

TIME TOGETHER ADULT DAY SERVICES




A Caring Community Resource



Promoting Health, Dignity, and Pride in Aging

Time Together is a social enrichment program that supports adults with physical or cognitive challenges to engage in meaningful activities in a safe and supportive environment, allowing caregivers respite time to manage life needs and rest. Participants enjoy conversation, music, art, gardening, games, puzzles, projects, exercise and friendship.

We are here for you and your loved ones!

- Programs run four hours on a sliding scale with extended hours by request
- All staff trained in the GEMS® program 
- Hot beverages, snacks, and lunch provided
- Supplies for all activities provided
- Guided exercise
- Personal care support
- Transportation may be available through regional paratransit
- COPES and State respite coverage are available to eligible participants

Safety ✦ Care ✦ Stimulation ✦ Community

Reach out to us, we are here to help.

(360) 321-1600 or (360) 678-3373

www.senior-resources.org

Contact us at:

(360) 321-1600 or (360) 678-3373

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**TIME
TOGETHER**
ADULT DAY PROGRAM

Services are available at two accessible locations:

Island Senior Resources

(Bayview)

14594 SR 525

Langley, WA 98260

Monday – Friday 10am – 2pm

Extended hours upon request

Oak Harbor Senior Center

51 S.E. Jerome St.

Oak Harbor, WA 98277

To find out more about how we can help you, please visit our website www.senior-resources.org/timetgether

HELP US HELP OTHERS

Island Senior Resources is a private 501 (c)(3) not-for-profit organization. We rely upon government funding sources, grants, and vital community and business donations to be here for you, when you need us. We welcome volunteers in all our programs.

Join with us to give or receive!

Island Senior Resources is the trade name of Senior Services of Island County, a Washington non-profit corporation, exempt from Federal income tax under section 501(c)(3) of the Internal Revenue code and is a United Way agency. Island Senior Resources is an EOE, supported by several sources including Federal and State grants through Northwest Regional Council, Island County government, the City of Oak Harbor, the Town of Coupeville, the City of Langley, United Way, Camano Island Senior Services Association, foundation grants, community and business donations, and individual bequests. Island Senior Resources is ADA compliant and does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

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