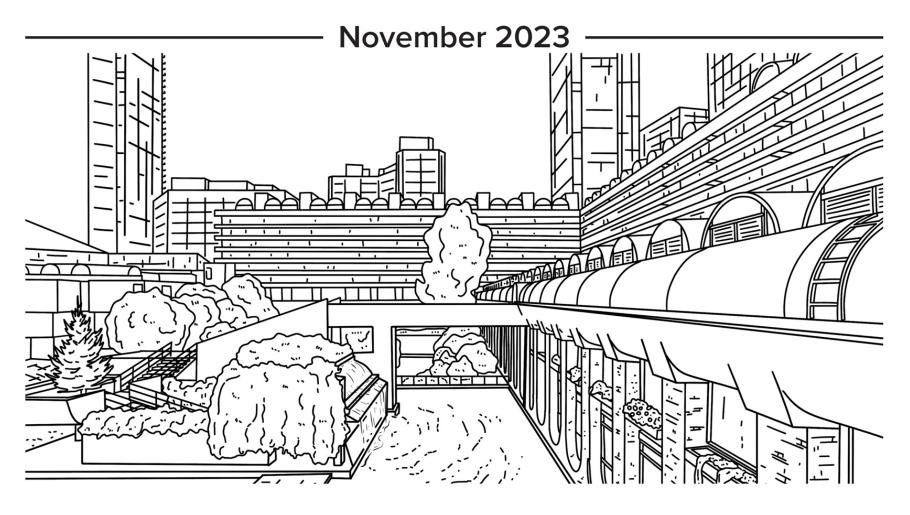
# ARTISTIC ACTIVITIES





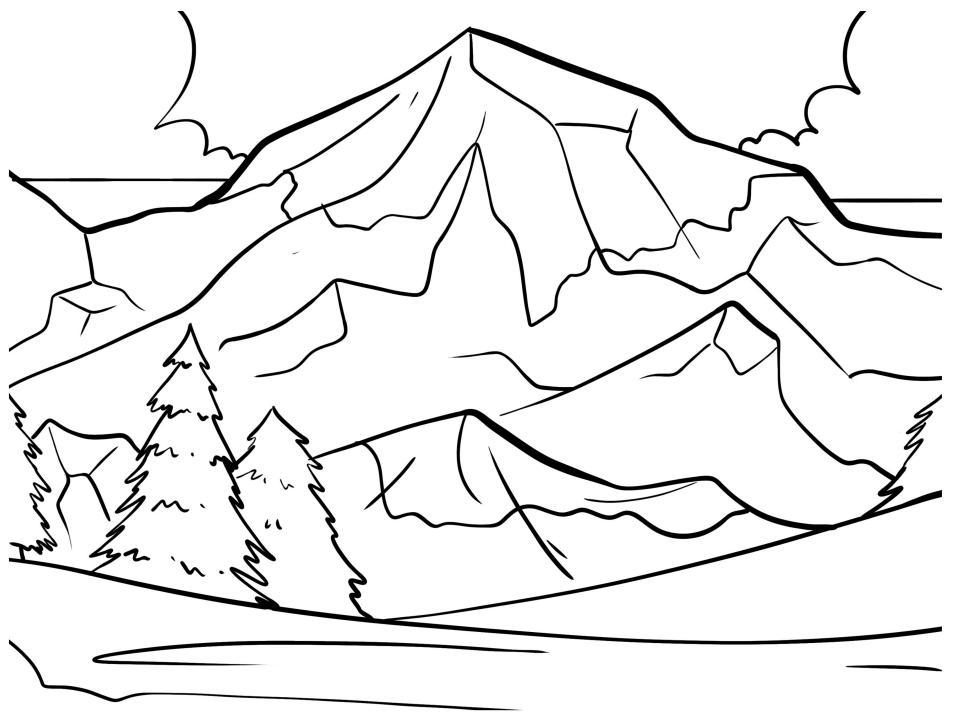
(360) 321-1600 www.senior-resources.org





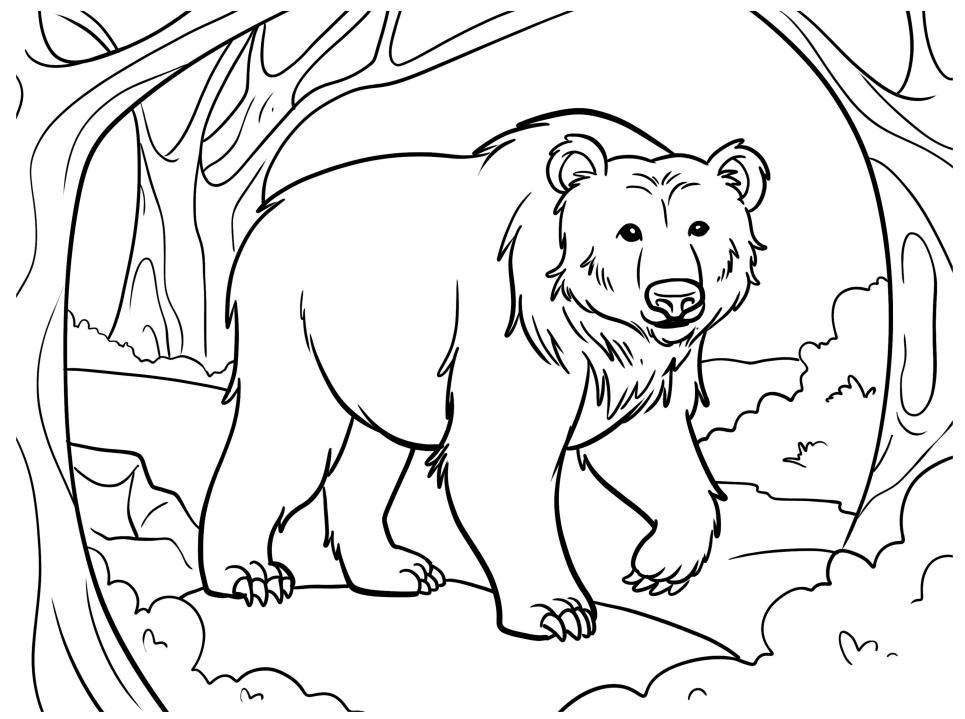
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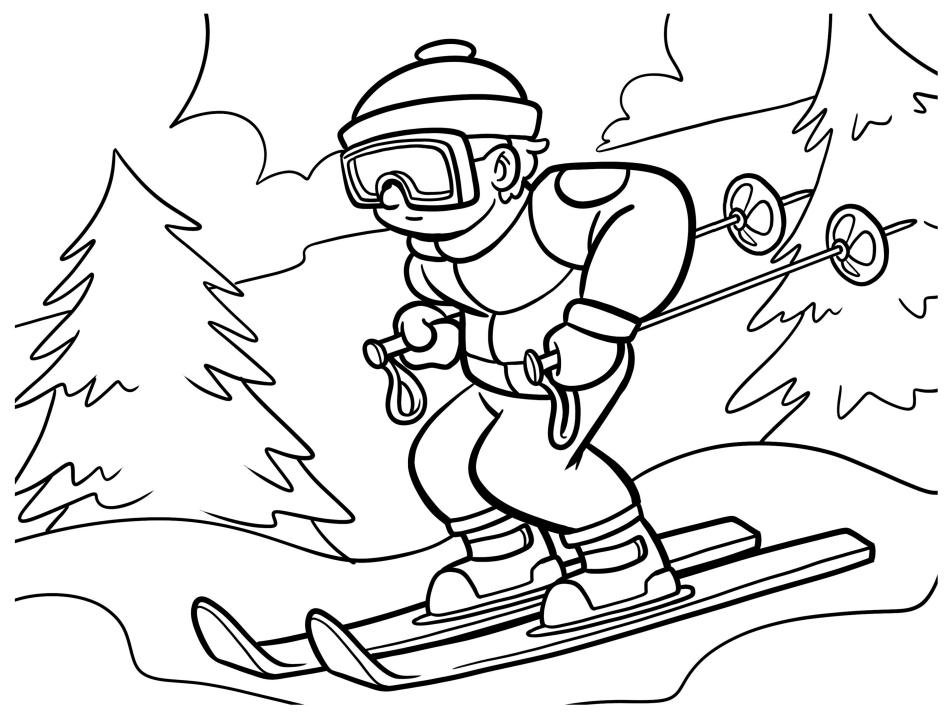


