

# Island Senior Senior Report Nuly 2019 - June 2020 Resources

In the right place, at the right time, to save, heal, and improve lives

Your contributions, along with the hard work of ISR's **56** employees and **458** volunteers, allowed us to connect with and support those who need our help throughout our community.

Life changed in March, and the demand for ISR's services nearly doubled. During the COVID-19 crisis, ISR has risen to meet the rapidly expanding needs of seniors, adults with disabilities, and those who care for them. We have accomplished this through collaboration with key community partners and by adapting our services to fulfill community needs in these unprecedented times.

a portion of the cost of printing and mailing this report was covered by designated corporate underwriting.



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www.senior-resources.org



Our Mission

To provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

You made this possible. You changed lives! Thank you!

**U,00** 

miles driven by

from medical

appointments

288 respite hours authorized by Family Caregiver Support Program

51,683 meals delivered

PPEs distributed to vulnerable individuals most at-risk for COVID-19

2,00 tasks performed by volunteers for seniors in need volunteers to and

meals delivered in April, a 95% increase from pre-COVID-19

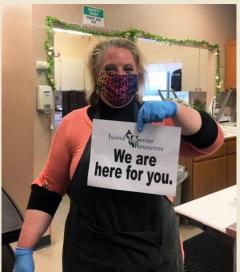
# Our Vision

Island Senior Resources envisions strong communities where seniors, adults with disabilities, and those who care for them are valued, heard and seen, cared for and about, afforded respect, treated with dignity, and supported to live their best life.

Did you know?

You funded care for approximately **10,000** clients, which is about **1 out of 7** people on Whidbey and Camano Islands.





Equity Statement

As an organization serving the essential needs of Island County seniors, adults with disabilities, and those who care for them, Island Senior Resources is committed to inclusion, equity, diversity, and justice.

We value, respect, and support individuals of every race, ethnicity, gender identity, sexual orientation, ability, age, socio-economic status, religion, and national origin.

We are continually learning and challenging our own assumptions and biases.

We invite all members of our community to join us in being informed, active allies, speaking up, acting peacefully, and being in solidarity with the diverse communities that make up the whole of who we are.



Established in 1973, Island Senior Resources (ISR) is the trade name for Senior Services of Island County (SSIC). ISR is the largest nonprofit agency serving older adults in Island County.

#### ADMINISTRATIVE STAFE

**Cheryn Weiser** Executive Director

**Charles LaFond Development Director** 

**Barbara Blanchard** Development Associate

Leigh Anderson Interim Finance Director

**Kathy Hitzemann** Senior Financial Specialist

Georgiann'e Scriven Payroll Specialist

**Chasity Smith** Director of Program Development

**Robin Bush Outreach Director &** Executive Coordinator

Jessica Karpilo **Outreach** Associate

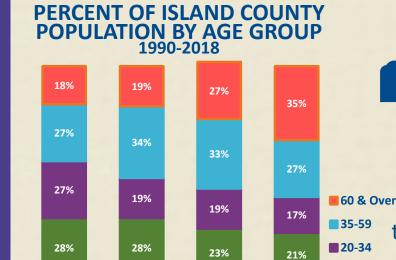
Skye Dunn Communications Manager

> **Dave DeWolf** IT Support

**Mel Watson** Volunteer & Support Group Coordinator

**Steve Harkey** Maintenance Supervisor

(Staff list is current at time of printing.)



2000 2010

**ADULT DAY** 

SERVICES

PARTICIPANTS

1990

150

125

100

75

50

25

0

Jul '19 Aug '19



19 & Under

Source: Island County Report Trends 2019

**AGING & DISABILITY** RESOURCES **TOTAL CALLS** 2016-2020

Seniors 60 years

and over were

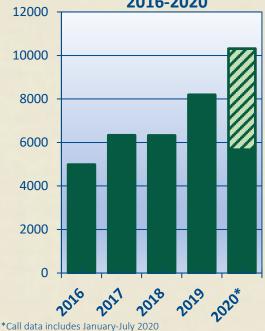
responsible for

of Island County's

total population growth

from 1990-2018.





