

FAMILY CAREGIVER SUPPORT PROGRAM (FCSP)

Support, Education, and
Resources for Unpaid
Caregivers in Island County



Island  Senior
Resources

14594 SR 525 Langley, WA 98260
360-321-1600 • 360-678-3373
www.senior-resources.org

Are you an unpaid caregiver?

FCSP is here to support your
journey. We know you help
because you care.
Now it's time to care for you.



Reach out to us.
We are here to help!

Contact us by phone or
submit a Help Request on
our website.

Ask us for help!

Any unpaid caregiver can contact us for free information and guidance. We assist in identifying, understanding, and accessing resources and determining the level of support you need. You may receive a screening that measures your emotional well-being and stress. This can be therapeutic and serves as a guide to appropriate resources.

- **Respite (on a sliding scale)**
 - In-Home Caregivers
 - Adult Day Programs
 - Assisted Living Facilities
- **Consultant Services (free)**
 - Nurse Consultants
 - Legal Consultants
 - Behavior Consultants
 - Counseling
- **Support Groups**
- **Caregiver Classes**

Services subject to ISR budget availability

ELIGIBILITY:

- Caregivers must be 18+
- Caring for someone 18+ with any functional impairment
- No income or resource limits

COST:

Free, donations are appreciated.

Our staff and volunteers practice the highest level of COVID-19 health precautions.



YOU ARE WELCOME HERE.



We at Island Senior Resources value, respect, and support individuals of every race, color, ethnicity, gender identity, sexual orientation, ability, age, socio-economic status, religion, non-religion, and national origin, who make up the whole of our community.

Island Senior Resources is the trade name for Senior Services of Island County. We are the only private nonprofit in northwest Washington that provides the array of resources we do. Established in 1972, Island Senior Resources is a private 501 (c)(3) not-for-profit organization.

OUR MISSION

To provide resources that enhance the emotional, social, and physical well-being of seniors, adults with disabilities, and those who care for them.

OUR VISION

Island Senior Resources envisions strong communities where seniors, adults with disabilities, and those who care for them are valued, heard and seen, cared for and about, afforded respect, treated with dignity, and supported to live their best life.

HOW WE HELP