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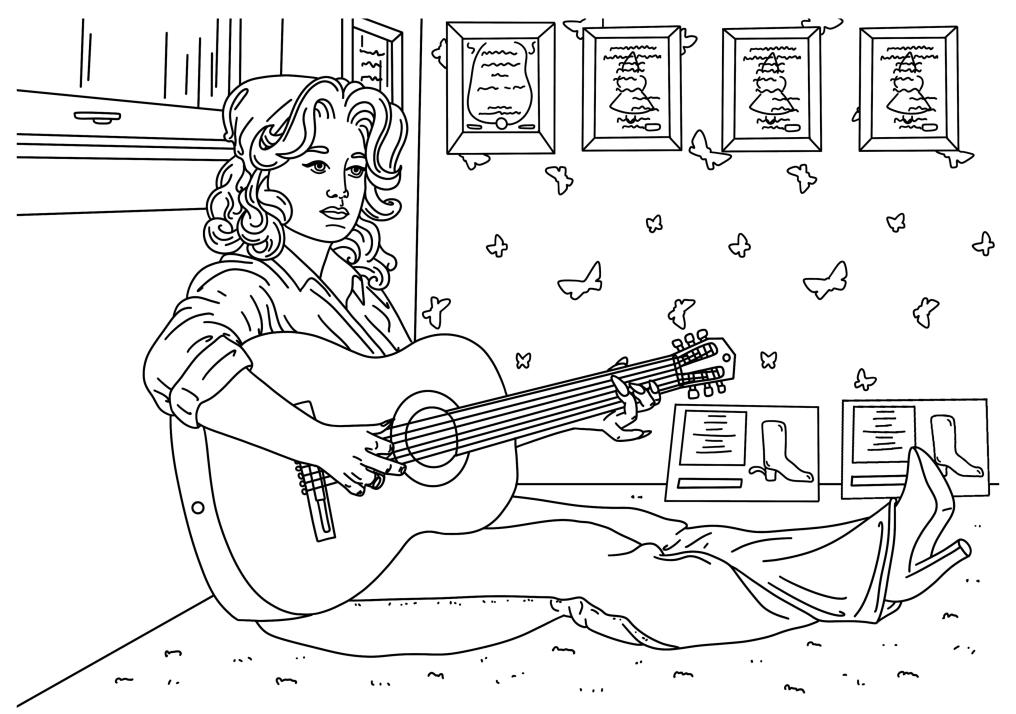
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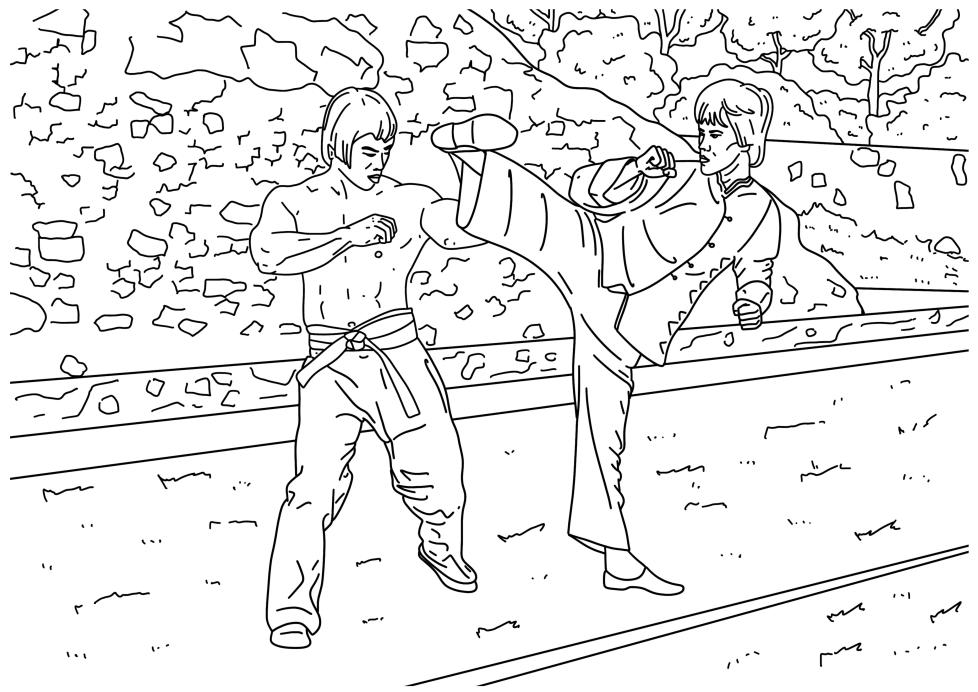
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