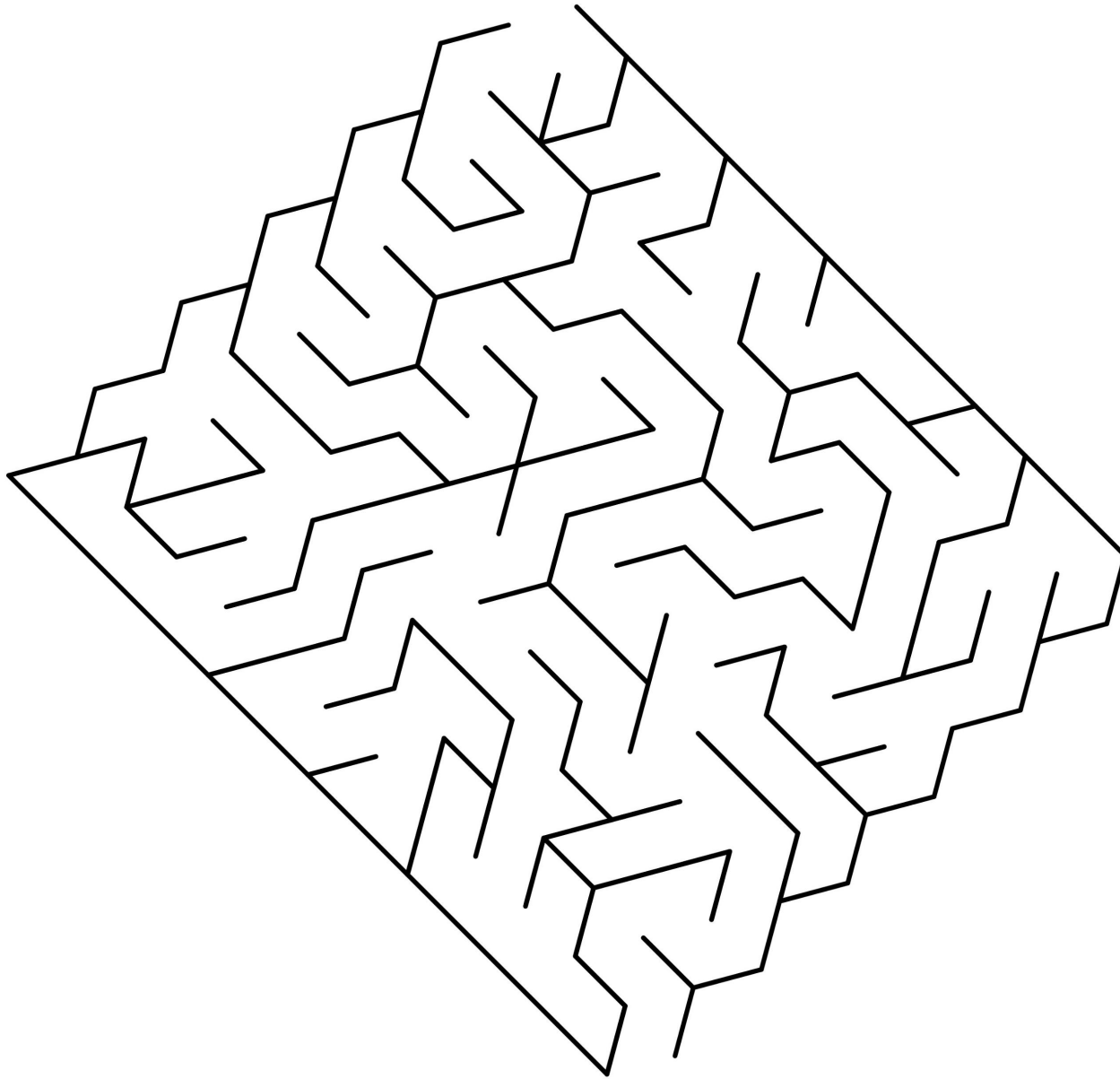




**How do you envision your future as you
continue to age?**



Start



End

Maze 12

Coral Reef

A	N	E	M	O	N	E	D	E	E	P	G	S	R	P
Q	P	H	S	T	A	R	F	I	S	H	K	E	F	I
O	P	X	O	N	B	S	Y	K	J	R	O	F	F	J
V	S	G	F	O	O	T	F	T	A	E	C	F	B	W
X	F	N	S	S	A	U	P	H	A	D	D	Y	T	Y
Q	V	I	O	B	T	R	S	I	F	I	L	I	B	X
E	V	R	S	R	B	T	T	B	B	W	R	C	V	P
P	W	A	M	H	K	L	K	D	V	A	D	O	J	E
C	Z	Y	I	T	I	E	B	S	T	N	D	R	N	Q
D	O	B	C	L	R	N	L	G	G	L	D	A	U	A
G	M	Z	E	S	E	A	G	R	A	S	S	L	G	O

Can you find the words below in the box above?