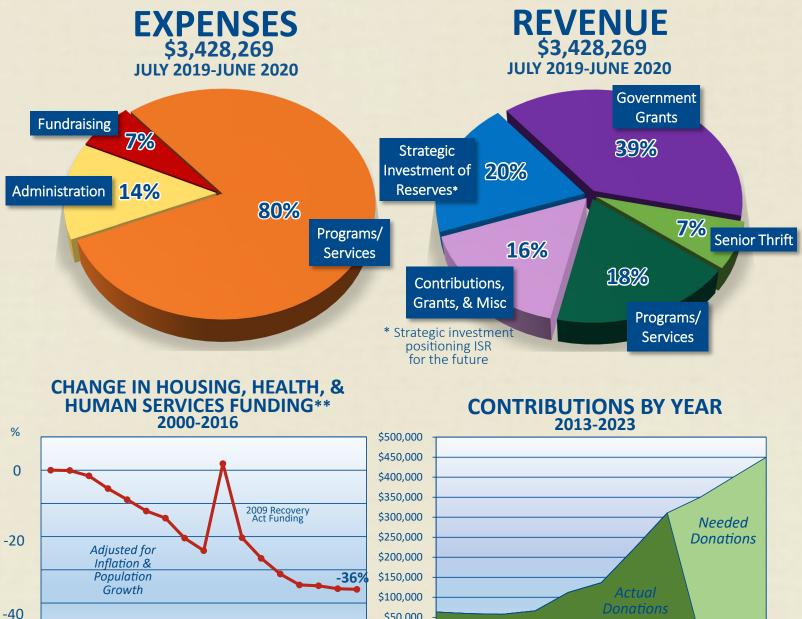
Projected

Did you know?

Thanks to a grant from Puget Sound Energy, Senior Thrift is equipped with solar panels that have saved **82,575+ Ibs of CO**<sub>2</sub> emissions. That's the equivalent of planting 624+ trees! 4







\$50,000 \$0

\*\*Overall Block Grant Funding; Source: cbpp.org

<sup>2013 2014 2015 2016 2017 2018 2019 2020 2021 2022 2023</sup> 

Support

Since the pandemic hit, as the needs of our community have grown and become more complex, phone calls with our Resource Specialists have doubled in length. You fund that support.

Connection

Many of the more than 7,000 meals we deliver monthly come with a face-to-window-to-face encounter. Clients wait by their doors to be seen in a time when family cannot travel to visit. We serve many who are ill, food-insecure, financially impoverished, and isolated. You fund that connection.



Our staff helps caregivers, adults with disabilities, and seniors understand and navigate resources such as veterans' benefits, Social Security, disability services, affordable housing, and transportation for groceries, medications, and doctor's appointments. You fund these answers.

Community

With the installation of a new industrial walk-in freezer, as well as backup solar generators, we now have storage for 8,000 frozen meals, which can be ready for any disaster on Whidbey or Camano Islands. You fund that resource for our community.

Service Distribution

July 2019 - June 2020



### LEGEND

 Center Locations
Meal Sites
Senior Thrift
Medical Transport. Clients
Meals on Wheels Clients
Donors

#### **NUTRITION STAFF**

**Debbie Metz** Nutrition Director

Mark MacNaughton Meals on Wheels Assessor

Ken Silkett Camano Lead Cook/ Food Service Manager & Meals on Wheels Coordinator

> Janice DeWolf Whidbey Lead Cook & Food Service Manager

Lilia Escojido Oak Harbor Meal Site Manager

Arleen Kramer Bayview Meal Site Manager & Meals on Wheels Coordinator

> June Blouin CamBey Co-Meal Site Manager

Peggy Koska CamBey Co-Meal Site Manager

**Colleen Clark** Assistant Lead Cook

Margaret McNeil-Law Assistant Cook

> Frank Goodrich Assistant Cook

**Susie Julius** Assistant Cook

Marcia Wohlfert Assistant Cook

Jack Mathisen Bayview Dishwasher

> Fawn Lyon Relief Cook

**Tim Furey** Meals on Wheels Van Driver, ISR Courier

Ken Kieling Meals on Wheels Van Driver, ISR Courier

#### MEDICAL TRANSPORTATION/ VOLUNTEER SERVICES STAFF

Pat Weekley Program Director

**Carol Colar** Program Assistant

#### **MEDICAID CASE** MANAGEMENT **STAFF**

**Celeste Fikejs** Department Supervisor

> **Kimberly Bailey** Case Manager

**Kaycee Connally** Case Manager

Kathy Kappler Case Manager

**Amber Saulat** Case Manager

Kaycee Stewart Case Manager

**Gail Carlson** Case Aide

#### **AGING & DISABILITY RESOURCES (ADR) STAFF**

Nicole Donovan ADR Director

**Angela Sherlock** Aging & Disability Resource Specialist

**Cindy Miller** Aging & Disability **Resource** Specialist

Bob Markey Aging & Disability **Resource Specialist** 

Addie Schille Aging & Disability Resource Specialist/ Case Manager

Julienne France Aging & Disability Resource Sp<u>ecialist/</u> TSOA Case Manager

Beth Rahi FCSP/ TSOA Case Manager

Lucy Morales FCSP/ TSOA Case Manager

> Finn Lambourn ADR Intake Specialist

(Staff list is current at time of printing.)