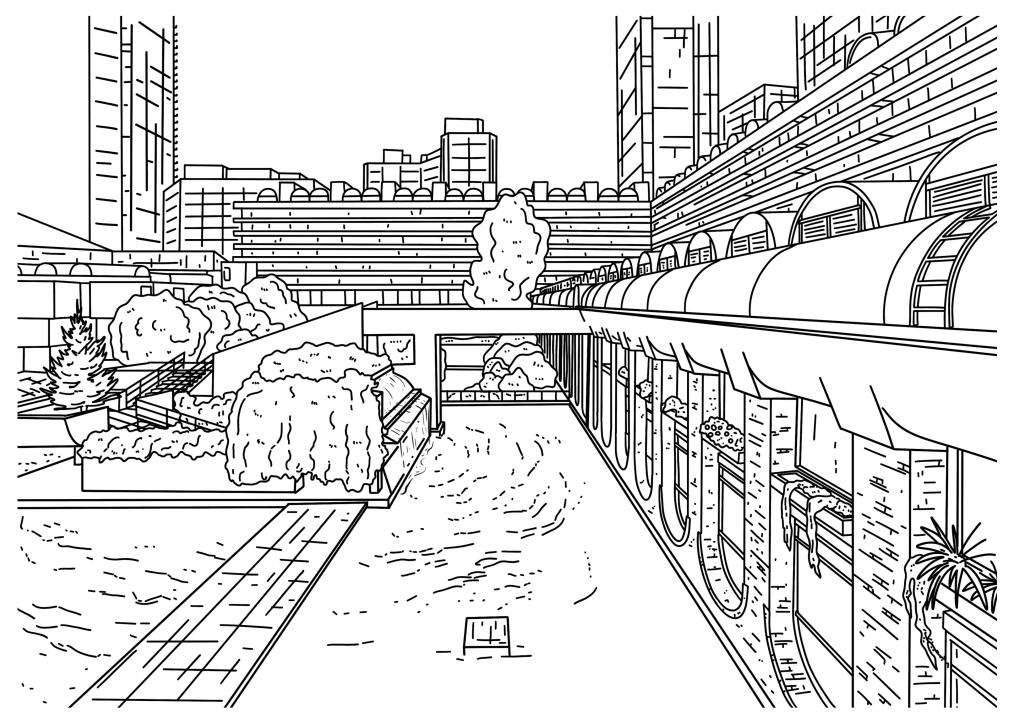
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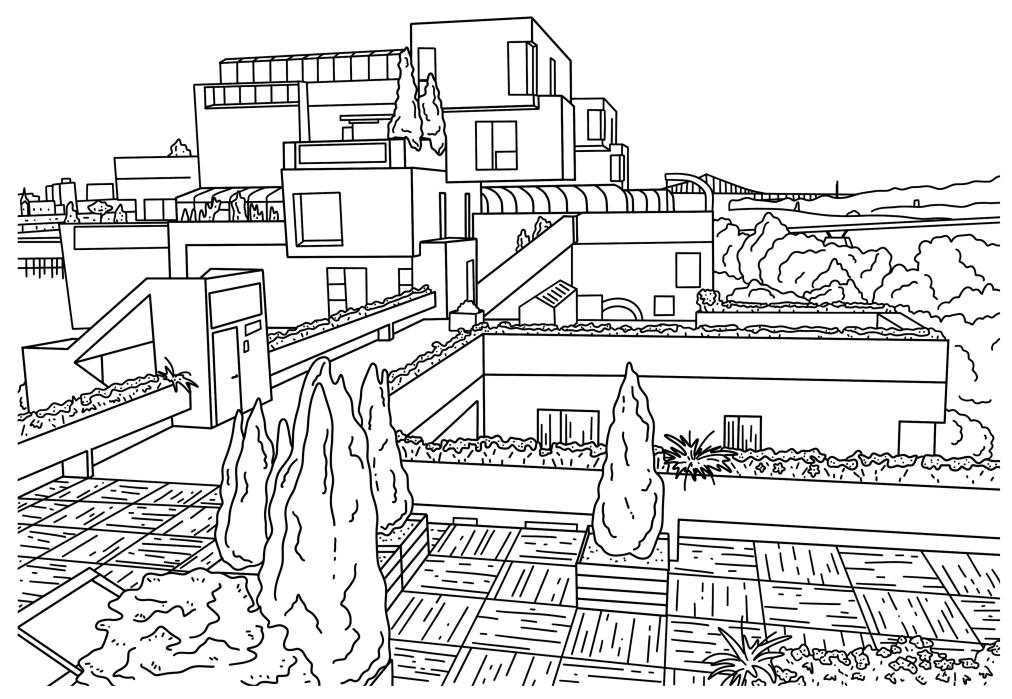
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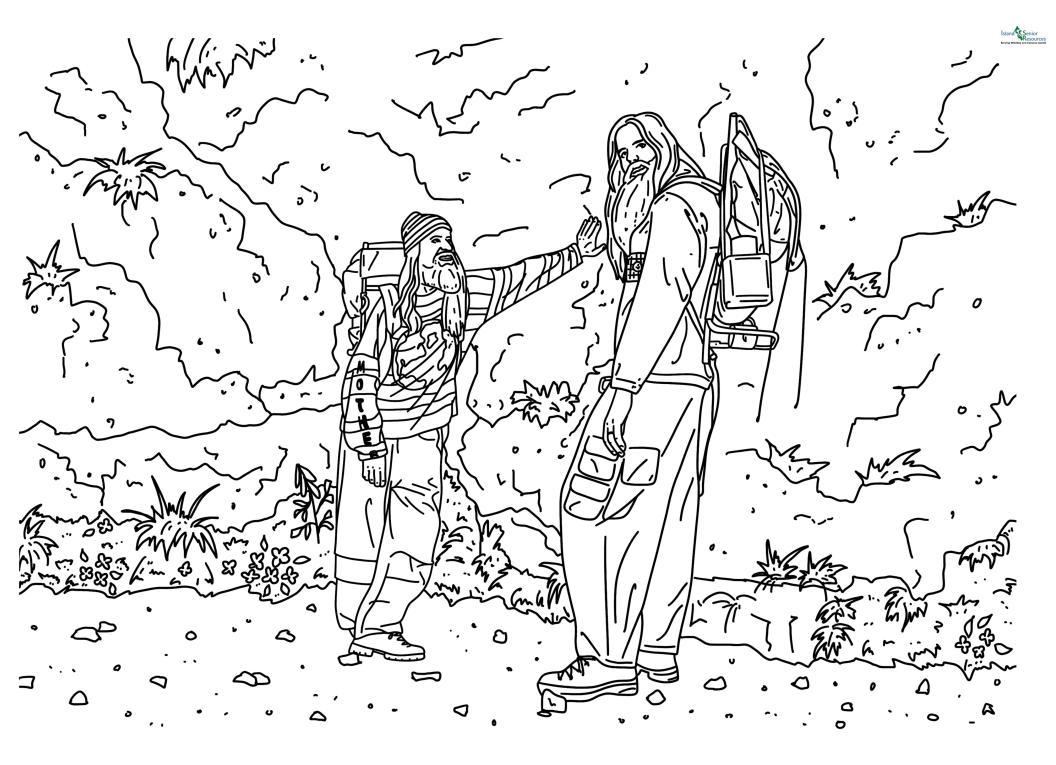