Anemone

Boat

Coral

Deep

Dive

Fishing

Ray

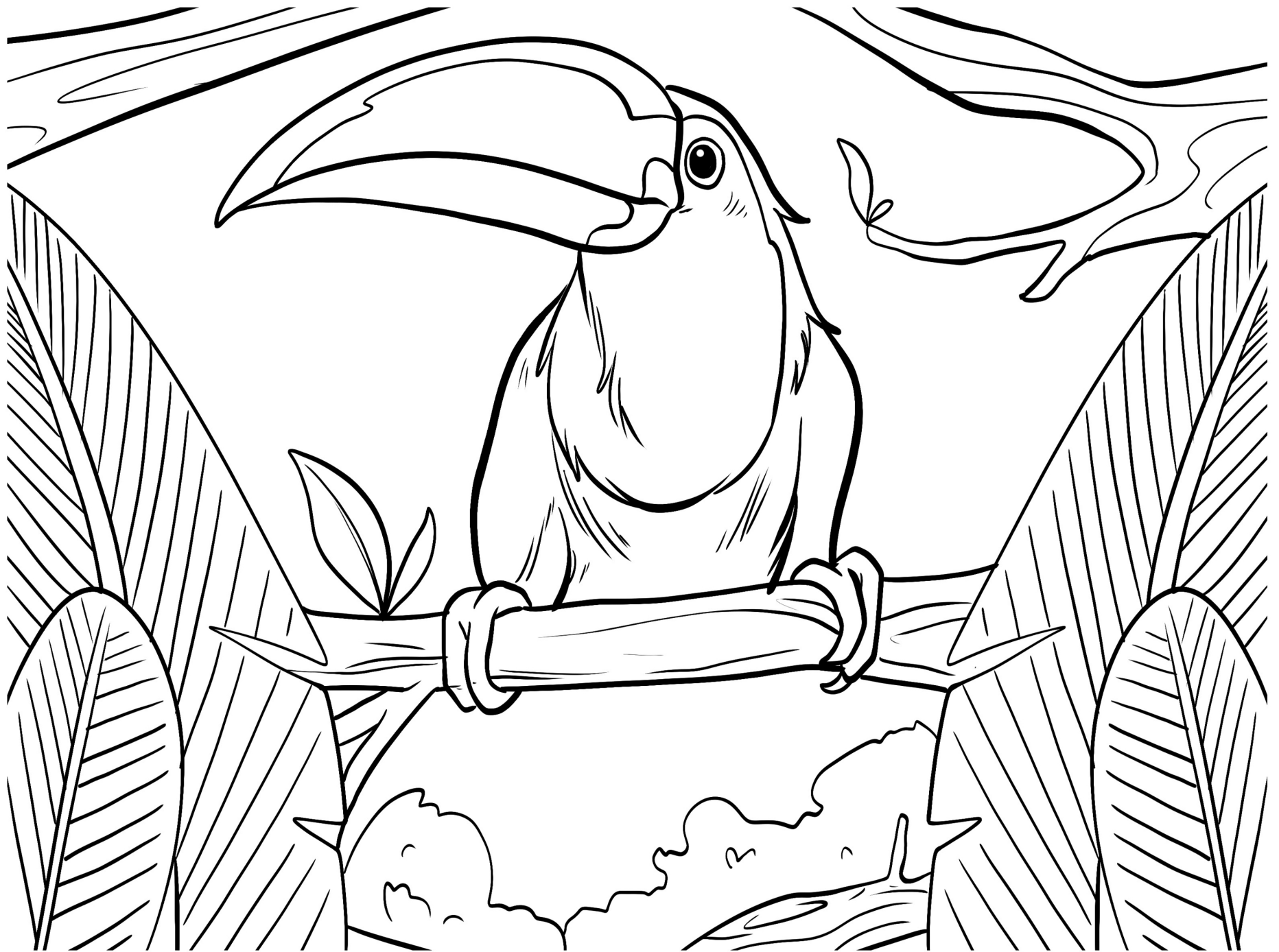
Seagrass

Sharks

