

Island Senior Resources – March eNews

Introducing Island Senior Resources' eNews providing monthly updates on events & happenings at our locations and Senior Thrift.

St. Patty's Day Pancake Breakfast, Saturday, March 17, 9 - 11 a.m. Benefits Meals on Wheels.

Free AARP tax help. Thursdays, 1 - 5 p.m.

Join us for free Lunch & Learn presentations. Come early to have lunch. See this month's topics at:

- **South Whidbey Center (Bayview)**
- **Coupeville**

"Getting Ready For Medicare," attend the free seminar. **Locations and times.**

Join us on regional trips:

- Wednesday, March 7, **Seattle Waterfront**
- Wednesday, March 21, **Stimson Green Mansion**
- Friday, April 20, **Seattle Cherry Blossom & Cultural Festival**
- Sunday, April 22, **Fairhaven Annual Harris Festival** including a drive on stunning Chuckanut Drive



Seniors in our community need you. Set up a monthly recurring donation or a one-time donation. **Donate here.**

Check out the sales at Senior Thrift in Freeland.

Our Nutrition program (community meals, meals-to-go, Meals On Wheels) **monthly menu.** Menu highlights:

- Wednesday, March 14, St. Patty's Corned Beef & Cabbage
- Tuesday, March 27, best Reuben sandwich!

Information and articles you might enjoy reading.

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Island Times

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