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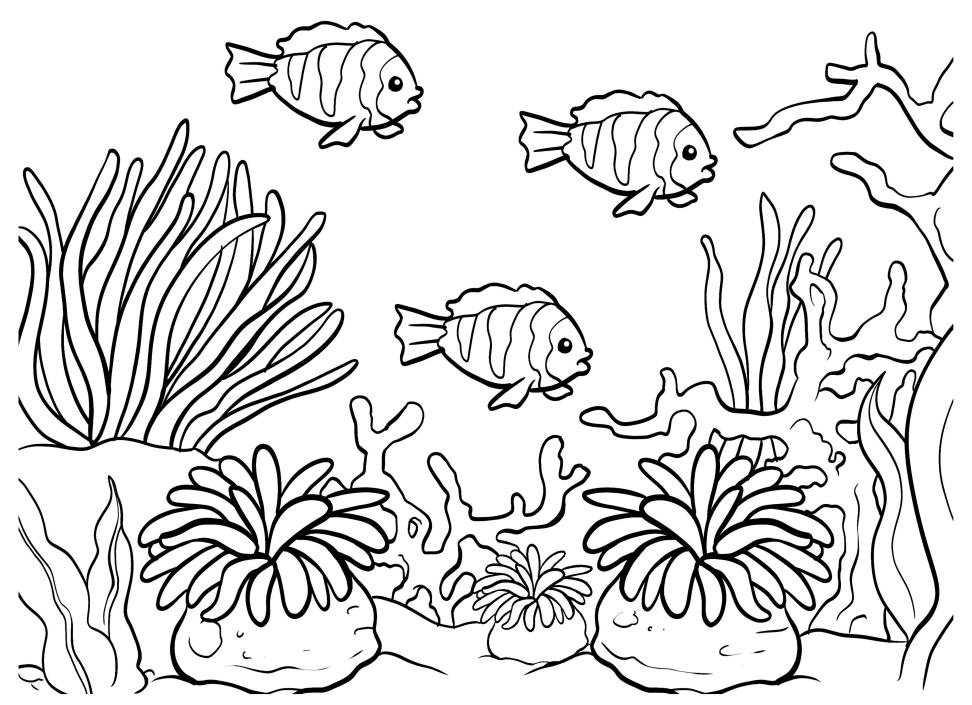