Snorkel

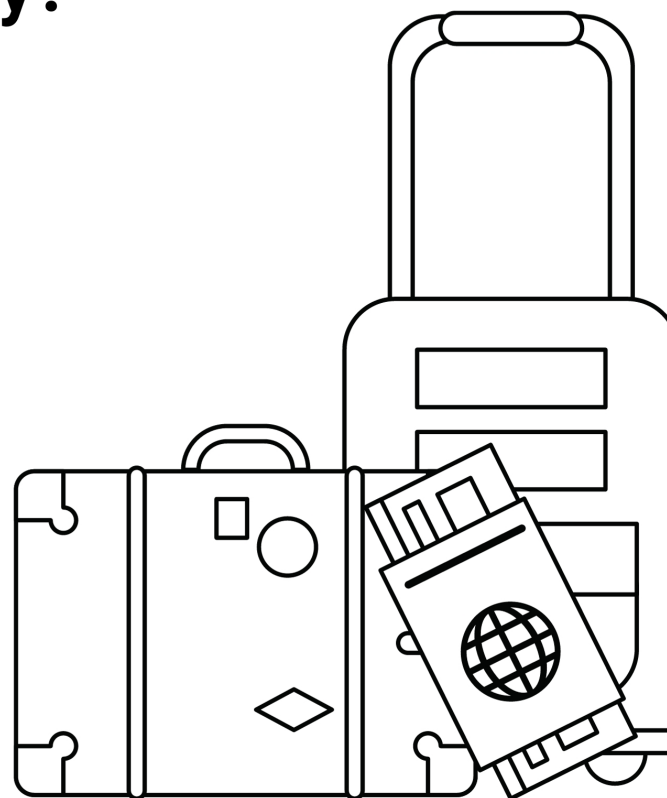
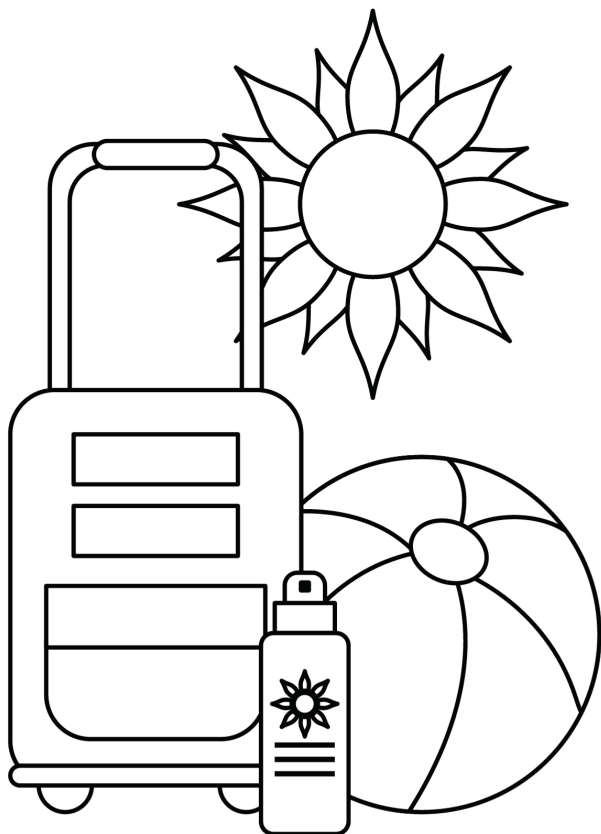
Starfish