Thank you to all of our funding partners! We are a donor-funded nonprofit. We are grateful for every dollar and every hour of time donated by people like you. Each gift of time, money, or mission endorsement, regardless of size, is a beautiful act of our donors. We are an island community. We help each other. We thank each other. Our tremendous effort this year is funded by you. Thank you. If you are not yet a donor,



Each category of giving has been named, with care, for a tree that is native to Island County.

might you become one today?

July 2019 - June 2020 Funding Partners Dogwood Susan and Stephen Bennett Maewin and John Brown

Up to \$365



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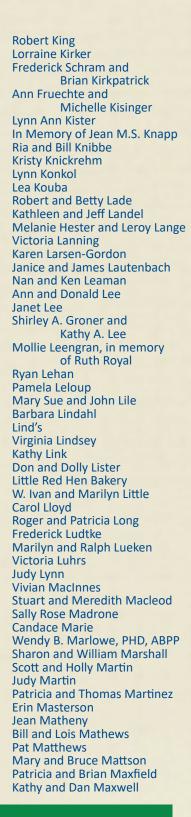
Dogwood Up to \$365

Irene Christofferson Steve Christofferson **Rebecca Cleary** Steven and Susan Clines Wilber and Sharon Cochran Coffee on the Cove Annapoorne Colangelo Anne Colligan **Billie Cook Ruth Cook** Nikki Coyote **Bonnie Cramer** Maribeth Crandell Clayton D. and Margie A. Culver Malcolm Cumming **Milo Cummings Dancing Fish Vineyards** Kat Daniel Judith Dankanics Gail DaPont Mary Dargan Lonnie and Bob Davis **Karen Davis** Carolyn and Tom Davis Annette Hanna and David Dawley **Dorothy and Robert Deering** Joan Dehn Francoise Delehanty Janet Staub and James DeLong Dianna Deseck-Piazzon Linda and John Devitt Bob and Lynda Dial Arlene Diamond **Beverly and Fritz Dick Dina's Great Finds** Frank Worster and Deborah Dix Lester and Dianne Dodge Sal Donnita Donna and Anthony Doty Christina Dowdell **Diane Driver** William DuBay Sandra Dubpernell Jean B. Duffy Marcia and Clancy Dunigan Janette and Gary Dunn Chasity Smith and Skye Dunn Nora and Art Durand Cherie and Robert Dutton **Kenneth Dvorak** Carol and Darrell Dyer Laura and Hasan Edain Erica Eden Susan and Robert Ellis Willida Elm Sharon A. Embleton Sharon Emerson **Bruce and Mary Enter Roger Erickson** Debra Richardson and **Russell Ernest** Nelson Estell **Everett Aquasox Geraldine Faries Dorothy Faris** Susan Favor **James Feather Duncan and Dorothy Ferguson** 

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Did you know? Elders in rural areas are

more likely to reside alone, be near or at the poverty level, and suffer from a chronic condition or physical disability.

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Meals on Wheels Home Delivery

...t



Maureen Maxwell Maxwelton Community Club Janice Mayer Brenda Mayotte Jana McAnally In Memory of Lois McAnally Lois McAnally ‡ **Romany McCabe** Nancy Layne McCallum Patrick and Sharon McDaniel Robert and Teresa McElhinny Karen McInerney Connie McNamee and Andrea McInnis Nancy Conard and Gordon McMillan Shelley Hartle and Mike McVay Carolyn Methin Steve Metz Ellen and Jason Meyer Microsoft Corporation (Matching) Kenneth Mielke Jim Miller Michael Moch Patricia Stein and **Dwight Morehead** Lyle and Verna Morehouse Elizabeth Morosco Mary Jo and Arthur Morris Aljean and Dean Muncey Jenanne Murphy Jim and Linda Murray Music for the Eyes Marilyn Nataupsky Janet Nelson Joan Nelson David and Bonnie Neubauer **Carolyn Nicholas** Edmond Nickson **NK Rentals** Noe Jose Café **Dale Norris** Mary and Shawn Nowlin Inge and Eric Nussbaum Diane and Steve O'Brien Maryann Oehm Leslie and Lonnie Oldham Cheri and Michael Olney On Your Behalf, LLC Sandra and Don Ortgies Carl Ostertag Carlie R. and Rich Pack **Carol Parbs** Nancy C. Paris **Karin Parish** Margie and Gary Parker Sue and Gene Parmelee Peg and Leigh Pasbrig Cynthia and James Patereau Blair and Janet Paul Barbara and Russell Paul **PB4-Naval Air Museum Edith and Robert Pederson Diana Peters Meg Noble Peterson Dean Petrich** 

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**‡** Deceased

Mapi \$500-\$999

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Marty and Rhoda Van Engelen Gunda E. Vesque Charlotte Bell and Dennis White Lynn and Stephen Willeford