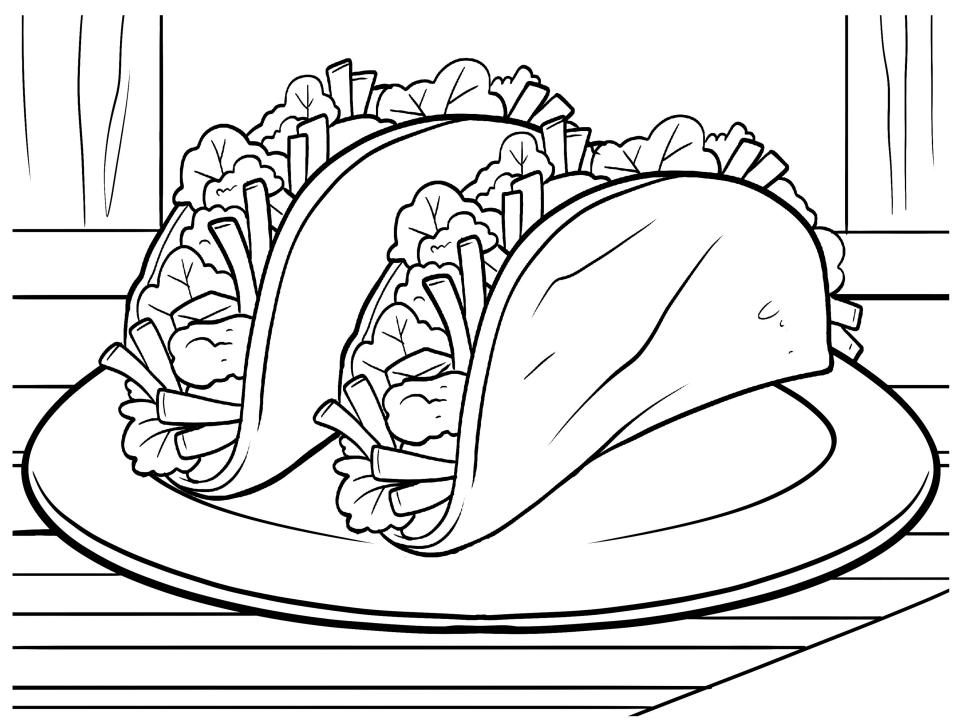
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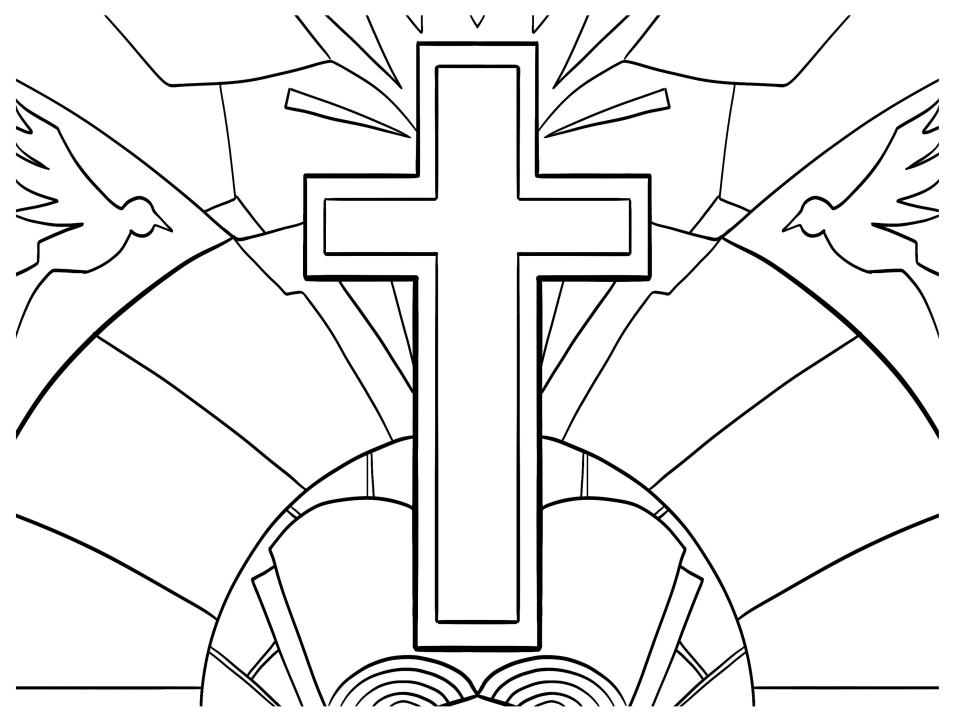