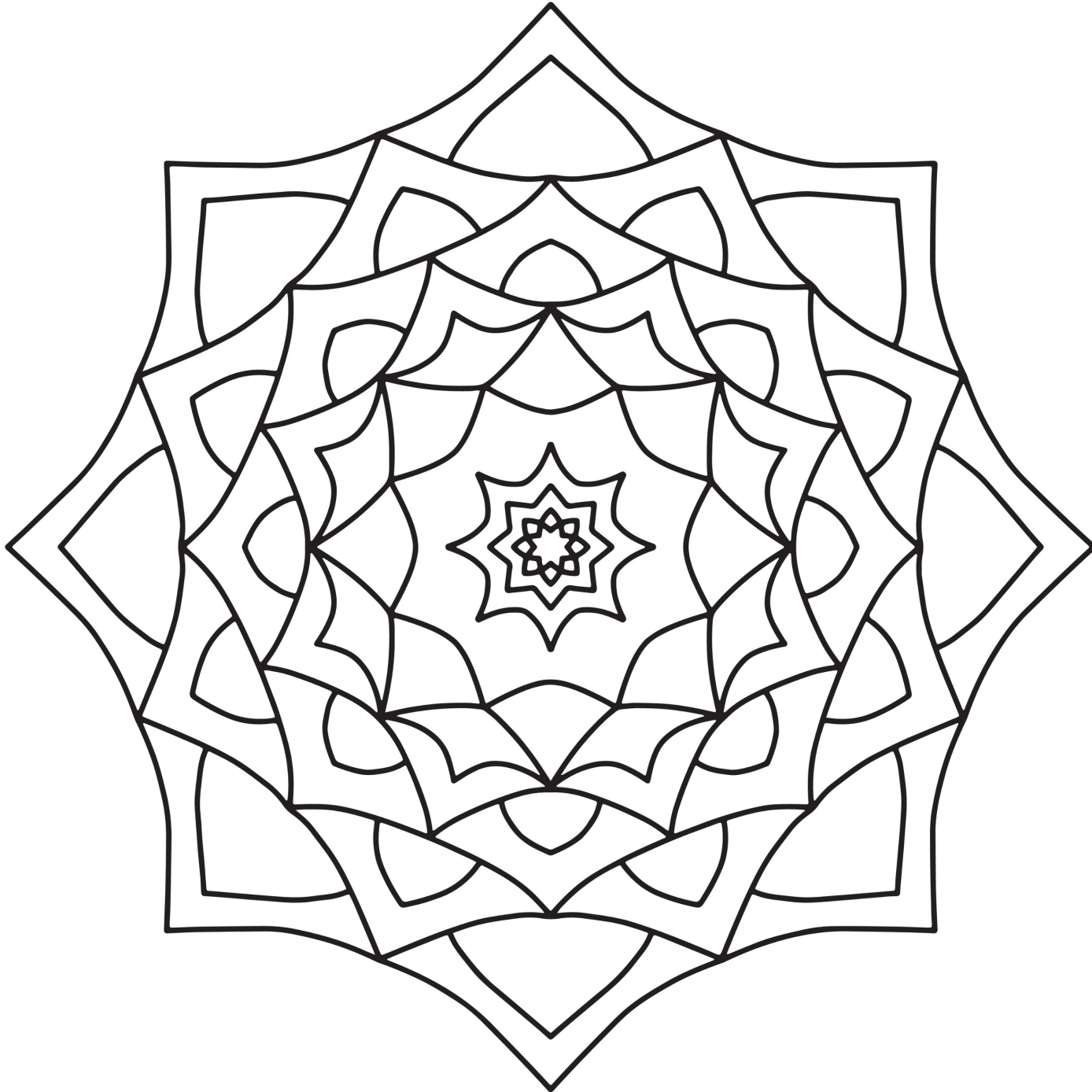
Turtle

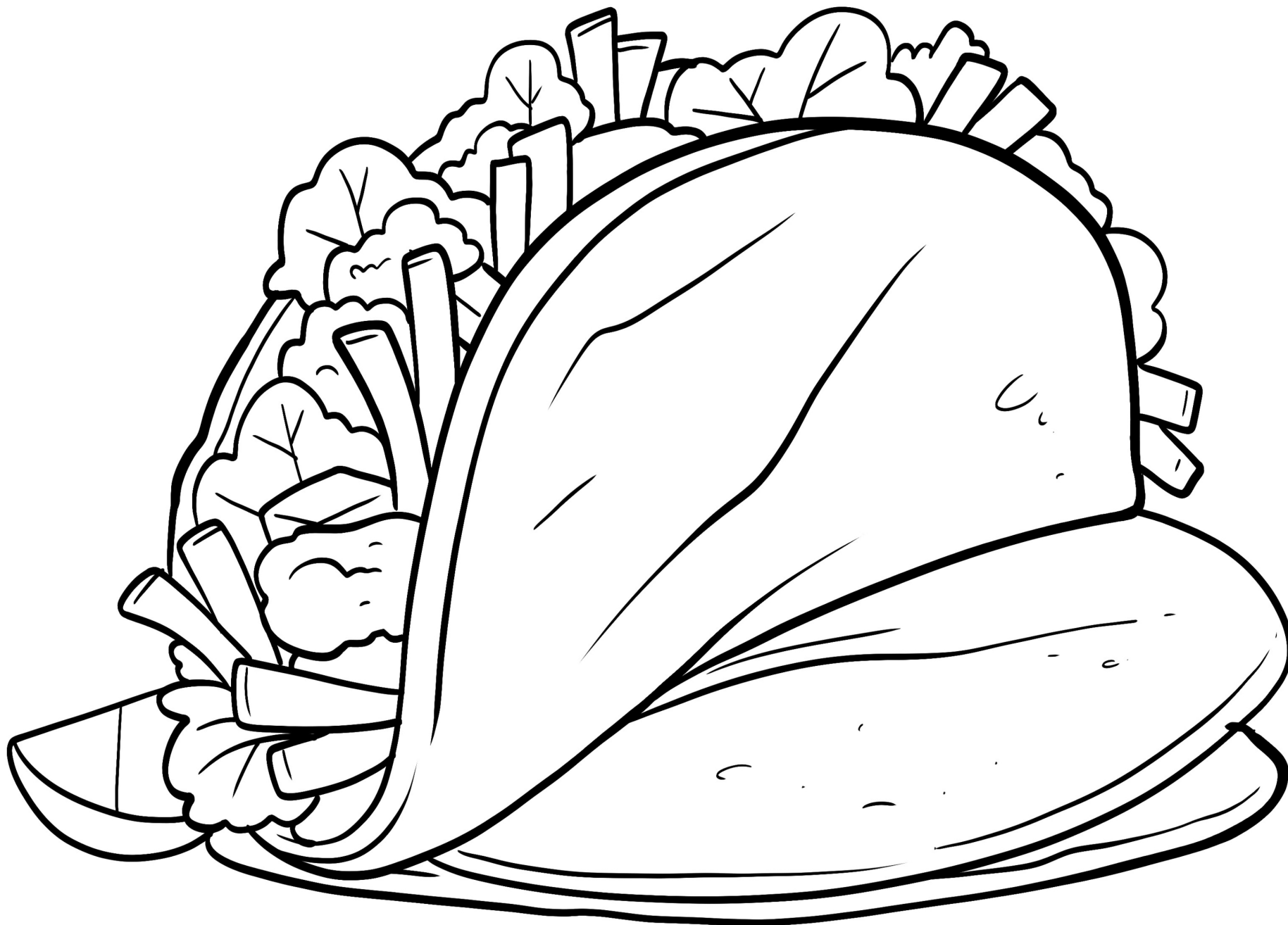


**"Traveling: it leaves you speechless,
then turns you into a storyteller."**

**Can you think of a trip that made you feel
this way?**