Special acknowledgment The Estate of William Jackson for the generous bequest of \$75,000 to benefit Meals on Wheels



\$1,000-\$2,499 Anonymous (10) Penelope and Terry Bourk **Camaloch Ladies** 18 Hole Golf Club China City Anna Daggett Diane Dicke **Diane and Robert Diens** Candace and Loren Engrav Marti Anamosa and Duane Fulgham Maureen Greene The Guthrie and Tkachuck Fund Vickie Hagley Victor Hanson **Bill Hensler** Sharon Gauthier and Tom Hyde **Island Athletic Club** Walt Blackford and Shirley Jantz Ingri and Richard Johnson Barbara and Wilson Kerns **Charles LaFond Colleen Godfrey and Steve Leggett** Margaret and David Macys Donna Totten and Gary Martin **Thomas McCullough Richard and Alice Middaugh** Jennifer and Paul Morris Alejandra and Gerald Myers June and Allen Nailon Oak Harbor Emblem Club Lynnaea Lumbard and Rick Paine Kathy and Jason Pryde Prairie Center Red Apple Market **Reliance Ricketts** Kathryn Beaumont and **Jeffrey Rogers** Susan Ross Yaowapa Trongtham and Louis Saekow

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Did you know? A lack of social contacts among older adults is associated with an estimated **\$6.7 billion** in additional Medicare spending annually. Source: AARP



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**Steve Lyons** Assistant Manager

**Cynthia Bellinger** Clerk

Lenora Eckert Clerk

**Corinne Goodban** Clerk

> **Clark Hall** Clerk

**Dena Perry** Clerk

**Alicia Peterson** Clerk

**Raynor Johnson** Maintenance







Thank you to all of our volunteer-partners listed herein. Life's richness comes from our decisions to share ourselves such that we help, support, and companion others. We value your gifts of time.

"As you grow older, you will discover that you have two hands one for helping yourself, the other for helping others." Audrey Hepburn

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How wonderful it is that nobody need wait a single moment to improve the world. Anne Frank

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Miriam Raabe

**Michael Stilwell** Mary Stone Sarah Stone Vaughn Summers Allan Swan Michael Swap **Bill Swearengin** Penny Swearengin Arlene Swinehart James Szekely Lvnda Tavlor **Kimberly** Teter Madir Thackeray **Barbara Thelen** Michael Thelen Patricia Thelin Dave Thompson **Elizabeth Thompson** Storme Thompson Kaitlyn Thompson Lynn Thomson Georgia Thompson Jane Tidball ‡ **Diane Trepanier** Tom Trepanier **Gail Turner** Katrina Van Wijk William Vaux Patricia Verville Harry Von Stark Nancy Waddell **Charlotte Walker** Anne Waterman Erin Waterman Mel Watson Dan Weber **Randy Weisz** Mark Welch **David Wellington** Terry West **Becky Westley Barbara Whitaker** Annette White **Cvnthia White Greg White** Linda White Wanda White Alan Whitman **Kent Williams** Shirley Joy Williams Claire Williamson Aidin Wilson **Cael Wilson** Katie Wilson Sean Wilson Joan Wolfman Wendy Woodard Joan Wortman Ann Wright John Wright Nancy Wyckoff Yuliya Yurchenko Kathleen Zunino Trisha Zwolinski ‡ Deceased



## Did you know? **27 million** Americans are projected to be using long-term care services by 2050, more than twice the number in 2000.

Source: gpo.gov



Did you know?

**76%** of adults with developmental disabilities reside at home with a family caregiver.

Source: Heller, T. (2011)

If we made a mistake, please forgive us and let us know. Each gift has a kind person behind it. We are grateful for each gift.

If any name is listed incorrectly, please call Charles LaFond, Development Director at 360-210-3011 anytime and the correction will be made to future lists. Thank you for your patience as we improve our donor information.





Did you know? 41 million family caregivers provide \$470 billion worth of unpaid care in the U.S. annually.

Source: caregiver.org



Did you know?

**84%** of caregivers in the Family Caregiver Support Program show significant improvement in stress and depression while gaining comfort and confidence in their caregiving role.

Source: National Family Caregiver Support Program



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Sunsets here are stunning, but our sunset years can be difficult. You have invested in the success of Island Senior Resources. We hope you'll join us to honor that success at one of these four brief Zoom celebrations.

Camano Island Focus Tuesday, Sep 29th, 4-4:45 p.m.

South Whidbey Focus Thursday, Oct 1st, 4-4:45 p.m.

Coupeville Focus Tuesday, Oct 6th, 4-4:45 p.m.

Oak Harbor Focus Thursday, Oct 8th, 4-4:45 p.m.

To register in advance and be entered to win one of four donated gift baskets including handmade pottery by Development Director, Charles LaFond, visit:

www.senior-resources.org/impact