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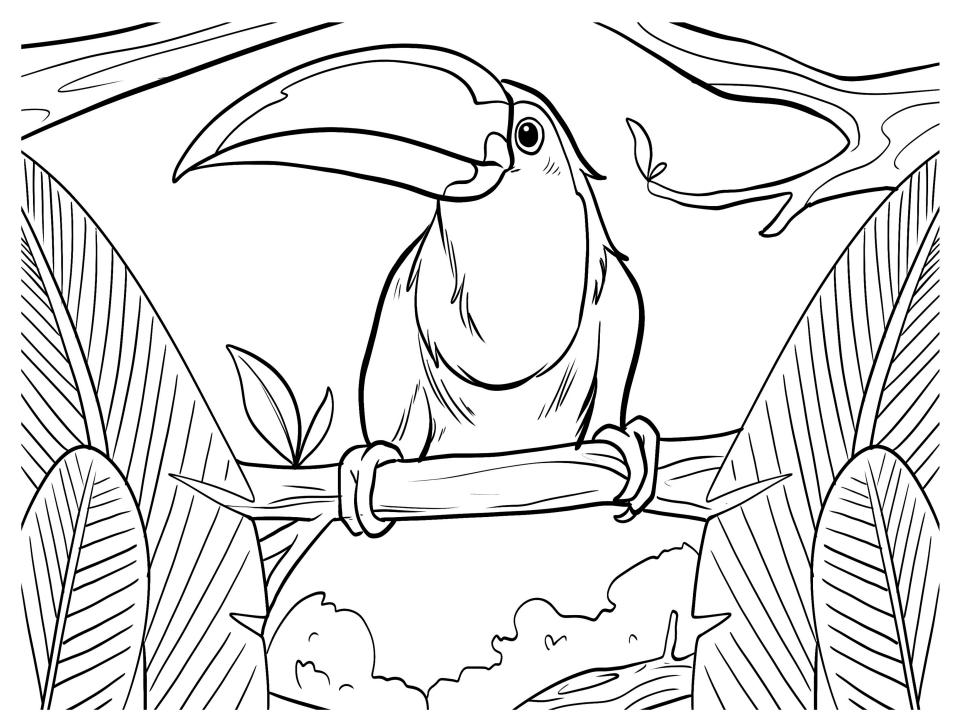