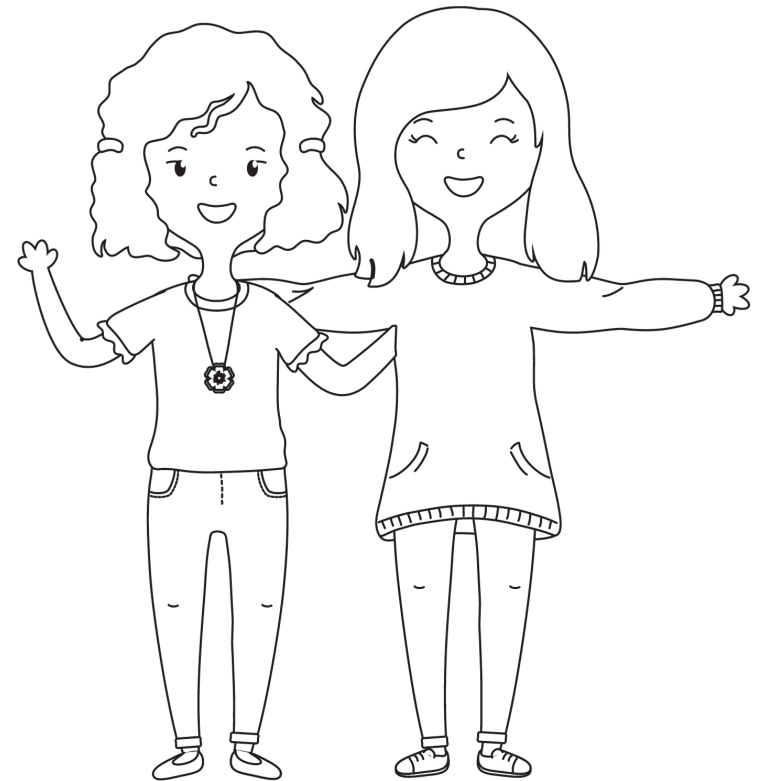


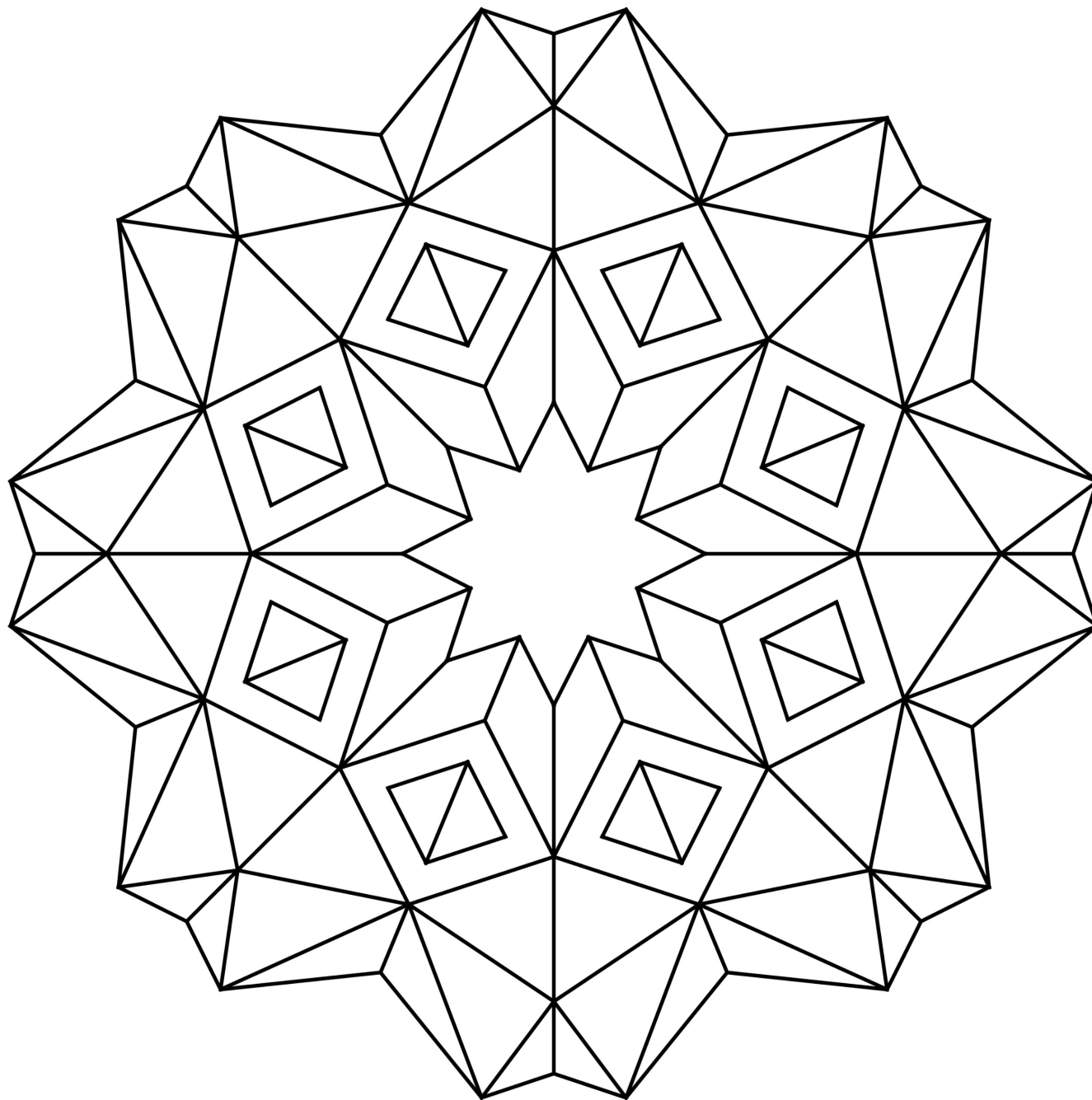




Can you share an anecdote about a close friend?

How and when did you meet?





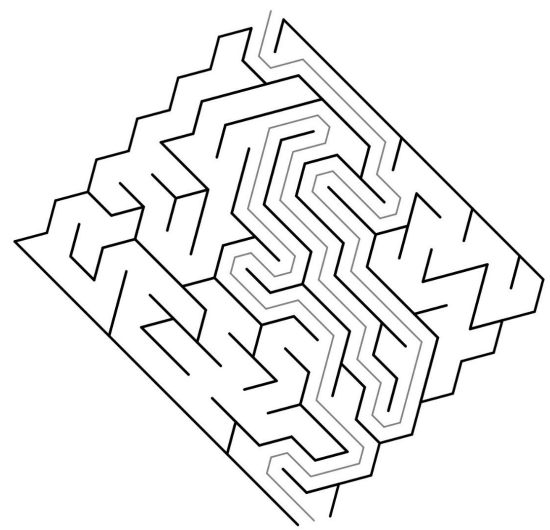
Create an illustration of the interior of a Catholic church. Capture the beauty of the sacred space, focusing on the architecture, stained glass windows, religious art, and the play of light filtering through.

