

# SHIBA

Statewide Health  
Insurance  
Benefits Advisors



Island  Senior  
Resources

14594 SR 525 Langley, WA 98260  
360-321-1600 • 360-678-3373  
[www.senior-resources.org](http://www.senior-resources.org)

## Do you need help understanding Medicare?

We can help you learn the  
rules of Medicare for  
yourself or a loved one.



Reach out to us.  
We are here to help!



Contact us to  
schedule a phone  
consultation or  
to register for a  
webinar.

Trained volunteers provide  
objective information about  
Medicare and other medical  
options in individual  
consultations by phone or  
email, and Zoom classes.

- Information on enrollment, costs and benefits, prescription coverage, low-income assistance
- Unbiased and confidential
- SHIBA volunteers do not choose plans for you, you choose!
- No house-calls
- SHIBA is a state-funded program sponsored by Island Senior Resources, under the guidance of the Washington State Office of the Insurance Commissioner
- Webinars take place regularly; Call to inquire for upcoming dates

### ELIGIBILITY:

- Anyone eligible for or currently enrolled in Medicare
- Anyone who needs to know more about Medicare and related programs

### COST:

Free; however, donations  
are always appreciated.

Our staff and volunteers practice the highest  
level of COVID-19 health precautions.



YOU ARE WELCOME HERE.



We at Island Senior Resources value, respect, and support individuals of every race, color, ethnicity, gender identity, sexual orientation, ability, age, socio-economic status, religion, non-religion, and national origin, who make up the whole of our community.

Island Senior Resources is the trade name for Senior Services of Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do. Established in 1972, Island Senior Resources is a private 501 (c)(3) not-for-profit organization.

## OUR MISSION

To provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

## OUR VISION

Island Senior Resources envisions strong communities where seniors, adults with disabilities, and those who care for them are valued, heard and seen, cared for and about, afforded respect, treated with dignity, and supported to live their best life.

## HOW WE HELP