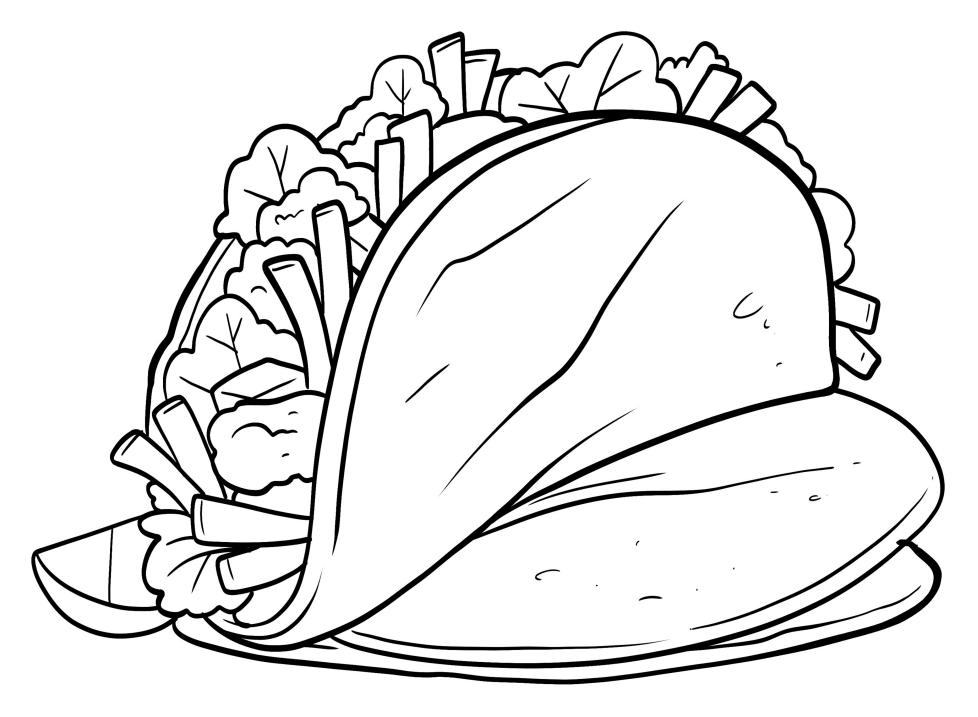
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Serving Whidbey and Camano islands

