

## **WHAT IS MEDICAID CASE MANAGEMENT?**

The purpose of Medicaid Case Management is to help older adults and adults with disabilities access and use health and community-based long-term care services. These services help people maintain independence at home and maximize their well-being.

### ***Who is Eligible for Medicaid Case Management?***

Medicaid Case Management is a service available to older adults and adults with disabilities who live at home and who qualify for a DSHS-funded long-term care program, either Community Options Program Entry System (COPES Program) or Medicaid Personal Care (MPC Program).

### ***What Services are Available to People Receiving Medicaid Case Management?***

People who are eligible for case management services receive a comprehensive assessment of their health and long term care needs and an individual service plan that includes personal care services and household help. Ongoing home visits, telephone calls and advocacy assistance from a team of nursing and social service professionals help people locate and maintain services in their homes as well as access healthcare and other services in the community.

A case manager may help you choose from a range of options for personal care and health care services. Services will depend upon your program eligibility and may include:

- Personal care and household assistance from an agency or individual provider
- Adult day services
- Skilled nursing
- Meals on wheels and nutrition services
- Individual education and training
- Personal emergency response devices
- Medical equipment and supplies
- Home modifications

### ***How do I Apply for Services?***

If you are 60 or older and interested in learning about or applying for COPES, MPC and case management services, contact your local Senior Information and Assistance Office.

If you are under age 60, and wish to apply for COPEs or MPC services, contact your local Home and Community Services Office – Island County: 360.240.4737 or 800.239.8292.