Highlight the beauty and biodiversity of coral reefs, from tiny seahorses to majestic sea turtles and intricate coral polyps.

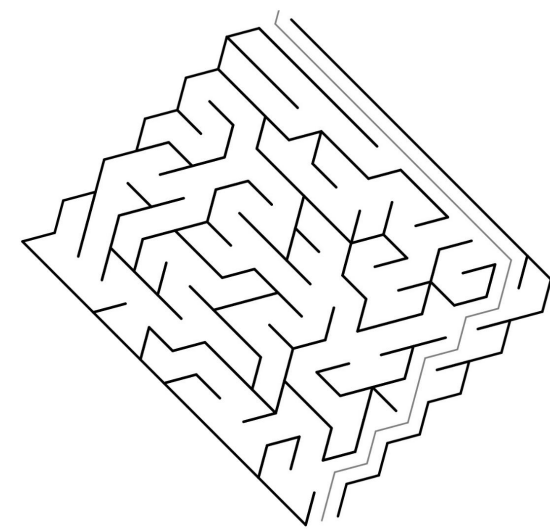
Depict a jaguar in the rainforest, a toucan in the trees, a manatee in the coastal waters, or any other animal native to Belize.

**M
A
Z
E**

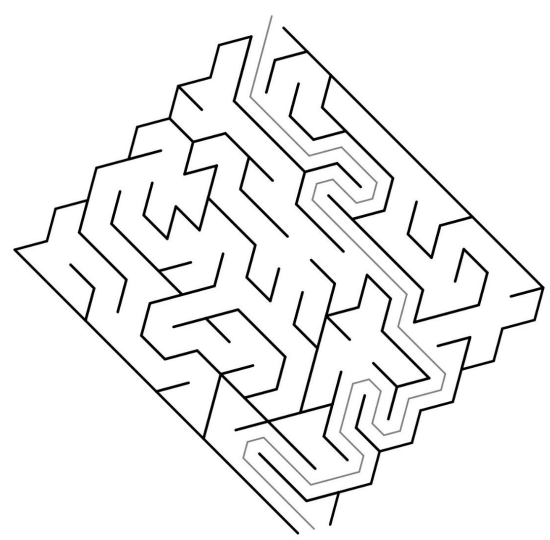
9



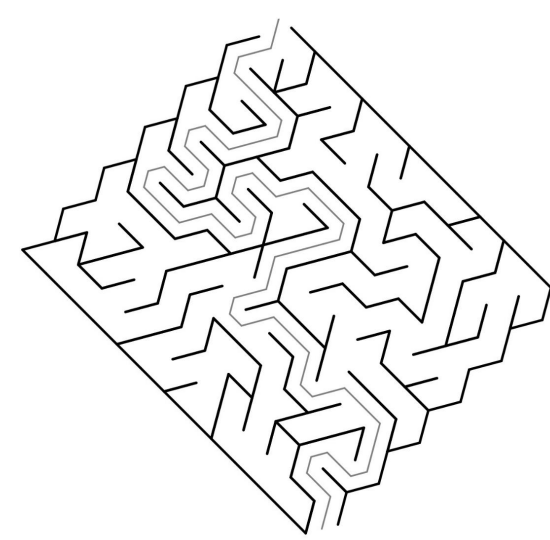
10



11

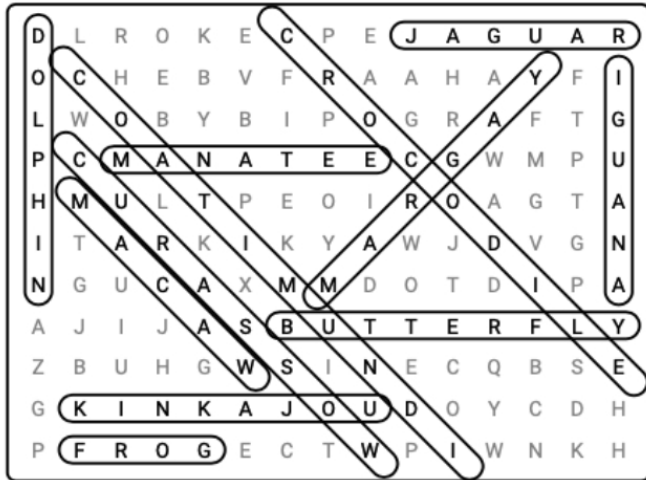


12

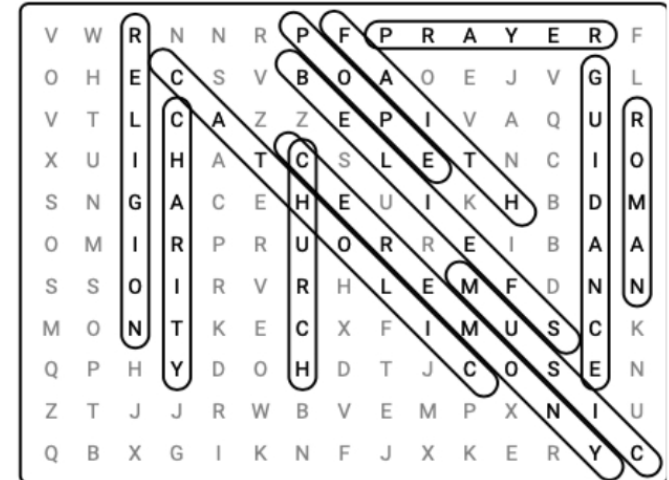


**A
N
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R
S**

Animals in Belize

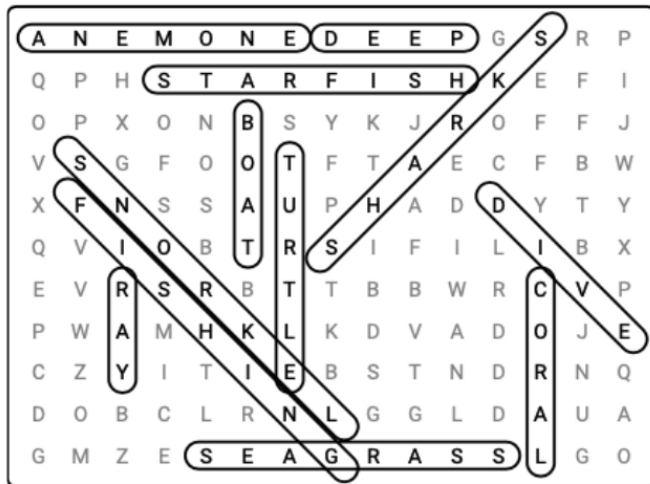


Catholicism in Belize

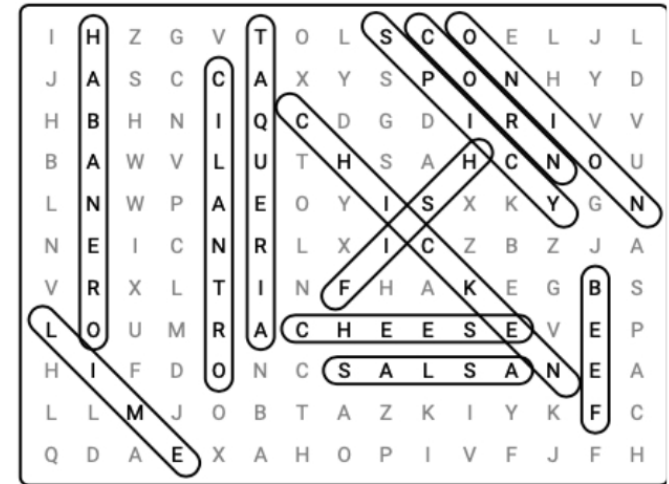


**S
E
A
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C
H**

Coral Reef



Tacos



**A
N
S
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E
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S**



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Programs and Services

Aging & Disability Resources (ADR)

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

Statewide Health Insurance Benefits Advisors (SHIBA)

Trained volunteers provide objective information about Medicare through in-person and online classes as well as individual consultations.

Nutrition Programs

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

Medical Equipment Lending Library

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

Private In-Home Providers (PIP)

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

Support Groups

Join in conversation with others facing similar challenges.



About Us

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support. Only 33% of our funding comes from government grants. You can sustain our work by donating on our website or by mail at P.O. Box 939 Freeland, WA 98249

We are here for you

Contact us by phone , email, or request assistance on our website.

(360) 321-1600

www.senior-resources.org

reception@islandseniorservices.org.