#### **Programs and Services**

#### Aging & Disability Resources (ADR)

These programs provide assistance to help clients identify, understand, and access the services they need to live their best life.

## Medicaid In-Home Care and Case Management

Promoting choice, flexibility, and community-based services instead of facility care for those who receive Medicaid and need in-home care services to live safely at home.

# Statewide Health Insurance Benefits Advisors (SHIBA)

Trained volunteers provide objective information about Medicare through inperson and online classes as well as individual consultations.

#### **Nutrition Programs**

Meals on Wheels, Frozen Take-Out Meals, Community Meals, and Liquid Nutritional Supplements for Island County Residents, age 60 and over.

#### **Medical Equipment Lending Library**

Need a walker, wheelchair, or other assistive devices? Or, do you have some to donate?

#### **Private In-Home Providers (PIP)**

Our Private In-home Provider (PIP) directory might have the person you need. Each provider on the list has passed a background check, and community members are able to give feedback on their experience.

#### **Support Groups**

Join in conversation with others facing similar challenges.



### **About Us**

We provide essential resources for seniors and adults with disabilities, their families, and caregivers, throughout Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do.

Island Senior Resources is an independent nonprofit 501(c)(3) that has been serving Island County since 1972. Island Senior Resources is the trade name for Senior Services of Island County.

Island Senior Resources relies on community financial support. Only 33% of our funding comes from government grants. You can sustain our work by donating on our website or by mail at P.O.

Box 939 Freeland, WA 98249

### We are here for you

Contact us by phone, email, or request assistance on our website.

(360) 321-1600

www.senior-resources.org reception@islandseniorservices.org.